

tonight’s best



Jaimie Alexander

8:31 p.m. on CBS
Man With a Plan

Taking momentary leave of his husbandly senses, Adam (Matt LeBlanc) buys a boat without even talking to Andi (Liza Snyder), triggering an argument that eventually lands the couple on the couch in the office of their therapist, Dr. Felicia (guest star Merrin Dungey), in the new episode “Couples Therapy.” Kevin Nealon, Kali Rocha, Stacey Keach and Swoosie Kurtz also star.

9 p.m. on ABC
Station 19

As Andy (Jaina Lee Ortiz) returns to work, she and Jack (Grey Damon) find themselves fighting to save people trapped in a collapsing bowling alley, in the new episode “The Ghosts That Haunt Me.” Elsewhere, Maya (Danielle Savre) gets a visit from her mother, Katherine (guest star Ivana Schein), and Ben (Jason George) confronts Sullivan (Boris Kodjoe) about his drug addiction.

9:30 p.m. on CBS
Broke

Javier and Elizabeth (Jaimie Camil, Natasha Leggero) think it’s high time for both Jackie and Luis (Pauley Perrette, Izzy Diaz) to get back into the social scene, so they set the pair up on blind dates in the new episode “Dates.” Later, Elizabeth has a hard time forging a connection with her nephew Sammy (Antonio Corbo), even though the boy adores Javier. Winston Story, Christopher Thornton and Reggie Austin guest star.

10 p.m. on NBC
Blindspot

The fifth and final season of this action drama opens with “I Came to Sleigh,” which opens in the aftermath of the explosion in the Season 4 finale, which left Jane (Jaimie Alexander) watching as a drone strike smashed into the safe house where the rest of the team was situated. Not everyone inside has survived, but even for those who have, will the team ever be able to clear their names now that Madeline (recurring guest star Mary Elizabeth Mastrantonio) has come to power? Sullivan Stapleton also stars.

10 p.m. on FREE
Siren

In the new episode “The Island,” Ryn (Eline Powell) discovers a refuge providing shelter to some injured mermaids who somehow escaped Tia’s (Tiffany Lonsdale) violent power grab. Meanwhile, Ben and Xander (Alex Roe, Ian Verdun) find themselves caught in a high-stakes battle with Tia’s troops, and Maddie (Fola Evans-Akingbola) tries to placate Robb (Deniz Akdeniz) with half-truths to ensure his discretion. Elsewhere, Ted (David Cubitt) researches his family lineage.

