

Deepening dementia causes awkward social situations

DEAR ABBY: During the past year, my wonderful father-in-law was widowed and became unable to live alone. He lives with us now and is part of our daily life. However, he has dementia. He is still quite social and verbal. If you met him, you might not realize that his short-term memory rarely functions or that the filters this well-educated and proper man once had no longer work 24/7.

Recently, he has started ogling women and making comments about their physical attributes when we go grocery shopping or take a walk. He is also starting to confuse the women's roles in our household (me, my daughter, daughter-in-law and niece), which has become even more awkward. My daughter confided that he made a sexual comment about me. (I'm a middle-aged, no-nonsense kind of woman.)

How does one approach such a situation? We don't want someone slapping him — or worse. I can say, "That's not appropriate," then deflect or laugh it off at home, knowing he won't remember what he said 20 minutes later, but how do we make the best of these circumstances without diminishing his outside social experiences? Moving him to a senior living community is not an option at this point for financial reasons.

— CAREGIVER WITH A PROBLEM
DEAR CAREGIVER: It's time for you to contact the Alzheimer's Association. It offers guidance for caregivers like you. Changes in behavior caused by Alzheimer's and other dementias are challenging. It's important to remember that these behaviors are the result of a damaged brain and not something the person is doing purposely.

If inappropriate behavior occurs in public, be consistent and kind, but firmly remind the person that the behavior is not OK. It may help to distract the person from the immediate situation by directing their attention elsewhere or giving them something else to do. Caregivers can create "business cards" stating briefly, "My companion has dementia. Please be understanding." Caregivers would give these to hosts and hostesses when entering restaurants, or discreetly hand them to salespeople if situations start to deteriorate because the companion exhibits unusual behavior or lack of a verbal filter.

Be transparent with family and friends about the person with the disease. When

they understand what's causing these behaviors and that the individual needs their help and compassion, they tend to be less reactive or judgmental. The Alzheimer's Association may be reached online (alz.org) or via the toll-free helpline at 800-272-3900. Please don't wait.

DEAR ABBY: I'm a teen living with a foot in each world. My parents are religious and don't approve of my sexuality (I am bisexual), and my peers stereotype my beliefs. I feel rejected by both worlds, and I'm trying to make it until

I'm 18 so I can leave the situation. Lately, things have taken a turn for the worse. Both sides won't accept me until I am completely Christian or completely not Christian. Is there any advice you can give me?

— TEEN IN TURMOIL
DEAR TEEN IN TURMOIL: Just this. You are a teenager. There are better days ahead for you. Your current circumstances may be unpleasant, but they won't last forever. If living your truth will result in your being shunned, do whatever you must to survive for now.

DEAR ABBY: I am 49. I have never married, and I am having a hard time finding the right woman for me. I have tried dating sites, dances, etc., and it seems like women are not interested in a gentleman anymore. I am about to give up on women because I don't know what else to do. They like the bad-boy type, and I'm not one of them.

I should mention that 25 years ago I thought I had found the right one, but I caught her cheating on me. Now women reject me. They say either, "You are not my type" or, "I just want to be friends." Can you help me?

— LONELY IN ARIZONA
DEAR LONELY: I'll try. When a woman tells you you're not her type or she just wants to be friends, what she's trying to convey is that the romantic chemistry is wrong. Having never met you, I can't guess why that might be. Perhaps some of your close friends or family members could tell you if you need an image makeover.

I will, however, offer this: Younger women are usually the ones who are attracted to the "excitement" (stress) that bad boys provide in abundance. Older ones would welcome a man with more traditional values and who treats them well. In other words, you may be fishing in the wrong pond.

