

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 31, 2021

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday		Your Voice	Sharyl Attkisson	X Games Winter X Games 2021. From Aspen, Colo. (N) (Live)				2021 NFL Pro Bowl Celebration (Taped)				Makeup!	Sea Res-cue (N)	Hearts of Heroes	Rock the Park (E)	This Week With George ...		KATU News at 5	World News	
PBS	3	5			Dinosaur Train (E)	Arthur (E)	R. Steves' Europe	R. Steves' Europe	NOVA "Forgotten Genius" Percy Julian became an industrialist.				Jazz "The True Welcome (1929 to 1934)" Satchmo begins singing on stage.				In Concert at the Hol-lywood Bowl		Focus on Europe	GZERO World	To the Con-trary	Washing-ton Week	Firing-Hoover	NewsHour Wk	
CBS	6	6	6	6	CBS News	Face the Nation (N)	Bull Riding		College Basketball Michigan State at Ohio State. (N) (Live)				PGA Tour Golf Farmers Insurance Open, Final Round. From Torrey Pines South Course, San Diego, Calif. (N) (Live)				H2O X5			Raw Travel (N)	Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News		
NBC	8	8	8	8	Meet the Press (N)		Figure Skating U.S Championships: Best of. From Orleans Arena in Las Vegas. (Taped)				IMSA Weathertech Sportscar Championship (N) (Live)				NASCAR Season Preview (N)		Motorcycle Race		Paid Program	Paid Program	Grant's Getaways	Laura McKenzie	KGW News at 5 (N)		
CW	9	9	32	32	Pastor Strong	Robert Jeffress	Freethought	Get Back Out There	Christian Worship Hour		Last Man Standing	Last Man Standing	The 700 Club (N) (Live)						The King of Queens	The King of Queens	Friends	Friends	black-ish	black-ish	
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)		Animal Rescue	Hoops Tip-Off	Women's College Basketball Connecticut at DePaul. From McGrath Arena in Chicago. (N)				College Hoops	College Basketball Connecticut at St. John's. (N) (Live)				Inside the Big East		We Have a Dream Inspirational African Americans.				5 O'Clock News (N)	
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)		FOX News With Chris Wallace	Sunday	Paid Program	Whacked Out Spo.	Dragon-FlyTV (E)	Think Big (E)	Animal Rescue	Dog Tales (E)	The Im-mortals	Paid Program	Best Hair Regrowth Treatment		The Incredible Dog Challenge Tour		The Incredible Dog Challenge Tour		2 Broke Girls	2 Broke Girls	
UNIV	22	22	16	47	Programa pagado	Programa pagado	Fútbol Central		Fútbol Mexicano Primera División Pumas UNAM vs Atlas. (N) (Live)				República Deportiva (N) (Live)		Al punto (N)		Aquí y ahora "Sos-pechoso"		Como dice el dicho "El interés tiene pies"		La Rosa de Guada-lupe (N)		La Rosa de Guada-lupe "La tía quedada"		
A&E	52	55	118	265	Hoarders	Hoarders	Hoarders "Judy"		Hoarders		★★ "The Bodyguard" (1992, Drama) Kevin Costner.						★★★ "The Fugitive" (1993, Suspense) Harrison Ford.						Reacher		
AMC	60	45	131	254	"The Last Samurai"		★★★ "Air Force One" (1997) Harrison Ford, Gary Oldman, Glenn Close. A terrorist and his gang hijack the U.S. president's plane.				★★ "The Longest Yard" (2005) Adam Sandler. Prisoners train for a football game against the guards.				★★★ "G.I. Jane" (1997, Drama) Demi Moore, Viggo Mortensen. A female Navy SEALs recruit completes rigorous training.						"The Shawshank Redemption" (1994)				
ANP	24	49	184	282	North Woods Law "Running Out of Time"				Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		
BET	4	72	124	392	As. Living	As. Living	Payne	Payne	Prince	Prince	Prince	Fresh Prince	Prince		Prince	Prince	★★ "Tyler Perry's Madea Goes to Jail" (2009) Tyler Perry,				Derek Luke.		"Why Married?"		