THURSDAY EVENING

THURSDAY EVENING					LG - La Grande BC - Baker City D - DISH DTV - DirecTV										MOVIES		SPORTS		APRIL 30, 2020	
	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30				
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)		Wheel of Fortune (N)		Who Wants to Be a Mil-lionaire (N)		Station 19 People are trapped in a bowling alley.		(:01) How to Get Away With Murder (N)		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!		
PBS	3	5			Wild Travels	BBC News	PBS NewsHour (N)			Oregon Art Beat	Oregon Field Guide	Inspector Morse "The Death of the Self" Morse investigates the death of a woman.			Grantchester on Master-piece Sidney is distracted.					
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertain-ment Tonight	Young Shel-don (N)	(:31) Man With a Plan	(:01) Man With a Plan	Broke "Dates" (N)	Tommy Tommy prepares to fight for her job. (N)		KOIN 6 News at 11 (N)	Late Show- Colbert				
NBC	8	8	8	8	KGW News at 6 (N)		KGW Special Edition News	Inside Edition (N)	Council of Dads Scott plans to support his family.		Council of Dads "I'm Not Fine" (N)		Blindspot Jane attempts to free Rich Dotcom.		KGW News at 11 (N)	Tonight Show				
CW	9	9	32	32	Modern Family	Modern Family	The Gold-bergs	The Gold-bergs	Katy Keene KO asks for Katy's help. (N)		In the Dark Jess is interested in a new employee.		KOIN 6 News at 10p (N)		Seinfeld "The Pie"	Seinfeld "The Jacket"				
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud (N)	Family Feud (N)	Last Man Standing	Last Man Standing	(:01) Mental Samurai "Week Five"		10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory				
MNT	13	13	49	49	Mike & Molly	Mike & Molly	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simp-sons	Family Guy	Family Guy	Bob's Burg-ers				
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión	La Rosa de Guadalupe		Ringo (N)		Amor eterno (N)		Sin miedo a la verdad		Noticias noroeste 11P	Noticiero Uni				
A&E	52	55	118	265	60 Days In (Part 1 of 2)		The First 48		The First 48 (N)		The First 48: Killer		60 Days In (Part 2 of 2)		The First 48 "Knock Knock"					
AMC	60	45	131	254	(5:30) *** "Gran Torino" (2008) Clint Eastwood, Christo-pher Carley. A veteran faces his longtime prejudices.				** "U.S. Marshals" (1998, Action) Tommy Lee Jones, Wesley Snipes, Robert Downey Jr. Sam Gerard gets caught up in another fugitive case.				*** "Star Trek" (2009) Chris Pine, Zachary Quinto.							
ANP	24	49	184	282	The Last Alaskans		Yukon Men		Yukon Men		The Last Alaskans: Arctic Refuge "The Race is On"				Yukon Men					
BET	4	72	124	392	The Bobby Brown Story "Part 1" Bobby Brown's career blows up.						The Bobby Brown Story "Part 2" Bobby and Whitney's marriage ends.						Tyler Perry's Sistas			
BRAVO	54	65	129	237	Housewives/NYC		Housewives/NYC		Housewives/NYC		Housewives/NYC		Top Chef "Pitch Perfect" (N)		Watch What	Housewives				
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Apple	Gumball	Home Movies		Burgers		Amer. Dad	Amer. Dad	Family Guy	Family Guy				
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon					
COM	77	56	107	249	The Office	The Office	Daily Show	Key & Peele	Key & Peele	Key & Peele	Key & Peele	Key & Peele	Key & Peele	Key & Peele	Daily Show	The Office				
COOK	123	123	113	232	Carnival Eats		Carnival Eats		Best Thing		Best Thing		Carnival Eats	Carnival Eats	Best Thing	Best Thing				
DISN	26	48	173	290	Big City		Raven		Bunk'd		Bunk'd		Raven	Gabby Duran	Sydney-Max	(:20) Bunk'd				
E!	64	76	114	236	The Kardashians		The Kardashians		The Kardashians		Total Bellas "BellaVision"		The Kardashians		Nightly Pop	Kardashian				
ESPN	33	27	140	206	(5:00) College Football				SportsCenter (N) (Live)		SportsCenter		SportsCenter		SportsCenter					
ESPN2	34	28	143	209	The Last Dance		The Last Dance		Electronic sports				SportsCenter (N)		SportsCenter					
FNCC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle					
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Restaurant: Impossible (N)		Restaurant: Impossible							
FREE	32	33	180	311	(5:00) "Dirty Dancing"		*** "Point Break" (1991, Action) Patrick Swayze, Keanu Reeves, Gary Busey.				Siren "The Island" (N)		The 700 Club							
FS1	41	85	150	219	(5:00) Greatest Games: NFL From Jan. 18, 2015.				Football	Football	TMZ Sports	The Best of WWE		WWE 24		Best of WWE				
FX	65	24	136	249	(4:30) *** "Jumanji: Wel-come to the Jungle"		*** "Spider-Man: Homecoming" (2017, Action) Tom Holland, Michael Keaton, Robert Downey Jr. Peter Parker harnesses his new powers to battle the Vulture.						Better Things	Breeders (Part 2 of 2)	Better Things	*** "Lucy"				
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake	Cake	Dave "Jail"	Cake				
GOLF	88	88	401	218	LPGA Golf	PGA Tour Golf	Dustin Johnson, Phil Mickelson, and Adam Scott. From Eagle Point Golf Club in Wilmington, N.C.						PGA Tour Golf							
HALL	87	87	185	312	"Rome in Love" (2019) Italia Ricci, Vincent Riotta. An actress flies to Rome after landing her dream role.		"The Secret Ingredient" (2020, Romance) Erin Cahill. A baker reunites with her ex-fiance in New York City.				The Golden Girls		The Golden Girls	The Golden Girls	The Golden Girls					
