

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger Donkey		Elinor Clifford		Pink Sesame		Dinosaur Xavier		Varied Programs				Go Luna Nature		Hero Odd		Arthur Peg		Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prg.		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Mauri		Jerry Springer		Steve Wilkos Show		King Friends		black-ish Last Man		Mom	Mom
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Paid Prg.		Mike Mike		TMZ Live		Jerry Protection		Divorce Divorce		Judge Mathis		Hot Hot		Jdg Judy Jdg Judy		FamFeud FamFeud	
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Varied Programs		Noticiero		Nosotr.		Rosa de Guadalupe		Mañana Varied		Amor eterno		Gordo Varied	Primer impacto
A&E	52	55	118	265	Parking Parking		Parking Parking		Varied Programs															
AMC	60	45	131	254	Paid Prg. Paid Prg.		Varied Programs																	Movie
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	Parkers Parkers		Parkers Parkers		Martin Martin		Martin Martin		Prince Prince		Prince Prince		Browns Browns		Browns Browns		Movie		Varied Programs	
BRAVO	54	65	129	237	Below Deck		Below		Below Deck		Below		Below Deck		Below		Below Deck		Below		Below Deck		Below Deck	
CARTOON	25	59	177	297	Teen Teen		Teen Teen		Craig Craig		Craig Craig		Teen Teen		Gumball Gumball		Gumball Gumball		Craig Craig		Craig Craig		Total Total	
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama Futurama		South Pk Varied		South Pk South Pk		South Pk Varied		South Pk South Pk		Varied Programs						Office Office		Office Office	
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy Puppy		Bluey Bluey		Ladybug Ladybug		Ladybug Bluey		Bluey Big City		Big City Big City		Big City Big City		Varied Programs		Jessie Jessie		Big City Big City	Jessie Jessie
E!	64	76	114	236	The Kardashians		The Kardashians		Varied Programs		Daily Pop		Varied Programs											
ESPN	33	27	140	206	First Take Varied		SportsCenter		SportsCenter		Varied UEFA		Varied Programs				SportCtr Varied		SportsCenter		Baseball Varied Programs			
ESPN2	34	28	143	209	Get Up Varied		First Take		Varied UEFA		Varied Programs						NFL Live Varied		Daily Wager		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts		The Story		Neil Cavuto				The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Melissa Melissa		The 700 Club		700 Club Middle		Middle Middle		Middle Middle		Middle Middle		Varied Programs				Movie		Varied Programs	
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Fox Bet		Copa Soccer		Varied Programs		Copa America		Soccer Varied	
FX	65	24	136	249	(7:00) Movie		Mike Mike		Mike		Varied Programs												Movie	
FXX	35	64	125	259	Mom Varied Programs				Movie		Varied Programs										Movie		Varied Programs	
GOLF	88	88	401	218	Varied Programs		Golf Today		Golf Today		Golf Today		Varied Programs		Golf Central		Varied Programs		Golf Central		Varied Programs			
HALL	87	87	185	312	Gold Girls Gold Girls		Gold Girls Gold Girls		Family Varied		Middle Middle		Middle Middle		Reba Reba		Reba Reba		Reba Reba		Reba Reba		Movie	
HALLMM	86	86	187	565	M Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch "Driven"
					T Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch
					W Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch "Risk"
					Th Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Good Witch	Good Witch "Truth"
					F "A Christmas for the Books" (2018)		"A Merry Christmas Match" (2019)		"Holiday for Heroes" (2019) Marc Blucas		"A Homecoming for the Holidays" (2019)		"A Little Christmas Charm" (2020, Drama)											
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes	Rizzoli & Isles
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Ayman Mohyeldin		Deadline: White House				The Beat With		The Reid Out		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NBCSNW	426	37	424		Rip City		Paid Prg. Paid Prg.		Varied Programs		Mecum Blazers		The Brian Noe Show								Rip City Drive with Travis & Chad		Varied Programs	
