

tonight's best



Danielle Panabaker

8 p.m. on CW  
The Flash

A sudden and most unwelcome return to Central City by Abra Kadabra (guest star David Dastmalchian) causes headaches for The Flash (Grant Gustin) in the new episode "Central City Strong," especially given that the enraged villain is determined to settle a score. Meanwhile, Caitlin (Danielle Panabaker) suspects something is "off" with Frost, and Allegra (Kayla Compton) tries to cope with a tricky situation. Elsewhere, Iris (Candice Patton) is forced to examine a dark moment from her past.

Word Search solution (puzzle is on page 20)

U N M A C Q N D E G A C V A H  
Y D I K L U O F A R O L L Z A  
C R P C E S T E V E Z L E N W  
H O C V K X I T A T E J V X A  
A G T A P Y W X H G T V N E N  
L M Z N Z E K J N R K O R M I  
S I M K I N S E Y N O X M Y L  
B N G E L N L A Z N D A U V E  
V N V R Z L C M I S F I T S F  
Z E X B A X S K V N L H O Y L  
D S O H V H W P O E X L E Z O  
G O C A U Q A D E R V K X V O  
V T R T W E R M D R K C A V N H  
P A S I K O Z O S O F N Q V  
G J F A G B X E H A R G O H K C



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- Hardware
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TUESDAY EVENING

