

WEEKDAY DAYTIME					LG - La Grande BC - Baker City D - DISH DTV - DirecTV										MOVIES		SPORTS											
	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30				
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3: Strahan		General Hospital		Afternoon Live		Tamron Hall		KATU News First	News	ABC					
PBS	3	5			Curious Go Luna		Tiger Tiger		Pink Sesame		Dinosaur Xavier		Varied Programs				Splash Molly		Cat in the Odd		Arthur Peg	Ready Jet	Wild Kratt					
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4	News	News					
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prg.		Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4	News	News					
CW	9	9	32	32	(7:00) KOIN AM Extra		DailyMail DailyMail		Paternity Court		Steve Wilkos Show		Maury		Jerry Springer		Mel Robbins		King Friends		Mom Last Man	black-ish	black-ish					
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Good Day Or.		Kelly Clarkson		News Varied		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		4 O'Clock News	5 O'Clock News						
MNT	13	13	49	49	Good Day Oregon		Flipping Paid Prg.		TMZ Live		Rachael Ray		Protection Divorce		Judge Mathis		Hot Hot		Jerry Jerry		Jdg Judy Jdg Judy	25 Words	25 Words					
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Que te perdone		Noticiero Nosotr.		Hoy		Como dice el dicho		Hijas de la luna...		El gordo y la flaca	Impacto	Varied					
A&E	52	55	118	265	The First 48		The First 48		The First 48				Varied Programs															
AMC	60	45	131	254	Paid Prg. LifeLock		Stooges Varied Programs																					
ANP	24	49	184	282	Crikey... Irwins		Secret Life-Zoo		The Zoo		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs													
BET	4	72	124	392	Martin Martin		Martin Martin		Martin Martin		Parkers Parkers		Varied Programs															
BRAVO	54	65	129	237	Varied Programs																							
CARTOON	25	59	177	297	Teen Teen		Teen Teen		Craig Craig		Gumball Gumball		Victor Victor		Gumball Gumball		Gumball Gumball		Teen Teen		Teen Teen	Total	Total					
CNN	68	44	200	202	At This Hour-Kate		Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront	Varied Programs						
COM	77	56	107	249	Corden Futurama		Futurama Futurama		Futurama Futurama		Futurama Futurama		The Cleveland Show Cleveland		Cleveland Cleveland		Cleveland Cleveland		Cleveland Cleveland		South Pk Varied	Office	Office					
COOK	123	123	113	232	Varied Programs						Good Eat Good Eat		Varied Programs															
DISN	26	48	173	290	Mickey Mickey		Mickey T.O.T.S.		Puppy Puppy		Muppet Giganto		Vampirina Mickey		T.O.T.S. T.O.T.S.		Amphibia Ladybug		Ladybug Ladybug		Big City Big City	Big City	Jessie					
E!	64	76	114	236	Varied Programs						Pop of the Morning		Daily Pop		Varied Programs													
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		Varied NFL Live				NBA: The Jump		Noon Question		Around Pardon		SportsCenter		Basket Varied Programs							
ESPN2	34	28	143	209	(7:00) Get Up		First Take Varied Programs				Jalen & Jacoby		NFL Live Varied Programs		Football Football		Varied Question		Daily Wager		College Basketball							
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Bill Hemmer Reports		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson					
FOOD	61	54	110	231	Paid Prg. Paid Prg.		Varied Pioneer		Varied Programs				Pioneer Pioneer		Pioneer Pioneer		Varied Programs											
FREE	32	33	180	311	Super Super		Super 700 Club		The 700 Club		Movie				Middle Middle		Middle Middle		Middle Middle		Simpsons Simpsons	Simpsons	Simpsons					
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself		Lock It In		Skip		Hub		Varied Programs							
FX	65	24	136	249	(7:00) Movie		Varied Programs																					
FXX	35	64	125	599	Mom Mom		Varied black-ish		black-ish Varied Programs																			
GOLF	88	88	401	218	Varied Programs														Golf Central		Varied Programs							
HALL	87	87	185	312	Gold Girls Gold Girls		Gold Girls Gold Girls		Home & Family				Home & Family				Movie				Movie							
HALLMM	86	86	187	565	M	Matlock	Matlock	Matlock			Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.					
