

DAILY
PLANNER

TODAY

Today is Tuesday, March 10, the 70th day of 2020. There are 296 days left in the year.

TODAY'S HIGHLIGHT

On March 10, 1985, Konstantin U. Chernenko, who was the Soviet Union's leader for 13 months, died at age 73; he was succeeded by Mikhail Gorbachev.

ON THIS DATE

In 1496, Christopher Columbus concluded his second visit to the Western Hemisphere as he left Hispaniola for Spain.

In 1848, the U.S. Senate ratified the Treaty of Guadalupe Hidalgo, which ended the Mexican-American War.

In 1864, President Abraham Lincoln assigned Ulysses S. Grant, who had just received his commission as lieutenant-general, to the command of the Armies of the United States.

In 1876, Alexander Graham Bell's assistant, Thomas Watson, heard Bell say over his experimental telephone: "Mr. Watson — come here — I want to see you" from the next room of Bell's Boston laboratory.

In 1906, about 1,100 miners in northern France were killed by a coal-dust explosion.

In 1913, former slave, abolitionist and Underground Railroad "conductor" Harriet Tubman died in Auburn, New York; she was in her 90s.

In 1933, a magnitude 6.4 earthquake centered off Long Beach, California, resulted in 120 deaths.

In 1969, James Earl Ray pleaded guilty in Memphis, Tennessee (on his 41st birthday) to assassinating civil rights leader Martin Luther King Jr. (Ray later repudiated that plea, maintaining his innocence until his death.)

In 1980, "Scarsdale Diet" author Dr. Herman Tarnower was shot to death at his home in Purchase, New York. (Tarnower's former lover, Jean Harris, was convicted of his murder; she served nearly 12 years in prison before being released in January 1993.)

LOTTERY

Megabucks: \$5.7 million
10-14-26-34-37-42

Mega Millions: \$75 million
15-48-56-58-70-4 x4

Powerball: \$110 million
7-15-21-33-62- PB 23 x2

Win for Life: March 07
12-28-37-61

Pick 4:

March 8
• 1 p.m.: 3-4-9-6
• 4 p.m.: 3-4-4-1
• 7 p.m.: 2-2-6-9
• 10 p.m.: 7-5-4-3
March 7
• 1 p.m.: 2-1-1-2
• 4 p.m.: 5-8-0-0
• 7 p.m.: 2-0-9-4
• 10 p.m.: 1-2-3-6
March 6
• 1 p.m.: 2-7-4-2
• 4 p.m.: 1-9-4-8
• 7 p.m.: 3-4-7-0
• 10 p.m.: 2-8-3-7

DELIVERY ISSUES?

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QUOTE OF THE DAY

"He who knows, does not speak. He who speaks, does not know."

— Lao Tzu, Chinese philosopher.

Coronavirus

Hospital leader peddles conspiracy

By Emily Cureton

Oregon Public Broadcasting

BURNS — Conspiracy theories about the new coronavirus could be more dangerous in rural Oregon, where rumors waste scant resources and undermine trust in public health efforts.

In Southeastern Oregon's Harney County, even a hospital leader has spread misinformation on social media since the coronavirus outbreak began in China.



Haines

Stefanie Haines is director of clinical services for Harney District Hospital in Burns. Like many rural health care workers, she plays more than one role in the region's isolated health care system.

Haines owns the only fitness center in a town, which isn't just a gym. It's also an affiliate of The Wellness Way, a chiropractic company selling pricey lab tests to diagnose all kinds of ailments. The program also markets treatment plans like the "vaccine detox."

On her personal Facebook page, Haines advances conspiracy theories about the debunked dangers of vaccinations, while promoting services available through the fitness center. Through memes, articles and her own words, Haines has vilified immunizations that protect millions of people from communicable diseases like measles, influenza and polio.

Before people in the U.S. started dying from the new COVID-19 disease, for which there is no vaccine, Haines told friends and followers, "the flu shot



Photo courtesy of Harney District Hospital

In Southeastern Oregon's Harney County, an official with Harney District Hospital has spread misinformation on social media since the coronavirus outbreak began in China.

increases susceptibility to Coronavirus."

She linked to a medical study that discusses weakened immune systems as a result of the flu shot but does not reference COVID-19.

The same day health officials announced Oregon's first case, Haines shared a political meme about how "#Coronavirus [sic] helps the Deep State," yet another online conspiracy theory. And as the virus spread, killing more than a dozen people at a nursing home in Washington state, the Harney County Fitness Center posted an article offering "5 ways to prevent it."

No. 1 on that list? Get your immune system "properly tested" by buying a lab test from Haines' side business. The labs range from \$200 to more than \$500 and aren't covered by insurance. The article's No. 2 prevention tip: herbal supplements, with a link to the company's online store.

