

# Rapid Weight Loss Under Medical Supervision



**“I am Dr. James Kopp. I lost 103 Pounds in 28.5 Weeks.**

MetTrimMD is the safe, secure, and fast path to healthy weight loss. Results go beyond weight loss:

- Reduce or eliminate joint pain
- Increased energy and confidence
- Improved mobility, digestion and sleep
- Reduced the need for weight related medications
- Data-backed improved diagnoses & results



Dr. Kopp Before



Dr. Kopp After

Because only a Weight Loss Physician can...

1

Diagnose and treat medical conditions that contribute to your weight gain so you can **lose weight rapidly.**

2

Prescribe the right food, weight loss medications (if appropriate), and a personalized nutrition plan to ensure you **lose weight healthfully**

3

Provide the expert personal support and diet modifications necessary during your weight loss phase so that you **lose weight safely**



**James R. Kopp, MD, MBA**  
Orthopedic Surgeon  
Weight Loss Physician

**Come see us, schedule your Free No-obligation Consultation today.**

**Call: 541-663-4514**

**MetTrimMD La Grande**  
907 Washington Ave, La Grande  
[MetTrimMD.com/LaGrandeOR](http://MetTrimMD.com/LaGrandeOR)



*We also lost weight on*  **MetTrim<sup>MD</sup>**

I Am **Stephanie.**  
I lost **42.6** pounds  
in **12** weeks\*



I Am **John.**  
I lost **128** pounds.  
in **35** weeks\*



\*Plans are personalized. Individual results vary.