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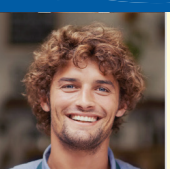
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weather



TONIGHT

Patchy clouds

Baker City 31

Comfort Index™ 7



FRI

Rain and drizzle

Baker City 63 33

8



SAT

Mostly cloudy, showers

Baker City 67 33

8



SUN

Episodes of sunshine

Baker City 70 38

10



MON

Cloudy

Baker City 67 33

9

Baker City

31

Comfort Index™ 7

La Grande

35

Comfort Index™ 3

Enterprise

32

Comfort Index™ 3

High Tuesday 72°

Low Tuesday 30°

Precipitation 0.00

Month to date 0.04

Normal month to date 0.55

Year to date 0.83

Normal year to date 2.77

Lowest relative humidity 40%

Afternoon wind SW at 4 to 8 mph

Hours of sunshine 1.4

Evapotranspiration 0.11

Phillips Reservoir 41% of capacity

Unity Reservoir 98% of capacity

Owyhee Reservoir 85% of capacity

McKay Reservoir 96% of capacity

Wallowa Lake 78% of capacity

Thief Valley Reservoir 94% of capacity

Grande Ronde at Troy 5640 cfs

Thief Valley Reservoir near North Powder 99 cfs

Burnt River near Unity 210 cfs

Umatilla River near Gibbon 868 cfs

Minam River at Minam 509 cfs

Powder River near Richland 169 cfs

TUESDAY EXTREMES

NATION (for the 48 contiguous states)

High: 96° Dryden, Texas

Low: 0° Aspen Springs, Colo.

Wettest: 1.06" Foss, Okla.

OREGON

High: 78° Ontario

Low: 28° Lakeview

Wettest: 0.04" Astoria

WEATHER HISTORY

A record chill gripped northern Florida on April 23, 1993. Tallahassee plunged to 31 degrees. The previous record of 41 was set in 1940. This was also the latest freeze recorded there last century.

SUN & MOON

THU. FRI.

Sunrise 5:53 a.m. 5:51 a.m.

Sunset 7:49 p.m. 7:50 p.m.

Moonrise 6:32 a.m. 6:57 a.m.

Moonset 8:35 p.m. 9:39 p.m.