Haines did not return requests for comment on a list of posts containing debunked or self-dealing information about communicable diseases. After questions posed by OPB, she took to Facebook in defense of her views.

"The items I share are for the purpose of educating, they are based on my opinion and I don't suggest anybody do anything, without doing

their own research first. That said, I do not feel these concepts are crazy or outlandish, they simply align with my personal opinion. Not my employer's opinion, my business's, nor necessarily my family's," the post stated.

The hospital also declined to answer a list of emailed questions. A spokeswoman sent a statement:

"Harney County Health District neither condones nor agrees with the personal opinions expressed by Stefanie Haines. She is a public employee and is entitled to have and express her own personal beliefs. However, the views expressed by Ms. Haines are her own, and they do not represent Harney County Health District or any of its entities."

Misinformation, especially coming from a health care professional, is dangerous for a number of reasons, according to Dr. Bob Pfister, the chief officer for safety and quality at St. Charles Health System in Bend. The neonatologist reviewed some of Haines' claims about vaccine dangers and COVID-19.

"It creates fear and anxiety," he said, "which is painful in and of itself, but when people are confused and reacting to false signals like that, unfortunately it makes them less receptive to the actual good advice."

Oregon Historical Society

Woman suffrage focus of exhibit

Observer staff

PORTLAND — Oregon's first constitution from the late 1850s banned slavery but also made it illegal for free African Americans to live in the state. Not long after, in 1872, Mary Beatty, an African American Oregonian, joined Abigail Scott Duniway, Maria Hendee and Mrs. M.A. Lambert in their attempt to vote.

Along with activists across the country, including Susan B. Anthony, these four women brought attention to the campaign for women's voting rights — known as "woman suffrage."

Almost 150 years after this historic moment, the Oregon Historical Society announced it is commemorating this complicated history and the brave activists who fought for woman suffrage in an original exhibition, "Nevertheless, They Persisted: Women's Voting Rights and the 19th Amendment." On view March 14 through Nov. 8, the exhibit shows the many ways Oregon history connects to the national history of woman suffrage and to the complex history of American democracy.

"In this election year, 'Nevertheless, They Persisted' will prompt visitors to reflect on the power of the vote and the many ways that activists have fought to universalize this basic right of citizenship," OHS Executive Director Kerry



Contributed photo by Library of Congress

A man drives two women (Mary G. Fendall, left, and Margaret Whittemore, right) in Pendleton on Sept. 23, 1916. Banner on car reads: "We Demand an Amendment to the U.S. Constitution Enfranchising Women."

Tymchuk said in the news release.

Oregon women gained the right to vote in 1912. The initiative passed with 52% of the majority, according to the Oregon Historical Society, after failing five times in the span of almost 30 years. It was not until the ratification of the 19th Amendment in 1920, however, that women across the country gained the right to vote in local and national elections.

Even then, these rights did not extend to all women. The right to vote came much later for Asian Americans and American Indians.

With more than 125 artifacts and documents, "Nevertheless, They Persisted" invites visitors to "grapple with how and why political leaders have denied women

the vote, how women have fought for equal rights, and how teamwork and fights across race, class, and organizing tactics have shaped this history," according to the Historical Society's news release. "Through storytelling and interactive experiences, visitors will connect to the past and feel the struggles and triumphs of the women (and men) who demanded the vote and used their rights to shape our nation and our world."

The exhibit features 1910s newsreel film footage showing suffrage protests and activities and visitors can listen to anti-suffrage songs from the era. A voting station interactive component will let visitors place a card into a ballot box to learn who received the right

Public Safety

Three Bend officers on leave

By Garrett Andrews

EO Media Group

BEND — Three Bend officers are on leave and a 29-year-old Bend woman is hospitalized in serious condition following a police shooting on U.S. Highway 20 east of Bend early Monday morning.

Danielle Nicole Bower was shot following a police pursuit that began around 3 a.m. at the emergency department of St. Charles Bend, according to Bend police, which issued its first information on the incident around 10:40 a.m.

An officer there for an unrelated incident was flagged down by hospital security officers who asked for assistance with Bower, who was acting in an "erratic manner" and had blood on her.

They attempted to contact her, but she drove away in a white Dodge Caravan over curbs and across landscaping and grass. She led officers on a pursuit through Bend east on Highway 20 toward Brothers. Her van left the road near milepost 39 and came to a stop.

Officers were attempting to arrest Bower when she was shot. They rendered aid to her and requested medical personnel. When they learned an air ambulance was unavailable, officers decided to transport Bower back to St. Charles Bend for medical care in one of their patrol vehicles. They handed her off to waiting medics east of Bend and the transport to the hospital was completed.

Bower is being treated for "serious" injuries.

The Oregon Department of Transportation closed both lanes of a 17-mile stretch of Highway 20 from around 5 a.m. until 2 p.m., according to ODOT spokesman Peter Murphy.

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