

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JULY 7, 2021

|         | LG  | BC  | D   | DTV | 6 PM  | 6:30                    | 7 PM   | 7:30                      | 8 PM  | 8:30  | 9 PM  | 9:30  | 10 PM   | 10:30   | 11 PM   | 11:30   |
|---------|-----|-----|-----|-----|---|-------------------------|--|---------------------------|---|---|---|---|---|---|---|---|
| ABC     | 2   | 2   | 2   | 2   | KATU News at 6 (N) (Live)   |                         | Jeopardy! (N)  | Wheel of Fortune          | Press Your Luck Three new contestants compete.  |   | The \$100,000 Pyramid (N)   |   | Card Sharks "210" (Season Finale) (N)   |   | KATU News at 11 (N)   | (:35) Jimmy Kimmel Live!                            |
| PBS     | 3   | 5   |     |     | Journeys in Japan   | BBC World News Outside  | PBS NewsHour (N)   |                           | Nature "Wild Florida" Florida's wildlife faces threats.   |   | NOVA "Cuba's Cancer Hope" Lung cancer vaccines.   |   | Wonders of Mexico Mexico's mountains.   |   | How We Got to Now With Steven Johnson "Clean"   |   |
| CBS     | 6   | 6   | 6   | 6   | KOIN 6 News at 6 (N)  | CBS Evening News        | Extra (N)  | Entertainment Tonight (N) | Big Brother (Season Premiere) (N Same-day Tape)   |   | Love Island (Season Premiere) (N)   |   | KOIN 6 News at 11 (N)   |   | Late Show-Colbert   |   |
| NBC     | 8   | 8   | 8   | 8   | (5:00) 2021 Stanley Cup Final Bay Lightning. (N) (Live)   |                         | Montreal Canadiens at Tampa  |                           | KGW Special Edition News  | KGW News  | Grant's Get-aways   | Inside Edition (N)                                  | Dateline NBC  |   | KGW News at 11 (N)  | Tonight Show  |
| CW      | 9   | 9   | 32  | 32  | Modern Family   | Modern Family           | The Gold-bergs   | The Gold-bergs            | Kung Fu "Attachment" Nicky and Henry follow a lead. (N)   |   | In the Dark Murphy experiences being truly alone. (N)   |   | KOIN 6 News at 10p (N)  |   | Seinfeld "The Wallet"   | Seinfeld  |
| FOX     | 12  | 12  | 12  | 12  | 6 O'Clock News (N)  |                         | People (N)   | Family Feud               | MasterChef The cooks must create a beef dish. (N)   |   | (:01) Crime Scene Kitchen "The Rise and Fall" (N)   |   | 10 O'Clock News (N)   |   | 11 O'Clock News (N)   | (:35) People (N)                                    |
| MNT     | 13  | 13  | 49  | 49  | Family Feud   | Family Feud             | The Big Bang Theory  | The Big Bang Theory       | 8 O'Clock News (N)  |   | 9 O'Clock News (N)  |   | The Big Bang Theory   | The Simpsons  | Family Guy  | Family Guy  |
| UNIV    | 22  | 22  | 16  | 47  | Noticias noro-este 6P   | Noticiero Univision (N) | La Rosa de Guadalupe (N)   |                           | Diseñando tu amor (N)   |   | Si nos dejan (N)  |   | La hija del embajador (N)   |   | Noticias noro-este 11P  | Noticiero Univision:                                |
| A&E     | 52  | 55  | 118 | 265 | Court Cam Presents Under (5:00) **** "Forrest Gump" (1994) Tom Hanks. A slow-witted Southerner experiences 30 years of history. |                         | Court Cam P  | Court Cam P               | Court Cam   | Court Cam   | Court Cam (N)   | Court Cam   | Court Cam P   | Court Cam P   | Court Cam   | Court Cam   |
| AMC     | 60  | 45  | 131 | 254 | Lone Star Law: Uncuffed (N)   |                         | Louisiana Law: Uncuffed Two feuding anglers. (N)   |                           | Lone Star Law: Uncuffed "Hunt to Kill"  |   | Lone Star Law: Uncuffed "Hunt to Kill"  |   | Louisiana Law: Uncuffed   |   | **** "The Fighter" (2010) Mark Wahlberg.  |   |
