

HIGHLIGHTS

'Beam me up, Scotty'

LA GRANDE — All you Trek-kie fans know what "Beam me up, Scotty" is about. The Bible refers to something similar when Phillip was "teleported" from one place to another in order to help a man accept Christ and be baptized. Pastor Mike will explore this event and its implications Saturday at the La Grande Seventh-day Adventist Church. The service will begin at 11 a.m.

Jesus heals those with great faith

LA GRANDE — Pastor Shari Eggleston's sermon Sunday at La Grande's First Christian Church (Disciples of Christ) will be "Two Daughters." Her message will come from Mark 5:21-43, which

Submissions

Churches and faith-based groups are encouraged to submit Highlights for the Spiritual Life page by 4 p.m. Wednesday for publication Friday. Submit by email to news@lagrandeobserver.com (with Highlights in the subject line), by fax to 541-963-7804, or by hand to the office.

tells of Jesus healing believers with great faith. Worship will begin at 10 a.m.

Lehi's final testimony studied

LA GRANDE — The first Sunday of the month traditionally is Fast Sunday for members of the Church of Jesus Christ of Latter-day Saints. Members of the congregation have the opportunity to fast for two meals, bear their testimony during the

Sacrament Meeting and donate the monetary value of the two missed meals to the less fortunate. The second hour will be Sunday school meetings.

The "Come, Follow Me" lesson for the week of Feb. 3-9 is based on the Book of Mormon, 2 Nephi, chapters 1-5. In these verses, Lehi gives his final testimony and counsel for his children about the gospel truths he cherished.

The Family History Center (genealogy library) at 1802

Gekeler Lane, La Grande, is open to the public on Monday and Friday from 9 a.m. to noon, Tuesday and Thursday from 9 a.m. to 3 p.m. and Wednesday from 6 p.m. to 9 p.m.

Believers receive no condemnation

LA GRANDE — La Grande's Church of the Nazarene will gather Sunday at 9:15 a.m. for Sunday school followed by worship at 10:30 a.m. Pastor Kevin Goss will continue the "Name Above All Names" sermon series with a message from Hebrews 9:22-28 titled, "The Once-for-All Sacrifice."

The teaching will focus on letting go of our remorse over sin, which is something we often

struggle with. But living under the dark cloud of guilt and shame misses the point of what God has done for us. Jesus Christ came that we may have life, not live under the condemnation of sin and death.

Zion Lutheran members meet at First Presbyterian

LA GRANDE — Members of Zion Lutheran Church of La Grande will attend the worship service Sunday at 10 a.m. at the First Presbyterian Church. No service will be held at Zion.

Quilters will meet at 9 a.m. Tuesday at Zion. Thursday, Zion members will be serving dinner at the K-House to EOU students.

— Observer staff

Don't forget that Jesus believes in you

I was having a discussion with a friend the other day about how it seems that so many people are living in sadness and discouragement, when he mentioned something that really made me think. He said that it was impossible to be depressed and walk in the joy of God's presence at the same time. After our conversation, I continued to ponder this statement. I do agree with it. I'm not saying that developing an optimistic lifestyle is easy by any stretch of the imagination, but I definitely believe it's possible. Since a healthy relationship with the Lord is measured according to the level of our spiritual joy, a lifestyle of encouragement will have everything to do with changing the way we think. "Why art thou cast down, O my soul? And why art thou disquieted within me? Hope thou in God: for I shall yet praise Him, who is the health of my countenance, and my God" (Psalm 42:11).

Like the Psalmist, there are times when we allow sadness to lead us down the road of discouragement. I use the word "allow" because joy and sadness are attitudes of the mind, which we choose. How can we live in victory if we are always planning for defeat? I'm still learning that it's up to me whether I accept the misery of fear and worry or become determined to focus on God and find refuge under the shadow of



LIVING ON PURPOSE
BILLY HOLLAND

his presence. We cannot control what happens to us, but we can decide how we will respond.

When I've been too busy to pray, study or worship the Lord, I begin to lose my confidence that he will take care of my problems and needs. When we drift away from the security of his love and peace, we are vulnerable to the overwhelming feelings of hopelessness and discouragement caused by mistakes and sins we have committed. The dark side will sniff out our failures and attempt to bring guilt and condemnation to remind us of what we could and should have done. The enemy of our soul never takes a vacation and is devoted to tempt us to be depressed for the missed opportunities we have blown and wrong decisions we have made. I know there are many faithful workers in the kingdom of God who are tired and disappointed and often they do not feel appreciated in their calling, but the Lord sees their labor and his definition of success is not the same as the world's.

