

Wednesday

Northeast Oregon

EXTRA

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May 13, 2020

A Classified Publication of

Baker City Herald | THE OBSERVER

VOTE FOR CHANGE, VOTE FOR EXPERIENCE

- INTEGRITY
TRANSPARENCY
HARD WORK
EXPERIENCED
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PRO 2ND AMENDMENT



BILL MILLER FOR SHERIFF

In my mind there is only one candidate with the experience, certification and, more important, the life experience to be in command of the most important department in Union County government. Join me in supporting and voting for Bill Miller for Union County sheriff.

~ John Coote

As I drive around our county, I see lots of signs that say elect someone. This is not an election about who has the most or the biggest signs, but it is about who has the qualifications, experience, integrity, honesty and leadership to do the job.

Bill has all of these things, and he will always do the right thing. ~ Bob Nelson

A few of my priorities:

Expansion of the drug task force, bring back a comprehensive Reserve Program, full support of Union County Search & Rescue, and better policing/visibiliy in all communities

Look me up on Facebook: Bill Miller For Union County Sheriff
Email me: billmillerforucsheriff@gmail.com

Paid for by Committee to elect Bill Miller, Sheriff, Jared Rogers - Treasurer, 73001 Palmer Junction Rd., Elgin, OR 97827

Grande Ronde Hospital and Clinics proudly welcomes:

Ellen Barlow, FNP-C

To the GRH Regional Medical Clinic team as a Primary Care Provider (PCP)

Ellen Barlow, FNP-C, joins the GRH Regional Medical Clinic from Boise, Idaho, where she worked as a registered nurse in a busy emergency department for the past several years. She completed her Master's Degree at Gonzaga University, and her undergraduate degree at Boise State University. Ellen has background as a Union Hotshots wildland firefighter and EMT, and looks forward to utilizing her diverse set of skills to transition into her new role as a primary care family nurse practitioner.



Ellen Barlow, FNP-C

She has a particular interest in developing a long-term relationship with each of her patients, while empowering them to attain their health goals. Ellen was born and raised here in La Grande, and is eager to return to her roots with her husband and two dogs. She looks forward to enjoying all the outdoor activities that Eastern Oregon has to offer.

GRH Regional Medical Clinic

506 4th Street, La Grande • 541.663.3138 • grh.org/RMC/

Now accepting new patients!

Learn more about Ellen in our online Provider Directory at www.grh.org today!



State issues emergency order for health insurance companies!

The order requires ALL health insurance companies to:

- Provide at least a 60-day grace period to pay any past due premiums
Pay claims for any covered services during the first 30 days of the grace period
Extend all deadlines for reporting claims and other communication

\*For more information please contact our office or go to the state website at: https://dfr.oregon.gov/insure/health/understand/Pages/coronavirus.aspx

Sponsored by Teresa Schwab 541-523-5467 InsureMeTeresa@gmail.com https://ezcard.com/insure Multi-Line Insurance Broker



COVID-19 Novel Coronavirus

STAY HOME, SAVE LIVES

- DO: Stay home as much as possible (kids, too). Wear a cloth face covering. Stay at least 6 feet away from others if you have to leave home. Go out only for essentials (groceries, medical care).

- DON'T: Gather in groups. Get together with friends. Have play dates for kids. Make unnecessary trips.



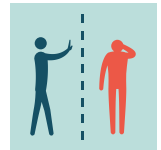
For general information on COVID-19 call 211 or visit www.chdinc.org/covid19. If you are having a medical emergency, call 911.

COVID-19 Novel Coronavirus

Prevention Tips



Wash hands often with soap and water



Stay at least 6 feet away from others



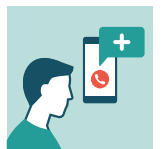
Don't touch eyes, nose or mouth with unwashed hands



Wear a cloth face covering when you have to leave your home



Avoid crowded places and social gatherings



If you become sick call your health care provider

COVID-19 Novel Coronavirus



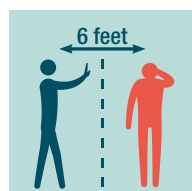
Grocery Shopping

tips to stay healthy

Stay home if you're sick. Avoid shopping if you are sick or have symptoms of COVID-19, which include a fever, cough, or shortness of breath.



Order online or use curbside pickup. If you must go to the store, limit your visits by preparing a list.



Stay at least 6 feet away from others while shopping and in lines.



Cover your mouth and nose with a cloth face covering when you have to go out in public.



Avoid unnecessary handling of all items in store.



When you do have to visit in person, go during hours when fewer people will be there like early morning or late at night. If possible, go alone.



Use hand sanitizer when you leave the store. Wash your hands for at least 20 seconds with regular soap and water when you get home.

We are closed during the Covid-19 crisis

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