| ANP     | 24  | 49  | 184 | 282 | "Tyler Perry's Boo 2! A Madea Halloween" (2017) Tyler Perry, Diamond White.   |                         | Tyler Perry's Sistas (N)   |                           | The Encore (N)  |   | Tyler Perry's Sistas  |   | Tyler Perry's Sistas  |   | Tyler Perry's Sistas  |   |
| BET     | 4   | 72  | 124 | 392 | Real Housewives/Beverly Hills   |                         | Real Housewives/Beverly Hills  |                           | Real Housewives/Beverly Hills   |   | Family Karma (N)  |   | TBA   | TBA   | TBA   | TBA   |
| BRAVO   | 54  | 65  | 129 | 237 | Teen Titans   | Teen Titans             | Wrld, Gumball  | Apple                     | Bob's Burgers   | Bob's Burgers                                       | American Dad  | American Dad  | American Dad  | Rick, Morty   | Family Guy  | Family Guy  |
| CARTOON | 25  | 59  | 177 | 297 | Cuomo Prime Time (N) (Live)   |                         | Don Lemon Tonight (N) (Live)   |                           | Anderson Cooper 360   |   | Cuomo Prime Time  |   | Don Lemon Tonight   | CNN Newsroom Live (N)                               |   |   |
| CNN     | 68  | 44  | 200 | 202 | (:15) South Park "1 Percent"  |                         | South Park   | South Park                | South Park  | South Park  | South Park  | South Park  | South Park  | Crnk Yankers  | South Park  | South Park  |
| COM     | 77  | 56  | 107 | 249 | Man's Greatest Food   |                         | Food Paradise "Nosh-Ville"   |                           | Food Paradise "T.G.I. Fried"  |   | Carnival Eats   | Carnival Eats                                       | Man's Greatest Food   |   | Food Paradise "Nosh-Ville"  |   |
| COOK    | 123 | 123 | 113 | 232 | Raven   | Raven                   | Big City   | Big City                  | Big City  | Big City  | Bunk'd  | Bunk'd  | Big City  | Big City  | Gabby Duran   | Sydney-Max  |
| DISN    | 26  | 48  | 173 | 290 | Chrisley  | Chrisley                | Chrisley   | Chrisley                  | Chrisley  | Chrisley  | Chrisley  | Chrisley  | Chrisley  | Chrisley  | Chrisley  | Nightly Pop   |
| E!      | 64  | 76  | 114 | 236 | MLB Baseball Los Angeles Dodgers at Miami Marlins. (N)  |                         | Baseball Tonight (N) (Live)  |                           | SportsCenter With Scott Van Pelt (N) (Live)   |   | SportsCenter (N) (Live)   |   | SportsCenter (N) (Live)   |   | SportsCenter (N) (Live)   |   |
| ESPN    | 33  | 27  | 140 | 206 | WNBA Basketball   |                         | UEFA Euro  | UFC                       | UFC Main Event  |   | Inside Fury   | UEFA Euro   | Around/Horn   | Interruption  | UFC Countdown   |   |
| ESPN2   | 34  | 28  | 143 | 209 | Hannity (N) (Live)  |                         | The Ingraham Angle (N)   |                           | Gutfeld! (N)  |   | Fox News at Night   | Tucker Carlson Tonight                              |   | Hannity   |   |   |
| FNC     | 66  | 25  | 205 | 360 | Guy's Grocery Games   |                         | Guy's Grocery Games  |                           | Guy's Grocery Games   |   | Kitchen Crash (N)   |   | Guy's Grocery Games   |   | Guy's Grocery Games   |   |
| FOOD    | 61  | 54  | 110 | 231 | "Back to the Future Part III"   |                         | "Mr. Deeds" (2002) Adam Sandler, Winona Ryder.   |                           | "The Waterboy" (1998) Adam Sandler, Kathy Bates.  |   | "The Waterboy" (1998) Adam Sandler, Kathy Bates.  |   | The 700 Club  |   | The 700 Club  |   |
| FREE    | 32  | 33  | 180 | 311 | (5:00) *** "Hoosiers"   |                         | Greatest Games   |                           | Greatest Games  |   | Greatest Games  |   | Greatest Games  |   | TMZ Sports  | Undisputed  |