HALLMM	86	86	187	565	Magnum, P.I. Death threat are sent to a horse.		"Karen Kingsbury's The Bridge" (2015, Romance) Wyatt Nash, Katie Findlay. A woman reunites with an old flame.				"Once Upon a Christmas Miracle" (2018) Aimee Teegar-den, Brett Dalton. A stranger helps save Heather's life.		Murder, She Wrote "Portrait of Death"							
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flipping 101	Flipping 101	Hunters	Hunters Int'l	Hunters	Hunters Int'l				
HIST	50	60	120	269	American Pickers		American Pickers		American Pickers		(:02) American Pickers		(:05) American Pickers		(:05) American Pickers					
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King				
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour					
NBCSN	89	89	159	220	To Be Announced				American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior					
NBCSNW	426	37	424		Rip City	NBA Basketball Game 6. From May 31, 1990.						Outdoor GPS		Talkin' Ducks Talkin' Ducks		Best of the Brian Noe Show	Blazers Out.	Beavers		
NGEO	55	78	197	276	Alaska State Troopers		Alaska State Troopers		Alaska State Troopers		Alaska State Troopers		(:03) Alaska State Troopers		(:03) Alaska State Troopers					
NICK	27	51	171	299	Loud House	Loud House	SpongeBob	SpongeBob	*** "Shrek" (2001) Voices of Mike Myers.				Friends		Friends	Friends	Friends			
OWN	40	41	189	279	20/20: Homicide		20/20 on OWN		20/20: Homicide		20/20: Homicide		20/20: Homicide		20/20: Homicide					
OXY	30	69	127	251	Mark of a Killer		Mark of a Killer		Mark of a Killer (N)		Snapped "Kayla nelson"		Mark of a Killer		Deadly Cults					
PARMT	42	43	241	241	Two Men	Two Men	Two Men	Two Men	** "Four Brothers" (2005) Mark Wahlberg, Tyrese Gibson.				*** "The Italian Job" (2003)		*** "The Italian Job" (2003)					
ROOT	37	26	426	687	Football	Mariners	MLB Baseball				Mariners		Mariners	Bensinger	Short List	Football				
SYFY	67	50	122	244	Dante's Peak		(:37) ** "Pitch Black" (2000) Radha Mitchell, Vin Diesel.				(:05) ** "Lake Placid" (1999, Horror) Bill Pullman.		Vagrant Queen (N)							
TCM	56	73	132	256	(5:00) **** "Network" (1976) Faye Dunaway.		(:15) **** "Dog Day Afternoon" (1975, Crime Drama) Al Pacino, John Cazale. A desperate man's bank robbery turns into a media circus.				** "Across 110th Street" (1972) Anthony Quinn. A bloody gang war explodes in the streets of Harlem.		**** "Taxi Driver"							
TDC	51	42	182	278	Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid XL		Naked and Afraid					
TLC	49	62	183	280	My 600-Lb. Life Aaron must learn to care for himself.				My 600-Lb. Life Dominic's life is falling apart. (N)				Dr. Pimple Popper				My Feet Are Killing Me			
TNT	57	52	138	245	(4:00) "Kong: Skull Island"	** "Suicide Squad" (2016, Action) Will Smith, Jared Leto, Margot Robbie. Armed supervillains unite to battle a powerful entity.				Shaq Life (N)		Shaq Life (N)		** "London Has Fallen" (2016, Action) Gerard Butler. A Secret Service agent must save the captive U.S. president.						
TRAV	53	38	196	277	Ghost Adventures (N)		Portals to Hell "Iron Island"		Portals to Hell		Portals to Hell		Ghost Adventures		Portals to Hell "Iron Island"					
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Tacoma FD	Tacoma FD	Inside Jokes	Inside Jokes				
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	King	King				
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		NCIS "Check"		NCIS "The Enemy Within"					
WE	118	118	128	260	Law Order: CI		Growing Up Hip Hop		Growing Up Hip Hop		Growing Up Hip Hop (N)		(:01) Growing Up Hip Hop		(:01) Love After Lockup					
WEATH	14	19	214	362	Highway Thru Hell		World's Deadliest		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Highway Thru Hell					
WTBS	59	40	139	247	Family Guy	Family Guy	Burgers	Burgers	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (N)	Seinfeld				
HBO	518	518	303	504	Atlanta's Missing and Mur-dered: The Lost Children		(6:50) *** "Long Shot" (2019) Seth Rogen. A presidential candidate hires a speechwriter from her past. 'R'				We're Here The queens head to Twin Falls, Idaho.		Westworld A real friend is one who walks in.		We're Here The queens head to Twin Falls, Idaho.					
MAX	531	531	311	516	*** "Revolutionary Road" (2008, Drama) Leonardo Di-Caprio. Suburbanites rebel against torpor in their lives. 'R'				** "Collateral Beauty" (2016, Drama) Will Smith, Edward Norton. 'PG-13'				(:40) *** "Enemy of the State" (1998, Suspense) Will Smith, Gene Hack-man. Rogue agents hunt a lawyer who has an incriminating tape. 'R'							
SHOW	578	578	319	546	(5:55) *** "Superbad" (2007, Comedy) Jonah Hill, Michael Cera, Christopher Mintz-Plasse. 'R'				(7:50) Shameless "Frank the Plank" Frank goes missing.		(8:50) Penny Dreadful: City of Angels "Santa Muerte"		Desus & Mero		Californica-tion	Desus & Mero (N)	VICE			
STARZ	621	621	351	526	(5:06) ** "All Is True" (2018) Kenneth Branagh.		(6:49) ** "Superfly" (2018, Suspense) Trevor Jackson. A cocaine kingpin hatches a plan for one last score. 'R'				(8:47) Vida "Episode 17"		(25) ** "Zombieland: Double Tap" (2019, Comedy) Woody Harrelson. 'R'		(:07) Vida "Episode 17"		(:45) "Stock-holm" (2018)			
TMC	591	591	327	554	(:15) *** "Peggy Sue Got Married" (1986, Comedy-Dra-ma) Kathleen Turner, Nicolas Cage. 'PG-13'				** "On the Basis of Sex" (2018, Biography) Felicity Jones, Armie Hammer, Justin Theroux. 'PG-13'				(:05) *** "Billy Elliot" (2000, Drama) Julie Walters. A Brit-ish miner's son takes dancing lessons in secret. 'R'							