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MOVIES

SPORTS

MARCH 23, 2021

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	To Tell the Truth Sherri Shepherd; Gabriel Iglesias	black-ish (N)	mixed-ish (N)	Soul of a Nation "Black Joy" (N)	KATU News at 11 (N)		(:35) Jimmy Kimmel Live!	
PBS	3	5			Ask This Old House	BBC World News Outside	PBS NewsHour (N)		American Masters "Flannery" The life and work of Flannery O'Connor. (N)		Beyond the CANVAS	Frontline COVID-19 reshapes the grieving process. (N)	Connected: A Search for Unity "The Goodlands"			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	NCIS Gibbs search for Fornell leads to blood.	FBI "Liar's Poker" Isobel must make a difficult decision.	FBI: Most Wanted Barnes faces a life-changing decision.	KOIN 6 News at 11 (N)	Late Show-C Colbert			
NBC	8	8	8	8	KGW News at 6 (N)	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Young Rock Kenan "Flipp'd" (N)	This Is Us An unexpected guest visits. (N)	(:01) New Amsterdam Max travels to bring Luna home.	KGW News at 11 (N)	Tonight Show			
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	The Flash Allegra deals with a tricky situation. (N)	Superman & Lois Kyle tries to reconnect with Lana. (N)	KOIN 6 News at 10p (N)	Seinfeld "The Seven"	Seinfeld "The Outing"			
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	Holmes Family Effect "One Step at a Time; Hold the Fort" Working Gear, a non-profit organization. (N)		10 O'Clock News (N)	11 O'Clock News (N)	(:35) People (N)			
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)	9 O'Clock News (N)	The Big Bang Theory	The Simpsons	Family Guy	Family Guy		
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	La Rosa de Guadalupe Un joven logra sobresalir. (N)		Vencer el desamor Dafne descubre un chip de teléfono.		Te acuerdas de mí (N)	La hija del embajador (N)	Noticias noroeste 11P	Noticiero Uni		
A&E	52	55	118	265	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars
AMC	60	45	131	254	(5:45) ** "Police Academy" (1984) Steve Guttenberg. A police academy opens its doors to some motley misfits.				*** "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd. A boy travels through time to his parents' teenage years.			*** "Back to the Future Part II" (1989, Comedy) Michael J. Fox, Christopher Lloyd.				
ANP	24	49	184	282	Insane Pools: Deeper Dive		Treehouse Masters: Ultimate Builds		Insane Pools: Deeper Dive "The Ultimate Penta-Pools"			Treehouse Masters				
BET	4	72	124	392	** "Tyler Perry's Madea's Big		Happy Family" (2011, Comedy-Drama) Tyler Perry.		Tyler Perry's The Oval (N)		Tyler Perry's Ruthless (N)		Boiling Point "George Floyd"			
BRAVO	54	65	129	237	Below Deck Sailing Yacht		Below Deck Sailing Yacht (N)		Real Housewives-Dallas		Watch What TBA		Chrisley			
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Apple	Bob's Burgers	Bob's Burgers	American Dad	American Dad	Rick, Morty	Rick, Morty	Family Guy	
CNN	68	44	200	202	Anderson Cooper 360 (N)		CNN Tonight-Don Lemon		CNN Tonight-Don Lemon		Anderson Cooper 360		CNN Tonight-Don Lemon			
COM	77	56	107	249	The Office	The Office	The Office (:45) Drunk History		Drunk History		Drunk History		The Office	The Office	Daily Show	South Park
COOK	123	123	113	232	Man v. Food	Man v. Food	Brew & 'Que	Brew & 'Que	Brew & 'Que	Brew & 'Que	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Brew & 'Que	Brew & 'Que
DISN	26	48	173	290	Jessie	Jessie	Jessie	Jessie	Big City	Big City	Big City	Big City	Big City	Bunk'd	Bunk'd	Sydney-Max
E!	64	76	114	236	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Nightly Pop
ESPN	33	27	140	206	2021 NCAA Women's Basketball Tournament		2021 NCAA Women's Basketball Tournament		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	2021 NCAA Women's Basketball Tournament				The Draft	The Draft	MMA	UFC Archival	Around/Horn	Interruption	NFL Live	
FNOC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	61	54	110	231	Chopped		Chopped "Bar Fight"		Chopped "So Sumac Me!"		Chopped (N)		Chopped "Smokin' Skills"		Chopped	
FREE	32	33	180	311	(4:30) Rio 2 *** "Charlie and the Chocolate Factory" (2005) Johnny Depp.				*** "Matilda" (1996) Mara Wilson, Danny DeVito.				The 700 Club			
FS1	41	85	150	219	(4:00) ** "Little Big League" (1994, Children's)		Luke Edwards, Timothy Busfield.		WWE Friday Night SmackDown (Taped)				Undisputed			
FX	65	24	136	249	(5:00) *** "Guardians of the Galaxy" (2014) Chris Pratt, Zoe Saldana.		*** "Thor" (2011, Action) Chris Hemsworth, Natalie Portman, Anthony Hopkins. Cast out of Asgard, the Norse god lands on Earth.		Mayans M.C. "Overreaching Don't Pay" Bishop sets EZ's plan into motion. (N)				(:17) Mayans M.C.			
FX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Bob's Burgers	Bob's Burgers
GOLF	88	88	401	218	(5:00) PGA Tour Golf From Austin, Texas.				PGA TOUR	PGA TOUR	PGA Tour Golf From Austin, Texas.					
HALL	87	87	185	312	(5:00) "The Perfect Bride" (2017) Pascale Hutton.		"Follow Me to Daisy Hills" (2020, Romance) Cindy Busby. Sparks fly between a young woman and her ex-boyfriend.		"Chasing Waterfalls" (2021, Romance) Cindy Busby. A photographer falls for a handsome guide at a remote lodge.				The Golden Girls	The Golden Girls		
