

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
ABC	2	2	2	2	Good Morning	AM Northwest	The View	Kelly and Ryan	Pandemic-You	General Hospital	Afternoon Live	Tamron Hall	KATU News First	News	ABC										
PBS	3	5			SciGirls Biz Kid\$	NOVA	History Detectives	Varied Oregon	Power Trip	Operation Wild	Poetry On Story	Varied Programs													
CBS	6	6	6	6	CBS This Morning	Let's Make a Deal	The Price Is Right	Young & Restless	News	Bold	The Talk	The 700 Club	Dr. Phil	KOIN 6 News at 4	News	News									
NBC	8	8	8	8	(7:00) Today	Today 3rd Hour	Today-Hoda	Blast Blast	News	Paid Prg.	Days of our Lives	The Dr. Oz Show	Ellen DeGeneres	KGW News at 4	News	News									
CW	9	9	32	32	(7:00) KOIN AM Extra	DailyMail DailyMail	Paternity Court	Steve Wilkos Show	Maury	Jerry Springer	Mel Robbins	King Friends	Mom	Last Man	black-ish	black-ish									
FOX	12	12	12	12	Good Day Oregon	Good Day Or.	Rachael Ray	Kelly Clarkson	12 O'Clock News	Wendy Williams	The People's Court	Jdg Judy	Jdg Judy	4 O'Clock News	5 O'Clock News										
MNT	13	13	49	49	Good Day Oregon	Paid Prg. Paid Prg.	25 Words 25 Words	TMZ Live	Jerry	Protection	Divorce Divorce	Judge Mathis	Hot	Hot	Jdg Judy	Jdg Judy	FamFeud	FamFeud							
UNIV	22	22	16	47	(7:00) Despierta America!			Que te perdone	Noticiero	Nosotr.	Hoy	Como dice el dicho	Me declaro culpable	El gordo y la flaca	Primer impacto										
A&E	52	55	118	265	After the First 48	The First 48	The First 48	The First 48	First 48	Varied	First 48	Varied	First 48	Varied Programs											
AMC	60	45	131	254	Paid Prg. Paid Prg.	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	Stooges	
ANP	24	49	184	282	Tanked	Secret Life-Zoo	The Zoo	Pit Bulls-Parole	Pit Bulls-Parole	Varied Programs															
BET	4	72	124	392	Martin	Martin	Martin	Varied	Martin	Martin	Parkers	Parkers	Parkers	Parkers	Browns	Browns	Browns	Browns	Browns	Varied Programs					
BRAVO	54	65	129	237	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	
CARTOON	25	59	177	297	Apple	Apple	Teen	Teen	Craig	Craig	Teen	Teen	Victor	Victor	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total	Teen	Teen	
CNN	68	44	200	202	Pandemic	Pandemic	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Jake Tapper	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Situation Room	Erin Burnett OutFront	Anderson Cooper					
COM	77	56	107	249	Futurama	Futurama	Varied Programs																		
COOK	123	123	113	232	Varied Programs																				
DISN	26	48	173	290	Puppy	Puppy	T.O.T.S.	Mira	Ladybug	Ladybug	Big City	Big City	Big City	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Jessie	Jessie	Big City	Big City	Big City	Big City	
E!	64	76	114	236	Varied Programs									Daily Pop	Varied Programs										
ESPN	33	27	140	206	(7:00) First Take	SportsCenter	SportsCenter	NFL Live	The Jump	First Take	Jalen	Question	SportsCenter	SportsCenter	Varied Programs										
ESPN2	34	28	143	209	(7:00) Get Up	First Take	Varied Programs	Korean Baseball	Varied Programs				NFL Live	Jalen	Question	Varied Programs									
FNC	66	25	205	360	America's Newsroom	Outnumbered	Outnumbered	The Daily Briefing	Bill Hemmer Reports	Neil Cavuto	The Five	Special Report	The Story	Tucker Carlson											
FOOD	61	54	110	231	Paid Prg. Paid Prg.	Paid Prg. Varied Programs																			
FREE	32	33	180	311	Melissa	Melissa	Melissa	700 Club	The 700 Club	Movie	Varied Programs								Simpsons	Simpsons	Simpsons	Simpsons	Varied		
FS1	41	85	150	219	Undisputed	The Herd with Colin Cowherd					Speak for Yourself	Skip	Varied Programs												
FX	65	24	136	249	Movie	Varied Programs																			
FXX	35	64	125	599	Movie	Varied Programs																			
GOLF	88	88	401	218	Varied Programs														Central	Central	Varied Programs				
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family		Movie														
HALLMM	86	86	187	565	M Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	
HGTV	62	57	112	229	Varied Programs																				
HIST	50	60	120	269	Varied Programs																				
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	Varied	
MSNBC	71	67	209	356	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	
NBCSN	89	89	159	220	Dan Patrick	Varied Programs																			
NBCSNW	426	37	424		Varied Programs	The Brian Noe Show					Paid Prg.	Paid Prg.	The Bridge	Lunch Talk Live	The Brian Noe Show										
NGEO	55	78	197	276	Paid Prg. Paid Prg.	Varied Programs																			
NICK	27	51	171	299	Bubble	Bubble	Blue	PAW	PAW	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud	Loud	Loud	Loud	Loud	Loud	
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	
OXY	30	69	127	251	Varied Programs																				
PARMT	42	43	241	241	Bar Rescue	Bar Rescue	Rescue	Varied	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Mom	Mom	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	
ROOT	37	26	426	687	Paid Prg. Paid Prg.	Varied Programs																		Mariners	
SYFY	67	50	122	244	Varied Programs																				
TCM	56	73	132	256	M (7:15) *** "The Great Escape" (1963, War) Steve McQueen.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	*** "Battle of the Bulge" (1965) Henry Fonda, Robert Shaw.	"Best Yrs-Lives"																	
TDC	51	42	182	278	Varied Programs																				
TLC	49	62	183	280	7 Little	Varied Programs																			
TNT	57	52	138	245	Charmed	Charmed	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	
TRAV	53	38	196	277	Varied Programs																				
TRUTV	73	75	242	246	Funniest	Funniest	Jokers	Jokers	Jokers	Jokers	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied	Carbon	Carbon	Carbon	Carbon	Jokers	Jokers	
TVL	75	74	106	304	Paid Prg. Paid Prg.	Andy G.	Andy G.	Andy G.	Andy G.	Bonanza	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	Andy G.	Andy G.	Andy G.	Andy G.	Andy G.	
USA	58	39	105	242	NCIS	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU		
WE	118	118	128	260	Paid Prg. Paid Prg.	Paid Prg. Paid Prg.	Paid Prg. Paid Prg.	Paid Prg. Paid Prg.	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	
WEATH	14	19	214	367	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	Weather LIVE	
WTBS	59	40	139	247	Seinfeld	Seinfeld	Seinfeld	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American	American	
HBO	518	518	303	504	M (7:15) *** "Shazam!"	*** "Aquaman" (2018, Action) Jason Momoa.	*** "Armageddon" (1998) Bruce Willis, Liv Tyler.	*** "Godzilla: King of the Monsters" (2019) Vera Farmiga, Millie Bobby Brown.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.		
MAX	531	531	311	516	T (7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.	(7:15) *** "The Dirty Dozen" (1967, War) Lee Marvin.		
SHOW	578	578	319	546	M (7:30) *** "Chicago"	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	*** "Chicago" (2019) Jeremy Michael Fisher.	
STARZ	621	621	351	526	M (7:30) *** "Chicago"	*** "Chicago" (2019) Jeremy Michael Fisher.																			