| FS1     | 41  | 85  | 150 | 219 | ** "Venom" (2018) Tom Hardy, Michelle Williams. A man gains superpowers when his body merges with an alien.                     |                         | ** "Men in Black: International" (2019, Science Fiction) Chris Hemsworth, Tessa Thompson. Agents battle aliens that can take the form of any human.              |                           | ** "Men in Black: International" (2019) Chris Hemsworth, Tessa Thompson.  |   | ** "Men in Black: International" (2019) Chris Hemsworth, Tessa Thompson.  |   | ** "Men in Black: International" (2019) Chris Hemsworth, Tessa Thompson.  |   | ** "Men in Black: International" (2019) Chris Hemsworth, Tessa Thompson.  |   |
| FX      | 65  | 24  | 136 | 249 | (5:00) ** "Skyscraper"  |                         | ** "Jurassic World: Fallen Kingdom" (2018) Chris Pratt, Bryce Dallas Howard.   |                           | Dave (N)  |   | Dave (N)  | Dave (N)  | Dave (N)  | Dave (N)  | Dave (N)  | Always Sunny  |
| FXX     | 35  | 64  | 125 | 259 | (5:00) Golf's Greatest Rounds (N)   |                         | Golf Central   |                           | Golf's Greatest Rounds  |   | Golf's Greatest Rounds  |   | Golf's Greatest Rounds  |   | Golf's Greatest Rounds  |   |
| GOLF    | 88  | 88  | 401 | 218 | "Love at the Shore" (2017) Amanda Righetti, Peter Porte. An author's plans are disrupted by an unconventional surfer.           |                         | "Sweet Carolina" (2021) Lacey Chabert, Tyler Hynes. An executive reconnects with her high school boyfriend.  |                           | "Just in Time for Christmas" (2015) Eloise Mumford. A psychology professor is allowed to see into the future.                               |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   |
| HALL    | 87  | 87  | 185 | 312 | "Unlocking Christmas" (2020) Taylor Cole, Steve Lund. A key and a riddle set Kate and Kevin on an adventure.                    |                         | "Just in Time for Christmas" (2015) Eloise Mumford. A psychology professor is allowed to see into the future.  |                           | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   | "Nostalgic Christmas" (2019) Brooke D'Orsay, Trevor Donovan. A city girl goes back to her small-town roots.                                 |   |
| HALLMM  | 86  | 86  | 187 | 565 | Dream Home  |                         | Dream Home   | Dream Home                | Dream Home  | Dream Home  | Property Brothers   | Two Steps Home (N)                                  | Hunters   | Hunters Int'l                                       | Hunters   | Hunters Int'l                                       |
| HGTV    | 62  | 57  | 112 | 229 | Rizzoli & Isles   | Rizzoli & Isles         | Rizzoli & Isles  | Rizzoli & Isles           | Married at First Sight "Matchmaking in Houston" (N)   | Married at First Sight "Matchmaking in Houston" (N) | Married at First Sight "Matchmaking in Houston" (N)   | Married at First Sight "Matchmaking in Houston" (N) | Married at First Sight "Matchmaking in Houston" (N)   | Married at First Sight "Matchmaking in Houston" (N) | Married at First Sight "Matchmaking in Houston" (N)   | Married at First Sight "Matchmaking in Houston" (N) |
| HIST    | 50  | 60  | 120 | 269 | The Rachel Maddow Show  |                         | The Last Word  |                           | The 11th Hour   |   | The Rachel Maddow Show  |   | The Last Word   |   | The 11th Hour   |   |
| LIFE    | 29  | 29  | 108 | 252 | (5:00) 2021 Tour de France Stage 11.  |                         | NHL Overtime (N) (Live)  |                           | 2021 Tour de France Stage 11.   |   | Sorgues to Malaucaène, 199 km, mountain stage.  |   | Sorgues to Malaucaène, 199 km, mountain stage.  |   | Sorgues to Malaucaène, 199 km, mountain stage.  |   |
