

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		Pandemic-You		General Hospital		Afternoon Live		Tamron Hall		KATU News First		News	ABC
PBS	3	5			SciGirls Biz Kid\$		NOVA		History Detectives		Field Oregon		Varied Programs				Story On Story		Varied Programs		Country Music			
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News	Paid Prg.	Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	(7:00) KOIN AM Extra		DailyMail DailyMail		Paternity Court		Steve Wilkos Show		Mauzy		Jerry Springer		Mel Robbins		King Friends		Mom Last Man		black-ish	black-ish
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Rachael Ray		Kelly Clarkson		12 O'Clock News		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News		5 O'Clock News	
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Varied		25 Words 25 Words		TMZ Live		Jerry Protection		Divorce Divorce		Judge Mathis		Hot Hot		Jdg Judy Jdg Judy		FamFeud FamFeud	FamFeud
UNIV	22	22	16	47	(7:00) ¡Despierta América!				Que te perdone		Noticiero		Nosotr.		Hoy		Como dice el dicho		Me declaro culpable		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	The First 48		The First 48		The First 48		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied		First 48 Varied	The First 48
AMC	60	45	131	254	Paid Prg. Paid Prg.		Varied Programs												(:45) Movie		Varied Programs			
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	Martin Martin		Martin Martin		Martin Martin		Parkers Parkers		Parkers Parkers		Parkers Parkers		Browns Browns		Browns Browns		Movie Varied Programs			
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Apple Teen		Teen Teen		Craig Victor		Teen Teen		Teen Teen		Mao Mao		Gumball Gumball		Gumball Gumball		Craig Craig		Total Total	Teen Teen
CNN	68	44	200	202	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama Futurama		Daily South Pk		South Pk South Pk		(:15) South Park		South Pk South Pk		South Pk South Pk		Varied Programs		South Pk South Pk		South Pk South Pk		South Pk South Pk	Office Office
COOK	123	123	113	232	Varied Programs																			
DISN	26	48	173	290	Puppy Mira		T.O.T.S. T.O.T.S.		Ladybug Ladybug		Big City Amphibia		Big City Gabby		Raven Raven		Sydney Sydney		Sydney Sydney		Bunk'd Big City		Big City Big City	Jessie Jessie
E!	64	76	114	236	Varied Programs									Daily Pop		Varied Programs								
ESPN	33	27	140	206	(7:00) First Take		Varied SportCtr		Varied Programs		NFL Live Varied		The Jump First Take		Jalen Question		SportsCenter		SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		Fishing		Varied Programs		Varied Programs						NFL Live		Jalen Question		Varied Programs			
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Bill Hemmer Reports		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson	
FOOD	61	54	110	231	Paid Prg. Varied Programs		Best		Food Par. Varied		Food Par. Varied		Food Par. Varied Programs											
FREE	32	33	180	311	Melissa Melissa		Melissa 700 Club		The 700 Club		Movie				Varied Middle		Middle Middle		Middle Middle		Simpsons Simpsons		Varied Programs	
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Skip and Shannon: Undisputed				Hub		Varied Programs			
FX	65	24	136	249	Movie Varied Programs																			
FXX	35	64	125	599	Mom Mom		Mom Varied Programs				Movie		Varied Programs											
GOLF	88	88	401	218	Varied Programs															Golf Central		Varied Programs		
HALL	87	87	185	312	Gold Girls Gold Girls		Gold Girls Gold Girls		Home & Family				Movie								Movie			
HALLMM	86	86	187	565	M Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.	Magnum, P.I.
					T Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.	Magnum, P.I.
					W Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.	Magnum, P.I.
					Th Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.	Magnum, P.I.
					F Monk		Monk		Monk		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.	Magnum, P.I.
