

Lose Weight Now

Lose what took years to gain—in weeks...



James R. Kopp, MD, MBA Weight Loss Physician

Board Certified Orthopedic Surgeon
Medical Doctor, Oregon Health and Science University
Residency, Naval Regional Medical Center, San Diego
Member, American Academy of Orthopedic Surgeons
Member, Obesity Medical Association
Member, Society of Military Orthopedic

“If you’re looking to **lose weight**, to **stop gaining weight** at this time, or to **stop stress eating**—take advantage of our **COVID-19 scheduling** options and book the **next available** Free No-obligation In-office or Telemedicine Consultation.”

—Dr. Kopp

“With the right medical supervision you can lose weight in weeks safely and healthfully.”

—Dr. Kopp

Matt S, Yelp Review: “I lost 50 pounds, in 12 weeks.”*

Rachel R, Facebook Review: “I lost 30 pounds, in 9 weeks.”*

Heather D, Facebook Review: “I lost 25 pounds, in 7 weeks.”*

Jacki L, Google Review: “I lost 16.6 pounds, in 4 weeks.”*

Lisa B, Facebook Review: “I lost 48 pounds, in 8 weeks.”*

COVID-19 Scheduling Options

In-office Visits

For the safety of everyone we will schedule a limited number of In-office Visits.

Telemedicine Visits

To meet unexpected high demand, we will schedule Telemedicine Visits, on a first-come, first-served basis.



medical weight loss. proven.

Schedule the next available Free No-obligation In-office or Telemedicine Consultation to get started or to learn more.

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