



Why Medical Supervision Will Make You Thinner Faster

**"I am Dr. James Kopp.
I lost 103 Pounds
in 28.5 Weeks."**

My blood pressure went from 138/90 to 120/68—my waist from a 44 to 32 inches.

I am healthier, I can move easier which allows me to do the things I love again.

I decided to open a MetTrimMD practice because I know I can help you lose weight, become healthier so you can enjoy life more."



Dr. Kopp
Before

Dr. Kopp
After

Because only a Weight Loss Physician can...

1

Diagnose and treat medical conditions that contribute to your weight gain so you can **lose weight rapidly.**

2

Prescribe the right food, weight loss medications (if appropriate), and a personalized nutrition plan to ensure you **lose weight healthfully**

3

Provide the expert personal support and diet modifications necessary during your weight loss phase so that you **lose weight safely**



James R. Kopp, MD, MBA
Orthopedic Surgeon
Weight Loss Physician

**Come see us, schedule
your Free No-obligation
Consultation today.**

Call: 541-663-4514

MetTrimMD La Grande
907 Washington Ave, La Grande
MetTrimMD.com/LaGrandeOR

 **MetTrimMD**
medical weight loss. proven.

We also lost weight on  **MetTrimMD**

I Am **Stephanie.**
I lost **42.6** pounds
in **12** weeks*

I Am **John.**
I lost **128** pounds.
in **35** weeks*



*Plans are personalized. Individual results vary.