

# Mom-to-be in third trimester needs husband’s help at home

DEAR ABBY: My husband and I have been married for eight years. He has always been independent. He works full time and goes to bars with (single) co-workers four or five nights a week and stays until I'm in bed. He also likes his weekends to be his “me” time to decompress from all the socializing he does during the week.

I have become “independent” myself in order to cope with the lack of attention and affection I have received over the years. But now that I'm 34 weeks pregnant, I'm running out of patience. Although I need my husband's help with things now — things like setting up the nursery and helping with chores around the house — he can't seem to fit it into his schedule. When he does, he ends up rushing through various tasks, and sometimes things end up in worse condition than when he started (or if I had just done them myself).

I'm losing energy in the third trimester, and I need him to understand that I physically cannot keep working, cleaning, cooking and being the patient peacemaker that I have to be when he's upset. Do you have any ideas on how to encourage him to spend more time at home and help me?

— EXHAUSTED AND EXPECTING  
DEAR EXHAUSTED: I'll be frank with you. Your husband isn't “independent”; he's living the life of a single man. Not only that, he doesn't even contribute the way a roommate would be expected to. Did you expect fatherhood would change him?

It appears he wants nothing to do with you or the baby. He could not be more disconnected physically and emotionally from you unless he actually moved out. If I were you, rather than ask me to help you to convince him to act like a man, I'd be making contingency plans because you are not going to change him and things are not going to improve. Sorry to be so negative, but of this I am positive.

DEAR ABBY: I love my partner, “Dana.” We have been together for a year and a half. She had terrible roommates last year, so she moved in with me fairly early in our relationship. Now that Dana has new roommates, she wants to spend time in the space

she pays rent for, which I think is valid. The problem is, I can't stand one of her new roommates. I'll call him Benji. He has been rude to Dana in the past and has had violent episodes with women. I can't be around him because I'm afraid of him (I am a small woman), and he makes me feel incredibly anxious. Dana has forgiven him for everything.

She moved some of her things out of my house today for when she sleeps there, and it broke my heart. I tried communicating this to Dana, but I don't want to control the choices of a rational adult, and she isn't changing her mind. I'm scared for her. I'm sad for me. What do I do?

— SLEEPING ALONE  
DEAR SLEEPING ALONE: You have voiced your concerns to Dana; the choice of where she lives is now up to her. As you stated, she's a rational adult and can do as she wishes. Because you are uncomfortable around Benji, see Dana away from her place. That's all you can do.

DEAR ABBY: Is there an existing or evolving tradition regarding what surname to give to the children of parents who already have hyphenated last names? For example, when “James Moreland-Ashford” marries “Sarah Rosen-Hubbard,” what surname should their children use?

Surely no parent wants to saddle their child with four hyphenated last names, but choosing only one, or one from each parent might end up offending one or more grandparents and other relatives.

I heard about one family who dropped all their existing surnames and chose a brand-new one for both the parents and their children. It did not go over well with relatives in either family. It also proved challenging with respect to the parents' professional lives since they had to reintroduce themselves to all their colleagues and clients. Have you any advice for us and our hyphenated-surname children?

— OVERLOADED IN CALIFORNIA  
DEAR OVERLOADED: My advice is just this: Keep it simple, and do not allow anyone else's ego to influence your decision. Your children will thank you for it.



DEAR ABBY

## NORTHWEST WOLVERINES

# Groups want federal protection for wolverines

By Courtney Flatt  
Northwest Public Broadcasting

PORTLAND — Wolverines are the largest members of the weasel family, but they look more like small bears with bushy tails.

Conservation groups say the animals need to be listed as threatened under the Endangered Species Act. Ten groups want to force the federal government to protect the elusive wolverines.

The groups estimate there are around 300 wolverines left, sparsely scattered across the Mountain West, including Idaho, Washington and Oregon. Their young depend on snowy, high altitude habitat that could disappear as the climate warms.

Gary Macfarlane is with the advocacy group Friends of the Clearwater, which signed on to sue federal agencies if they don't add wolverines to the Endangered Species List in 60 days. The notice of intent to sue includes 10 groups.

Macfarlane said Idaho has some of the most pristine wolverine habitat but it is threatened by climate change and winter recreation.

