

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		Pandemic-You		General Hospital		Afternoon Live		Tamron Hall		KATU News First		News	ABC			
PBS	3	5			Curious Go Luna	Tiger	Tiger	Pink	Sesame	Dinosaur	Xavier	Varied Programs			Splash	Molly	Cat in the	Odd	Arthur	Peg	Ready Jet	Wild	Kratt				
CBS	6	6	6	6	CBS This Morning	Let's Make a Deal	The Price Is Right	Young & Restless	News	Bold	The Talk				The 700 Club		Dr. Phil		KOIN 6 News at 4		News		News				
NBC	8	8	8	8	(7:00) Today	Today 3rd Hour	Today-Hoda	Blast	Blast	News	Paid Prg.	Days of our Lives	The Dr. Oz Show	Ellen DeGeneres	KGW News at 4		News		News		News		News				
CW	9	9	32	32	(7:00) KOIN AM Extra	DailyMail	DailyMail	Paternity	Court	Steve Wilkos Show	Maury	Jerry Springer	Mel Robbins	King	Friends	Mom	Last Man	black-ish	black-ish								
FOX	12	12	12	12	Good Day Oregon	Good Day Or.	Rachael Ray	Kelly Clarkson	News	Varied	Wendy Williams		The People's Court	Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News									
MNT	13	13	49	49	Good Day Oregon	Paid Prg.	Paid Prg.	TMZ Live	The People's Court	Protection	Divorce	Judge Mathis	Hot	Hot	Jerry	Jerry	Jdg Judy	Jdg Judy	25 Words	25 Words							
UNIV	22	22	16	47	(7:00) Despierta America!			Que te perdone	Noticiero	Nosotr.	Hoy		Como dice el dicho	Me declaro culpable	El gordo y la flaca	Primer impacto											
A&E	52	55	118	265	The First 48	The First 48	The First 48	The First 48	First 48	Varied	First 48	Varied Programs															
AMC	60	45	131	254	Paid Prg.	Varied	Varied Programs		Movie																		
ANP	24	49	184	282	Crikey... Irwins	Secret Life-Zoo	The Zoo	Pit Bulls-Parole	Pit Bulls-Parole	Varied Programs																	
BET	4	72	124	392	Martin	Martin	Martin	Martin	Martin	Parkers	Parkers	Parkers	Parkers	Browns	Browns	Browns	Browns	Movie	Varied Programs								
BRAVO	54	65	129	237	Varied Programs																						
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Craig	Craig	Teen	Teen	Victor	Victor	Gumball	Gumball	Gumball	Gumball	Total	Total	Teen	Teen	Craig	Craig			
CNN	68	44	200	202	At This Hour-Kate	Inside Politics	CNN Right Now	CNN Newsroom	CNN Newsroom	Jake Tapper			Situation Room	Situation Room	Situation Room	Situation Room	Erin Burnett	OutFront	Anderson	Cooper							
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	(4:5) South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk			
COOK	123	123	113	232	Varied Programs			Good Eat	Good Eat	Varied Programs																	
DISN	26	48	173	290	Bluey	Mickey	Mickey	T.O.T.S.	Puppy	Puppy	Mira	T.O.T.S.	Big City	Big City	Big City	Owl Hse.	Bunk'd	Bunk'd	Bunk'd	Big City	Big City	Big City	Jessie	Jessie			
E!	64	76	114	236	The Kardashians	The Kardashians	The Kardashians	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash	Varied	Kardash			
ESPN	33	27	140	206	(7:00) First Take	SportsCenter	SportCtr	Varied	NFL Live		NBA: The Jump	NFL Live	Varied	The Jump	Varied	SportsCenter	O.J.: Made in America										
ESPN2	34	28	143	209	(7:00) Get Up	First Take			Get Up	Varied Programs	NBA: The Jump	NFL Live	Varied Programs														
FNC	66	25	205	360	America's Newsroom	Outnumbered	Outnumbered		The Daily Briefing	Bill Hemmer Reports	Neil Cavuto		The Five	Special Report	The Story	Tucker Carlson											
FOOD	61	54	110	231	Paid Prg.	Paid Prg.	Varied Programs																				
FREE	32	33	180	311	Melissa	Melissa	Melissa	700 Club	The 700 Club	Varied Programs			Middle	Middle	Middle	Middle	Middle	Middle	Middle	Middle	Simpsons	Simpsons	Simpsons	Simpsons			
FS1	41	85	150	219	Undisputed	The Herd with Colin Cowherd							Speak for Yourself	Varied	Lock It In	Varied	Skip	NASCAR Race Hub	TBA	Varied Programs							
FX	65	24	136	249	(7:00) Movie	Varied	Mike	Varied Programs					Movie	Varied Programs													
FXX	35	64	125	259	Mom	Varied Programs			Movie	Varied Programs																	
GOLF	88	88	401	218	LPGA Tour Golf		Varied Programs	PGA Tour	Varied Programs																		
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family				Movie														
HALLMM	86	86	187	565	M	Monk	Monk	Monk	Monk	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder			
					T	Monk	Monk	Monk	Monk	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder		
					W	Monk	Monk	Monk	Monk	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	
