

tonight's best



Kristin Kreuk

8 p.m. on NBC  
Celebrity Escape Room

Kicking off a full night of programming devoted to Red Nose Day, an annual fundraising event to end child poverty, this new one-hour special taps into a current pop culture party phenomenon, in which a group of people work together to successfully escape from a locked room. Host Jack Black "traps" guests Ben Stiller, Adam Scott and former "Friends" co-stars Courteney Cox and Lisa Kudrow in a series of surprising puzzle rooms. Immediately following, the two-hour "Red Nose Day Special" features an all-star cast doing their bit for the cause.

8 p.m. on CW  
Burden of Truth

Season 3 of this legal drama, which opens a year after the events of Season 2, finds Joanna Chang (Kristin Kreuk) and Billy Crawford (Peter Mooney) working together in Crawford Chang, their boutique law firm. While she's back home in Millwood for a class reunion, Joanna is approached by an old friend, Kodie Chartrand (Sera-Lys McArthur), who desperately needs her help: Kodie's children have been removed from her home by the local family services department, the result of a dark conspiracy, she claims.

9 p.m. on FOX  
Labor of Love

As a contestant on Season 11 of "The Bachelor," Kristy Katzmann didn't succeed in finding a true love match, but she's hoping for better luck as the female in the spotlight of this new relationship series, hosted by former "Sex and the City" star Kristin Davis. This new venture puts Katzmann in the driver's seat, as it were, considering 15 suitors eager to pledge their love. The stakes are higher here, though, given that Katzmann also is eager to have a child soon by the man she picks.

10 p.m. on FREE  
Siren

In the new "A Voice in the Dark," the penultimate episode of Season 3, Tia (Tiffany Lonsdale) unleashes a savage attack on Bristol Cove, while Ryn, Ben and Maddie (Eline Powell, Alex Roe, Fola Evans-Akingbola) run a desperate race to find a cure for Xander's (Ian Verdun) mysterious illness. Meanwhile, as that trio tries to guess what Tia's next move might be, Baby Hope returns to land to reconnect with Ryn.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