| LIFE    | 29  | 29  | 108 | 252 | The Bridge  |                         | Talkin' Ducks  | Return to Rio             | American Ninja Warrior  | American Ninja Warrior                              | American Ninja Warrior  | American Ninja Warrior                              | American Ninja Warrior  | American Ninja Warrior                              | Olympic Classics  | Olympic Classics                                    |
| MSNBC   | 71  | 67  | 209 | 356 | When Sharks Attack  |                         | When Sharks Attack   |                           | When Sharks Attack  |   | When Sharks Attack (N)  |   | Shark Gangs (N)   |   | When Sharks Attack  |   |
| MSNBC   | 71  | 67  | 209 | 356 | Loud House  | Loud House              | SpongeBob  | SpongeBob                 | Friends   | Friends   | Friends   | Friends   | Friends   | Friends   | Friends   | Friends   |
| NBCSNW  | 426 | 37  | 424 |     | Dateline on OWN   |                         | Dateline on OWN  |                           | \$50K Three Ways  |   | \$50K Three   |   | \$50K Three   |   | \$50K Three   |   |
| NBCSNW  | 426 | 37  | 424 |     | Snapped "Christine Paolilla"  |                         | Snapped "Social Media"   |                           | Snapped "Giselle Esteban"   |   | Snapped "Martha Farmer"   |   | Dateline: Secrets Uncovered   |   | Dateline: Secrets Uncovered   |   |
| NBCSNW  | 426 | 37  | 424 |     | Two/Half Men  |                         | Two/Half Men   |                           | ** "The Day After Tomorrow" (2004, Action) Dennis Quaid, Jake Gyllenhaal.   |   | *** "I Am Legend" (2007) Will Smith, Alice Braga.   |   | *** "I Am Legend" (2007) Will Smith, Alice Braga.   |   | *** "I Am Legend" (2007) Will Smith, Alice Braga.   |   |
| NGEO    | 55  | 78  | 197 | 276 | MLB Baseball  |                         | Mariners Pre.  |                           | MLB Baseball New York Yankees at Seattle Mariners. From T-Mobile Park in Seattle. (N)   |   | Mariners  |   | Mariners Pre.   |   | MLB Baseball  |   |
| NICK    | 27  | 51  | 171 | 299 | Olympus Has   |                         | ** "Constantine" (2005, Fantasy) Keanu Reeves, Rachel Weisz.   |                           | ** "Maleficent" (2014) Angelina Jolie, Elle Fanning.  |   | ** "Maleficent" (2014) Angelina Jolie, Elle Fanning.  |   | ** "Maleficent" (2014) Angelina Jolie, Elle Fanning.  |   | (:05) ** "Death Wish"   |   |
| NICK    | 27  | 51  | 171 | 299 | (5:00) *** "Peyton Place" (1957, Drama) Lana Turner, Hope Lange.  |                         | (:45) *** "Picnic" (1955, Drama) William Holden. A drifter provokes dreams for a beauty and others in a Kansas town.   |                           | (:45) *** "East of Eden" (1955, Drama) James Dean, Julie Harris, Raymond Massey. Rebel Cal and twin Aron vie for their rigid father's love. |   | (:45) *** "East of Eden" (1955, Drama) James Dean, Julie Harris, Raymond Massey. Rebel Cal and twin Aron vie for their rigid father's love. |   | (:45) *** "East of Eden" (1955, Drama) James Dean, Julie Harris, Raymond Massey. Rebel Cal and twin Aron vie for their rigid father's love. |   | (:45) *** "East of Eden" (1955, Drama) James Dean, Julie Harris, Raymond Massey. Rebel Cal and twin Aron vie for their rigid father's love. |   |
| NICK    | 27  | 51  | 171 | 299 | Expedition Unknown  |                         | Expedition Unknown   |                           | Expedition Unknown: Rediscovered Josh Gates investigates. (N)   |   | Expedition Unknown  |   | Expedition Unknown  |   | Expedition Unknown  |   |
