

tonight’s best



Walton Goggins

8 p.m. on FREE
grown-ish

With the full support of his senior classmates, Aaron (Trevor Jackson) boldly takes a stand at graduation, turning his address into a challenge for the university to stop investing in private prisons, in “Who Do You Love?,” the spring finale. Meanwhile, Zoey (Yara Shahidi) considers whether it’s time for Aaron and her to go their separate ways, and Ana (Francia Raisa) suspects Javi (Henri Esteve) is cheating. Elsewhere, Jazz (Chloe Bailey) reaches a decision about Doug (Diggy Simmons).

9 p.m. on ABC
Grey’s Anatomy

As an onslaught of traumas and their attendant pressures continue to mount, the doctors of Grey Sloan struggle to find a way forward, and Richard (James Pickens Jr.) begins to question his faith in the new episode “It’s All Too Much.” Elsewhere, Maggie (Kelly McCreary) gives Winston (Anthony Hill) hospital privileges so they can work together on treating an uneasy patient. Meanwhile, Jo, Link and Jackson (Camilla Luddington, Chris Carmack, Jesse Williams) play an unconventional drinking game.

9 p.m. on FOX
Call Me Kat

Kat (Mayim Bialik) turns to Max (Cheyenne Jackson) to teach her the complex art of Latin dance to impress Oscar (guest star Christopher Rivas) in the new episode “Salsa.” Meanwhile, Phil (Leslie Jordan) bakes a bun that comes out looking like a famous celebrity. Kyla Pratt, Swoosie Kurtz and Julian Gant also star.

9:30 p.m. on CBS
The Unicorn

A clear-eyed Wade (Walton Goggins) resolves to put his relationship with Shannon in the past and start dating again in the Season 2 finale, “Put Your Mask on First.” Meanwhile, Michelle (Maya Lynne Robinson) takes over managing Ben’s (Omar Miller) finances, and Delia (Michaela Watkins) has an epiphany about why she has been controlling for most of her life. Betsy Brandt and Rob Riggle reprise their respective guest roles as Caroline, Wade’s former fling, and Trey, a smooth-talking hotel developer.