					T	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)	Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.								
					W	Matlock	Matlock	Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.								
					Th	Matlock "The Thief"	Matlock "The Thief"	Matlock		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.								
F	Matlock "The Cult"	Matlock	Matlock "The Priest"		Diagnosis Murder		Diagnosis Murder		Diagnosis Murder		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.		Magnum, P.I.											
HGTV	62	57	112	229	Varied Programs																							
HIST	50	60	120	269	Varied Programs																							
LIFE	29	29	108	252	The Closer		The Closer		The Closer		The Closer		King King		King King		King King		King King		Varied Programs							
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MSNBC		MSNBC Live		MSNBC Live		Deadline		MTP Daily		The Beat With		Hardball Matthews	All In With						
NBCSN	89	89	159	220	SKY Sports News				Ninja Warrior		Ninja Warrior		Ninja Varied		Ninja Warrior		Varied Programs											
NBCSNW	426	37	424		Rip City		Paid Prg. Paid Prg.		Varied Programs		SKY Sports News		The Brian Noe Show						Rip City Drive with Travis		Varied Programs							
NCEO	55	78	197	276	Paid Prg. Paid Prg.		Varied Programs																					
NICK	27	51	171	299	PAW PAW		Paddingtn Bubble		PAW PAW		Blue PAW		Paddingtn PAW		Blaze Ryan		PAW PAW		Sponge. Sponge.		Sponge. Varied	Loud	Casagran					
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs							
OXY	30	69	127	251	Varied Programs																							
PARMT	42	43	241	241	Mom Mom		Mom Mom		Mom Mom		King King		King King		King King		King King		King King		Two Men Two Men	Two Men	Two Men					
ROOT	37	26	426	687	Paid Prg. Paid Prg.		The Rich Eisen Show						Varied Programs		The Dan Patrick Show						Varied Programs							
SYFY	67	50	122	244	Varied Programs				Movie Varied Programs																			
TCM	56	73	132	256	M	(7:45) *** "Lady Be Good"	(:45) *** "Neptune's Daughter" (1949)	**** "On the Town" (1949)	(:15) *** "The Tender Trap" (1955)	(:15) ** "The Bachelor Party" (1957)	"Bus Stop" (1956)																	
					T	7:45 *** "Emma"	(:15) *** "Anna Christie"	(:45) *** "Camille" (1936, Romance)	(:45) *** "Rasputin and the Empress" (1932)	*** "None but the Lonely Heart" (1944)	"Going My Way"																	
					W	Story Lou (:45) **** "North by Northwest" (1959, Suspense)	(:15) *** "The Greatest Story Ever Told" (1965) Max von Sydow.	(:45) *** "The Caine Mutiny" (1954, Drama)	"The Apartment"																			
					Th	*** "Above and Beyond" (1953)	(:15) "All the Brothers Were Valiant" (1953)	"King Solomon's Mines" (1950)	(:45) *** "Back Street"	(:15) *** "Three Comrades" (1938)	"Lives-Lancer"																	
F	*** "Sunrise at Campobello" (1960, Biography)	**** "Singin' in the Rain" (1952)	*** "The Unsinkable Molly Brown"	(:45) *** "Sweet Bird of Youth" (1962, Drama)	**** "Interiors"																							
TDC	51	42	182	278	Varied Programs																							
