

tonight’s best



Perry Mattfield and Brooke Markham

8 p.m. on CBS
Young Sheldon

Sheldon (Iain Armitage) has a true sci-entific epiphany while at the dentist’s office in the new episode “A Baby Tooth and the Egyptian God of Knowl-edge.” Elsewhere, Dale and Meemaw (Craig T. Nelson, Annie Potts) go to a casino, but Georgie (Montana Jordan) makes a huge mistake while Dale leaves him minding the store. Wallace Shawn, Sarah Baker and Ryan Stiles guest star; Zoe Perry and Lance Bar-ber also star.

9 p.m. on CW
In the Dark

As this mystery series returns for its sophomore season, Murphy’s (Perry Mattfeld) driving compulsion to solve the Season 1 murder of her best friend Tyson draws her deep into the world of Chicago’s underground heroin trade. As her situation grows more complicated, she’s forced to turn Guid-ing Hope, her school for guide dogs, into a front for drug kingpin Nia Bailey (guest star Nicki Micheaux). The re-sulting sharp rise in revenue piques the attention of the IRS. Brooke Markham also stars.

9:30 p.m. on NBC
Indebted

After Deb’s (Fran Drescher) Aunt Ju-dith dies, she hands responsibility for hosting shiva to Dave and Rebecca (Adam Pally, Abby Elliott) in the new episode “Everybody’s Talking About the Shiva.” She regrets passing that torch, however, when the younger couple decides they’ll put a “modern spin” on the old traditions. The shiva also increases Joanna’s (Jessy Hodges) chronic anxiety about dying alone, prompting her to look some love in some unlikely places — and people. Steven Weber also stars.

10 p.m. on FREE
Siren

In the aptly named new episode “Life and Death,” Ben and Maddie (Alex Roe, Fola Evans-Akingbola) gamely do what little they can to help Ryn (Eline Powell) guide her surrogate through a life-threatening delivery. Elsewhere, Helen and Xander (Rena Owen, Ian Verdun) transport a dead hybrid to Beth (Caroline Cave) at The Ranch. Later, Xander faces fresh danger on the high seas during a ride-along with the Bristol Cove water patrol.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

