Son is consumed by regret over treatment of his father

DEAR ABBY: I brought my 68-year-old immigrant father to live with me per-

manently with the intention of caring for him. He was completely dependent. Halfway through the year, I got angry, told him to move back and vowed to myself I would never ever care for him again. It wasn't that he did anything wrong; I don't know why I got so angry.

He wound up living alone, being helped by his

friends. I knew he was suffering, but I couldn't bring myself to bring him back to

DEAR ABBY

live with me. I was cruel, and it hurt him. I let his green card lapse. He died two years

later.

Since then, I have been overwhelmed with guilt. I should have cared for my father. I am depressed over my actions. Please tell me how I can move forward. - GUĬĹT-RIDDEN

DEAR GUILT-

RIDDEN: Performing the role of caregiver is an enormous undertaking. While it can be rewarding, it can also be exhausting, unrelenting and stressful. Caregivers have been known to lose their tempers because of the pressure.

Please consider scheduling some appointments with a licensed mental health professional who can help you more fully understand what happened between you and your father and help you cope with your guilt. And in the future — once you are able

 consider atoning by volunteering for a charity that

serves the elderly. DEAR ABBY: I have been married to a functioning alcoholic for more than 30 years. He was once funny and nice and a good dad. But over the years he has become unbearable to live with. He doesn't shower or brush his teeth. He was always mainly a

beer drinker, but now he is drinking hard liquor and stays drunk most of the time. I told him he's a severe alcoholic, and he should talk to his doctor, but he refuses. I am pretty sure he is drinking on the job.

-LOSTDEAR LOST: You don't need me to tell you that your husband is in bad shape. I am surprised he

can get away with having such poor hygiene and being drunk at work.

Because he refuses to talk to his doctor about this, you should. I hope you realize that you cannot 'save" him. Al-Anon, an offshoot of Alcoholics Anonymous may help you. Find information about meetings by going to al-anon.org/info.



Historical remains found during construction reburied in NYC

NEW YORK — Human remains of early New Yorkers that were discovered during construction in and around Washington Square Park were reinterred inside the park on Tuesday, March 2, New York City officials announced.

The remains, uncovered during construction between 2008 and 2017, were reburied with assistance from the city Landmarks Preservation Commission and Brooklyn's historic Green-Wood Cemetery, Parks Commissioner Mitchell Silver said.

"Today we honor these individuals and acknowledge Washington Square Park's history as a final resting place for thousands of early New Yorkers," Silver said at the time. "We are so grateful to our colleagues at Green-Wood Cemetery and the Landmarks Preservation Commission for their expertise and guidance on this important project."



Daniel Avila/New York City Parks Department via AP

Green-Wood Cemetery volunteers rebury the fragmentary remains of early New Yorkers found during construction in and around Washington Square Park, Tuesday, March 2, 2021, in New York. The human remains were placed in the wooden box and buried 5 feet below ground within a planting bed in the park and marked with an engraved paver.

Sarah Carroll, chair of the landmarks panel, thanked the Parks Department "for ensuring that archaeology was appropriately completed, and the human remains were respectfully treated throughout the process."

Washington Square Park in Manhattan's Greenwich Village neighborhood was constructed in the 1850s at the site of a former potter's field. Thousands of people were buried there between

1797 and 1825, officials

The partial remains that were reinterred on Tuesday were placed in a wooden box and buried in a planting bed with an engraved paving stone marking the spot, Parks Department officials said.

Because the remains were fragmentary, forensic analysis did not yield details about the individuals, the officials said.

— Associated Press

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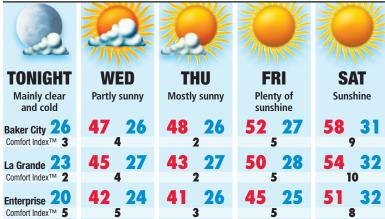
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WED-SAT 11-9 • SUN 11-7



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Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable

ΔΙ ΜΔΝΔΩ

ALIIIAIIAU						
TEMPERATURES	Baker City	La Grande	Elgin			
High Sunday	52°	45°	46°			
Low Sunday	30°	30°	26°			
PRECIPITATION (inches)						
Sunday	0.00	Trace	Trace			
Month to date	0.00	Trace	0.02			
Normal month to da	te 0.17	0.32	0.55			
Year to date	0.95	5.03	11.95			
Normal year to date	1.55	3.09	6.05			

AGRICULTURAL INFO.