TLC	49	62	183	280	Say Yes Say Yes		Say Yes Say Yes		Varied Programs		Hoard-Buried		Hoard-Buried		My 600-Lb. Life		Varied Programs		Say Yes Say Yes		Say Yes, Dress							
TTNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs											
TRAV	53	38	196	277	Varied Programs																							
TRUTV	73	75	242	246	Brooklyn Brooklyn		Brooklyn Jokers		Jokers Jokers		Jokers Jokers		Varied Programs								Jokers Jokers							
TVL	75	74	106	304	Paid Prg. Paid Prg.		Andy G. Andy G.		Andy G. (:45) Bonanza		(11:50) Gunsmoke		(12:55) Gunsmoke		Gunsmoke		Gunsmoke		M*A*S*H M*A*S*H		M*A*S*H Varied							
USA	58	39	105	242	NCIS		Varied Programs																					
WE	118	118	128	260	Paid Prg. Paid Prg.		Varied Paid Prg.		Law Order: CI Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs									
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE		The Weather Channel LIVE								(1:59) Weather Underground						Heavy Rescue: 401							
WTBS	59	40	139	247	Seinfeld Seinfeld		Seinfeld Seinfeld		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		American American		American American							
HB0	518	518	303	504	M	Abyss	** "The 33" (2015) Antonio Banderas.	(:40) *** "The Others" (2001) Premiere.	** "Jobs" (2013) Ashton Kutcher, Dermot Mulroney.	(2:50) *** "Shazam!" (2019, Action)	Curb Enthusiasm																	
					W	What's My Name (:15) ** "Van Helsing" (2004) Hugh Jackman.	** "Breakthrough" (2019, Drama)	"Big Mommas: Like Father, Like Son" (:20) ** "Aquaman" (2018, Action)	Real Time																			
					T	(10:10) ** "The Recruit" (2003)	(:05) ** "Talkien" (2019) Nicholas Hoult.	** "Sucker Punch" (2011) Abbie Cornish	(1:50) "Godzilla: King of the Monsters" (:05) ** "The Little Stranger" (2018)																			
					Th	(7:15) "The Skulls" (:05) *** "Midnight Special" (2016)	REAL Sports Gumbel	*** "Shazam!" (2019) Zachary Levi.	(:15) ** "The Island" (2005) Ewan McGregor.	(:40) "A Star Is Born" (2018)																		
F	(7:15) ** "Eragon"	** "Kin" (2018) Myles Tuit.	(:45) "Big Mommas: Like Father, Like Son" (:35) ** "Green Lantern" (2011, Action)	*** "The Others" (2001)	(:15) "Rise of the Planet of the Apes"																							
MAX	531	531	311	516	M	(:15) ** "The Secret of My Success"	(:10) ** "Turistas" (2006)	(:45) ** "Jaws 2" (1978, Suspense)	(:45) *** "The Pledge" (2001) Jack Nicholson.	"The Beautician and the Beast" Get On																		
T					(6:23) "Armageddon" (:8:58) "Manhattan Night" (2016, Mystery)	(10:55) * "Get Carter"	(:40) ** "Proof" (2005, Drama)	(:25) *** "Enemy of the State" (1998)	(:40) ** "Diggsdown"																			
W					Nice (:20) * "Out Cold" (2001)	(9:50) ** "Reclaim" (2014)	** "The Last Castle" (2001)	(:45) *** "Rescue Dawn" (2006) Christian Bale.	(3:55) "White Oleander" (2002)	Savages																		
Th					Calendar (:40) "Ever After: A Cinderella Story" (1998)	(:45) *** "Amélie" (2001) Audrey Tautou.	(12:50) ** "Rampage"	(:40) *** "Hero" (2002) Jet Li.	(:20) "Crazy Rich Asians" (2018)																			
F	Hurricane (:35) *** "Friday Night Lights" (2004)	(:35) ** "Thief" (1981) James Caan.	(:40) "Beyond the Reach" (2014)	(:15) *** "The Hate U Give" (2018) Regina Hall	*** "Signs" (2002)																							
