

# Joy at finding love can't diminish pain of twin's loss

DEAR ABBY: I have had a serious boyfriend for six months. He's wonderful, a dream come true. But I find myself more depressed and suicidal than ever. Mom tells me I don't have any reason to be depressed since I have a boyfriend.



**DEAR ABBY**

won't expect me to be Pollyanna anymore. The third anniversary of my twin's suicide is coming, which is making everything more unbearable. I just don't know what to do. I just want to disappear.

— THINGS AREN'T OK  
DEAR THINGS:

If your mother truly believes a death in the family (particularly a twin!) is something that can be "fixed" by having a boyfriend, she is deluding herself. You need professional help and right away. There are support groups for survivors of a family member's suicide, and you are three years overdue for finding one. I urge you to contact the American Foundation for Suicide Preven-

tion. Someone there can help you to find a support group for the survivors of a loved one's suicide. To find them, go online to afsp.org.

If you are feeling suicidal, call the National Suicide Prevention Lifeline and tell a counselor about what's going on. If you do, you can be directed to a licensed therapist in your community who can help. The toll-free number to call is 800-273-8255. PLEASE do not put it off.

DEAR ABBY: My daughter and I have been estranged on and off for many years, most recently for the last 22 months. At that time, she angrily took her 8-year-old daughter and left our home, where she had been living since another eviction. She said she was going to tell everyone I kicked her out. Then she blocked me on

Facebook, removed my access to my granddaughter's classroom progress reports and my name from the school emergency card. I had no idea where they went. My poor granddaughter was in tears. She had been upset moving back in with us again, and told me she wished her mom would get a job so they could stay in one place for real.

After no contact, I have been told my daughter is being married. "Save the date" cards have gone out. I have no desire or intention of going to a wedding of someone who has spent half her life being cruel to me, lying, ignoring me, being jealous at her sister's wedding and so on, with never an apology for her horrible behavior. She's a Jekyll and Hyde.

We live in the same community, and I do all I can to avoid seeing her. I'm happy for her and delighted my granddaughter will finally have a bedroom of her own, but I have no intention of playing happy family to someone who regularly sharpens knives in my back. How do I answer any inquiries that may come up about the wedding?

— CAN'T TAKE ANY MORE

DEAR CAN'T: Do not engage in a litany of complaints and accusations. You can get the message across to anyone who asks about the wedding by saying that you are not involved in the planning of the wedding and questions should be directed to your daughter. You do not have to discuss it further. It's short and sweet and gets the message across.

# U.S., Canada closing shared border to nonessential travel

Truckers, snowbirds exempt from the restriction

By Roib Gillies and Eliot Spagat  
The Associated Press

WASHINGTON — The United States and Canada agreed Wednesday to temporarily close their shared border to nonessential travel to confront the coronavirus pandemic, bringing a halt to tourism and family visits but leaving the flow of trade intact.

The announcement by President Donald Trump came as his administration prepared to immediately return to Mexico all people caught illegally crossing the southern U.S. border. Trump said he would announce that step "very soon," perhaps as early as Wednesday.

These combined actions would further isolate the United States, affecting two borders that have been treated in starkly dif-



Photo by Jeffrey T. Barnes/The Associated Press

President Donald Trump and Canadian Prime Minister Justin Trudeau have agreed to close the U.S.-Canada border to non-essential travel in order to slow the spread of the coronavirus, but trade will not be affected.

ferent ways by the Trump administration.

The flow of travelers on the northern border, the world's longest between two nations, has been relatively open. By comparison, Trump has made clamping down on immigration, both legal and illegal, across the southern border the cornerstone of his presidency.

The Canadian restric-

tions, unlike those under consideration with Mexico, were agreed upon mutually by both governments.

Canadian Prime Minister Justin Trudeau said travelers will no longer be able permitted to cross the border for recreation or tourism, but that essential travel will continue.

"It is critical that we preserve supply chains between

both countries," Trudeau said. "These supply chains ensure that food, fuel and life saving medicines reach people on both sides of the border."

Trudeau made his comments in front of his residence where he is self-isolating after his wife tested positive for the virus.

Trump tweeted the restrictions on the Canadian border will not affect trade between allies eager to maintain their vital economic relationship. Canada relies on the U.S. for 75% of its exports and about 18% of American exports go to Canada.

Truck drivers and Canadian snowbirds, who live in the U.S. for part of the year and are returning to Canada, are among those exempted. Completely closing the border would cause severe damage to two economies so closely integrated. Much of Canada's food supply comes from or via the U.S., and 98% of its

oil exports go to the U.S.

Mexico responded cautiously to news reports the U.S. may turn back people who illegally cross into the U.S. The Mexican foreign minister said Washington had not shared a "formal proposal" and, if it did, then Mexico would respond "in defense of its interests, considering, among other things, public health and human rights."

