



WILDFLOWER
LODGE

a Senior Lifestyle community

WILDFLOWER LODGE
**DEMENTIA
CAREGIVER**
SUPPORT GROUP

Join us for our monthly support group created for family members or caregivers just like you. This group will help get you re-energized by sharing, talking through challenges and building a mutual support system. Upcoming topics include:

2/5/20: Managing Stress with
Essential Oils
2/19/20: Open Forum

3/4/20: Dementia Behaviors
3/18/20: Dining and Dementia

1st & 3rd Wednesday | January – March | Noon – 1 p.m.

508 16th Street | LaGrande, OR 97850

Kindly RSVP to an upcoming session by calling 541-780-2568.

Assisted Living | Memory Care | 70M256

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