MAY 21, 2020

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Who Wants to Be a Millionaire (N)		Holey Moley "Literally Jumping the Shark"		To Tell the Truth Deion Sanders; Shannon Sharpe.		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!
PBS	3	5			Wild Travels	BBC News	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Inspector Morse "Deadly Slumber" murder suspect.		Grantchester on Masterpiece Post office robberies.			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight	Young Sheldon	(:31) Man With a Plan	(:01) Mom	Broke "Soccer" (N)	S.W.A.T. Lynch surprises the team with a mission.		KOIN 6 News at 11 (N)	Late Show-C Colbert
NBC	8	8	8	8	KGW News at 6 (N)		KGW Special Edition News	Inside Edition (N)	Celebrity Escape Room (N)		(:01) The Red Nose Day Special in need. (N)		Stars perform to help kids		KGW News at 11 (N)	Tonight Show
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Burden of Truth Joanna has to face her past demons.		In the Dark Josh seeks Murphy's help. (N)		KOIN 6 News at 10p (N)		Seinfeld	Seinfeld "The Cafe"
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Celebrity Watch Party "Episode 3" (N)		Labor of Love Kristy is matched with 15 men.		10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory
MNT	13	13	49	49	Mike & Molly	Mike & Molly	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simpsons	Family Guy	Family Guy	Bob's Burgers
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión	La Rosa de Guadalupe		Ringo (N)		Amor eterno (N)		Sin miedo a la verdad		Noticias noroeste 11P	Noticiero Uni
A&E	52	55	118	265	The First 48		The First 48		The First 48		The First 48		First 48: Case-Haunts Me		The First 48	
AMC	60	45	131	254	(5:00) *** "Tombstone" (1993) Kurt Russell. Doc Holliday joins Wyatt Earp for the OK Corral showdown.				** "U.S. Marshals" (1998, Action) Tommy Lee Jones, Wesley Snipes, Robert Downey Jr. Sam Gerard gets caught up in another fugitive case.						** "Hitman" (2007) Timothy Olyphant, Dougray Scott.	
ANP	24	49	184	282	Deadliest Catch		Deadliest Catch		Deadliest Catch: Bloodline		Deadliest Catch		Deadliest Catch		Deadliest Catch	
BET	4	72	124	392	Harlem		*** "New Jack City" (1991, Crime Drama)		Wesley Snipes, Ice-T.		** "Takers" (2010, Action) Matt Dillon, Paul Walker, Idris Elba.					
BRAVO	54	65	129	237	Housewives/NYC		Housewives/NYC		Housewives/NYC		Housewives/NYC		Top Chef (N)		Watch What	Housewives
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Gumball	We Bare	Amer. Dad	Amer. Dad	Amer. Dad	Rick, Morty	Burgers	Burgers	Family Guy	Family Guy
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon	
COM	77	56	107	249	The Office	The Office	Daily Show	The Office	The Office		RENO 911!	RENO 911!	RENO 911!		Daily Show	The Office
COOK	123	123	119	232	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer	Best Thing	Best Thing	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer
DISN	26	48	173	290	Raven	Raven	(:05) Bunk'd	(:35) Bunk'd	Big City	Big City	(8:50) Bunk'd	Raven	Gabby Duran	Coop & Cami	Sydney-Max	(:20) Bunk'd
E!	64	76	114	236	Chrisley	Chrisley	Chrisley	Chrisley	Total Bellas		Total Bellas (N)		Botched		Nightly Pop	Total Bellas
ESPN	33	27	140	206	(4:00) College Football				SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter With Scott Van Pelt		SportsCenter With Scott Van Pelt		SportsCenter With Scott Van Pelt	
ESPN2	34	28	143	209	The Last Dance		The Last Dance		NFL Live		UFC Archival		UFC Archival		The Jump	Baseball
FNC	66	25	205	360	Hannity (N) (Live)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible		Restaurant: Impossible (N)		Opening Night (N)		Restaurant: Impossible	
FREE	32	33	180	311	(5:00) "Serendipity" (2001)		*** "The Blind Side" (2009, Drama) Sandra Bullock, Tim McGraw, Quinton Aaron.		Siren "A Voice in the Dark"		Siren "A Voice in the Dark"		The 700 Club		The 700 Club	
FS1	41	85	150	219	To Be Announced		Football		Ultimate Tag (N)		TMZ Sports	WWE Backstage	WrestleMania Rewind		WrestleMania	
FX	65	24	136	249	(5:30) ** "Pacific Rim Uprising" (2018) John Boyega. Young pilots unite to battle otherworldly monsters.				*** "Jumanji: Welcome to the Jungle" (2017) Dwayne Johnson, Kevin Hart. Four teens find adventure as adults inside a video game.				*** "Jumanji: Welcome to the Jungle" (2017) Dwayne Johnson, Kevin Hart.			
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake	Cake	Cake	Cake
GOLF	88	88	401	218	(4:00) PGA Tour Golf		LPGA Tour Golf		PGA Tour Golf		PGA Tour Golf					
HALL	87	87	185	312	"Valentine in the Vineyard" (2019, Romance) Rachael Leigh Cook, Brendan Penny.		"Once Upon a Prince" (2018) Megan Park, Jonathan Keltz. A young woman's beau is secretly a king.		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls
HALLMM	86	86	187	565	Magnum, P.I. Terrorists stalk a visiting prince.		"Just the Way You Are" (2015) Candace Cameron Bure. A matchmaker asks her husband out on a blind date.		"Holiday Hearts" (2019) Ashley Williams. Peyton is forced together with Ben to care for a friend's daughter.				Murder, She Wrote Man slain on college campus.			
