

Sorrow consumes couple's lives after son's suicide

DEAR ABBY: My wife and I lost our son to suicide a few years ago. We have never gotten over it. I have recovered somewhat and would like to resume having intimate relations, but she's not that far along.



DEAR ABBY

without my sorrowful self taking up resources. I have sought help ever since we lost my son, and have been taking all kinds of medication that I no longer want to take. Is there a way out other than my option?

— **BEYOND DEPRESSED**

I no longer feel there's any reason to continue on this earth. There is no point to my being here. I think about suicide daily. I have been told that if I were going to do this and hurt my family as my son did, I would've already done it.

My wife and I have been cast into a hell that's impossible to bear. There is no way to describe the pain, anger and sorrow we feel. I want to die because I feel the world would be a better place

DEAR BEYOND DEPRESSED: Please accept my deepest sympathy for the tragic loss of your son. I cannot imagine the hell you and your wife are going through.

Because you can't get the thought of suicide out of your mind, it is very important that you receive more help than I can give you in a letter. Your doctor should be put on notice about your issue

with your medications. Also, a group that might be helpful for you and your wife is the American Foundation for Suicide Prevention. If you contact them, they can refer you to a local support group for people who are surviving a loved one's suicide. The website is afsp.org. If, however, you feel you have reached a point where harming yourself is imminent, I urge you to call the National Suicide Prevention Lifeline at 800-273-8255. Please don't give up.

DEAR ABBY: I have two children. One is 6, and the other is an infant. My 6-year-old is kind but mischievous at times. I am a firm believer that children need loving parents, but also parents who discipline when it's needed. My mother recently came to

live with me and my husband. She helps out a lot, but she is causing some confusion in our home. She doesn't discipline my 6-year-old when needed. In fact, she often acts like a child herself when she should be acting like an adult. This issue causes my 6-year-old to sometimes be disrespectful.

When my husband and I hear the smart-mouth talk, we address it, but there's only so much we can do when my mother won't take an adult role. I have had several conversations with her about it, but nothing changes. I don't want her to leave, but I'm afraid her attitude toward parenting and discipline will cause some real problems in my home. Please help.

— **DISCIPLINED IN VIRGINIA**

DEAR DISCIPLINED: Con-

tinue the conversation with your mother. Explain that although she may think you are too strict with your older child, you are that child's mother, and this is the way you want the child raised. Then tell her that if enforcing the rules is too much for her, she may have to find other living arrangements. Talk to your child, as well. Make sure he/she understands that the rules come from his/her parents and no one else.

I am troubled by your statement that your mother sometimes acts like a child. I wish you had mentioned why she's living with you. If you suspect there's a possibility she might be experiencing the onset of dementia, INSIST that she be evaluated by a physician and a neurologist to ensure that she's well.

Deaths prompt Alaska officials to remove 'Into the Wild' bus

By Mark Thiessen and Becky Bohrer
Associated Press

ANCHORAGE, Alaska — An abandoned bus in the Alaska wilderness where a young man documented his demise over 114 days in 1992 has been removed by officials, frustrated that the bus has become a lure for dangerous, sometimes deadly pilgrimages into treacherous backcountry.

An Alaska National Guard Chinook helicopter flew the bus out of the woods just north of Denali National Park and Preserve on Thursday.

Christopher McCandless hiked to the bus located about 250 miles north of Anchorage nearly three decades ago, and the 24-year-old Virginian died from starvation when he couldn't hike back out because of the swollen Teklanika River. He kept a journal of his plight, discovered when his body was found. McCandless' story was first documented in Jon Krakauer's 1996 book "Into the Wild," followed by Sean



Photo by Sgt. Seth LaCount/Alaska National Guard via AP

Alaska Army National Guard soldiers use a CH-47 Chinook helicopter Thursday to remove an abandoned bus, popularized by the book and movie "Into the Wild," from its location in the Alaska backcountry as part of a training mission.

Penn's movie of the same name in 2007.

Over the years, the bus became a magnet for those wishing to retrace McCandless' steps to the bus to pay homage. But the Teklanika River that prevented McCandless from hiking

out also has caused problems for people who came later on pilgrimages. Two women, one from Switzerland in 2010 and one from Belarus in 2019, drowned on such pilgrimages.

State officials said there have been 15 other search-

and-rescue operations since 2009, including one involving five Italian tourists last winter, one with severe frostbite.

"We encourage people to enjoy Alaska's wild areas safely, and we understand the hold this bus has had

on the popular imagination," Department of Natural Resources Commissioner Corri A. Feige said in a statement. "However, this is an abandoned and deteriorating vehicle that was requiring dangerous and costly rescue efforts, but more importantly, was costing some visitors their lives."