The U.S. proposal would apply to anyone who crossed the U.S.-Mexico border between ports of entry, including those who claim asylum. It would amount to one of his most aggressive attempts by Trump to curtail illegal immigration.

The Border Patrol averaged about 1,000 arrests a day in February. During the U.S. budget year that ended in September, only 20% of those arrested were from Mexico; many of the rest came from Guatemala, Honduras, El Salvador,

Cuba and Brazil.

The situation at Canada's border came into focus Monday when Trudeau said he would close the country's borders to anyone who was not a Canadian citizen, an American or a permanent resident. Even then, those people are required to self-isolate for 14 days on arrival.

Many in Canada criticized the decision to give Americans an exemption, including British Columbia Health Minister Adrian Dix, citing the surge in cases in neighboring Washington state. Canadian Deputy Prime Minister Chrystia Freeland said then the border is vital to the daily life to people on both sides.

"Nearly 200,000 people cross that border every day, and that border and that traffic that goes across that border is literally a lifeline for both the Canadians and the Americans on both sides of that border," Freeland said.

# weather

	TONIGHT	SUN	MON	TUE	WED
Clear to partly cloudy	Partly sunny	Showers around	A shower in the afternoon	An a.m. flurry; clearing	
Baker City	25	63 34	57 27	50 24	49 23
Comfort Index™	10	10	5	3	3
La Grande	30	60 39	52 27	47 26	47 26
Comfort Index™	9	9	2	3	1
Enterprise	27	57 36	51 26	43 23	43 24
Comfort Index™	9	8	1	3	2

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

## ALMANAC

TEMPERATURES	Baker City	La Grande	Elgin
High Thursday	61°	59°	64°
Low Thursday	21°	23°	23°
PRECIPITATION (inches)			
Thursday	0.00	0.00	0.00
Month to date	0.04	0.21	0.36
Normal month to date	0.49	0.89	1.38
Year to date	0.65	4.73	17.43
Normal year to date	1.89	3.70	6.96

## THURSDAY EXTREMES

NATION (for the 48 contiguous states)	
High: 103°	Zapata, Texas
Low: -6°	Rugby, N.D.
Wettest: 3.45"	Duncan, Okla.
OREGON	
High: 67°	The Dalles
Low: 16°	Lakeview
Wettest: none	

## AGRICULTURAL INFO.

HAY INFORMATION SUNDAY	
Lowest relative humidity	35%
Afternoon wind	S at 7 to 14 mph
Hours of sunshine	8.7
Evapotranspiration	0.11

## RESERVOIR STORAGE (through midnight Friday)

Phillips Reservoir	31% of capacity
Unity Reservoir	77% of capacity
Owyhee Reservoir	81% of capacity
McKay Reservoir	83% of capacity
Wallowa Lake	63% of capacity
Thief Valley Reservoir	102% of capacity

## STREAM FLOWS (through midnight Thursday)

Grande Ronde at Troy	3600 cfs
Thief Valley Reservoir near North Powder	92 cfs
Burnt River near Unity	55 cfs
Umatilla River near Gibbon	231 cfs
Minam River at Minam	201 cfs
Powder River near Richland	278 cfs

## WEATHER HISTORY

On March 21, 1952, a massive outbreak of tornadoes raged from Missouri to Alabama. They killed 343 people and caused over \$15 million in property damage.

