

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3-Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	ABC
PBS	3	5			Tiger	Tiger	Elinor	Clifford	Pink	Sesame	Dinosaur	Xavier	Varied Programs				Go Luna	Nature	Hero	Odd	Arthur	Peg	Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		Blast	Blast	Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	KOIN AM Extra		The Doctors		Dr. Phil		Steve Wilkos Show		Mauzy		Jerry Springer		Steve Wilkos Show		King	Friends	black-ish	Last Man	NewsNation	Preview
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael	Varied	Kelly Clarkson		12 O'Clock News		Wendy	Varied	The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock	News
MNT	13	13	49	49	Good Day Oregon		Paid Prg.	Paid Prg.	Mike	Mike	TMZ Live		Jerry	Protection	Divorce	Divorce	Judge Mathis		Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!				Simplemente Maria		Noticiero	Nosotr.	Hoy				Papá a toda madre		Como dice el dicho		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Parking	Parking	Parking	Parking	Varied Programs												First 48	Varied	First 48	Varied
AMC	60	45	131	254	Paid Prg.	Paid Prg.	Movie	Varied Programs			Movie		Varied Programs								Varied Programs		Movie	
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	Martin	Martin	(:12) Martin		Martin	Martin	Parkers	Parkers	Parkers	Parkers	Varied Programs									
BRAVO	54	65	129	237	Below	Varied Programs			Below	Varied	Below	Varied	Below	Varied	Below	Varied	Below	Varied	Below	Varied	Below	Varied	Below	Varied Programs
CARTOON	25	59	177	297	Victor	Teen	Teen	Teen	Craig	Craig	Teen	Teen	Teen	Teen	Total	Total	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Jake Tapper		Situation Room		Situation Room		Erin Burnett	OutFront	Anderson	Cooper
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	Varied	South Pk	South Pk	South Pk	South Pk	South Pk	Varied Programs		South Pk		Office	Office	Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy	Varied	T.O.T.S.	T.O.T.S.	Bluey	Bluey	Ladybug	Ladybug	Ladybug	Liv-Mad.	Liv-Mad.	Liv-Mad.	Big City	Big City	Raven	Raven	Amphibia	Hotel	Owl Hse.	Big City
E!	64	76	114	236	Las Vegas		Las Vegas		Las Vegas		Las Vegas		Daily Pop		Varied Programs									
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		SportsCenter		Jalen	Question	NBA: The Jump		NFL Live		Around	Pardon	SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take		SportCtr	Varied Programs					NFL Live	Varied	Daily Wager				Varied Programs			
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Bill Hemmer Reports		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson	
FOOD	61	54	110	231	Varied Programs																			
FREE	32	33	180	311	Middle	Middle	Middle	700 Club	The 700 Club		Varied Programs		Movie		Varied Programs		Movie		Varied Programs		Movie		Varied Programs	
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Fox Bet	Skip	NASCAR Race Hub		Varied Programs			
FX	65	24	136	249	Movie	Varied Programs																		
FXX	35	64	125	259	Mom	Mom	Mom	black-ish	black-ish	Varied Programs												Movie		Varied Programs
GOLF	88	88	401	218	Varied Programs				College Central		Golf		Varied Programs						Central	Central			Varied Programs	
HALL	87	87	185	312	Movie		Home & Family				Movie						Movie						Movie	
HALLMM	86	86	187	565	M "Merry Christmas"	"Return to Christmas Creek" (2018, Drama)	"Christmas Everlasting" (2018) Tatyana Ali.	"Romance at Reindeer Lodge" (2017)	"Christmas Tree Lane" (2020) Alicia Witt.	"Dashing Through"														
					T "Christmas"	"The Christmas Note" (2015) Leah Gibson	"Once Upon a Christmas Miracle" (2018)	"A Homecoming for the Holidays" (2019)	"The Christmas Shepherd" (2014, Drama)	"Perfect Christmas"														
					W "Small Town"	"Rocky Mountain Christmas" (2017)	"Last Vermont Christmas" (2018, Romance)	"Christmas in the Air" (2017) Eric Close	"A Christmas to Remember" (2016, Drama)	"Moonlight"														