HALLMM	86	86	187	565	Ruby Herring Mysteries "Silent Witness" Ruby finds a woman drowned in a creek.		Ruby Herring Mysteries "Her Last Breath" Ruby investigates a car accident.		Ruby Herring Mysteries "Prediction Murder" Ruby probes a local psychic's murder.							
HGTV	62	57	112	229	Love It or List It		Love It or List It		Unsellable	Unsellable	Unsellable	Unsellable	Hunters	Hunters Int'l	Hunters	Hunters Int'l
HIST	50	60	120	269	The Curse of Oak Island		The Curse of Oak Island		Oak Island: Digging Deeper		The Curse of Oak Island (N)		(:03) Assembly Required (N)		(:05) The Curse of Oak Island	
LIFE	29	29	108	252	Rizzoli & Isles "Gumshoe"		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles		(:03) Rizzoli & Isles		(:03) Rizzoli & Isles	
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	NHL Hockey (:45) NHL Overtime (N) (Live)		World Chase Tag - USA (N)		Mecum Auto Auctions							
NBCSNW	426	37	424		Blazers Warm Trail Blazers		NBA Basketball Brooklyn Nets at Portland Trail Blazers. (N) (Live)		Postgame		Blazers Outsiders (N) (Live)		Blazers Raw		Blazers Raw	
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Genius: Aretha (N)		Genius: Aretha		Genius: Aretha	
NICK	27	51	171	299	Loud House	Loud House	Casagrandes	Loud House	Loud House	Loud House	Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	Dr. Phil		Queen Sugar		Queen Sugar "May 27, 2020"		Delliah "Andre" (N)		Underground (N)		Queen Sugar "May 27, 2020"	
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered	
PARMT	42	43	241	241	Two/Half Men	Two/Half Men	** "Red 2" (2013) Bruce Willis. Retired operatives return to retrieve a lethal device.		** "The Hitman's Bodyguard" (2017) Ryan Reynolds.							
ROOT	37	26	426	687	Lewis: Writing-Own Story		Shogun Fights		Shogun Fights		Strongman Champions		Strongman Champions		Strongman Champions	
SYFY	67	50	122	244	(5:30) ** "G.I. Joe: Retaliation" (2013) Dwayne Johnson.		** "Olympus Has Fallen" (2013, Action) Gerard Butler, Aaron Eckhart.		(:33) ** "London Has Fallen" (2016)							
TCM	56	73	132	256	(5:00) ** "Bugsy Malone" (1976) Scott Baio.		*** "The Little Girl Who Lives Down the Lane" (1976, Suspense) Jodie Foster, Martin Sheen, Alexis Smith.		** "Foxes" (1980) Jodie Foster, Cherie Currie, Scott Baio. Drugs and promiscuity disrupt four girls' adolescence.				(:15) *** "The Bad Seed" (1956, Horror) Nancy Kelly.			
TDC	51	42	182	278	Moonshiners		Moonshiners: Outlaw Cuts		Moonshiners Josh helps run two tons of malted corn. (N)		(:07) Gold Rush		Gold Rush: Dave Turin's			
TLC	49	62	183	280	The Blended Bunch		OutDaughtered		OutDaughtered (N)		The Blended Bunch (N)		Unexpected (N)		Sister Wives	
TNT	57	52	138	245	NBA Basketball: Lakers at Pelicans		NBA Basketball Philadelphia 76ers at Golden State Warriors. From Chase Center in San Francisco. (N Subject to Blackout) (Live)		NBA on TNT Tuesday (N) (Live)		NBA Basketball Los Angeles Lakers at New Orleans Pelicans.					
TRAV	53	38	196	277	Ghost Loop A ghost is attacking a business owner. (N)		Ghost Loop "Frozen in Fear"		Ghost Loop "Choking Up"		Ghost Loop A ghost is attacking a business owner.					
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	King	King		
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		(8:59) Temptation Island (N)		Temptation Island (N)		(:12) Temptation Island	
WE	118	118	128	260	Law & Order "Flaw"		Law & Order "Ghosts"		Law & Order		Law & Order "Life Line"		Law & Order "Birthright"		Law & Order	
WEATH	14	19	214	362	Heavy Rescue: 401		Heavy Rescue: 401		Could You Survive?		Could You Survive?		Could You Survive?		So You Think You'd Survive?	
WTBS	59	40	139	247	Family Guy	Family Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Misery Index	Conan	Misery Index	
HBO	518	518	303	504	(5:05) ** "The Eagle" (2011) Channing Tatum.		Real Time With Bill Maher		*** "Rocky" (1976, Drama) Sylvester Stallone. A heavy-weight champ gives a club fighter a title shot. 'PG'		REAL Sports With Bryant Gumbel (N)		Beartown Questions divide the town. (Subtitled-English)			
MAX	531	531	311	516	(:13) ** "Hackers" (1995, Suspense) Jonny Lee Miller, Angelina Jolie. Teen computer freaks vs. embezzler. 'PG-13'		*** "Ad Astra" (2019, Science Fiction) Brad Pitt. An astronaut embarks on a daring mission to Neptune. 'PG-13'		(:05) ** "Event Horizon" (1997, Science Fiction) Laurence Fishburne. 'R'		(:43) "The Fighter" 'R'					
SHOW	578	578	319	546	(5:50) *** "Green Book" (2018) Viggo Mortensen. Two men confront racism during a 1960s Southern road trip.		** "XXX" (2002, Action) Vin Diesel, Asia Argento. A spy tries to stop an anarchist with weapons. 'PG-13'		(:05) Shameless Frank wants to pull off one last heist.		(:05) ** "XXX: State of the Union" (2005) Ice Cube.					
STARZ	621	621	351	526	(5:42) *** "Titanic" (1997, Historical Drama) Leonardo DiCaprio, Kate Winslet, Billy Zane. A woman falls for an artist aboard the ill-fated ship. 'PG-13'		American Gods Shadow finally embraces destiny.		(9:57) *** "The Mask of Zorro" (1998) Antonio Banderas. Zorro's protege crosses swords with a returning tyrant.							
TMC	591	591	327	554	(:15) ** "How to Talk to Girls at Parties" (2017) Elle Fanning. Two teen lovers set in motion the ultimate showdown.		*** "When Harry Met Sally..." (1989, Romance-Comedy) Billy Crystal. 'R'		(:40) "The Truth" (2019) Catherine Deneuve. A stormy reunion between an actress and her daughter. (Subtitled) 'PG'		** "Poms" (2019) 'PG-13'					