## SUN & MOON

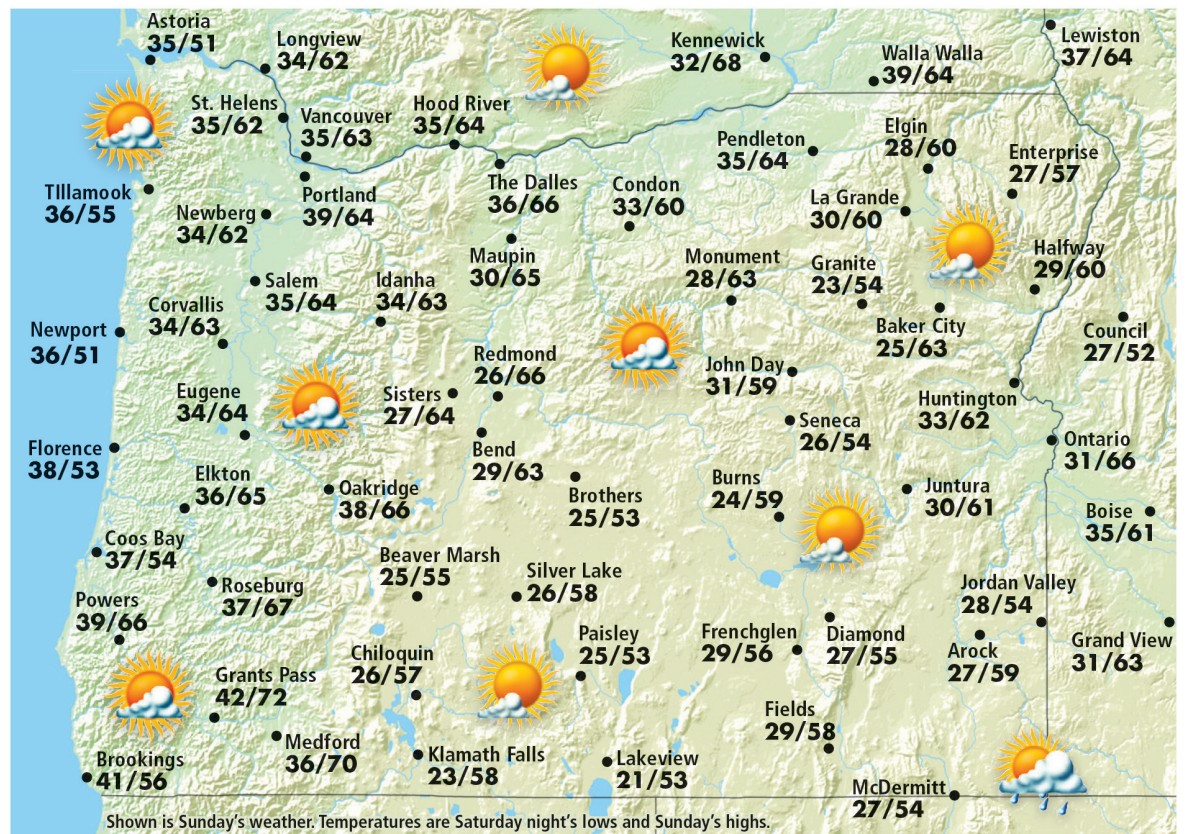
	SAT.	SUN.
Sunrise	6:53 a.m.	6:51 a.m.
Sunset	7:07 p.m.	7:08 p.m.
Moonrise	6:15 a.m.	6:40 a.m.
Moonset	4:32 p.m.	5:34 p.m.

## MOON PHASES



## AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2020



## REGIONAL CITIES

City	SUN. Hi/Lo/W	MON. Hi/Lo/W	City	SUN. Hi/Lo/W	MON. Hi/Lo/W
Astoria	51/40/pc	49/37/sh	Lewiston	64/43/pc	56/39/pc
Bend	63/35/pc	50/28/r	Longview	62/40/pc	50/39/sh
Boise	61/41/pc	59/38/sh	Meacham	58/38/pc	50/27/c
Brookings	56/42/pc	49/40/r	Medford	70/40/pc	55/34/r
Burns	59/30/pc	53/24/sh	Newport	51/39/pc	48/38/sh
Coos Bay	54/42/pc	49/38/r	Olympia	58/38/pc	48/35/sh
Corvallis	63/40/pc	50/37/c	Ontario	66/36/pc	61/35/c
Council	52/33/pc	48/29/sh	Pasco	68/46/pc	62/36/c
Elgin	60/38/pc	51/28/c	Pendleton	64/42/pc	57/34/pc
Eugene	64/41/pc	50/38/sh	Portland	64/43/pc	51/42/sh
Hermiston	68/44/pc	61/36/c	Powers	66/40/pc	46/38/r
Hood River	64/41/pc	51/36/sh	Redmond	66/36/pc	54/26/c
Imnaha	58/41/pc	55/30/sh	Roseburg	67/43/pc	50/39/r
John Day	59/37/pc	53/26/c	Salem	64/42/pc	50/39/sh
Joseph	54/35/pc	49/25/sh	Spokane	55/41/pc	52/32/c
Kennewick	68/46/pc	61/38/c	The Dalles	66/44/pc	55/37/c
Klamath Falls	58/27/pc	50/24/r	Ukiah	57/33/pc	48/24/c
Lakeview	53/24/pc	47/24/r	Walla Walla	64/45/pc	56/37/pc

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

## RECREATION FORECAST SUNDAY

<b>ANTHONY LAKES</b> Partly sunny	<b>38 24</b>		<b>PHILLIPS LAKE</b> Partly sunny	<b>55 31</b>	
<b>MT. EMILY REC.</b> Partly sunny	<b>48 34</b>		<b>BROWNLEE RES.</b> Partly sunny	<b>57 35</b>	
<b>EAGLE CAP WILD.</b> Partly sunny	<b>42 25</b>		<b>EMIGRANT ST. PARK</b> Partly sunny	<b>53 32</b>	
<b>WALLOWA LAKE</b> Partly sunny	<b>54 35</b>		<b>MCKAY RESERVOIR</b> Partly sunny	<b>65 41</b>	
<b>THIEF VALLEY RES.</b> Partly sunny	<b>63 34</b>		<b>RED BRIDGE ST. PARK</b> Partly sunny	<b>60 39</b>	

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