“These areas are becoming fewer and fewer. And, they may be places that people want to snowmobile or recreate in the winter, and that's a huge concern,” Macfarlane said.

A spokesperson with the Idaho State Snowmobile Association says a five-year study was inconclusive about whether winter recreation harms wolverines. “We do know that it's an



Jeffrey Lewis/Washington Department of Transportation

A wolverine near Snoqualmie Pass east of Seattle. The U.S. Fish and Wildlife Service announced last week federal protected status for the fierce and rare carnivore is unwarranted.

important critter. We know that we care about them deeply. What we hope is to educate snowmobilers to stay away from areas where there (are) wolverines. We don't want to negatively impact them,” according to Sandra Mitchell, who oversees the public lands program for the snowmobile group.

In 2018, the Cascades Carnivore Project snapped trail pictures of a mother wolverine with kits — the first such find in the southern part of Washington's Cascade Mountains in recent history.

Conservation groups say protecting the fragile ecosystem, where wolverines den in the snowpack, would also help other species on the brink, like Canada lynx and pine marten. Wolverines live in some hostile environments.

“(Wolverines) are an indicator to what we're doing to the planet in terms of global warming because they do

need persistent snow,” Macfarlane said.

Conservation groups have been trying to get wolverines listed as threatened on the Endangered Species List for 20 years.

In 2016, the groups sued the U.S. Fish and Wildlife Service, after the federal government withdrew a proposal to add wolverines to the Endangered Species List, “going against the advice of its own biologists,” according to a news report from E&E News. A judge ruled the federal government had to make a final decision about wolverines.

Wildlife advocates say the Fish and Wildlife Service has been “sitting on its laurels” because the 2016 court ruling didn't set a deadline. That's why they're trying to compel the government to make a decision, said Brad Smith, with the Idaho Conservation League.

# weather

|                | TONIGHT                 | TUE           | WED    | THU    | FRI           |
|----------------|-------------------------|---------------|--------|--------|---------------|
|                | Considerable cloudiness | A snow shower | Cloudy | Cloudy | Mostly cloudy |
| Baker City     | 35                      | 44 29         | 42 29  | 43 33  | 46 35         |
| Comfort Index™ | 0                       | 3             | 3      | 3      | 4             |
| La Grande      | 39                      | 44 34         | 42 31  | 43 40  | 46 40         |
| Comfort Index™ | 0                       | 2             | 2      | 3      | 3             |
| Enterprise     | 35                      | 41 28         | 42 29  | 44 37  | 46 35         |
| Comfort Index™ | 0                       | 2             | 3      | 4      | 5             |

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

| ALMANAC                |            |           |       |
|------------------------|------------|-----------|-------|
| TEMPERATURES           | Baker City | La Grande | Elgin |
| High Saturday          | 46°        | 46°       | 47°   |
| Low Saturday           | 33°        | 38°       | 34°   |
| PRECIPITATION (inches) |            |           |       |
| Saturday               | Trace      | Trace     | 0.05  |
| Month to date          | 0.15       | 0.89      | 6.01  |
| Normal month to date   | 0.67       | 1.37      | 2.64  |
| Year to date           | 0.15       | 0.89      | 6.01  |
| Normal year to date    | 0.67       | 1.37      | 2.64  |

| AGRICULTURAL INFO.       |                    |      |
|--------------------------|--------------------|------|
| HAY INFORMATION TUESDAY  |                    |      |
| Lowest relative humidity |                    | 60%  |
| Afternoon wind           | WSW at 6 to 12 mph |      |
| Hours of sunshine        |                    | 2.6  |
| Evapotranspiration       |                    | 0.05 |

| RESERVOIR STORAGE (through midnight Sunday) |                  |  |
|---------------------------------------------|------------------|--|
| Phillips Reservoir                          | 23% of capacity  |  |
| Unity Reservoir                             | 48% of capacity  |  |
| Owyhee Reservoir                            | 70% of capacity  |  |
| McKay Reservoir                             | 24% of capacity  |  |
| Wallowa Lake                                | 44% of capacity  |  |
| Thief Valley Reservoir                      | 102% of capacity |  |

| STREAM FLOWS (through midnight Saturday) |          |  |
|------------------------------------------|----------|--|
| Grande Ronde at Troy                     | 1910 cfs |  |
| Thief Valley Reservoir near North Powder | 110 cfs  |  |
| Burnt River near Unity                   | 10 cfs   |  |
| Umatilla River near Gibbon               | 595 cfs  |  |
| Minam River at Minam                     | N.A.     |  |
| Powder River near Richland               | 226 cfs  |  |