| OWN     | 40  | 41  | 189 | 279 | Dr. Pimple Popper   |                         | Dr. Pimple Popper  |                           | Dr. Pimple Popper (N)   |   | Dr. Pimple Popper   |   | 1000-Lb. Sisters  |   | 1000-Lb. Sisters  |   |
| OWN     | 40  | 41  | 189 | 279 | (5:30) *** "Creed" (2015) Michael B. Jordan, Sylvester Stallone. Rocky Balboa mentors Apollo Creed's son.                       |                         | All Elite Wrestling: Dynamite (N Same-day Tape)  |                           | ** "The Replacements" (2000) Keanu Reeves. Misfit substitutes take the field during a football strike.                                      |   | ** "The Replacements" (2000) Keanu Reeves. Misfit substitutes take the field during a football strike.                                      |   | ** "The Replacements" (2000) Keanu Reeves. Misfit substitutes take the field during a football strike.                                      |   | ** "The Replacements" (2000) Keanu Reeves. Misfit substitutes take the field during a football strike.                                      |   |
| OWN     | 40  | 41  | 189 | 279 | Mysteries of the Unknown  |                         | Beyond the Unknown   |                           | Beyond the Unknown  |   | Mysteries of the Unknown A nurse's iconic lamp.   |   | Beyond the Unknown  |   | Beyond the Unknown  |   |
| OWN     | 40  | 41  | 189 | 279 | Inside Jokes  |                         | Inside Jokes   |                           | Wipeout   |   | Wipeout "Big Ball Energy"   |   | Imp. Jokers   |   | Imp. Jokers   |   |
| OWN     | 40  | 41  | 189 | 279 | Andy Griffith   |                         | Andy Griffith  |                           | Raymond   |   | Raymond   |   | Younger   |   | Younger   |   |
| OWN     | 40  | 41  | 189 | 279 | Law & Order: SVU  |                         | Law & Order: SVU   |                           | Law & Order: SVU  |   | Law & Order: SVU  |   | Law & Order: SVU  |   | Law & Order: SVU  |   |
| OWN     | 40  | 41  | 189 | 279 | Law & Order "Paradigm"  |                         | Law & Order  |                           | Law & Order   |   | Law & Order   |   | Law & Order "Gunplay"   |   | Law & Order "Cut"   |   |
| OWN     | 40  | 41  | 189 | 279 | Highway Thru Hell   |                         | Highway Thru Hell  |                           | Mud Mountain Haulers  |   | Mud Mountain Haulers  |   | Why Planes Crash  |   | Why Planes Crash  |   |
| OWN     | 40  | 41  | 189 | 279 | Family Guy  |                         | Big Bang   |                           | Big Bang  |   | Big Bang  |   | Big Bang  |   | Full Frontal  |   |
| OWN     | 40  | 41  | 189 | 279 | (:05) *** "Pitch Perfect" (2012) Anna Kendrick. College students enter an a cappella competition. 'PG-13'                       |                         | "Shiva Baby" (2020, Comedy) Rachel Sennott, Molly Gordon. Premiere. 'NR'   |                           | (:20) Betty   |   | (9:50) *** "Kajillionaire" (2020, Comedy-Drama) Evan Rachel Wood. 'R'   |   | (:35) ** "Blackhat"   |   | (:35) ** "Blackhat"   |   |
| OWN     | 40  | 41  | 189 | 279 | (5:55) ** "Rock of Ages" (2012) Julianne Hough. Two young people chase their dreams in Los Angeles. 'PG-13'                     |                         | *** "The Curious Case of Benjamin Button" (2008, Fantasy) Brad Pitt, Cate Blanchett. A man born in 1918 New Orleans ages backward into the 21st century. 'PG-13' |                           | (10:48) ** "Last Christmas" (2019) Emilia Clarke.   |   | (10:48) ** "Last Christmas" (2019) Emilia Clarke.   |   | (10:48) ** "Last Christmas" (2019) Emilia Clarke.   |   | (10:48) ** "Last Christmas" (2019) Emilia Clarke.   |   |