In Alaska, the Department of Natural Resources is responsible for protecting and preserving state land.

"I was stunned when Commissioner Feige informed me," Carine McCandless, Christopher's sister, said in an email to The Associated Press. "Though I am saddened by the news, the decision was made with good intentions, and was certainly theirs to make. That bus didn't belong to Chris and it doesn't belong to his family."

The 1940s-era bus, sometimes called "Bus 142" or "The Magic Bus," was used to house employees by the Yutan Construction Co. when it built an access

road about 25 miles west of the Parks Highway, the main thoroughfare between Anchorage and Fairbanks. The National Guard named Thursday's bus lift "Operation Yutan."

The bus was abandoned in 1961 and had become an emergency shelter for those using the backcountry to recreate or hunt.

"Seeing those photos of Fairbanks 142 flying out of the bush triggered a flood of complicated emotions for me," Krakauer said in an email to the AP.

Krakauer said he respects the decision to remove the bus, "but some powerful history is attached to that old bus. A great many people care deeply about what happens to it."

For now the bus is being kept in a secure, unnamed location while the department decides what to do with it, Feige said. A release from the Alaska National Guard said the discussion includes "possible plans to display the bus for the public to view at a safe location."

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weather

	TONIGHT	SUN	MON	TUE	WED
	Mostly cloudy	Clouds and sun; pleasant	Sunny and pleasant	Sunny	Partly sunny
Baker City	51	78 48	82 50	87 53	87 54
Comfort Index™	9	10	9	4	4
La Grande	56	75 48	80 50	86 56	86 54
Comfort Index™	10	10	9	5	6
Enterprise	51	71 46	76 48	82 52	82 52
Comfort Index™	10	9	8	6	6

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Thursday	77°	74°	81°
Low Thursday	38°	41°	43°
PRECIPITATION (inches)			
Thursday	0.00	0.00	0.00
Month to date	0.48	1.82	1.88
Normal month to date	0.79	1.04	1.17
Year to date	2.58	12.78	24.76
Normal year to date	5.34	8.88	13.17

THURSDAY EXTREMES

NATION (for the 48 contiguous states)	
High: 108°	Death Valley, Calif.
Low: 21°	Bodie State Park, Calif.
Wettest: 4.31"	Beatrice, Neb.
OREGON	
High: 89°	Brookings
Low: 31°	Crater Lake
Wettest: none	

AGRICULTURAL INFO.

HAY INFORMATION SUNDAY	
Lowest relative humidity	35%
Afternoon wind	NW at 6 to 12 mph
Hours of sunshine	3.3
Evapotranspiration	0.21

RESERVOIR STORAGE (through midnight Friday)

Phillips Reservoir	58% of capacity
Unity Reservoir	93% of capacity
Owyhee Reservoir	77% of capacity
McKay Reservoir	100% of capacity
Wallowa Lake	74% of capacity
Thief Valley Reservoir	104% of capacity

STREAM FLOWS (through midnight Thursday)

Grande Ronde at Troy	5940 cfs
Thief Valley Reservoir near North Powder	371 cfs
Burnt River near Unity	89 cfs
Umatilla River near Gibbon	168 cfs
Minam River at Minam	1340 cfs
Powder River near Richland	531 cfs

WEATHER HISTORY

A drought caused problems for farmers in Starksville, Ga., on June 20, 1862. The drought destroyed the oat crop. The wheat crop was much poorer than normal.