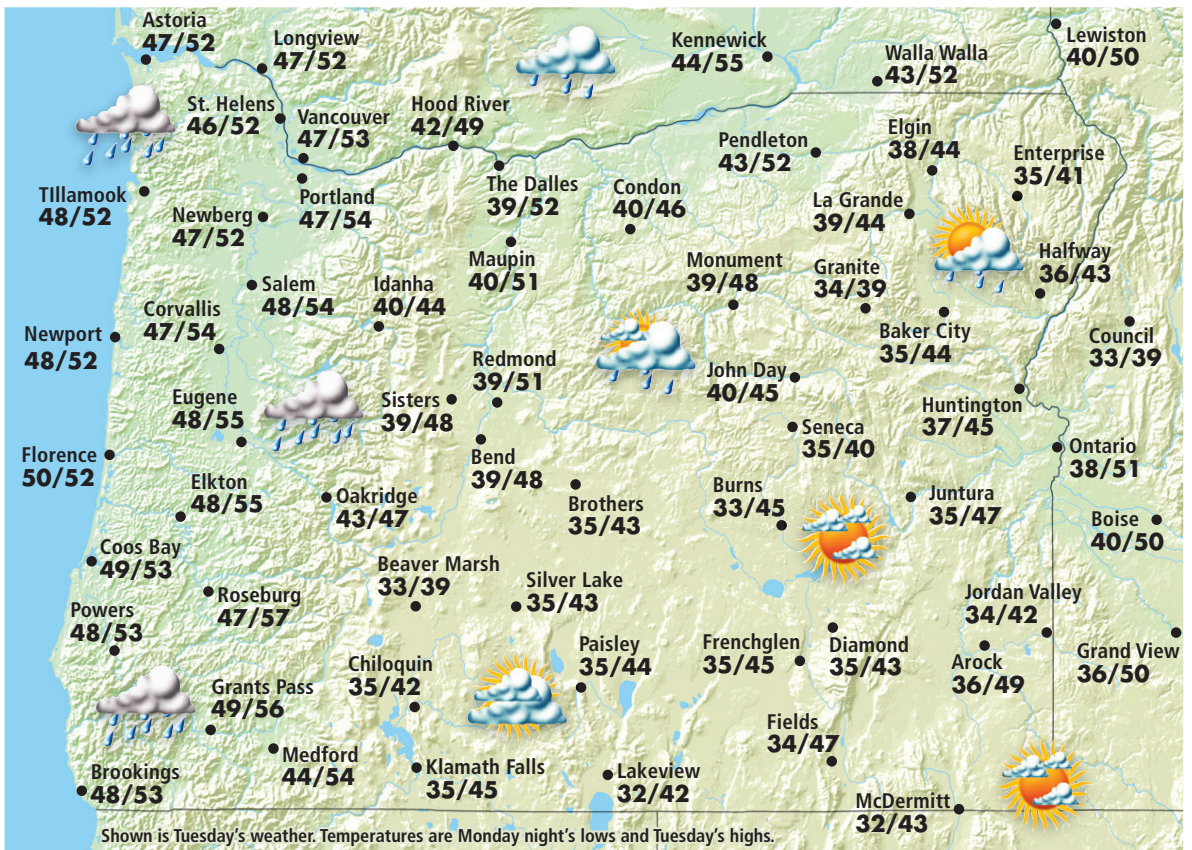
| SATURDAY EXTREMES                     |  |                      |
|---------------------------------------|--|----------------------|
| NATION (for the 48 contiguous states) |  |                      |
| High: 80°                             |  | Indio, Calif.        |
| Low: -8°                              |  | Crested Butte, Colo. |
| Wettest: 2.54"                        |  | Wilmington, Del.     |
| OREGON                                |  |                      |
| High: 58°                             |  | Portland             |
| Low: 23°                              |  | Crater Lake          |
| Wettest: 0.72"                        |  | Brookings            |