BRAVO	54	65	129	237	Real House.		Real House.		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Gumball	Teen	Teen	Teen Titans Go!			
CNN	68	44	200	202	Reliable Source		State-Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		
COM	77	56	107	249	Parks	Parks	The Office (:45) The Office		The Office		The Office		The Office		(:15) The Office		The Office		The Office		★★★ "The Wedding Singer" (1998)		Grwn Ups		
COOK	123	123	113	232	Best	Best	Best	Best	Bizarre	Bizarre	Delicious	Delicious	Delicious	Delicious	Food	Food	Food	Food	Food	Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats	
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Secrets	Secrets	"Princess Protection Program"		Liv-Mad.		Liv-Mad.		Raven		Raven		Sydney	Sydney	
E!	64	76	114	236	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	★★ "The Holiday" (2006) Cameron Diaz, Kate Winslet.				"Miss Congeniality 2"						"Miss Congeniality"		
ESPN	33	27	140	206	SportsCenter (N) (Live)		SportsCenter (N) (Live)		College Basketball SMU at Houston. From Fertitta Center in Houston. (N) (Live)				2021 NFL Pro Bowl Celebration (Taped)				SportsCenter (N) (Live)		SportsCenter (N) (Live)		2021 NFL Pro Bowl Celebration		Black His-tory	X Games (N) (Live)	
ESPN2	34	28	143	209	Madden NFL 21: Ch. MediaBuzz (N) (Live)		Madden NFL 21: Ch. America's News HQ		E60		Track and Field American Track League. (N)				Women's College Basketball				College Basketball				Pro Bowl Celebration		
FNC	66	25	205	360	MediaBuzz (N) (Live)		America's News HQ		America's News HQ		Fox News Sunday		Journal Editorial Rpt.		America's News HQ		Greg Gutfeld		Fox Report		Fox News Sunday		Life, Liberty & Levin		
FOOD	61	54	110	231	Valerie's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Trisha's	Delicious	Delicious	The Kitchen		Supermarket		Guy's Games		Guy's Games		Guy's Games		
FREE	32	33	180	311	(7:00) "The Bourne Identity"		★★★ "The Bourne Supremacy" (2004) Matt Damon.				The 700 Club		The 700 Club		The 700 Club		The 700 Club		The 700 Club		The 700 Club		The 700 Club		
FS1	41	85	150	219	Bassmaster		Bowling		Bowling				Bassmaster		WWE Backstage		NFL Turning Point		Soccer						
FX	65	24	136	249	Mike & Molly	★ "Life on the Line" (2015, Suspense) John Travolta, Kate Bosworth, Devon Sawa.	★★ "Transporter 3" (2008, Action) Jason Statham, Natalya Rudakova.				★★ "Sicario: Day of the Soldado" (2018, Suspense) Benicio Del Toro, Josh Brolin.				★★★ "Venom" (2018, Action) Tom Hardy. A man gains superpowers when his body merges with an alien.						"Deadpool 2"				
FX	35	64	125	259	★ "Holmes & Watson" (2018, Comedy)				★★ "Daddy's Home" (2015) Will Ferrell.				Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Fam. Guy	Fam. Guy	
GOLF	88	88	401	218	(7:00) Golf Today (N)		Golf Central Pregame		PGA Golf				College Golf Southwestern Invitational, Final Round.						Champion		Golf Central (N) (Live)		PGA Golf		
HALL	87	87	185	312	Golden Girls	Golden Girls	"Sister of the Bride" (2019, Romance) Becca Tobin, Ryan Rottman, Michael Gross.				"The Sweetest Heart" (2018, Romance) Julie Gonzalo, Chris McNally, Tammy Gillis.		"A Winter Getaway" (2021, Romance) Nazneen Contractor, Brooks Darnell.				"Wedding Every Weekend" (2020) Kimberley Sustad, Paul Campbell.				"Winter in Vail" (2020) Lacey Chabert.				
