WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV MOVIES SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Tiger	Elinor	Clifford	Pink	Sesame	Dinosaur	Xavier	Varied Programs				Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		Blast	Varied	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		Tamron Hall		Dr. Phil		Steve Wilkos Show		Maury		Jerry Springer		Steve Wilkos Show		King	Friends	black-ish	Last Man	Mom	Mom
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Paid Prg.	Mike	Mike	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Simplemente María		Noticiero	Nosotr.	Hoy		Papá a toda madre		Como dice el dicho		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs								The First 48		The First 48		First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Stooges	Varied Programs																
ANP	24	49	184	282	Treehouse Masters		Tanked		Pit Bulls-Parole		Pit Bulls-Parole		Lone Star Law		Varied Programs									
BET	4	72	124	392	black-ish	black-ish	Parkers	Parkers	Parkers	Parkers	Martin	Martin	Martin	Martin	Prince	Prince	Prince	Prince	Varied Programs					
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Craig	Craig	Victor	Teen	Varied	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total
CNN	68	44	200	202	CNN Newsroom		Inside Politics		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	(:15) South Park		South Pk	South Pk	Varied Programs						Office	Office	Office	Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Puppy	T.O.T.S.	T.O.T.S.	Puppy	Puppy	Bluey	Bluey	Ladybug	Ladybug	Big City	Big City	Varied Programs		Jessie	Jessie	Big City	Big City	Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs						Daily Pop		Kardas	Varied	Kardas	Varied	Kardas	Varied	The Kardashians		Kardas	Varied	The Kardashians	
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen	Question	NBA: The Jump		NFL Live		Around	Pardon	SportsCenter		Basket	Varied Programs		
ESPN2	34	28	143	209	(7:00) Get Up		First Take				SportsCenter		G League	Varied Programs			NFL Live	Varied	Daily Wager		College Basketball			
FNC	66	25	205	360	The Faulkner Focus		Outnumbered		America Reports With John Roberts				The Story		Neil Cavuto		The Five		Special Report		FOX News Primetime		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Melissa	Melissa	The 700 Club		700 Club	Varied Programs														
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Varied Programs		Fox Bet	Skip	NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	Movie	Varied Programs			Movie	Varied Programs			Movie		Varied Programs						Movie		Varied Programs	
FXX	35	64	125	259	Mom	Mom	Mom	black-ish	Varied Programs			Movie	Varied Programs											
GOLF	88	88	401	218	PGA Golf	Varied	Golf Today		Varied Programs		Golf Today				Golf Central		Varied Programs		Central	Varied Programs				
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Movie				Movie				Movie				Movie	
HALLMM	86	86	187	565	M Little House/Prairie		Little House/Prairie		Matlock		Matlock		Matlock		Monk		Monk		Monk		Good Witch		Good Witch	
					T Little House/Prairie		Little House/Prairie		Matlock "The Dame"		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Monk		Monk		Monk		Good Witch		Good Witch	
					W Little House/Prairie		Little House/Prairie		Matlock		Matlock		Matlock		Monk		Monk		Monk		"Good Witch: Curse From a Rose" (2019)			
					Th Little House/Prairie		Little House/Prairie		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock		Monk		Monk		Monk		Good Witch		Good Witch	
					F Little House/Prairie		Little House/Prairie		Matlock (Part 1 of 2)		Matlock (Part 2 of 2)		Matlock		Monk		Monk		Monk		Good Witch		Good Witch	
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Grey's Anatomy		Grey's Anatomy		The Closer		The Closer		Major Crimes		Major Crimes		Major Crimes		Rizzoli & Isles		Rizzoli & Isles		Rizzoli & Isles	
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MTP Daily		MSNBC Live		MSNBC Live		Deadline: White House				The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News			Varied Programs																
NBCSNW	426	37	424		Blazers	Varied	The Brian Noe Show						Paid Prg.	Paid Prg.	Varied Programs		SKY Sports News		Rip City Drive with Travis			Varied Programs		
NGEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																	
NICK	27	51	171	299	Peppa	Peppa	Deer S	Umizoomi	PAW	PAW	Blue	Blaze	PAW	PAW	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Alvinnn!!!	Tooned In	Varied
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs					
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Varied Programs																	
SYFY	67	50	122	244	Movie	Varied Programs																		
TCM	56	73	132	256	M My Fair		★★★ "The Star" (1952)		(:15) ★★★★ "Adam's Rib" (1949)				★★★ "Two-Faced Woman"			(:45) ★★★★ "Father of the Bride" (1950)			"Father's Little Dividend" (1951)				"Rain Man" (1988)	
					T AngelRed		(:45) ★★★ "Victim" (1961) Dirk Bogarde.			(:45) ★★★ "The Password Is Courage"				(:45) ★★★ "Our Mother's House"				(:45) ★★★ "Death in Venice" (1971) Dirk Bogarde.					"Pride-Marines"	
					W "Hollywd Cantn"		(:15) ★★ "Bad Bascomb" (1946)				(:15) ★★ "Gentle Annie"			(:45) ★★ "Rationing" (1944)				"Mrs. O'Malley"		(:45) "The Affairs of Martha"		"Take a Giant Step"	
					Th Juliet		(:45) ★★ "Yolanda and the Thief"			(:45) ★★★★ "The Red Shoes" (1948) Moira Shearer.					(:15) ★★★ "Brigadoon" (1954)					Dreams	"I Walked With a Zombie"		"Palm Beach"	
					F Magic		(:45) ★ "Their Big Moment"		"Miracles for Sale"		(:15) "Fingers at the Window"			(:45) "The Strange Mr. Gregory"			"The Mad Magician"		(:15) ★★ "Two on a Guillotine" (1965)			"Manchrian Can."	