Burnt River near Unity

Minam River at Minam

Umatilla River near Gibbon

HAY INFORMATION WEDNESDAY					
Lowest relative humidity	50%				
Afternoon wind	SSW at 4 to 8 mph				
Hours of sunshine	5.7				
Evapotranspiration	0.06				
RESERVOIR STORAGE (through midnight Monday)					
Phillips Reservoir	10% of capacity				
Unity Reservoir	53% of capacity				
Owyhee Reservoir	52% of capacity				
McKay Reservoir	61% of capacity				
Wallowa Lake	43% of capacity				
Thief Valley Reservoir	102% of capacity				
STREAM FLOWS (through midnight Sunday)					
Grande Ronde at Troy	3560 cfs				
Thief Valley Reservoir near N	orth Powder 149 cfs				

CHAIDAY EVIDENCE

SUNDALEY	I KEINIE2
NATION (for the 48 co	ntiguous states)
High: 89°	Phoenix, Ariz.
Low: -12°	Raco, Mich.
Wettest: 0.70"	Quillayute, Wash.
OREGON	
High: 57°	Ontario
Low: 19°	Rome
Wettest: 0.59"	Astoria

WEATHER HISTORY

On March 9, 1995, a blinding dust storm on I-10 contributed to a 23-car accident with 10 fatalities near Wilcox, Ariz. Poor visibility has helped cause many multiple vehicle crashes.

SUN & MOON

Sunrise

37 cfs 528 cfs

243 cfs

Sunset	5	5:50 p.m.	5:52 p.m.
Moonrise	4	l:50 a.m.	5:27 a.m.
Moonset	1	:49 p.m.	2:59 p.m.
MOON PI	HASES	·	
Marre	Elman.	- 11	14
New	First	Full	Last
New	First	Full	Last

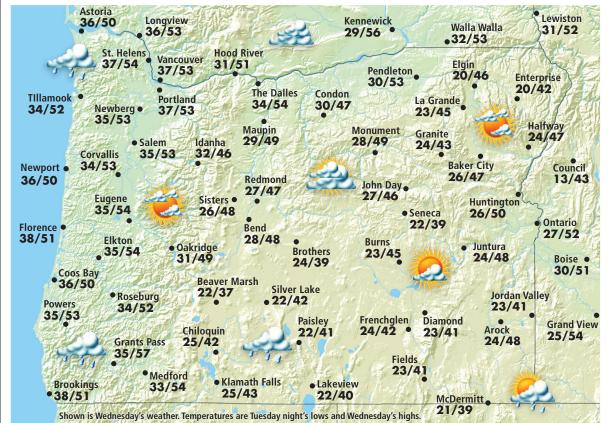
TUE.

6:16 a.m. 6:14 a.m.

WED.

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2021



Partly sunny

REGIONAL CITIES

HEGIONAL OTTIES					
City	WED. Hi/Lo/W	THU. Hi/Lo/W	City	WED. Hi/Lo/W	THU. Hi/Lo/W
Astoria	50/35/pc	48/36/c	Lewiston	52/34/pc	51/32/
Bend	48/28/sh	47/25/s	Longview	53/33/sh	54/32/pd
Boise	51/30/s	53/28/s	Meacham	45/28/sn	43/26/
Brookings	51/36/sh	53/35/s	Medford	54/35/c	54/29/
Burns	45/23/pc	45/18/s	Newport	50/35/pc	48/34/pd
Coos Bay	50/38/pc	50/34/s	Olympia	52/29/pc	52/30/pd
Corvallis	53/30/pc	52/30/pc	Ontario	52/30/s	54/27/
Council	43/16/pc	46/17/s	Pasco	55/28/s	57/29/
Elgin	46/31/pc	43/26/s	Pendleton	53/34/pc	55/32/
Eugene	54/33/pc	51/31/pc	Portland	53/37/pc	54/34/pc
Hermiston	57/34/s	59/32/s	Powers	53/36/c	49/30/
Hood River	51/28/pc	52/31/pc	Redmond	47/25/pc	51/24/
Imnaha	47/25/pc	46/22/s	Roseburg	52/37/c	53/33/pd
John Day	46/27/pc	42/22/s	Salem	53/32/pc	51/32/pd
Joseph	42/23/pc	40/24/s	Spokane	47/28/pc	46/28/
Kennewick	56/30/s	57/30/s	The Dalles	54/33/s	55/34/
Klamath Falls	43/24/sf	46/19/s	Ukiah	46/23/sn	45/23/
Lakeview	40/20/sf	41/16/s	Walla Walla	53/35/s	51/34/
Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain,					

RECREATION FORECAST WEDNESDAY **ANTHONY LAKES PHILLIPS LAKE** A snow shower Some sun MT. EMILY REC. **BROWNLEE RES.** Partly sunny Partial sunshine 21 **EAGLE CAP WILD. EMIGRANT ST. PARK** Some sun A snow shower **WALLOWA LAKE MCKAY RESERVOIR** Some sun; chilly A p.m. shower 42 51 31 THIEF VALLEY RES **RED BRIDGE ST. PARK**

Partly sunny