HALLMM	86	86	187	565	Columbo "A Friend in Deed" Murderer asks friend for alibi.				Picture Perfect Mysteries "Newlywed and Dead" A shot rings out during a wedding.				Picture Perfect Mysteries "Dead Over Dia-monds" A stolen necklace leads to danger.				Picture Perfect Mysteries While backstage, Allie discovers a body.				Flower Shop Mysteries "Snipped in the Bud" Abby's law school rival is murdered.				
HGTV	62	57	112	229	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Home Town		Home Town		Home Town		Home Town		
HIST	50	60	120	269	Cnt. Cars	Cnt. Cars	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Ult. Rides	Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		Swamp People		
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Paid Prog.	★ "No Good Deed" (2014) Idris Elba.				"Stolen by My Mother: Kamiyah"				"Surviving Compton: Dre, Suge"				Hopelessly in Love (Part 2 of 3)				
MSNBC	71	67	209	356	The Sunday Show		Weekends-Alex Witt		Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		PoliticsNation (N)		American Voices		American Voices		Week-Johnson		
NBCSN	89	89	159	220	IMSA Weathertech Championship				Sailing Americas Cup Prada Challenger Se				Figure Skating ISU Grand Prix. (Taped)				Luge FIL World Cup: Team Relay.				Auto Auctions				
NBCSNW	426	37	424		Outdoor GPS (N)		Beavers	Bridge	Paid Prog.	Paid Prog.	OnCa	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Beavers	Bridge	Bridge	Blazers	Ninja Warrior	Outdoor GPS			
NGEO	55	78	197	276	Total Gym	Meet	Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		Nazi Megastructures		
NICK	27	51	171	299	Rangers	Sponge.	★★ "Bee Movie" (2007, Children's)				★★★ "Despicable Me" (2010, Children's)				Sponge.		Sponge.		Sponge.		Sponge.		Loud	Loud	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		
OXY	30	69	127	251	Exhumed		Exhumed		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		
PARMT	42	43	241	241	★★★ "Casino" (1995, Crime Drama) Robert De Niro, Sharon Stone, Joe Pesci.				★★★ "The Godfather" (1972, Drama) Marlon Brando, Al Pacino.				(:45) ★★★ "The Godfather, Part II" (1974)												
ROOT	37	26	426	687	Paid Prog. Workout!		Relief!	Emeril	Women's College Basketball				Sporting	College Hockey Denver at Colorado College.				Kyle Lewis		Mariners All Access				Mariners Rewind	
SYFY	67	50	122	244	★★ "Jumanji" (1995) Robin Williams.		(:01) ★★★ "Beetlejuice" (1988, Comedy)						(:07) ★★★ "Willy Wonka and the Chocolate Factory"				★★★ "Zombieland" (2009, Comedy)				★★★ "The Goonies" (1985)				
TCM	56	73	132	256	(7:00) ★★ "The Kill-ers" (1964)		★★★ "The Red Badge of Courage"		(:15) ★★★ "I Married a Witch" (1942, Fantasy) Fredric March.				(:45) ★★ "From Here to Eternity" (1953, Drama) Burt Lancaster, Montgomery Clift, Deborah Kerr.				★★★★ "My Fair Lady" (1964) Audrey Hepburn, Rex Harrison. Profes-sor Henry Higgins bets he can refine cockney Eliza Doolittle.				★★★★ "Sonder" (1972) Cicely Tyson.				