| OWN     | 40  | 41  | 189 | 279 | ** "Act of Valor" (2012, Action) Roselyn Sánchez. Navy SEALs uncover a terrorist plot against America. 'R'                      |                         | **** "Saving Private Ryan" (1998, War) Tom Hanks, Edward Burns, Tom Sizemore. U.S. troops look for a missing comrade during World War II. 'R'                    |                           | ** "U-571" (2000) Matthew McConaughey. 'PG-13'  |   | ** "U-571" (2000) Matthew McConaughey. 'PG-13'  |   | ** "U-571" (2000) Matthew McConaughey. 'PG-13'  |   | ** "U-571" (2000) Matthew McConaughey. 'PG-13'  |   |
| OWN     | 40  | 41  | 189 | 279 | (4:16) ** "The Good Shepherd" (2006, Drama) 'R'   |                         | (:07) ** "Bloodshot" (2020, Action) Vin Diesel. A reanimated soldier tries to recover his true memories. 'PG-13'   |                           | Run the World   |   | "Charlie's Angels" (2019, Action) Kristen Stewart. The Angels must retrieve a weapon of mass destruction. 'PG-13'                           |   | Run the World   |   | Run the World   |   |
| OWN     | 40  | 41  | 189 | 279 | (4:45) "How to Build a Girl"  |                         | *** "Mid90s" (2018, Comedy-Drama) Sunny Suljic, Lucas Hedges, Na-kel Smith. 'R'  |                           | "Summerland" (2020, Drama) Gemma Arterton, Gugu Mbatha-Raw. 'PG'  |   | (:40) *** "The Perks of Being a Wallflower" (2012, Comedy-Drama) Logan Lerman, Emma Watson. 'PG-13'   |   | ** "On the Road" 'R'  |   | ** "On the Road" 'R'  |   |
| OWN     | 40  | 41  | 189 | 279 | *** "Mid90s" (2018, Comedy-Drama) Sunny Suljic, Lucas Hedges, Na-kel Smith. 'R'   |                         | "Summerland" (2020, Drama) Gemma Arterton, Gugu Mbatha-Raw. 'PG'   |                           | (:40) *** "The Perks of Being a Wallflower" (2012, Comedy-Drama) Logan Lerman, Emma Watson. 'PG-13'   |   | ** "On the Road" 'R'  |   | ** "On the Road" 'R'  |   | ** "On the Road" 'R'  |   |

tonight's best



Arielle Vandenberg

**8 p.m. on CBS**  
**Big Brother**

Big risks can pay off in big rewards for one player — in the form of a \$500,000 grand prize — as host Julie Chen Moonves welcomes a new gaggle of Houseguests to tonight's live 90-minute Season 23 premiere. They'll move into a newly redesigned (yes, again) high-tech residence outfitted with 94 HD cameras and more than 113 microphones that capture their every move, every conspiratorial whisper, 24 hours a day. The show airs Sundays, Wednesdays and Thursdays through the summer.

**9:30 p.m. on CBS**  
**Love Island**

Host Arielle Vandenberg returns to keep an eye on the amorous action as this reality competition series returns for Season 3, this time in the Hawaiian Islands, after COVID-19 precautions forced a Season 2 shift of location to Las Vegas. The match-making begins as a bevy of single "Islanders" come together in a sun-drenched, romance-ready villa, eager for a summer of dating and, ultimately, relationships. Did we mention there's also a \$100,000 payout for someone at the end? Matthew Hoffman also is back with more sassy off-camera narration.

**10 p.m. on TVL**  
**Younger**

After six seasons on TV Land, this hit sitcom made a shift to the streaming platform Paramount Plus for its seventh and final season. For longtime fans who didn't subscribe to that service, though, Season 7 now makes its linear broadcast debut with two back-to-back episodes on its original cable home. The action picks up with Liza (Sutton Foster) considering Charles' (Peter Herrmann) proposal, as Diana (Miriam Shor) embarks on her honeymoon. Elsewhere, Kelsey (Hilary Duff) starts doubting herself after hitting some personal and professional speed bumps.