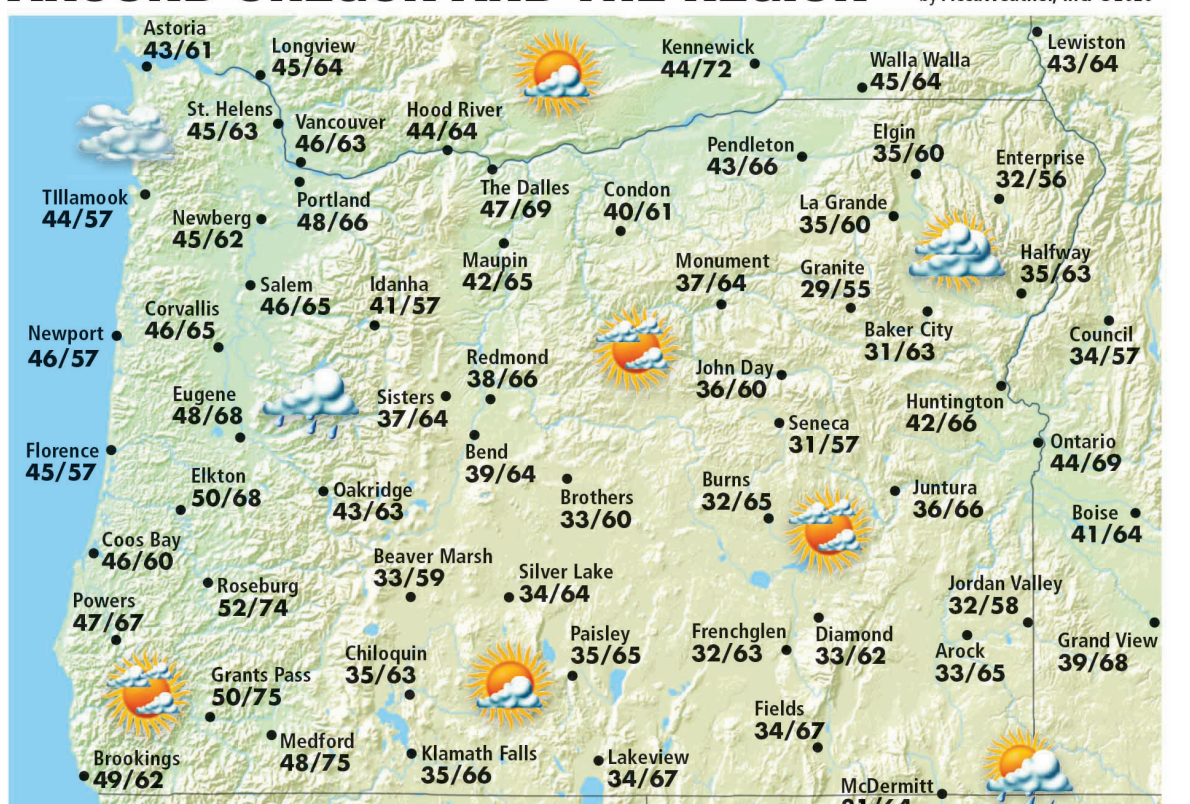
MOON PHASES

First Full Last New

Apr 30 May 7 May 14 May 22

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2020



Shown is Friday's weather. Temperatures are Thursday night's lows and Friday's highs.

REGIONAL CITIES

City	FRI. HI/Lo/W	SAT. HI/Lo/W	City	FRI. HI/Lo/W	SAT. HI/Lo/W
Astoria	61/48/sh	59/43/sh	Lewiston	64/45/pc	68/45/c
Bend	64/43/c	64/35/r	Longview	64/49/c	62/42/sh
Boise	64/44/pc	72/46/c	Meacham	58/37/pc	60/37/sh
Brookings	62/50/c	59/47/sh	Medford	75/49/pc	73/47/pc
Burns	65/33/c	68/32/c	Newport	57/49/sh	56/43/sh
Coos Bay	60/50/c	57/44/sh	Olympia	65/47/pc	62/40/sh
Corvallis	65/49/sh	64/43/sh	Ontario	69/42/pc	73/44/pc
Council	57/34/pc	61/38/c	Pasco	72/44/s	73/41/sh
Elgin	60/38/pc	60/38/c	Pendleton	66/45/pc	67/42/sh
Eugene	68/52/c	65/46/sh	Portland	66/53/c	66/46/sh
Hermiston	71/43/pc	72/44/sh	Powers	67/50/c	61/45/sh
Hood River	64/47/r	63/42/sh	Redmond	66/42/c	65/33/sh
Imnaha	60/38/sh	62/42/c	Roseburg	74/52/c	69/50/sh
John Day	60/36/pc	63/37/sh	Salem	65/49/c	64/43/sh
Joseph	55/34/pc	58/36/sh	Spokane	60/43/s	61/40/sh
Kennewick	72/44/s	73/44/pc	The Dalles	69/48/pc	66/44/sh
Klamath Falls	66/37/pc	66/34/pc	Ukiah	57/35/sh	58/34/sh
Lakeview	67/38/pc	68/34/pc	Walla Walla	64/47/pc	66/45/sh

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST FRIDAY

ANTHONY LAKES A little a.m. snow 40 27

MT. EMILY REC. Rain and drizzle 49 35

EAGLE CAP WILD. Morning flurries 43 25

WALLOWA LAKE A passing shower 55 34

THIEF VALLEY RES. Rain and drizzle 63 33

PHILLIPS LAKE Rain and drizzle 57 32

BROWNLEE RES. A passing shower 62 37

EMIGRANT ST. PARK Showers around 54 32

MCKAY RESERVOIR Rain and drizzle 66 45

RED BRIDGE ST. PARK Rain and drizzle 60 38

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