NGEO	55	78	197	276	Varied Paid Prg.		Varied Programs																	
NICK	27	51	171	299	Peppa Blaze		Blaze Blaze		Blue PAW		PAW PAW		Sponge. Sponge.		Sponge. Sponge.		Sponge. Sponge.		Sponge. Sponge.		Loud Loud		Loud Loud	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs			
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Two Men Two Men		Two Men Two Men	
ROOT	37	26	426	687	Paid Prg. Paid Prg.		Varied Programs																	
SYFY	67	50	122	244	Varied Programs																			
TCM	56	73	132	256	M Popeye *** "Purple Noon" (1960) Alain Delon.		*** "Love in the Afternoon" (1957)		(:45) *** "The Night of the Iguana" (1964, Drama)		*** "Midnight Lace" (1960) Doris Day.		"Moon Over Miami"		T (:15) ** "They Made Me a Criminal"		"You Can't Get Away" "King-Underworld" (:45) ** "Tell No Tales"		"Enemies" (1938) (:15) ** "The Angels Wash Their Faces"		"The Wild North"			
					W "The Unholy Night" (:15) * "Before Dawn"		"The Phantom of Crestwood" "Mystery House"		"The Hidden Hand" (:15) "Seven Keys to Baldpate" * "The Bat" (1959)		*** "Show Boat"				Th Murder *** "Haunted Honeymoon" (:15) "Having Wonderful Crime" "The Long, Long Trailer" (1954)		(:15) ** "The Doughgirls" (1944)		*** "The Family Way" (1967)		** "Wild Seed"			
					F "I Died 1000" ** "Jack of Diamonds" (1967, Suspense)		*** "The Thief Who Came to Dinner"		** "Catlow" (1971)		Law *** "The League of Gentlemen" (1960)		"The Outlaw" (1943)											
TDC	51	42	182	278	Salvage Hunters		Varied Programs																	
TLC	49	62	183	280	Varied Programs																			
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		The Inside Story		Varied Pre-Game	Varied Basket
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins Ad. Ruins		Jokers Jokers		Carbon Carbon		Carbon Carbon		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes Jokes		Jokes Jokes	
TVL	75	74	106	304	Paid Prg. Paid Prg.		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.	Andy G. Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Varied Paid Prg.		Varied Programs		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs			
WEATH	14	19	214	362	AMERICA'S MORN		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Underground	Varied Programs
WTBS	59	40	139	247	Broke Girl Broke Girl		Broke Girl Broke Girl		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		American American		American American	
HBO	518	518	303	504	M Last (:40) *** "Clueless" (1995, Comedy)		(:20) ** "In & Out" (1997)		(:11:54) *** "Drumline" (2002)		When I (:35) *** "Tenet" (2020) John David Washington.		Axios Last		T Woman "Bill & Ted's Adventure" (9:51) ** "Midway" (2019) Ed Skrein.		"The Hitchhiker's Guide to the Galaxy" I'll Be Gone-Dark		(2:50) ** "Dark Shadows" (:45) *** "Kajillionaire"					
					W Belichick F9 (8:55) "How to Make an American Quilt" (10:55) ** "The Shadow" (:45) ** "Rock of Ages" (2012) Julianne Hough.		(2:50) "Wrath of the Titans" *** "Lincoln" (2012)		Th Black Art (:25) ** "Orange County" (9:50) ** "Dante's Peak" REAL Sports Gumbel (:40) ** "Wonder Woman 1984" (2020, Action)		F9 *** "War Horse" (2011) Emily Watson.				F *** "Independence Day" (1996) Will Smith.		"Crazy, Not Insane" (2020, Documentary) *** "A Better Life" (2011)		(:10) *** "The Family Man" (2000) Nicolas Cage.		REAL Sports Gumbel Clueless			
					M Half (:27) *** "The Russia House" (1990)		(:32) "American Son" (2008)		(:11:59) *** "Lady in White" (1988)		(:1:53) "Cake" (2005)		(:28) ** "Downhill" (2020)		T (7:57) *** "Their Finest" (2016)		(:9:55) *** "Tully" (2018)		(:32) *** "Queen & Slim" (2019) Daniel Kaluuya.		(:1:47) *** "Wall Street" (1987, Drama)		(:3:55) *** "Executive Decision" (1996)	
MAX	531	531																						