					Th	Monk (Part 2 of 2)	Monk	Monk	Monk	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
					F	Monk	Monk	Monk	Monk	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder	Diagnosis Murder
HGTV	62	57	112	229	Varied Programs																						
HIST	50	60	120	269	Varied Programs																						
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King	King			
MSNBC	71	67	209	356	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live			
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																				
NBCSNW	426	37	424	Rip City	Paid Prg.	Paid Prg.	Varied Programs	SKY Sports News	The Brian Noe Show																		
NGEO	55	78	197	276	Paid Prg.	Varied Programs																					
NICK	27	51	171	299	Bubble	Varied	Blue	PAW	Sponge.	Sponge.	Varied Programs	It's Pony	Loud	Loud	Loud	Casagran	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud			
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil			
OXY	30	69	127	251	Varied Programs																						
PARMT	42	43	241	241	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue			
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	Varied Programs																				
SYFY	67	50	122	244	Varied Programs																						
TCM	56	73	132	256	M	(7:45) *** "PT 109" (1963) Ty Hardin	(:15) *** "The Long Voyage Home" (1940, Drama)	"Around the World Under the Sea" (1966)	(:45) ** "Up Periscope" (1959, War) James Garner.	"Destination Tokyo"																	
					T	(6:45) "The Great Escape", War	(:45) *** "The Cincinnati Kid" (1965)	(:45) *** "The Sand Pebbles" (1966, Adventure) Steve McQueen.	*** "An Enemy of the People" (1978)	"Natural: Untold"																	
					W	Fallen	*** "The Wings of Eagles" (1957)	(:45) *** "This Land Is Mine" (1943)	*** "McLintock!" (1963) John Wayne.	(:45) *** "The Hunchback of Notre Dame"	"Some Like It Hot"																
					Th	Terror	(:45) *** "The Star" (1952) Bette Davis.	*** "Crime Wave" (1945) *** "The Killing" (1956) *** "The Asphalt Jungle" (1950)	"Dr. Strangelove Or: How I Learned"	"Malcolm X" (1992)																	
					F	(7:45) "Bewitched"	"The Brain That Wouldn't Die"	*** "Juliet of the Spirits" (1965) Giulietta Masina.	** "The Power" (1968)	*** "The Haunting" (1963, Horror)	"Million Dollar Legs"																
TDC	51	42	182	278	MythBusters	Dirty Jobs	Dirty Jobs	Expedition Unknown	Varied Programs																		
TLC	49	62	183	280	Varied Programs				My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life	My 600-Lb. Life				
TNT	57	52	138	245	Charmed	Charmed	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural	Supernatural			
TRAV	53	38	196	277	Varied Programs																						
TRUTV	73	75	242	246	Funniest	Funniest	Funniest	Jokers	Jokers	Jokers	Jokers	Jokers	Varied Programs	Dumbest	Varied	Dumbest	Varied	Carbon	Varied Programs								
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Bonanza	Varied Programs	(11:50) Gunsmoke	(12:55) Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Gunsmoke	Andy G.	Andy G.	Andy G.	Andy G.			
USA	58	39	105	242	NCIS	Varied Programs																					
WE	118	118	128	260	Paid Prg.	Varied	LifeLock	Paid Prg.	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI	Law Order: CI			
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE	The Weather Channel LIVE																					
WTBS	59	40	139	247	Seinfeld	Seinfeld	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends			
HBO	518	518	303	504	M	(:10) ** "The Day After Tomorrow"	(:15) *** "Crazy, Stupid, Love." (2011)	(:15) * "The Darkness" (2016, Horror)	"Won't You Be My Neighbor?"	** "Unbreakable" (2000) Bruce Willis.	Axios																
					T	(:05) * "Head Full of Honey" (2018)	(:15) ** "The Zookeeper's Wife" (2017)	** "Bruce Almighty"	(:15) *** "Les Misérables" (2012, Musical) Hugh Jackman.	"Yesterday" (2019)																	
					W	"Dawn Treader" (1999)	(:10) *** "Chocolat" (2000, Drama)	Hunter	** "King Arthur" (2004) Clive Owen.	(:40) ** "The Adjustment Bureau"	** "Along Came Polly" (2004)	(:05) ** "Ma"															
					Th	(7:50) ** "Notting Hill" (1999)	(:10) ** "Alita: Battle Angel" (2019)	(:15) ** "Isn't It Romantic" (2019)	(:15) *** "Bohemian Rhapsody" (2018)	(:10) Westworld	My Brilliant Friend																
					F	"How to Lose" (2018)	** "Truth or Dare" (2018)	(:40) "Fantastic Beasts: The Crimes of Grindelwald"																			