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	King King		King King		King King		King King		King King		King King		King King		King King		King King		King King	King King
MSNBC	71	67	209	356	MSNBC Live		MSNBC Live		MSNBC Live				Deadline: White House				MTP Daily		The Beat With		Decision 2020		All In With	
NBCSN	89	89	159	220	Dan Patrick		Varied Programs																	
NBCSNW	426	37	424		Rip City		Paid Prg. Paid Prg.		Varied Programs		Mecum Blazers		The Brian Noe Show								Rip City Drive with Travis & Chad		Varied Programs	
NGEO	55	78	197	276	Paid Prg. Varied Programs																			
NICK	27	51	171	299	Bubble Bubble		Blue PAW		PAW PAW		PAW PAW		Sponge. Loud		It's Pony		Sponge. Sponge.		Loud Loud		Sponge. Sponge.		Loud Loud	Loud Loud
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs									
OXY	30	69	127	251	Varied Programs		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer		Snapped: Killer	Varied Programs
PARMT	42	43	241	241	Bar Rescue		Bar Rescue		(9:58) Bar Rescue		(10:56) Bar Rescue		(11:54) Bar Rescue		(12:52) Bar Rescue		Mom (:45) Mom		(:15) Mom (:44) Mom		Two Men Two Men		Two Men Two Men	Two Men Two Men
ROOT	37	26	426	687	Paid Prg. Paid Prg.		Bundesliga Soccer				Varied Programs		Vitamin D Varied		Pro Footvolley Tour		Varied Programs						MLB Baseball	Varied
SYFY	67	50	122	244	Varied Programs						Movie		Varied Programs											
TCM	56	73	132	256	M "Blackbeard, the Pirate" (1952)		(:45) *** "The Crimson Pirate" (1952)		(:45) * "Hercules, Samson and Ulysses"		** "The Slave" (1963)		(:15) ** "Athena" (1954) Jane Powell.		"Man Call Adam"									
					T Rough		(:45) ** "The Desperado"		Murrieta		** "The Far Country"		(:15) ** "Guns of Diablo"		(:45) *** "The Magnificent Seven" (1960)		"Hollywd-Home"		*** "Kings Row"					
					W "Summer Stock"		(:15) *** "The Clock" (1945, Romance)		** "The Harvey Girls" (1946)		*** "Easter Parade" (1948)		** "Meet Me in St. Louis" (1944)		"Million Dollar"									
					Th "The Great Sinner"		(:15) *** "Designing Woman" (1957) Gregory Peck.		** "Days of Glory" (1944)		*** "The Gunfighter"		(:45) *** "Gentleman's Agreement" (1947)		"Glenn Miller"									
					F 3 Match		** "When Ladies Meet"		** "Politics"		(:15) ** "Ann Vickers"		(:45) ** "Seven Women"		(:15) *** "The Group" (1966, Drama) Candice Bergen.		"Our Betters" (1933)							
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Outdaughtered		Varied Programs																	
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Supernatural		Movie		Varied Programs	
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Funniest Funniest		Jokers Jokers		Jokers Jokers		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Dumbest Varied Programs		Carbon		Varied Programs			
TVL	75	74	106	304	Paid Prg. Paid Prg.		Andy G. Andy G.		Andy G. Andy G.		Bonanza		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Gunsmoke		Andy G. Andy G.	Andy G. Andy G.
USA	58	39	105	242	NCIS		Varied Programs																	
WE	118	118	128	260	Paid Prg. Paid Prg.		Hempvan Paid Prg.		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs					
WEATH	14	19	214	367	Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Weather LIVE		Underground		Underground		Underground		Underground	Varied Programs
WTBS	59	40	139	247	Seinfeld		Seinfeld		Seinfeld		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		American American		American American	American American
HBO	518	518	303	504	M (7:50) ** "The Lovely Bones" (2009)		(:05) *** "War of the Worlds" (2005)		The King		(:20) *** "Downton Abbey" (2019)		*** "Die Hard With a Vengeance"		Last		I Know This Much							
					T "The Family Stone"		(:15) *** "X-Men" (2000, Action)		*** "Doubt" (2008, Drama)		(:45) "Beware the Slenderman" (2016)		(:45) *** "Western Stars"		(:10) ** "The Island" (2005, Action)									
					W Bowie: The Last		(:45) *** "Hanna" (2011) Saoirse Ronan.		(:40) *** "Ad Astra" (2019															