

A Hero's Journey



Art Center East kicks off four-part series

LA GRANDE — Art Center East will begin a four-part series this month titled “Creative Strategy: A Hero’s Journey to Imagine and Achieve Your Project.”

Every session will be virtual through the Zoom computer app.

The first meeting is Thursday, March 18, from 5:30 p.m. to 7 p.m.

This series is targeted toward those who have a creative project in mind but don’t know where to begin, or have a project in-process, or need some inspiration to complete a project.

According to ACE, “using the Hero’s Journey mythic framework, these classes will help participants strategize to move past blocks and finish your project. Journal prompts based on portions of the Hero’s journey will focus your imagination for your project.”

This class is designed for visual artists, performers, academics, and creative business owners.

This is a four-part series, which can be purchased as a series or as single classes. The link will be sent to participants via email after registration. To register, go to artcentereast.org

SCHEDULE

- Part 1, March 18 — Setting

Out: Beginning Your Creative Quest

- Part 2, April 22 — Crossing the Threshold: Choosing Structure

- Part 3, May 20 — Through the Ordeal: Facing Your Fear, Finding New Life

- Part 4, June 17 — The Journey Home: Rededicating to Complete the Quest

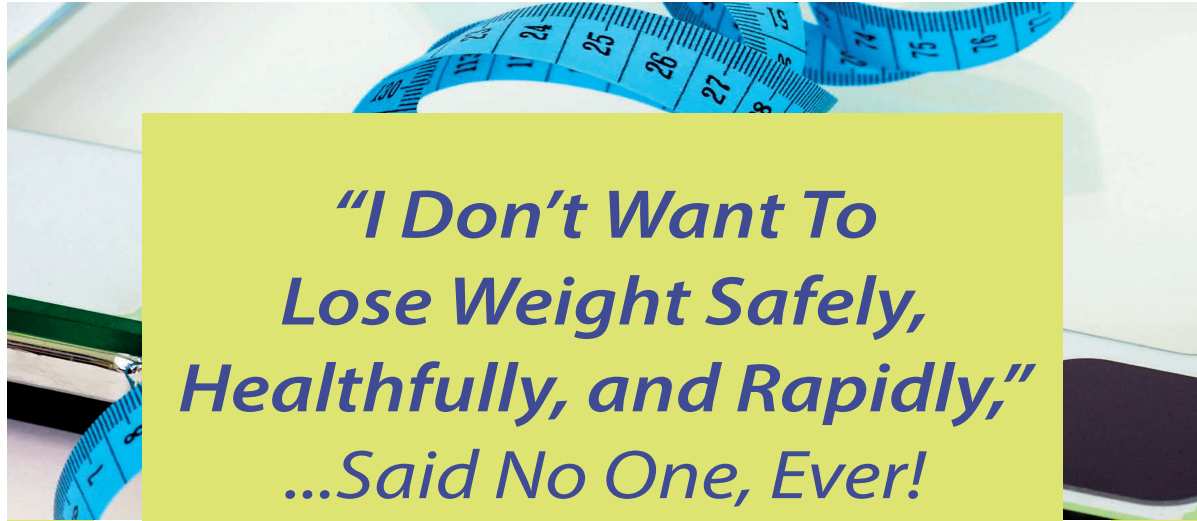
DETAILS

This series is for ages 12 and older.

Each session meets from 5:30 p.m. to 7 p.m. Cost to participate in the entire series is \$55 for ACE members, or \$65 for nonmembers. Cost for an individual class is \$15 for members, or \$18 for nonmembers.

Laura Hudson will facilitate the series. According to the class listing from ACE, she is “a story coach, spiritual director, pastor, and writer, trained in arts of deep listening and symbolic interpretation.” She has used the Hero’s Journey to structure projects from Sunday Sermons to newsletter articles to a book-length memoir.

Hudson is a board member at Art Center East, and all registration from these classes goes to support ACE.



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