There is nothing more wonderful than to know the call and will of God and to be walking in it — but if there is anything that can deter us from following

Jesus, it will definitely try. "For the Lord God can help me; therefore shall I not be confounded [confused]; therefore have I set my face like a flint, and I know that I shall not be ashamed" (Isaiah 50:7). Setting our face like flint is declaring a message to the world that we are dedicated to becoming who God has called us to be.

The Lord is longing to give us the stability and perseverance we need to accomplish his plans, but he is also depending on us to become committed in our faith. God's river of joy is available anytime, and he is calling for us to wade out into the deeper waters of his presence. We are invited to be saturated in his spirit and bask in his glory, if this is what we really want. Unfortunately, many are relaxing in their lounge chairs at "poolside" and only stick their toes in the water occasionally when the stress and anxiety brings discomfort or when a crisis comes upon them.

The best way to maintain a positive attitude is to pray and study God's word daily, which renews our mind and keeps us sensitive to his thoughts. If Jesus is our vine and we are the branches, his nature and attributes are flowing within us. He wants to give you his strength and hope today and his peace and encouragement for your way. We know we are to believe in him — when is the last time you considered that he believes in you?

Words of the Buddha

Agony now, agony hereafter, the wrong-doer suffers agony in both worlds. Agonized now by the knowledge that one has done wrong, one suffers more agony, gone to a state of woe. Rejoicing now, rejoicing hereafter, the doer of wholesome actions rejoices in both worlds. Rejoicing now in the knowledge that one has acted rightly, one rejoices more, gone to a state of bliss. (Dhammapada 1.17, 1.18)

Overcome the angry by non-anger; overcome the wicked by goodness; overcome the miser by generosity; overcome the liar by truth. (Dhammapada 17.223)

Any sensual bliss in the world, any heavenly bliss, isn't worth one sixteenth-sixteenth of the bliss of the ending of craving. (Udana 2.12)

Whose mind is like rock, steady, unmoved, dispassionate for things that spark passion, unangered by things that spark anger: When one's mind is developed like this, from where can there come suffering & stress? (Udana 4.34)

Better it is to live one day virtuous and meditative than to live a hundred years immoral and uncontrolled. (Dhammapada 8.110)

Let go of the past, let go of the future, let go of the present, and cross over to the farther shore of existence. With mind wholly liberated, you shall come no more to birth and death. (Dhammapada 24.348)

One who is a master of knowledge, who has lived the holy life, is called one gone to the world's end, one who has reached the further shore. (Itivuttaka 4.109)

Source: www.pariyatti.org

Northeast Oregon Directory of Churches



First Christian Church (Disciples of Christ)

901 Penn Avenue 963-2623
lgdisciples@gmail.com

Worship
10:00 a.m.



~Join us at The Lord's Table~

Services This Week

IMBLER CHRISTIAN CHURCH

440 RUCKMAN, IMBLER 534-2201
www.imblerchristianchurch.org

Sunday Services

9:00 a.m. Sunday School
10:00 a.m. Worship Service



COVE UNITED METHODIST CHURCH

1708 Jasper St., Cove, OR

NORTH POWDER UNITED METHODIST CHURCH

390 E. St., North Powder, OR

JOIN US... *Catch the Spirit!*

Worship: 9:00 a.m. Cove
Worship: 10:00 a.m. N. Powder

ROMAN CATHOLIC CHURCH SERVICES

La Grande - Our Lady of the Valley
1002 L Avenue
Saturday 5:30 pm Mass
Sunday 10:00 am Mass
Weekdays 8:00 am Mass
Union - Sacred Heart
340 South 10th Avenue
Sunday 8:00 am Mass
No Weekdays
Elgin - Saint Mary's
12th and Alder
Sunday 12:30 pm Mass
No Weekdays