TDC	51	42	182	278	Saltwater	Sports	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Alaska: The Last Frontier				
TLC	49	62	183	280	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Unexpected		Unexpected		Unexpected		Unexpected		Unexpected		Unexpected		
TNT	57	52	138	245	NCIS: New Orleans "Mirror, Mirror"		NCIS: New Orleans "Monster"		★★★ "Back to the Future" (1985, Comedy) Michael J. Fox, Christopher Lloyd, Crispin Glover.				★★★ "Back to the Future Part II" (1989, Comedy) Michael J. Fox, Christopher Lloyd, Lea Thompson.				★★★ "Back to the Future Part III" (1990, Comedy) Michael J. Fox, Christopher Lloyd.				"Back to the Future"				
TRAV	53	38	196	277	Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror in the Woods		Expedition Bigfoot		
TRUTV	73	75	242	246	truTV Top Funniest		truTV Top Funniest		truTV Top Funniest		truTV Top Funniest		Videos		Jokes		Jokes		Jokes		Jokes		Jokes		
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	
USA	58	39	105	242	In Touch	J. Osteen	The Rev	Chrisley	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	118	118	128	260	Makeup!	Tummy	MAXX	PiYo	Law Order: CI		Law Order: CI		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		
WEATH	14	19	214	362	Weekend Recharge		Weekend Recharge		Think You'd Survive?		Think You'd Survive?		Think You'd Survive?		Could You Survive?		Could You Survive?		Could You Survive?		Highway Thru Hell		Highway Thru Hell		
WTBS	59	40	139	247	Raymond	Raymond	Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Go-Big Show		Go-Big Show		Go-Big Show		Go-Big Show		"Batman v Superman: Dawn of Justice"				
HBO	518	518	303	504	(7:55) ★★ "The School of Rock" (2003) Jack Black. 'PG-13'		(:45) ★★ "Little" (2019, Comedy) Issa Rae, Marsai Martin. 'PG-13'		(:35) ★★ "Shallow Hal" (2001, Romance-Comedy) Gwyneth Paltrow. 'PG-13'				★★ "Win a Date With Tad Hamil-ton!" (2004) 'PG-13'				(:10) ★★ "Replicas" (2018, Science Fiction) Keanu Reeves, Alice Eve. 'PG-13'				Real Time With Bill Maher				
MAX	531	531	311	516	(7:54) ★★ "Wildcats" (1986, Comedy) Goldie Hawn. 'R'		(:40) ★★ "Good Boys" (2019) Jacob Tremblay. 'R'		(:10) ★★ "Pearl Harbor" (2001, War) Ben Affleck. Best friends become fighter pilots and romantic rivals in 1941. 'PG-13'				(:14) ★★ "La La Land" (2016) Ryan Gosling. A jazz pianist and an aspiring actress fall in love. 'PG-13'				(:23) ★ "Abraham Lincoln: Vam-pire Hunter" (2012) 'R'								
SHOW	578	578	319	546	Inside the NFL		★★★ "First Blood" (1982, Action) Sylvester Stallone. 'R'		(:35) ★ "Alex Cross" (2012) Tyler Perry. A serial killer pushes Cross to the edge.				★★ "The Gentlemen" (2020, Crime Drama) Matthew McConaughey. 'R'				(:25) ★★ "Dark Waters" (2019, Drama) Mark Ruffalo, Tim Robbins. 'PG-13'		Shameless Hall of Shame				The Cir-cus Ins		
STARZ	621	621	351	526	(7:53) "Driven" (2018, Comedy-Drama) Jason Sudeikis, Lee Pace, Judy Greer. 'R'				(9:50) ★★ "Bad Boys for Life" (2020, Action) Will Smith, Martin Lawrence. 'R'				(11:56) ★★ "Lara Croft: Tomb Raider" (2001) Angelina Jolie.				(:39) American Gods "Ashes and Demons"		(4:59) ★★ "Bad Boys for Life" (2020)						
TMC	591	591	327	554	★ "Salvation Boulevard" (2011) Pierce Brosnan. 'R'				(:45) ★★ "The 'Bubs" (1989, Comedy) Tom Hanks, Bruce Dern, Carrie Fisher. 'PG'				★★★ "Batman" (1989, Action) Jack Nicholson, Michael Keaton. 'PG-13'				(:40) ★★ "Batman Returns" (1992, Action) Michael Keaton, Danny DeVito, Michelle Pfeiffer. 'PG-13'				(3:50) ★★ "Batman Forever" (1995, Action) Val Kilmer, Jim Carrey. 'PG-13'				