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Say Yes	Varied	Say Yes	Varied	Unexpected		Unexpected		Varied Programs											
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernat.	Varied	Supernatural		Varied Programs					
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Carbon	Carbon	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Varied	Paid Prg.	Varied Programs		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs			
WEATH	14	19	214	362	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	Broke Girl	Broke Girl	Broke Girl	Broke Girl	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American
HBO	518	518	303	504	M Last	Axios	(:05) ★★ "The Four Feathers" (2002) Heath Ledger.					CC Sabathia		★★★ "Hero" (2002) Jet Li.			(:15) ★★ "Black Christmas" (2019, Horror)				(3:50) ★★ "Rock of Ages" (2012, Musical)			
					T (7:30) "X-Men: First Class"			Moonwalk	(9:55) ★★★ "Ford v Ferrari" (2019) Matt Damon.					★★★ "Lincoln" (2012) Daniel Day-Lewis.						"Immortal Life of Henrietta"		(:35) ★★★ "Kill Bill: Vol. 1"	
					W Far-Away		(:45) ★ "Cats" (2019) Taylor Swift.			(:35) ★★★ "EMMA." (2020) Johnny Flynn				(:40) ★★★ "Just Mercy" (2019) Michael B. Jordan.						★★★ "Boycott" (2001) Jeffrey Wright.			REAL Sports Gumbel	
					Th "Dirty Dancing"		(:05) ★★★ "Independence Day" (1996) Will Smith.					What's My Name			What's My Name		REAL Sports Gumbel		(:15) ★★★ "Life of Pi" (2012) Suraj Sharma.					Sherlock
					F (7:15) ★★★ "The Namesake"			(:20) ★★ "The Mummy Returns"				(:35) ★★★ "True Grit" (2010, Western)				★★★ "Ray" (2004, Biography) Jamie Foxx.					(:05) ★★ "Don't Let Go" (2019, Suspense)			
MAX	531	531	311	516	M "Man in the Iron"		(:02) ★★ "The Lawnmower Man"				(10:52) ★ "Poltergeist III"			(:32) "American Woman" (2018) Aaron Paul				(:27) ★★ "Dark Shadows" (2012)					(:22) "Johnny English Reborn"	
					T Envy		(:18) ★★ "The Lovely Bones" (2009)			(:36) ★★ "Unbreakable" (2000)				(:24) ★★ "Planet of the Apes" (2001)				(:25) ★★★ "Long Shot" (2019)					(:31) ★ "Glitter" (2001, Drama)	
					W Eagle		(:25) ★ "The Kitchen"			(:10) ★★ "Brown Sugar" (2002)				(:02) ★ "New Year's Eve" (2011)				(:02) ★★★ "Blinded by the Light"				(:02) ★★★ "Rush" (2013) Daniel Brühl		
					Th Stardust		(:21) ★★ "Firestarter" (1984, Horror)			(:18) ★★ "Hackers" (1995)				(:05) ★★ "Anna" (2019) Sasha Luss.				(:06) "The Quarry" (2020) Shea Whigham.				(3:51) ★★ "The Man in the Iron Mask"		
					F (7:54) "Forces of Nature" (1999)		(:40) ★ "Disaster Movie" (2008)			(:08) ★★★ "Before Sunset"				★★ "2 Days in the Valley" (1996)				(:17) ★★ "Lady in the Water"				(:08) "Killerman" (2019) Liam Hemsworth.		