THURSDAY EVENING

THURSDAY EVENING					LG - La Grande BC - Baker City D - DISH DTV - DirecTV					MOVIES		SPORTS		MARCH 18, 2021			
	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Station 19 Dean makes a difficult decision. (N)		Grey's Anatomy The doctors seek a path forward. (N)		(:01) A Million Little Things "Miles Apart" (N)		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Bare Feet With Mickela	BBC World News Outside	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Shakespeare and Hathaway -- Private Investigators		Modus Inger wants to help the president.		The Durrells in Corfu on Masterpiece		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight (N)	Young Sheldon	(:31) B Positive	(:01) Mom (N)	The Unicorn	Clarice The team goes to Tennessee.		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	KGW News at 6 (N)	KGW News at 6:30 (N)	The Good Stuff (N)	Inside Edition (N)	Superstore (N)	Young Rock	Law & Order: Special Victims Unit		Dateline NBC (N)		KGW News at 11 (N)	Tonight Show	
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Walker Captain James and Liam head to Mexico. (N)		Legacies A leprechaun shows up at the school. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Pool Guy"	Seinfeld "The Pick"	
FOX	12	12	12	12	6 O'Clock News (N)		People (N)	Family Feud	Hell's Kitchen The chefs face Spell's Kitchen. (N)		Call Me Kat "Salsa" (N)	Last Man Standing (N)	10 O'Clock News (N)		11 O'Clock News (N)	(:35) People (N)	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Big Bang Theory	The Simpsons (Part 2 of 2)	Family Guy	Family Guy	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión (N)	Vencer el miedo (N)		La Rosa de Guadalupe (N)		Médicos, línea de vida (N)		Como tú no hay dos (N)		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	The First 48		The First 48		The First 48 "Spree Killer"		The First 48 (N)		(:01) Nightwatch (N)		(:04) The First 48		
AMC	60	45	131	254	(3:00) *** "The Green Mile" (1999) Tom Hanks.		**** "Forrest Gump" (1994, Comedy-Drama) Tom Hanks, Robin Wright, Gary Sinise. A slow-witted Southerner experiences 30 years of history.						**** "Forrest Gump" (1994) Tom Hanks, Robin Wright. A slow-witted Southerner experiences 30 years of history.				
ANP	24	49	184	282	Lone Star Law: Uncuffed (N)		Lone Star Law		Lone Star Law		Lone Star Law: Uncuffed				Lone Star Law		
BET	4	72	124	392	Bough Breaks	BET Star Cinema						* "Obsessed" (2009, Suspense) Idris Elba, Beyoncé Knowles.					
BRAVO	54	65	129	237	Chrisley	Chrisley	Chrisley	Chrisley	Summer House		Summer House (N)		Watch What	** "Fifty Shades of Grey" (2015)			
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Wrld, Gumball	Apple	Bob's Burgers	Bob's Burgers	American Dad	American Dad	Rick, Morty	Rick, Morty	Family Guy	Family Guy	
CNN	68	44	200	202	Cuomo Prime Time (N) (Live)		CNN Tonight-Don Lemon		CNN Tonight-Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight-Don Lemon		
COM	77	56	107	249	The Office	The Office	The Office	(:45) The Office	"Counseling"	The Office	The Office	The Office	The Office	The Office	Daily Show	The Office	
COOK	123	123	113	232	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Delicious	Delicious	Bizarre Foods	Bizarre Foods	Man v. Food	Man v. Food	
DISN	26	48	173	290	Jessie	Jessie	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Big City	Big City	Bunk'd	Bunk'd	Sydney-Max	
E!	64	76	114	236	The Kardashians		The Kardashians		The Kardashians		Overserved	The Kardashians	Overserved		Nightly Pop	Kardashian	
ESPN	33	27	140	206	2021 NIT Basketball Tournament First Round: Teams TBA.				SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	College Wrestling NCAA Division I Championships. (N) (Live)				NFL Live		UFC Archival		Around/Horn	Interruption	UFC Archival		
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	Beat Bobby Beat Bobby		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Dinner: Impossible (N)		Beat Bobby	Beat Bobby	
FREE	32	33	180	311	*** "Shrek" (2001, Children's) Voices of Mike Myers.		grown-ish		** "The Game Plan" (2007) Dwayne The Rock Johnson, Madison Pettis.						The 700 Club		
FS1	41	85	150	219	CONCACAF	2021 CONCACAF Olympic Qualifying Championship		2021 CONCACAF Olympic Qualifying Championship		World Cup		Undisputed					
FX	65	24	136	249	(5:00) ** "The Fate of the Furious" (2017, Action) Vin Diesel. A mysterious woman forces Dom to betray the crew.				** "Ride Along 2" (2016) Ice Cube, Kevin Hart. Lawmen James Payton and Ben Barber pursue a Miami drug lord.		** "Ride Along 2" (2016) Ice Cube, Kevin Hart. Lawmen James Payton and Ben Barber pursue a Miami drug lord.						
FFX	35	64	125	259	The Simpsons	The Simpsons	The Simpsons	The Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake (N)	Cake	Cake	Cake	
GOLF	88	88	401	218	(4:00) PGA Tour Golf Honda Classic, First Round.				Golf Central		PGA Tour Golf Honda Classic, First Round.						
HALL	87	87	185	312	(5:00) "Love Under the Stars" (2015) Wes Brown		"The Sweetest Heart" (2018) Julie Gonzalo, Chris McNally. Maddie is doing everything she can to save her business.		"Wedding Every Weekend" (2020) Kimberley Sustad. Sparks fly between a man and woman who attend four weddings.				The Golden Girls		The Golden Girls		
HALLMM	86	86	187	565	"A Harvest Wedding" (2017) Jill Wagner, Victor Webster. A successful wedding planner returns to her hometown.				"Christmas Wishes & Mistletoe Kisses" (2019) Jill Wagner. A woman is hired to decorate the estate of a businessman.				Mystery 101 "Playing Dead" Someone tries to kill an actress.				