LA GRANDE UNITED METHODIST CHURCH

"OPEN HEARTS, OPEN MINDS, OPEN DOORS"
1612 4th Street - 963-2498
Pastor Taylor Gould
lgumc@con.com
www.lgumchurch.org
Office Hours: Mon-Thur 9am-Noon
Worship 10:00 am
Fellowship Coffee Hour 11:00 am
- Nursery provided -

GRACE COMMUNITY LUTHERAN CHURCH

The Place
62848 Philynda Loop in Island City
"We are called to Serve"
Sunday School for all ages - 9:00 am
Sunday Worship 10:00 am
Pastor Carl Seelhoff
Phone: 541-786-0447
grace.lutherancove@gmail.com

Amazing Grace Fellowship

1316 T St., La Grande, OR
541-568-4567
Sunday 10:30 a.m.
2 Cor 12:9 My Grace is sufficient for you.
- IS 40:31

La Grande Seventh-day Adventist Church

A Place where hope is found in Jesus
Join us in Fellowship & Worship Every Saturday
9:30 a.m. - Bible Study/Fellowship
10:45 a.m. - Worship Service
2702 Adams Avenue, La Grande • 963-4018
Pastor: Mike Armayor
www.lagrande.adventistchurch.org
Learning for Today and Eternity
Little Friends
Christian Preschool/Childcare 963-6390
La Grande Adventist Christian School
Christian Education K-8th Grade 963-6203

FIRST LANDMARK MISSIONARY BAPTIST CHURCH

1812 1st St. La Grande
Pastor Dave Tierce • 541-605-0215
We use the King James Version Bible
Sunday School - 10:00 am
Worship 11:00 am
Sunday Evening Bible Study - 3:00 pm (Effective June 10)
Wednesday Evening - 6:30 pm
"Where you can find TRUTH according to the scriptures"
www.flmbclagrande.com

Zion Lutheran Church

(an ELCA church)
902 Fourth Street,
La Grande, OR
(541) 963-5998
9:00 am - Worship
10:00 am - Fellowship & Refreshments
10:30 am - Classes
Pastor: Roberta Smythe
www.zionlagrande.org

UNION BAPTIST CHURCH

1531 S. Main Street, Union
541-562-5531
www.UnionBaptistOregon.org
Sunday School 9:45 am
Morning Worship 11:00 am
Thursday AWANA 6:30 pm
Birthing, Building and Being the Body of Christ

First Baptist Church

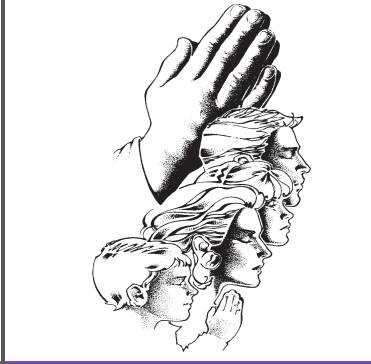
SIXTH & SPRING, LA GRANDE
541-963-3911
Sun. 10:00 AM - Worship
Sun. 8:45 AM - Exploring the Bible
Wed. 6:15 PM - AWANA

CALVARY CHAPEL

1433 Jefferson Ave.
963-5884
Contemporary Worship
Expositional Teaching
Sunday Service - 10:30 a.m.
Studying The Book of Galatians
Wednesday Service - 7:00 p.m.
Studying The Book of Joshua
Wednesday Night Youth - 6:00 p.m.
Tune in to Calvary Radio 88.1 CSN

LaGrande CHURCH OF THE NAZARENE

109 18th Street • 963-3402
Sunday School 9:15 a.m.
Sunday Worship 10:30 a.m.



St. Katherine's Catholic Church

Fr. Thomas Puduppalliparamban
301 E Garfield Enterprise
Mass Schedule
Sundays:
St Pius X, Wallowa - 8:00 am
St Katherine of Siena, Enterprise - 10:30 am
Saturdays
St Katherine of Siena, Enterprise - 5:30 pm
Weekdays
St Katherine of Siena, Enterprise - 8:00 am
(Monday - Thursday and First Friday)
All are welcome

SUMMERVILLE BAPTIST CHURCH

Sunday Services:
Sunday School & Adult Bible Classes 9:45AM
Children's Church & Worship Service 11:00AM
Family Worship Service 6:00PM
Wednesday:
Prayer Mtg, Children's Bible Club, Youth Group 7:00PM
A church for your whole family
Visit us at summersvillebaptistchurch.org