APRIL 16, 2020

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune	Station 19		Grey's Anatomy		(:01) How to Get Away With Murder (N)		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Wild Travels	BBC News	PBS NewsHour (N)		Oregon Art Beat (N)	Oregon Field Guide	Inspector Morse "Dead on Time" Morse's ex.			Grantchester on Master-piece			
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight	Young Sheldon (N)	(:31) Man With a Plan	(:01) Mom (N)	Broke "The Dance" (N)	Tommy "Free to Go" (N)		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	KGW News at 6 (N)		KGW Special Edition News	Inside Edition (N)	Superstore	Brooklyn Nine-Nine (N)	Will & Grace "New Crib"	Indebted (N)	Law & Order: Special Victims Unit (N)		KGW News at 11 (N)	Tonight Show	
CW	9	9	32	32	Modern Family	Modern Family	The Gold-bergs	The Gold-bergs	Katy Keene Katy turns to Gloria for advice. (N)		In the Dark Murphy must protect herself from Nia.		KOIN 6 News at 10p (N)		Seinfeld "The Mango"	Seinfeld "The Pilot"	
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud (N)	Family Feud	Last Man Standing (N)	Last Man Standing	(:01) Mental Samurai "Week Three"		10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory	
MNT	13	13	49	49	Mike & Molly	Mike & Molly	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simp-sons	Family Guy "Petergeist"	Family Guy "Petey IV"	Bob's Burg-ers	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión	La Rosa de Guadalupe		Ringo (N)		Amor eterno (N)		Sin miedo a la verdad		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	The First 48		The First 48		The First 48 "Gangland" (N)		Live PD: Wanted (N)		60 Days In "Moment of Truth" (N)		The First 48		
AMC	60	45	131	254	(5:30) *** "Major League" (1989) Tom Berenger. A ragtag team tries to turn its poor performance around.				** "Jumanji" (1995, Children's) Robin Williams, Bonnie Hunt, Kirsten Dunst. A sinister board game puts its players in mortal jeopardy.				*** "Home Alone" (1990, Children's) Mac-aulay Culkin, Joe Pesci, Daniel Stern.				
ANP	24	49	184	282	The Last Alaskans		Yukon Men		Yukon Men "All In"		The Last Alaskans: Arctic Refuge "Fair Game"				Yukon Men: Roughing It		
BET	4	72	124	392	The Death Row Chronicles		The Death Row Chronicles		The Death Row Chronicles		The Death Row Chronicles		The Death Row Chronicles		The Death Row Chronicles		
BRAVO	54	65	129	237	Housewives/NYC		Housewives/NYC		Housewives/NYC		Housewives/NYC		Top Chef (N)		Watch What Housewives		
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Apple	Gumball	Home Movies	Burgers	Burgers	Rick, Morty	Amer. Dad	Amer. Dad	Family Guy	Family Guy	
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon		
COM	77	56	107	249	The Office	The Office	Daily Show	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	The Office	
COOK	123	123	113	232	Man v. Food	Man v. Food	Best Thing	Best Thing	Best Thing	Best Thing	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing	Best Thing	
DISN	26	48	173	290	Big City	Raven	Raven	(:35) Bunk'd	Bunk'd	(:25) Bunk'd	Raven	Roll With It	Gabby Duran	Coop & Cami	Sydney-Max	(:20) Bunk'd	
E!	64	76	114	236	The Kardashians		The Kardashians		The Kardashians		Total Bellas (N)		The Kardashians		Total Bellas		
ESPN	33	27	140	206	(5:00) College Football The second-ranked Buckeyes beat No. 3 Michigan in double overtime. From Nov. 26, 2016.				SportsCenter (N) (Live)		SportsCenter		SportsCenter		SportsCenter		
ESPN2	34	28	143	209	2019 World Series of Poker		2019 World Series of Poker		SportsCenter Special (N)		Rookie		Always Late	Interruption	Now/Nev.	Always Late	
FNC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	Restaurant: Impossible		Restaurant: Impossible		The Great Food Truck Race		The Great Food Truck Race		Restaurant: Impossible		Restaurant: Impossible		
FREE	32	33	180	311	(5:00) *** "Back to the Future"		*** "Back to the Future Part II" (1989, Comedy) Michael J. Fox.						Siren "Life and Death" (N)		The 700 Club		
FS1	41	85	150	219	(5:00) NFL Football From Jan. 15, 2017. (N Taped)				FOX Football Now		WWE 24		WWE 24		WWE 24		
FX	65	24	136	249	(5:00) *** "Deadpool" (2016, Action) Ryan Reynolds, Morena Baccarin.		** "Iron Man 2" (2010) Robert Downey Jr., Gwyneth Paltrow. The super-hero must forge new alliances and confront a powerful enemy.				Better Things (N)		Breeders	Better Things		*** "Girls Trip" (2017)	
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake (N)	Cake	Dave "PIBE"	Cake	
GOLF	88	88	401	218	(3:00) LPGA Tour Golf		PGA Tour Golf								LPGA Tour Golf		
HALL	87	87	185	312	"Royal Hearts" (2018) Cindy Busby, James Brolin. Hank learns that he's the heir of the late King of Merania.				"The Sweetest Heart" (2018, Romance) Julie Gonzalo. Mad-die is doing everything she can to save her business.				The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HALLMM	86	86	187	565	Magnum, P.I. Help in probing a murder attempt.		"The Irresistible Blueberry Farm" (2016) Alison Sweeney. A woman tries to fulfill her grandmother's dying wish.		"Rocky Mountain Christmas" (2017) Kristoffer Polaha. Sarah heads to her uncle's ranch to escape New York.						Murder, She Wrote "Bite the Big Apple"		