HGTV	62	57	112	229	Rehab Addict Rescue		Rehab Addict Rescue		Rehab Addict Rescue		(:01) Rehab Addict Rescue	Hunters	Hunters Int'l	Hunters	Hunters Int'l		
HIST	50	60	120	269	Swamp People "Heat Wave"		Swamp People		Swamp People		Swamp People (N)	Swamp People: Serpent Inva		(:05) Swamp People			
LIFE	29	29	108	252	Rizzoli & Isles		Rizzoli & Isles		Married at First Sight		Married at First Sight The second commitment ceremony. (N)		(:03) Married at First Sight				
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	Boxing Ring City USA. (N) (Live)				Sailing America's Cup. From Auckland, New Zealand. (N)		Boxing Ring City USA.						
NBCSNW	426	37	424		Blazers Warm	Trail Blazers	NBA Basketball New Orleans Pelicans at Portland Trail Blazers. (N) (Live)		(N) (Live)	Postgame	Blazers Outsiders (N) (Live)		Blazers Raw	Blazers Raw			
NGEO	55	78	197	276	Life Below Zero		Life Below Zero		Life Below Zero		Life Below Zero		Port Protection Alaska		Life Below Zero		
NICK	27	51	171	299	Loud House	Loud House	Casagrandes	Side Hustle	*** "Rio" (2011, Children's) Voices of Anne Hathaway.		Friends	Friends	Friends	Friends	Friends	Friends	
OWN	40	41	189	279	20/20 on OWN "Unfriended"		20/20 on OWN		20/20 on OWN		20/20 on ID		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Dateline: Secrets Uncovered		Snapped "Amy Fisher"		Snapped "Angela Ferguson"		Dateline: Secrets Uncovered		
PARMT	42	43	241	241	Two/Half Men		Two/Half Men		*** "A League of Their Own" (1992, Comedy-Drama) Tom Hanks, Geena Davis.		*** "My Cousin Vinny" (1992, Comedy) Joe Pesci.						
ROOT	37	26	426	687	Baseball		Mariners		Mariners Rewind From Aug. 22, 2001. (N)		Mariners		Athletes Unlimited Volleyball				
SYFY	67	50	122	244	(5:45) * "Death Wish" (2018, Action) Bruce Willis.		* "Robin Hood" (2018, Action) Taron Egerton, Jamie Foxx.				*** "Salt" (2010, Action) Angelina Jolie.						
TCM	56	73	132	256	(5:00) **** "The Searchers" (1956) John Wayne.		(:15) *** "Breakfast at Tiffany's" (1961) Audrey Hepburn, George Peppard. A woman hides vulnerability behind a sophisticated facade.		*** "Swing Time" (1936) Fred Astaire, Ginger Rogers. A dancer must earn a good living or forget about marriage.		*** "Stage-coach"						
TDC	51	42	182	278	BattleBots (N) (Part 1 of 2)		BattleBots (N) (Part 2 of 2)		Homestead Rescue-Ranch		Homestead Rescue		Homestead Rescue		Homestead Rescue		
TLC	49	62	183	280	Return to Amish Jeremiah makes a desperate plea.				Return to Amish Shelly meets her biological mother. (N)				Return to Amish Lowell and Lisa prepare for the babies. (N)				
TNT	57	52	138	245	Bones Skeletal remains in wooded preserve.		Bones A shallow grave holds conjoined twins.		** "Batman v Superman: Dawn of Justice" (2016, Action) Ben Affleck, Henry Cavill, Amy Adams. Batman embarks on a personal vendetta against Superman.				** "Batman v Superman: Dawn of Justice" (2016)				
TRAV	53	38	196	277	Paranormal Caught on Camera (N)				Paranormal Caught- Camera		Paranormal Caught- Camera		Paranormal Caught on Camera				
TRUTV	73	75	242	246	2021 NCAA Basketball Tournament First Four: Teams TBA.				Post Game		Fast Foodies	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	
WE	118	118	128	260	Love After Lockup		Love After Lockup Kristianna confronts her sister.		Waka & Tammy		The TS Madison Experience		The Real Blac Chyna (N)				
WEATH	14	19	214	362	Heavy Rescue: 401		Mud Mountain Haulers		The World's		The World's		World's Deadliest Weather		Tornado Alley		
WTBS	59	40	139	247	2021 NCAA Tournament		2021 NCAA Basketball Tournament First Four: Teams TBA.		Post Game		Full Frontal		American Dad	American Dad	American Dad	American Dad	
HBO	518	518	303	504	(4:45) "Going in Style"		(:24) *** "Underwater" (2020, Science Fiction) Kristen Stewart, Vincent Cassel. 'PG-13'		*** "Safe House" (2012, Action) Denzel Washington. A rookie and a renegade operative try to evade assassins. 'R'		*** "Man on a Ledge" (2012, Suspense) Sam Worthington, Elizabeth Banks. 'PG-13'		(4:45) Allen v. Farrow				
MAX	531	531	311	516	(5:48) *** "John Wick: Chapter 3 -- Parabellum" (2019, Action) Keanu Reeves, Halle Berry, Ian McShane. 'R'		*** "The Recruit" (2003, Suspense) Al Pacino. A CIA rookie must ferret out a mole within the agency. 'PG-13'				(9:57) *** "Precious" (2009, Drama) Gabourey Sidibe, Mo'Nique, Paula Patton. 'R'						
SHOW	578	578	319	546	Shameless "Cancelled" Debbie has zero responsibilities.		*** "Lethal Weapon" (1987, Action) Mel Gibson. A veteran detective is paired with an eccentric partner. 'R'		*** "Lethal Weapon 2" (1989) Mel Gibson. Detectives nail a South African diplomat who is a drug-runner. 'R'				Desus & Mero (N)		VICE		
STARZ	621	621	351	526	(5:19) *** "Zero Dark Thirty" (2012, Drama) Jessica Chastain. Elite operatives hunt Osama bin Laden. 'R'		The Luminaries "Paradox" A stranger arrives in town.		(:03) ** "Black and Blue" (2019) Naomie Harris. A rookie cop goes on the run when she records a murder. 'R'				Step Up: High Water "Solo"		"Broken Hearts"		
TMC	591	591	327	554	(5:55) *** "Hotel Rwanda" (2004, Drama) Don Cheadle. A hotelier saves 1,200 Tutsi refugees from slaughter. 'PG-13'		*** "Miami Vice" (2006) Colin Farrell. Detectives Crockett and Tubbs take on drug lords in South Florida. 'R'		(15) *** "21 Bridges" (2019) Chadwick Boseman. An NYPD detective joins a manhunt for two cop killers. 'R'								