SUN & MOON

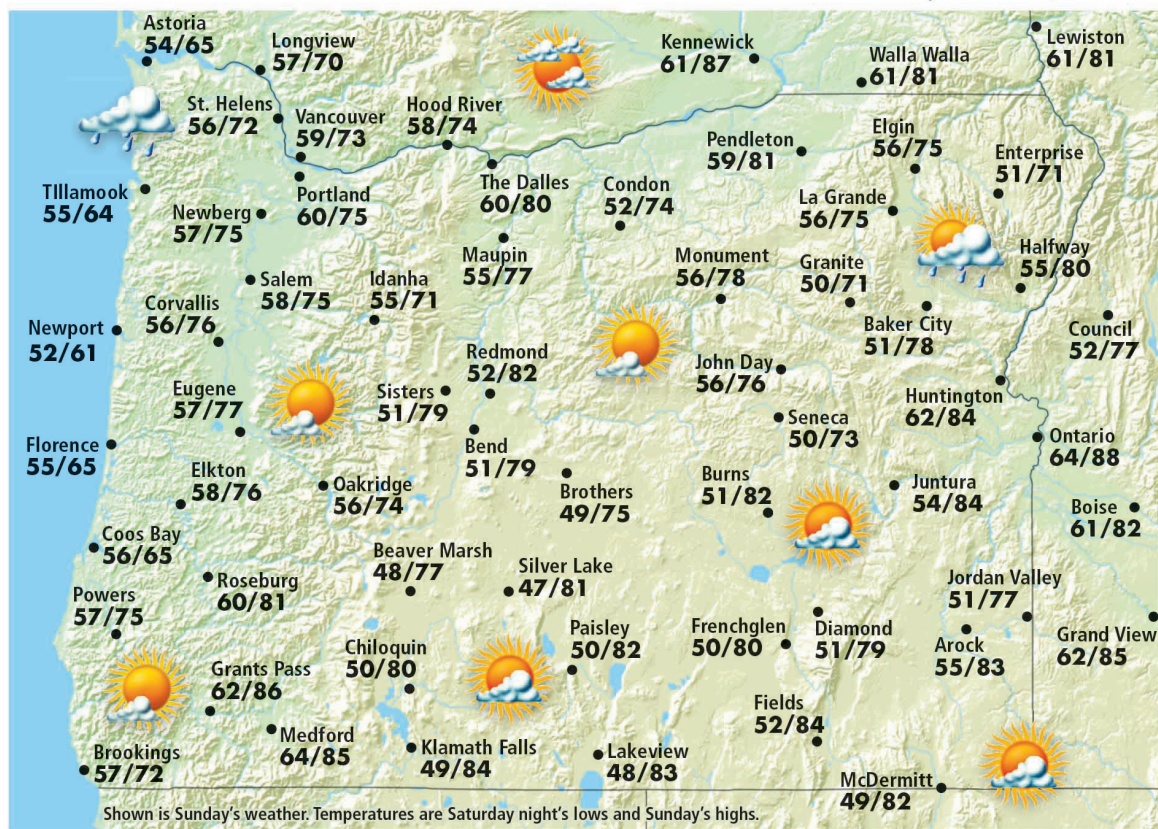
	SAT.	SUN.
Sunrise	5:04 a.m.	5:04 a.m.
Sunset	8:44 p.m.	8:44 p.m.
Moonrise	4:36 a.m.	5:22 a.m.
Moonset	8:31 p.m.	9:30 p.m.

MOON PHASES

New	First	Full	Last
Jun 20	Jun 28	Jul 4	Jul 12

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2020



REGIONAL CITIES

City	SUN. Hi/Lo/W	MON. Hi/Lo/W	City	SUN. Hi/Lo/W	MON. Hi/Lo/W
Astoria	65/51/pc	69/53/s	Lewiston	81/59/pc	84/61/s
Bend	79/47/pc	85/53/s	Longview	70/48/pc	80/53/s
Boise	82/58/s	85/59/s	Meacham	73/45/s	79/47/s
Brookings	72/58/pc	84/60/s	Medford	85/58/pc	93/61/s
Burns	82/48/s	86/52/s	Newport	61/47/pc	65/51/s
Coos Bay	65/51/pc	70/54/s	Olympia	70/47/pc	78/53/pc
Corvallis	76/52/pc	83/57/s	Ontario	88/62/s	91/60/s
Council	77/49/pc	82/52/s	Pasco	88/57/s	90/59/s
Elgin	75/51/pc	80/53/s	Pendleton	81/56/s	86/58/s
Eugene	77/52/pc	82/56/s	Portland	75/54/pc	82/60/pc
Hermiston	86/59/s	90/61/s	Powers	75/52/pc	86/56/s
Hood River	74/53/pc	86/57/s	Redmond	82/47/pc	87/53/s
Imnaha	74/48/pc	82/55/s	Roseburg	81/55/pc	86/60/s
John Day	76/51/s	82/51/s	Salem	75/53/c	82/58/s
Joseph	71/45/sh	75/49/s	Spokane	74/54/pc	78/56/s
Kennecook	87/57/s	90/59/s	The Dalles	80/56/pc	88/61/s
Klamath Falls	84/47/s	88/51/s	Ukiah	74/43/s	79/50/s
Lakeview	83/49/s	86/50/s	Walla Walla	81/58/pc	84/60/s

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST SUNDAY

Location	SUN. Hi/Lo/W	MON. Hi/Lo/W
ANTHONY LAKES	53 41	73 45
Mostly sunny		
MT. EMILY REC.	62 46	77 50
Sunny intervals		
EAGLE CAP WILD.	60 37	69 41
Mostly sunny		
WALLOWA LAKE	71 45	80 53
Showers around		
THIEF VALLEY RES.	78 48	75 48
Mostly sunny		

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