HGTV	62	57	112	229	Good Bones		Good Bones		Flip or Flop	Flip or Flop	Flipping 101	Flipping 101	Hunters	Hunters Int'l	Hunters	Hunters Int'l	
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People (N)		(:03) Swamp People		(:05) Swamp People		
LIFE	29	29	108	252	King	King	King	King	Married at First Sight The eight-week experiment ends.				King	King	King	King	
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	To Be Announced				American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		
NBCSNW	426	37	424		The Bridge (N) (Live)		Blazers Out.		Blazers Out.		Outdoor GPS		Talkin' Ducks' Talkin' Ducks		Blazers Out.		Beavers
NGEO	55	78	197	276	Wild France		Saving Notre Dame (N)		Alaska State Troopers		Alaska State Troopers (N)		(:03) Alaska State Troopers		(:03) Alaska State Troopers		
NICK	27	51	171	299	Casagrandes	Loud House	SpongeBob	SpongeBob	*** "Madagascar: Escape 2 Africa" (2008, Children's)				Friends	Friends	Friends	Friends	
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Mark of a Killer		Mark of a Killer		Killer Couples		Mark of a Killer (N)		Kemper on Kemper: Inside The Mind of a Serial Killer				
PARMT	42	43	241	241	Two Men	** "Sweet Home Alabama" (2002) Reese Witherspoon, Josh Lucas.					Wife Swap (N)		** "Sweet Home Alabama" (2002) Reese Witherspoon.				
ROOT	37	26	426	687	Mariners		Mariners		MLB Baseball (N)						Mariners Mondays		
SYFY	67	50	122	244	(5:35) ** "The Fast and the Furious" (2001, Action)				** "Hansel & Gretel: Witch Hunters" (2013, Fantasy)				** "Constantine" (2005, Fantasy) Keanu Reeves.				
TCM	56	73	132	256	(5:00) ***** "A Star Is Born" (1954) Judy Garland. An ac-tor turns to alcohol as his wife becomes a megastar.				***** "Metropolis" (1927, Science Fiction) Brigitte Helm, Alfred Abel, Gustav Fröhlich. Silent. An industrialist rules a 21st-century city.				Luise Rainer: Live From the TCM Classic Film Festival		"The Good Earth" (1937)		
TDC	51	42	182	278	Rob Riggle		Rob Riggle Global Investi		Rob Riggle Global Investi		Rob Riggle		(:01) Moonshiners		(:01) Moonshiners		
TLC	49	62	183	280	My 600-Lb. Life Estranged brothers are brought together.		My 600-Lb. Life		Tommy wants to lose weight. (N)				Dr. Pimple Popper		My Feet Are Killing Me		
TNT	57	52	138	245	(4:00) "Oblivi-on" (2013)		** "Justice League" (2017, Action) Ben Affleck, Henry Cavill, Gal Gadot. Batman, Wonder Woman and other heroes unite to battle evil.		Shaq Life (N)		Shaq Life (N)		** "Taken 2" (2012, Action) Liam Neeson, Maggie Grace. A vengeful father abducts Bryan Mills and his wife.				
TRAV	53	38	196	277	Ghost Adventures (N)		The Dead Files (N)		The Dead Files "Entangled"		Ghost Adventures		Ghost Adventures		The Dead Files		
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Tacoma FD	Tacoma FD	Hot Ones	Hot Ones	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	King	King	
USA	58	39	105	242	Psych		Psych Pathological liar.		Psych "Tuesday the 17th"		Psych		Psych International art thief.		Psych "He Dead"		
WE	118	118	128	260	Growing Up Hip Hop		Growing Up Hip Hop		Growing Up Hip Hop		Marriage- Reality Stars		Waka & Tammy		Marriage- Reality Stars		
WEATH	14	19	214	362	Highway Thru Hell		Metal		Metal		Weather Gone Viral		Weather Gone Viral		Highway Thru Hell		
WTBS	59	40	139	247	Family Guy	Family Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan	Last O.G.	
HBO	518	518	303	504	(5:30) *** "Casino Royale" (2006) Daniel Craig. James Bond plays poker with a man who finances terrorists.				Run	** "It: Chapter Two" (2019, Horror) Jessica Chastain, James McAvoy, Bill Hader. Grown-up members of the Losers' Club confront an evil clown. 'R'						(:25) West-world	
MAX	531	531	311	516	(4:25) "Man-hattan Night"	(:20) *** "Z for Zachariah" (2015, Drama) Chiwetel Ejiofor, Chris Pine. 'PG-13'			* "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier. 'PG-13'		(:35) *** "Deadpool 2" (2018) Ryan Reynolds. Deadpool joins forces with a team of mutants to fight Cable. 'R'				(:35) Strike Back		
SHOW	578	578	319	546	(4:30) "Total Recall"	Homeland No one admits to anything.	** "Poms" (2019, Comedy) Diane Keaton, Jacki Weaver, Celia Weston. 'PG-13'		** "A Dog's Journey" (2019, Children's) Voice of Josh Gad, Kathryn Prescott, Betty Gilpin. 'PG'						Desus & Mero (N)		VICE
STARZ	621	621	351	526	(5:35) * "Holmes & Watson" (2018) Will Ferrell.		(:08) ** "Smokin' Aces" (2007) Ben Affleck. Hit men converge on Lake Tahoe to rub out a mob informant. 'R'		(8:59) *** "Spider-Man: Far From Home" (2019, Action) Tom Holland, Samuel L. Jackson. 'PG-13'						(:11) *** "21 Jump Street" (2012) Jonah Hill. 'R'		
TMC	591	591	327	554	** "Beowulf" (2007, Adventure) Voices of Ray Winstone, Anthony Hopkins, Angelina Jolie. 'PG-13'				*** "The Bank Job" (2008, Crime Drama) Jason Statham. Thieves tunnel into a bank vault in 1971 London. 'R'				*** "Jarhead" (2005, War) Jake Gyllenhaal, Peter Sars-gaard. Marines band together during the Gulf War. 'R'				