					Th "Sound of Christ"	"A Bramble House Christmas" (2017)	"Deliver by Christmas" (2020) Eion Bailey	** "A Princess for Christmas" (2011)	"Finding Christmas" (2013) JT Hodges.	"Time for Me"														
					F "Mem-Christmas"	"Holiday Hearts" (2019) Ashley Williams.	"Christmas Incorporated" (2015) Ron Lea	"A Veteran's Christmas" (2018) Sean Faris	"Catch a Christmas Star" (2013, Romance)	"Song Christmas"														
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie		Movie										Movie							
MSNBC	71	67	209	356	MSNBC Live	Andrea Mitchell	MTP Daily	MSNBC Live	MSNBC Live	Deadline: White House									The Beat With		The ReidOut		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NBCSNW	426	37	424		Rip City	Paid Prg.	Paid Prg.	Varied Programs	Mecum	Blazers	The Brian Noe Show										Rip City Drive with Travis & Chad		Varied Programs	
NCEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																	
NICK	27	51	171	299	PAW	Peppa	Umizoomi	PAW	PAW	PAW	Blue	Blaze	PAW	Varied	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Mom	Mom	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Varied Programs				Paid Prg.	Paid Prg.	Varied Programs											
SYFY	67	50	122	244	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied Programs	Movie	Varied Programs	(:05) Movie				Varied	
TCM	56	73	132	256	M (:15) ** "Where Danger Lives" (1950)	"Fingers at the Window" (1942)	"Footsteps in the Dark" (1941)	(:15) ** "Kill or Cure" (1963)	** "The Gazebo" (1959, Comedy)	"Nothing-Night"														
					T Sage	** "Devil's Canyon" (1953)	(:15) ** "The Hired Gun"	** "Black Patch" (1957)	** "Virginia City" (1940) Errol Flynn.	Women Make Film														
					W "Winter Meeting"	"I Know Where I'm Going!"	(:45) *** "The Enchanted Cottage"	*** "Random Harvest" (1942) Ronald Colman.	** "Desire Me" (1947) Greer Garson.	"The Best Man"														
					Th ** "Tormented" (1960)	** "Angel on My Shoulder"	(:15) ** "Night of Dark Shadows" (1971)	"Indestructible"	(:15) ** "From Hell It Came"	** "Death Curse of Tartu"	"Winchester '73"													
					F "Isle-Lost Souls"	** "White Zombie" (1932)	"The Vampire Bat"	"Mystery of the Wax Museum"	(:15) *** "Mad Love" (1935)	"The Walking Dead"	(:45) "The Return of Doctor X"	"Four Skulls"												
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Little People, World	Little People, World	Varied Programs				Four Weddings		Four Weddings		Gypsy Wedding		Gypsy Wedding		Varied Programs					
TNT	57	52	138	245	Charmed	Charmed	Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Movie		Varied Programs			
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Carbon	Carbon	Carbon	Carbon	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes	Jokes	Jokes	Jokes
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G.	Andy G.	Andy G.	Andy G.
USA	58	39	105	242	NCIS	Varied Programs																		
WE	118	118	128	260	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs					
WEATH	14	19	214	367	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Underground		Underground		Underground		Underground		Varied Programs	
WTBS	59	40	139	247	George	George	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	
HBO	518	518	303	504	M Gold	** "The Family Stone"	(:15) *** "A Hidden Life" (2019) August Diehl, Valerie Pachner.	Last	(:40) *** "Walk the Line" (2005) Joaquin Phoenix.	*** "X-Men: First Class" (2011, Action)														
					T (7:10) "Emma" (1996)	(:15) *** "The Others" (2001, Suspense)	** "The Art of Racing in the Rain"	(12:50) * "Cats" (2019)	(:45) *** "Shazam!" (2019) Zachary Levi.	Crafting	Real Time													
					W Name	(:45) ** "Aquaman" (2018) Jason Momoa.	Gary Gulman: Great Depresh	** "Grudge Match" (2013, Comedy)	"Dirty Dancing: Havana Nights"	Axios	(:25) *** "Ford v Ferrari"													