

tonight’s best



Connor Kalopsis and Ashley Boettcher

8 p.m. on FOX
Last Man Standing

Mike and Chuck (Tim Allen, Jonathan Adams) vie to see who will be the last cook standing in Outdoorman’s Annual Chili Cook-Off in the new episode “Chili Chili Bang Bang.” Elsewhere, Kyle and Ryan (Christoph Sanders, Jordan Masterson) fill in for Mandy and Kristin (Molly McCook, Amanda Fuller) at Vanessa’s (Nancy Travis) weekly mother-daughter luncheon. Hector Elizondo also stars.

8:30 p.m. on FOX
Outmatched

The kids’ safe place is put in jeopardy when the basement seriously needs to be repaired and renovated, so they hatch a scheme to persuade Mike and Kay (Jason Biggs, Maggie Lawson) to depart for a night in the new episode “Black Mold.” That leaves Nicole and Brian (Ashley Boettcher, Connor Kalopsis) entrusted with babysitting the younger kids, a responsibility they quickly learn is not nearly as easy as their parents make it look. Jack Stanton and Oakley Bull also star.

9 p.m. on CW
Legacies

Lizzie (Jenny Boyd) is left to make a bitterly difficult decision, after events take a very dark turn on the twins’ 17th birthday, in the new episode “Life Was So Much Easier When I Only Cared About Myself.” Meanwhile, Hope (Danielle Rose Russell) resorts to drastic measures when she and Alaric (Matthew Davis) find themselves at loggerheads over how to handle an issue involving Josie (Kaylee Bryant). Rafael (Peyton Alex Smith) discovers something heartbreaking.

9 p.m. on HBO
Movie: After Truth: Disinformation and the Cost of Fake News

Filmmaker Andrew Rossi looks at how social media has helped disseminate “fake news” widely into the American mainstream, and examines the corrosive effect that disinformation, conspiracy theories and stories reflecting “alternative facts” can have on the average citizen. The documentary makes its points largely by looking at multiple high-profile fake-news stories that led to some regrettable real-world results, such as the “Pizzagate” case, organized disinformation campaigns aimed at disrupting the 2016 presidential election and the Jade Helm conspiracy.