M	(7:30) "Phantom" (:15) ** "The Wedding Guest" (2018)	*** "House Party" (1990)	(:45) ** "House Party 2" (1991) Premiere.	** "The Upside" (2017) Kevin Hart, Bryan Cranston.	(4:50) "Green Book"																							
SHOW	578	578	319	546	T	(:05) ** "Days of Thunder" (1990)	*** "Jerry Maguire" (1996) Tom Cruise.	** "Faster" (2010, Action)	(:15) "Nighthawks" (2019)	(:45) ** "Wet Hot American Summer" Invincible																		
W					(7:30) *** "Gremlins"	"The Isle" (2018) Conleth Hill.	(:15) *** "Stardust" (2007, Fantasy) Claire Danes.	** "Phenomenon" (1996, Drama)	(:45) "Wildling" (2018, Horror) Liv Tyler.	Gremlins																		
Th					** "The Upside" (2017) Kevin Hart.	(:05) **** "Terminator 2: Judgment Day" (1991)	** "Mile 22" (2018, Action)	(:05) *** "The Hunt for Red October" (1990)	**** "The Terminator"																			
F					(:05) *** "Peggy Sue Got Married"	*** "Little Women" (1994, Drama)	*** "Scream" (1996) Neve Campbell.	*** "Mad Max" (1979)	(:35) *** "American Gangster" (2007)																			
STARZ	621	621	351	526	M	(7:11) "Bowfinger"	"Legally Blonde 2"	(:28) "Dazed and Confused"	(:13) *** "Out of the Furnace" (2013)	(:12) ** "Tron: Legacy" (2010) Jeff Bridges.	(:20) **** "Pulp Fiction"																	
					T	"Holmes & Watson"	"Maiden" (2018) Tracy Edwards.	(:40) "Stockholm" (2018)	(:15) ** "Baby Mama" (2008)	"The League of Extraordinary Gentlemen" (3:48) "Maiden" (2018)	Stock																	
					W	(:10) "The Odd Life of Timothy Green"	(9:57) *** "Searching"	(:41) ** "Bad Teacher" (2011)	(:15) *** "Spider-Man: Far From Home" (2019)	(:26) "Shaun of the Dead"	(:08) "Major Payne"																	
					Th	(:13) ** "Venom" (2018) Tom Hardy.	(:08) *** "Shaun of the Dead" (2004)	"X-Men Origins: Wolverine"	(:40) "The Benchwarmers"	(:08) * "Jack and Jill" (2011)	(:42) **** "Forrest Gump"																	
F	Power (8:54) Power	(9:55) Power	(10:57) Power	(11:59) Power	(:01) Power	(:04) Power	(:05) Power	(:06) Power																				
TTMC	591	591	327	554	M	(:05) "The 4th" (2016, Comedy)	* "Winchester" (2018) Helen Mirren.	"Brown Girl Begins" (:45) **** "A Lonely Place to Die"	(:25) ** "Wayne's World"	** "Wayne's World 2"	Gosford																	
					T	(7:45) *** "Year of the Dog"	** "Somewhere in Time"	(:15) *** "Metropolitan" (1990)	*** "The King's Speech" (2010)	** "What Dreams May Come" (1998)	"Gender Card"																	
					W	(7:00) "Rocketeer"	* "The Nutcracker: The Untold Story"	"Man Invented Christmas" (:45) "American Christmas"	(:15) "Sniper: Legacy" (2014, Action)	*** "Tupac: Resurrection" (2003)																		
					Th	"Christmas at the Chateau"	*** "Airplane!" (1980)	*** "Shakespeare in Love" (1998)	(:05) ** "Timeline" (2003) Paul Walker.	(:05) "Brown Girl Begins" (2017)	"Goodland" (2017) Matt Weiss.																	
F	"Wayne's World 2" (:05) "The Nutcracker: The Untold Story"	*** "Flatliners" (1990) Julia Roberts	*** "What Dreams May Come" (1998)	"Anywhere With You" (2018)	*** "Wildlife" (2018)																							