

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC		
PBS	3	5			Tiger Donkey		Elinor Clifford		Pink Sesame		Dinosaur Xavier		Varied Programs				Go Luna Nature		Hero Odd		Arthur Peg		Ready Jet	Wild Kratt		
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Varied		Days of our Lives		Blast Varied		Ellen DeGeneres		KGW News at 4		News	News		
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King Friends		black-ish Last Man		Mom	Mom		
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Varied		Mike Mike		TMZ Live		Jerry Protection		Divorce Divorce		Judge Mathis		Hot Hot		Jdg Judy		Jdg Judy	FamFeud FamFeud		
UNIV	22	22	16	47	(7:00) Despierta America!						Como dice el dicho		Noticiero		Nosotr.		Rosa de Guadalupe		Mañana es		Quererlo		Varied	El gordo y la flaca	Primer impacto	
A&E	52	55	118	265	Parking		Parking		Varied Programs																	
AMC	60	45	131	254	Paid Prg.		Paid Prg.		Varied Programs															Movie		
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs											
BET	4	72	124	392	Parkers		Parkers		Parkers		Parkers		Martin Martin		Martin Martin		Martin Martin		Prince Prince		Browns Browns		Varied Programs			
BRAVO	54	65	129	237	Varied Programs																					
CARTOON	25	59	177	297	Teen		Teen		Craig Craig		Craig Craig		Victor Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Gumball Gumball		Craig Craig	Total Total		
CNN	68	44	200	202	At This Hour-Kate		Ins. Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Situation Room		Erin Burnett OutFront	Anderson Cooper		
COM	77	56	107	249	Futurama		Futurama		Varied Programs																	
COOK	123	123	113	232	Varied Programs																					
DISN	26	48	173	290	Puppy		Puppy		Bluey Bluey		Ladybug Ladybug		Ladybug Bluey		Bluey Big City		Big City Big City		Big City Big City		Big City Big City		Big City Big City	Jessie Jessie		
E!	64	76	114	236	Varied Programs								Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen Question		NBA: The Jump		NFL Live Varied		Around Pardon		SportsCenter		Varied Programs					
ESPN2	34	28	143	209	Get Up		First Take		Varied Programs				Question		Varied Programs				Daily Wager		NFL Live		Varied Programs			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson			
FOOD	61	54	110	231	Varied Programs																					
FREE	32	33	180	311	Melissa		Melissa		The 700 Club		700 Club Middle		Middle Middle		Middle Middle		Movie		Varied Programs					Movie		
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet Skip		NASCAR Race Hub		Varied Programs					
FX	65	24	136	249	(7:00) Movie		Varied Mike		Mike		Varied Programs				Movie		Varied Programs									
FXX	35	64	125	259	Mom		Mom		black-ish		Movie		Varied Programs				Movie		Varied Programs							
GOLF	88	88	401	218	Varied Programs												College		College Golf		Varied Programs					
HALL	87	87	185	312	Gold Girls		Gold Girls		Gold Girls		Gold Girls		Varied Programs		Last Man Last Man		Last Man Last Man		Middle Middle		Middle Middle		Reba Reba	Reba Reba	Varied Programs	
HALLMM	86	86	187	565	M Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores		Chesapeake Shores	Chesapeake Shores		
					T Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk	Good Witch
					W Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk	Good Witch
					Th Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk	"Good Witch: Curse From a Rose" (2019)
F Little House/Prairie		Little House/Prairie		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Monk		Monk		Monk		Monk		Monk		Monk	Good Witch					
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes		Major Crimes	Rizzoli & Isles		
MSNBC	71	67	209	356	Craig Melvin Reports		Andrea Mitchell		MTP Daily		Katy Tur Reports		Ayman Mohyeldin		Deadline: White House				The Beat With		The ReidOut		All In With			
NBCSN	89	89	159	220	SKY Sports News				Varied Programs																	