THURSDAY EVENING

THURSDAY EVENING					LG - La Grande BC - Baker City D - DISH DTV - DirecTV					MOVIES		SPORTS		MARCH 19, 2020			
	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Station 19 "Poor Wandering One" Pruitt takes a stand.		Grey's Anatomy "Give a Little Bit" (N)		(:01) A Million Little Things "Mothers and Daughters"		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Wild Travels	BBC News	PBS NewsHour (N)		Oregon Field Guide		Inspector Morse "Fat Chance" cleric.		Morse is attracted to a woman		Grantchester on Master-piece		
CBS	6	6	6	6	NCAA Tournament	2020 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)					Game On! (N)	Remarkable Women	KOIN 6 News Special Edition (N)	KOIN 6 News at 11 (N)	Late Show-Colbert		
NBC	8	8	8	8	KGW News at 6 (N)		Tonight With Cassidy (N)	Inside Edition (N)	Superstore "Playdate"	Brooklyn Nine-Nine (N)	Will & Grace (N)	Indebted (N)	Law & Order: Special Victims Unit (N)		KGW News at 11 (N)	Tonight Show	
CW	9	9	32	32	Modern Family	Modern Family	The Gold-bergs	The Gold-bergs	Katy Keene Jorge decides to put on a show. (N)		Legacies Rafael makes a heartbreaking discovery. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Nap"	Seinfeld "The Ticket"	
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud	Family Feud	Last Man Standing (N)	Outmatched "Black Mold"	Deputy Bill's family strives to humanize him. (N)		10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simpsons	Family Guy	Bob's Burgers	The Game	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión	La Rosa de Guadalupe		Ringo (N)		Amor eterno (N)		Sin miedo a la verdad		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	The First 48		The First 48		The First 48 (N)		Live PD: Wanted (N)		60 Days In (N)		The First 48		
AMC	60	45	131	254	(5:00) ★★ "Batman Returns" (1992, Action) Michael Keaton, Danny DeVito, Michelle Pfeiffer.				★★★ "Taken" (2008, Action) Liam Neeson, Maggie Grace. Slavers kidnap the daughter of a former spy.		Liam Neeson, Maggie Grace.		(:05) ★★★ "Inside Man" (2006) Denzel Washington, Clive Owen. A cop matches wits with a bank robber.				
ANP	24	49	184	282	Yukon Men: On the Edge		Lone Star Law: Uncuffed "Buck Backyard Battle" (N)				Yukon Men: On the Edge Stan revives an old tractor.				Lone Star Law: Uncuffed		
BET	4	72	124	392	★★ "Enough" (2002, Suspense) Jennifer Lopez, Billy Campbell, Juliette Lewis.						★★ "Diary of a Mad Black Woman" (2005) Kimberly Elise, Steve Harris.						
BRAVO	54	65	129	237	Top Chef	Top Chef "Holy Macau!"	Top Chef		Top Chef "Finale" It's the final showdown.		Top Chef		Top Chef		Watch What	Top Chef	
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Gumball	Apple	Home Movies	Burgers	Burgers	Rick, Morty	Amer. Dad	Amer. Dad	Family Guy	Family Guy	
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon		
COM	77	56	107	249	(:15) The Office "New Guys"		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Lights Out	
COOK	123	123	113	232	Man v. Food		Man v. Food	Best Thing	Best Thing	Best Thing	Best Thing	Man v. Food	Man v. Food	Man v. Food	Best Thing	Best Thing	
DISN	26	48	173	290	(:05) Jessie		Raven	Raven	(:35) Bunk'd	Bunk'd	Gabby Duran	Sydney-Max	Roll With It	Coop & Cami	Sydney-Max	Bunk'd	
E!	64	76	114	236	Very Cavallari "Roughing It"		Very Cavallari "Ciao Bella!"		Very Cavallari		Very Cavallari		Nightly Pop		Very Cavallari		
ESPN	33	27	140	206	(4:00) College Wrestling NCAA Division I Championship, Session II. (N) (Live)		SportsCenter (N) (Live)				SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	To Be Announced								Always Late		Now/Nev.	UFC	
FNCC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race		The Great Food Truck Race		Vegas Chef Prizefight (N)		(:04) Restaurant: Impossible		
FREE	32	33	180	311	grown-ish	★★ "The Intern" (2015, Comedy) Robert De Niro, Anne Hathaway.						The Bold Type "5, 6, 7, 8"		Motherland: Fort Salem		The 700 Club	
FS1	41	85	150	219	Bowling		WWE Friday Night SmackDown				WWE Backstage		XFL Football St. Louis BattleHawks at Tampa Bay Vipers.				
FX	65	24	136	249	(5:30) ★ "Baywatch" (2017) Dwayne Johnson. Elite life-guards must save the beach from a crime wave.				★★ "Bad Moms" (2016, Comedy) Mila Kunis, Kristen Bell. Three overworked and stressed-out mothers go wild.				Better Things "DNA" (N)	Breeders "No Lies"	Better Things "DNA"	★★ "Bad Moms"	
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Cake (N)	Cake	Dave	Cake	
GOLF	88	88	401	218	Golf Central	PGA Tour Golf Valspar Championship, First Round. From Innisbrook Resort in Palm Harbor, Fla.							European PGA Golf				
HALL	87	87	185	312	"Love on Safari" (2018) Lacey Chabert. An American web designer inherits an animal reserve in South Africa.				"Love at First Dance" (2018) Niall Matter. Sparks fly between a dance instructor and a wealthy bachelor.				The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls	
HALLMM	86	86	187	565	Magnum, P.I. Pilot error is blamed for a crash.		Aurora Teagarden Mysteries "Last Scene Alive" An actress is murdered.				"Two Turtle Doves" (2019, Romance) Michael Rady, Nikki Deloach, Zach Tinker.				Murder, She Wrote Jessica tries to clear Magnum.		