| WEATHER HISTORY                                                                                                                       |  |  |
|---------------------------------------------------------------------------------------------------------------------------------------|--|--|
| A five-day blizzard began Jan. 27, 1966, around Oswego, N.Y. Accumulation reached 102 inches with 50 inches falling on Jan. 31 alone. |  |  |

| SUN & MOON |           |           |
|------------|-----------|-----------|
|            | MON.      | TUE.      |
| Sunrise    | 7:19 a.m. | 7:18 a.m. |
| Sunset     | 4:51 p.m. | 4:53 p.m. |
| Moonrise   | 9:07 a.m. | 9:31 a.m. |
| Moonset    | 7:50 p.m. | 8:51 p.m. |

| MOON PHASES |       |        |        |  |
|-------------|-------|--------|--------|--|
| First       | Full  | Last   | New    |  |
|             |       |        |        |  |
| Feb 1       | Feb 8 | Feb 15 | Feb 23 |  |

## AROUND OREGON AND THE REGION



Forecasts and graphics provided by AccuWeather, Inc. ©2020

### REGIONAL CITIES

| City          | TUE. HI/Lo/W | WED. HI/Lo/W | City        | TUE. HI/Lo/W | WED. HI/Lo/W |
|---------------|--------------|--------------|-------------|--------------|--------------|
| Astoria       | 52/46/r      | 52/45/r      | Lewiston    | 50/39/sh     | 50/41/c      |
| Bend          | 48/31/c      | 51/36/sh     | Longview    | 52/45/r      | 50/43/r      |
| Boise         | 50/33/c      | 48/35/pc     | Meacham     | 41/33/sf     | 40/31/c      |
| Brookings     | 53/44/r      | 54/48/r      | Medford     | 54/36/r      | 52/42/r      |
| Burns         | 45/23/sf     | 43/26/c      | Newport     | 52/45/r      | 52/46/r      |
| Coos Bay      | 53/42/r      | 54/46/r      | Olympia     | 51/43/r      | 51/42/r      |
| Corvallis     | 54/44/r      | 54/47/r      | Ontario     | 51/29/sh     | 48/35/pc     |
| Council       | 39/24/sf     | 37/29/c      | Pasco       | 55/37/pc     | 51/38/c      |
| Elgin         | 44/33/sf     | 42/32/c      | Pendleton   | 52/35/pc     | 51/39/sh     |
| Eugene        | 55/44/r      | 55/47/r      | Portland    | 54/44/r      | 52/45/r      |
| Hermiston     | 55/36/pc     | 48/38/c      | Powers      | 53/39/c      | 55/49/r      |
| Hood River    | 49/37/r      | 47/38/c      | Redmond     | 51/30/c      | 53/35/sh     |
| Imnaha        | 45/30/sn     | 45/29/c      | Roseburg    | 57/41/r      | 58/47/r      |
| John Day      | 45/29/sh     | 42/32/c      | Salem       | 54/45/r      | 53/47/r      |
| Joseph        | 41/26/sf     | 41/28/r      | Spokane     | 44/33/sn     | 44/36/sh     |
| Kennewick     | 55/37/pc     | 49/39/c      | The Dalles  | 52/37/r      | 48/38/sh     |
| Klamath Falls | 45/26/r      | 47/32/c      | Ukiah       | 42/28/sf     | 40/30/c      |
| Lakeview      | 42/24/sf     | 42/29/c      | Walla Walla | 52/40/sh     | 50/41/sh     |

Weather(W): s-sunny, pc-partially cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

### RECREATION FORECAST TUESDAY

|                                    |       |  |                                      |       |  |
|------------------------------------|-------|--|--------------------------------------|-------|--|
| ANTHONY LAKES<br>A snow shower     | 29 21 |  | PHILLIPS LAKE<br>Snow showers        | 40 26 |  |
| MT. EMILY REC.<br>A snow shower    | 37 30 |  | BROWNLEE RES.<br>Snow at times       | 43 32 |  |
| EAGLE CAP WILD.<br>Snow, 1-3"      | 31 16 |  | EMIGRANT ST. PARK<br>A snow shower   | 39 28 |  |
| WALLOWA LAKE<br>A snow shower      | 41 26 |  | MCKAY RESERVOIR<br>A shower          | 51 37 |  |
| THIEF VALLEY RES.<br>A snow shower | 44 29 |  | RED BRIDGE ST. PARK<br>A snow shower | 44 34 |  |

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