SHOW	578	578	319	546	M The Wiz		(:45) ★ "Max Steel" (2016) Maria Bello			★★ "The Rental" (2020)				★★★ "The Hours" (2002, Drama)				"When Harry Met Sally..."		(:45) Shameless		Supervillain		Trespass
					T (7:45) ★★ "Second Act" (2018)			Jesus Trejo: Stay		★★ "Twilight" (2008) Kristen Stewart.				(:35) "The Twilight Saga: New Moon"				(:45) ★★ "The Twilight Saga: Eclipse" (2010)					"Twilight-Dawn"	
					W (:15) ★ "The Sea of Trees" (2015)				(:15) "Red Joan" (2018, Drama) Judi Dench.				★★ "On the Basis of Sex" (2018)				Supervillain		★★ "21 Bridges" (2019)			(:45) ★★★ "Patriot Games"		
					Th "A Dog's Journey"		(8:50) ★★★ "Pride & Prejudice" (2005)			★★★ "Eighth Grade"				(:45) "How to Build a Girl" (2019, Comedy)				"Made in Italy" (2020)				(:15) ★★★ "The Grey" (2012) Frank Grillo		
					F Source		★★ "Second Act" (2018)		(:15) ★★★ "The Lobster" (2015)				(:15) ★ "Alex Cross" (2012, Action)				★★★★ "The Untouchables" (1987)				"Resistance" (2020) Jesse Eisenberg.			
STARZ	621	621	351	526	M Animal		(:40) ★★ "My All American" (2015)			(:42) ★★ "Earth to Echo" (2014)				(:16) "Still Here" (2020, Mystery)			Men/Kilts	(:27) American Gods		(:20) ★★ "What Lies Beneath" (2000)			The Lu	
					T (7:54) "The 24th" (2020) Trai Byers.				(9:51) ★★ "The Forgotten"			(:26) ★ "End of Days" (1999, Horror)				(:32) American Gods	(:26) ★★ "Black and Blue" (2019)					(:18) "I Am Bolt" (2016) Pelé	
					W Ghost Rdr		(:25) ★★ "Spider-Man 3" (2007) Tobey Maguire.				(10:48) ★ "The Grudge"			(:26) ★★★ "Zero Dark Thirty" (2012, Drama)						Men/Kilts	(:38) "Ghost Rider: Spirit of Vengeance"		Little	
					Th (:09) ★★ "Brightburn" (2019)			(:42) ★★ "Jobs" (2013, Biography) Ashton Kutcher.					The Luminaries		(12:52) ★★ "Breathe" (2017)					(2:52) ★★ "Bloodshot" (2020)		"SEAL Team Six: Raid"		
					F (:12) ★★★ "Spider-Man: Far From Home" (2019)				(:24) ★★★ "Little Women" (2019)				(:42) ★★ "Resident Evil: Retribution"				(:22) American Gods		(:16) ★★★ "Spider-Man" (2002, Action)				Men/Kilts	
TMC	591	591	327	554	M "Problem Child 3"		★ "The Tuxedo" (2002)			(:45) ★ "Child's Play 3"			(:15) "The Current War: Director's Cut"				★★★ "First Reformed" (2017)				★★★ "Hitch" (2005) Will Smith.			
					T Slow	"Lucky Grandma" (2019)			★★ "Critical Condition" (1987)		(:40) ★★ "Legally Blonde" (2001)					"Legally Blonde 2"			★★ "Alfie" (2004) Jude Law.				"Inside the Rain"	
					W (:10) "Ophelia" (2018, Drama) Daisy Ridley.				"Extra Ordinary" (2019)		(:35) "The Cold Light of Day"				(:15) ★★ "Another 48 HRS." (1990)				"Hustle and Heat" (2003)			★★★ "The First Wives Club"		
					Th (:05) ★★ "Problem Child 2"			Long Hot Summers - The			★★★ "Bugsy" (1991, Biography) Warren Beatty.				(:20) ★★★ "Laggies" (2014)				★★★ "Krisha" (2015)			"The Gasoline Thieves" (2019)		
					F ★★★ "Green Book" (2018)				(:10) ★★ "The Best of Enemies" (2019)					★★★ "Hitch" (2005) Will Smith.				(:35) ★★ "Bulletproof Monk" (2003)			"Driveways" (2019) Hong Chau.			