HGTV	62	57	112	229	Good Bones		Good Bones		Flip or Flop	Flip or Flop	Flipping 101	Flipping 101	Crowded House Hunt (N)		Hunters Int'l	Hunters	
HIST	50	60	120	269	Swamp People		Swamp People		Swamp People		Swamp People (N)		Swamp People: Serpent In		(:05) Swamp People		
LIFE	29	29	108	252	King	King	King	King	King	King	King	King	King	King	King	King	
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	Figure Skating		Figure Skating		World Championships: Men's Short.		2020 World Women's Curling		Championship United States vs Sweden.				
NBCSNW	426	37	424		Blazers	Trail Blazers	NBA Basketball Dallas Mavericks at Portland Trail Blazers. (N) (Live)				Postgame	Blazers Postgame	Blazers Raw		Blazers Raw		
NGEO	55	78	197	276	Wild Yellowstone		Wild Yellowstone		Wicked Tuna		Wicked Tuna		(:03) Wicked Tuna		(:03) Wicked Tuna		
NICK	27	51	171	299	Casagrandes		Loud House	SpongeBob	SpongeBob	Henry Danger	★★★ "Shrek" (2001) Voices of Mike Myers.		Friends		Friends		
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Killer Couples		Killer Couples		Killer Couples (N)		In Ice Cold Blood (N)		Snapped		Killer Couples		
PARMT	42	43	241	241	Two Men		★★★ "Coming to America" (1988) Eddie Murphy, Arsenio Hall.				Wife Swap (N)		★★★ "Coming to America" (1988) Eddie Murphy.				
ROOT	37	26	426	687	Mariners		MLB Preseason Baseball Milwaukee Brewers at Seattle Mariners. (N) (Live)					Mariners		MLB Preseason Baseball: Brewers at Mariners			
SYFY	67	50	122	244	(5:27) ★★ "Lara Croft: Tomb Raider"		★★★ "Mad Max: Fury Road" (2015) Tom Hardy, Charlize Theron.				★★★ "X-Men: First Class" (2011) James McAvoy.						
TCM	56	73	132	256	(5:00) ★★★ "My Darling Clementine" (1946)		★★ "Wichita" (1955, Western) Joel McCrea, Vera Miles, Lloyd Bridges.		★★★ "Winchester '73" (1950, Western) James Stewart, Shelley Winters.				(:15) ★★ "Doc" (1971) Stacy Keach. Premiere. Wyatt Earp and Doc Holliday battle the Clanton Brothers.				
TDC	51	42	182	278	Homestead Rescue		Homestead Rescue		Homestead Rescue (N)		Homestead Rescue		Building Off the Grid (N)		Building Off the Grid		
TLC	49	62	183	280	Untold Stories of the E.R.		Untold Stories of the E.R.		Dr. Pimple Popper (N)		Save My Skin (N)		Dr. Pimple Popper		Untold Stories of the E.R.		
TNT	57	52	138	245	(:15) 2020 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)				The Last O.G.		The Last O.G.	★★ "Gangster Squad" (2013, Crime Drama) Josh Brolin, Ryan Gosling, Nick Nolte. Cops try to bring mobster Mickey Cohen to justice.					
TRAV	53	38	196	277	Ghost Adventures (N)		The Dead Files "Entangled"		The Dead Files		Ghost Adventures		Ghost Adventures		The Dead Files "Entangled"		
TRUTV	73	75	242	246	NCAA Tournament		2020 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)							Impractical Jokers		Hot Ones	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	King	King	
USA	58	39	105	242	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		The Sinner "Part VII" (N)		(:02) Chicago P.D. "Profiles"		
WE	118	118	128	260	Law Order: CI		Marriage- Reality Stars		Marriage- Reality Stars		Marriage- Reality Stars		Waka & Tammy (N)		Marriage- Reality Stars		
WEATH	14	19	214	362	Highway Thru Hell		Heavy Rescue: 401		Strangest Weather on Earth		Strangest Weather on Earth		Strangest Weather on Earth		Secrets of the Earth		
WTBS	59	40	139	247	NCAA Tourn. (:45) 2020 NCAA Basketball Tournament First Round: Teams TBA. (N) (Live)						Hot Ones		Hot Ones	Seinfeld	Seinfeld	Conan	
HBO	518	518	303	504	(:10) Avenue 5		(:40) ★★ "Fast & Furious Presents: Hobbs & Shaw" (2019) Dwayne Johnson. A lawman and an operative battle a superhuman soldier.				"After Truth: Disinformation and the Cost of Fake News" (2020) Premiere. 'NR'		(:35) The Plot Against America (Part 1 of 6)		(:35) ★★ "Anna" 'R'		
MAX	531	531	311	516	(5:50) ★★★ "Keeping the Faith" (2000) Ben Stiller. A rabbi and a priest both fall in love with the same woman.				★ "The Whole Ten Yards" (2004, Comedy) Bruce Willis. 'PG-13'		(:40) ★★★ "Die Hard" (1988, Action) Bruce Willis, Alan Rickman. A New York policeman outwits foreign thugs in an L.A. high-rise. 'R'						
SHOW	578	578	319	546	"Before You Know It"		(:45) Homeland "Two Minutes" There's upheaval in Washington, D.C.		(7:50) ★★ "The Upside" (2017) Kevin Hart. A quadriplegic develops a friendship with his caretaker. 'PG-13'		Black Monday		(:32) Black Monday	Desus & Mero (N)	Our Cartoon President		
STARZ	621	621	351	526	(5:28) ★★ "The Da Vinci Code" (2006) Tom Hanks. A religious mystery could rock foundations of Christianity.				Wrong Man "Clair Hour 2: Wire Tapped"		(8:55) "After the Wedding" (2019, Drama) Julianne Moore, Michelle Williams, Billy Crudup. 'PG-13'		(10:50) ★★ "Leatherheads" (2008) 'PG-13'				
TMC	591	591	327	554	(5:00) "Night-hawks" 'NR'		(:35) "Candy Corn" (2019, Horror) P.J. Soles, Tony Todd, Courtney Gains. 'NR'		★★ "Days of Thunder" (1990, Action) Tom Cruise. Upstart stock-car driver goes to the edge. 'PG-13'				★ "Biker Boyz" (2003) Laurence Fishburne. A young man joins the world of illegal motorcycle racing. 'PG-13'				