NBCSNW	426	37	424		Rip City		Paid Prg. Paid Prg.		Varied Programs		Mecum Blazers		The Brian Noe Show								Rip City Drive with Travis & Chad		Varied Programs			
NGEO	55	78	197	276	Varied		Paid Prg.		Varied Programs																	
NICK	27	51	171	299	Peppa		Blaze		Varied Programs		PAW PAW		PAW PAW		Sponge. Sponge.		Sponge. Sponge.		Varied Programs		Sponge. Sponge.		Sponge. Sponge.	Loud Loud		
OWN	40	41	189	279	Varied Programs		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs			
OXY	30	69	127	251	Varied Programs																					
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom Mom		Mom Mom		Two Men Two Men	Two Men Two Men		
ROOT	37	26	426	687	(7:00) 2021 Roland-Garros Tennis				Varied Programs		Varied Programs		Baseball		Varied Programs									Mariners		
SYFY	67	50	122	244	Varied Programs		Movie		Varied Programs												Movie		Varied Programs			
TCM	56	73	132	256	M ***"Flying Leathernecks"		(:45) ***"The Naked and the Dead" (1958, War)		(:15) "The Steel Helmet" (1951)		(:45) ***"Target Zero" (1955, War)		"The Red Badge of Courage"		"Battleground", War											
					T "Hercules, Samson"		***"The Prodigal" (1955)		"Attack of the 50"		(:45) ***"Dead Ringer" (1964, Mystery)		(:45) ***"The Bad Seed" (1956) Nancy Kelly.		"The Band Wagon"											
					W (7:45) "Doctor X"		(:15) **"Tormented" (1960)		(:45) **"The Pack" (1977, Horror)		***"Summer of '42"		(:15) "Death Curse of Tartu"		(:45) * "Bloodlust" (1961)		"The Gold Rush"									
					Th ***"Sinner Take All"		"Mystery House"		"Nine Lives Are Not Enough"		"Shadows-Stairs"		(:15) ***"Ten Little Indians" (1966)		Tell-Tale		**"The Old Dark House"		"High School"							
F "Live, Love and Learn" (1937)		**"Rendezvous" (1935)		(:15) **"The Feminine Touch" (1941)		***"Sister Kenny" (1946)		***"Night Must Fall" (1937)		"Sense-Sensibilty"																
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs																					
TNT	57	52	138	245	(9:00) Charmed		Charmed		Varied		Supernatural		Supernat.		Varied Programs								Basket	Varied Programs		
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Ad. Ruins		Ad. Ruins		Jokers		Jokers		Carbon Carbon		Carbon Carbon		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...	Jokes Jokes		
TVL	75	74	106	304	Paid Prg.		Paid Prg.		M*A*S*H		M*A*S*H		M*A*S*H		M*A*S*H		Bonanza		Varied		G'nsmoke		Varied	G'nsmoke	Varied	
USA	58	39	105	242	Varied Programs																					
WE	118	118	128	260	Medicare		Paid Prg.		Varied Programs		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI	Varied Programs		
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Underground	Varied Programs		
WTBS	59	40	139	247	Broke Girl		Broke Girl		Broke Girl		Friends		Friends		Friends		Friends		Friends		Friends		Friends	American American		
HBO	518	518	303	504	M (7:40) **"Underwater" (2020)		**"Fast & Furious Presents: Hobbs & Shaw"		(:40) **"The New Mutants"		(:15) **"Battleship" (2012) Taylor Kitsch, Rihanna.		***"Independence Day" (1996) Will Smith.													
					T (:05) **"One Day" (2011, Romance)		(9:55) **"Dark Shadows" (2012)		(11:50) "King Arthur: Legend of the Sword"		**"Midway" (2019, War) Ed Skrein, Patrick Wilson.		(:25) **"Greenland"													
					W (7:40) **"Proof" (2005)		"Bill & Ted's Adventure"		(10:50) **"The Lucky One"		"The Hitchhiker's Guide to the Galaxy"		(:25) * "Just Married" (2003)		"Immortal Life of Henrietta"		Treatment									
					Th (7:30) "The Return"		"The Loving Story"		(:15) ***"Dunkirk" (2017, War)		(:05) ***"Drumline" (2002)		(:05) **"Hardball" (2001) Diane Lane		(3:55) ***"Tenet" (2020, Action)											
MAX	531	531	311	516	F (:15) ***"Ford v Ferrari" (2019) Matt Damon, Jon Bernthal.		(10:50) **"Wendy" (2020)		(:40) "Oslo" (2021, Drama) Ruth Wilson.		(:40) **"Greenland" (2020, Action)		REAL Sports Gumbel		Treatment											
					M (:09) "Behind Enemy Lines"		(:40)																			