HGTV	62	57	112	229	Fixer to Fabulous		Fixer to Fabulous		Flip or Flop	Flip or Flop	Flipping 101	Flipping 101	Hunters	Hunters Int'l	Hunters	Hunters Int'l
HIST	50	60	120	269	Alone "Ablaze"		Alone "Night Raider"		Alone "Out Cold"		(:02) Alone		(:05) Alone The lake freezes.		(:05) Alone "Fire and Ice"	
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour	
NBCSN	89	89	159	220	Football		College Football From Jan. 1, 1990.		College Football Orange Bowl, played 1/1/91.							
NBCSNW	426	37	424		Mentality		Trail Blazers Classic Game From June 10, 1992.		Mentality		Mecum	Talkin' Ducks	Best of the Brian Noe Show		Battle at Bandon	
NGEO	55	78	197	276	Hitler's Final Days		The 11 months before Hitler's defeat.		WWII in Europe: Voices		Heroes of the Sky: The Mighty Eighth Air Force (N)		(:03) Drain (N)			
NICK	27	51	171	299	Casagrandes	Loud House	SpongeBob	SpongeBob	*** "Cloudy With a Chance of Meatballs" (2009)		Friends	Friends	Friends	Friends	Friends	Friends
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN	
OXY	30	69	127	251	Snapped		Snapped "Lorraine Hunter"		Killer Couples		Killer Couples		Dateline: Secrets Uncovered		"Vanished"	
PARMT	42	43	241	241	Two Men	Two Men	Two Men	Two Men	** "The Karate Kid" (2010, Children's) Jaden Smith, Jackie Chan.				*** "Creed" (2015)			
ROOT	37	26	426	687	Mariners	Mariners	MLB Baseball From May 2, 2002.		Mariners	Mariners	Mariners	Mariners	College Football			
SYFY	67	50	122	244	(5:45) ** "The Mummy Returns" (2001) Brendan Fraser.		** "The Mummy: Tomb of the Dragon Emperor" (2008) Jet Li		*** "Double Indemnity" (1944) Fred MacMurray. An insurance salesman becomes involved in a deadly game.		*** "The Stranger" (1946, Suspense) Edward G. Robinson, Orson Welles.		Vagrant Queen "No Clue"			
TCM	56	73	132	256	(5:00) *** "Kid Galahad" (1937) Bette Davis		** "Smart Money" (1931, Drama) Edward G. Robinson, James Cagney.									
TDC	51	42	182	278	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid	
TLC	49	62	183	280	My 600-Lb. Life Seana is 23 and 700lbs with depression.		My 600-Lb. Life "Supersized: Leneatha's Story" (N)		Dr. Pimple Popper		My Feet Are Killing Me					
TNT	57	52	138	245	** "50 First Dates" (2004) Adam Sandler. A man falls for a woman who has short-term memory loss.				** "We're the Millers" (2013, Comedy) Jennifer Aniston, Jason Sudeikis. A dealer goes to Mexico with a fake family to score drugs.				Snowpiercer A grisly murder stokes class division.		(:36) "Life as We Know It"	
TRAV	53	38	196	277	Ghost Adventures (N)		Portals to Hell (N)		Portals to Hell		Ghost Adventures		Ghost Adventures		Portals to Hell	
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	truTV Special	Imp. Jokers	Imp. Jokers	Imp. Jokers
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Everybody Loves Raymond	Raymond	Raymond	Two Men	Two Men	King	King
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Mod Fam	Mod Fam	Mod Fam	Mod Fam
WE	118	118	128	260	Law Order: CI		Growing Up Hip Hop		Growing Up Hip Hop		Growing Up Hip Hop (N)		(:01) Growing Up Hip Hop		(:01) Love After Lockup	
WEATH	14	19	214	362	Deadline to Disaster		Mayday: Air Disaster		Mayday: Air Disaster		Top Weather Destinations		Top Ten Heroes & Survivors		Strangest Weather on Earth	
WTBS	59	40	139	247	Family Guy	Family Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Misery Index	Conan (N)	Misery Index
HBO	518	518	303	504	(4:45) "This Means War"	(:25) Run "Tell"	(6:55) *** "Crazy Rich Asians" (2018, Romance-Comedy) Constance Wu, Henry Golding.	'PG-13'	We're Here "Ruston, Louisiana" (N)		Insecure		Betty		We're Here "Ruston, Louisiana"	
MAX	531	531	311	516	(:10) ** "The Shadow" (1994, Action) Alec Baldwin. A mysterious vigilante battles Genghis Khan's descendant.		** "Final Destination 5" (2011, Horror) Nicholas D'Agosto, Emma Bell. 'R'		(:35) ** "The Dead Don't Die" (2019) Bill Murray. Small-town cops and citizens battle flesh-eating zombies.				(:20) "See No Evil" (2006)			
SHOW	578	578	319	546	(:05) *** "Under the Tuscan Sun" (2003) Diane Lane. A woman moves to Italy and befriends a married man.		Shameless Frank gets bad medical news.		Billions Chuck returns to his alma mater.		Desus & Mero	Californication "LOL"	Desus & Mero (N)	VICE		
STARZ	621	621	351	526	(5:44) *** "The Place Beyond the Pines" (2012) Ryan Gosling. A biker robs banks to support his infant son. 'R'		(:06) Vida Lyn throws Marcos a Queerqueenera.		(8:53) *** "Black Hawk Down" (2001, War) Josh Hartnett. U.S. soldiers meet with disaster in 1993 Mogadishu, Somalia. 'R'				"Hummingbird Project"			
TMC	591	591	327	554	(:15) *** "The Flying Scotsman" (2006, Docudrama) Jonny Lee Miller, Laura Fraser, Billy Boyd. 'PG-13'		*** "American History X" (1998, Drama) Edward Norton, Edward Furlong, Fairuza Balk. 'R'		"Them That Follow" (2019, Drama) Olivia Colman, Kaitlyn Dever, Alice Englert. 'R'							