

Wednesday

Northeast Oregon EXTRA

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April 8, 2020

A Classified Publication of **Baker City Herald** | **THE OBSERVER**

Going Up?



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WOMEN'S & CHILDREN'S CLINIC

PEDIATRIC SERVICES

Did you know the Children's Clinic builds room in their schedule for same-day sick visits?

With the addition of Dr. Zach and Dr. Eve, the Children's Clinic is fully staffed and can accommodate more same-day sick visits than before. These appointments are made on a first come, first serve basis, and are intended for illness or other non-emergent urgent care needs. Parents should continue to schedule well-child appointments in advance with their primary care provider.

If your child needs a same-day visit for illness or other urgent health concern, we encourage you to call the Children's Clinic first for appointment availability.



710 Sunset Drive, Suite E, La Grande, OR 97850
541-663-3150 • grh.org/pediatrics

Let's Keep Our Distance & Keep COVID-19 Under Control



It's up to each of us to contain the spread of COVID-19. Here's how you can do your part



LISTED SERVICES FROM COMMUNITY CONNECTION

Baker, Union, and Wallowa County Senior Centers: Take Out Meals available for pick-up; Meals On Wheels being delivered.

Northeast Oregon Public Transit: Baker, Union, and Wallowa County transportation services are running. Primary focus is medical, pharmacy, groceries, and essential services and appointments.

Housing Resource Center: Property Tax Relief program, call Debbie or Susy 541-963-3186 for information

Telephone Reassurance - We make regularly scheduled telephone calls to seniors who live alone and who need someone to call and check on them. If no one answers, we begin calling emergency contacts, up to and including the police department to do a wellness check.

PEARLS - The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental health care into community-based settings that reach vulnerable older adults.

Kids Club - Open 7:00 AM to 5:30 PM, health care workers and first responders given preference.

Needed: food donations for food pantries, pet food, childcare supplies: diapers, etc household supplies & staples: toilet paper, paper towels, cleaners, etc, personal hygiene items: shampoo, toothpaste, etc

Volunteers needed for Meals on Wheels and Kids Club

We are closed during the Covid-19 crisis

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