

WEDNESDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 29, 2020

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		The Gold-bergs (N)	Schooled (N)	Modern Family	(:31) Single Parents (N)	Royal Divide: Harry, Meghan, and The Crown (N)		To Be Announced		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!	
PBS	3	5			Journeys in Japan	BBC World	PBS NewsHour (N)		Nature A cheetah raises her five newborn cubs.		NOVA Uranus and Neptune; Pluto; Kuiper belt.		Expedition With Steve Backshall (N)		No Passport Required "Houston"		
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight	Undercover Boss "Clean Harbors" (N)		Criminal Minds The team searches for a serial killer.		S.W.A.T. A hunt for an escaped fugitive in Tokyo. (N)		KOIN 6 News at 11 (N)	Late Show-Colbert	
NBC	8	8	8	8	KGW News at 6 (N)		Tonight With Cassidy (N)	Inside Edition (N)	Chicago Med There is a power outage at Med.		Chicago Fire Casey and Boden clash over a recruit.		Chicago P.D. A shocking murder affects Halstead.		KGW News at 11 (N)	Tonight Show	
CW	9	9	32	32	Modern Family	Modern Family	The Gold-bergs	The Gold-bergs	Riverdale Archie gives Frank a job. (N)		Nancy Drew A search for who tried to kill Ryan. (N)		KOIN 6 News at 10p (N)		Seinfeld "The Outing"	Seinfeld	
FOX	12	12	12	12	6 O'Clock News (N)		Family Feud (N)	Family Feud (N)	Harry & Meghan: The Royals in Crisis (N)		Last Man Standing	Outmatched "Pilot"	10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simpsons	Family Guy (Part 1 of 2)	Bob's Burg-ers	The Game	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión	La Rosa de Guadalupe		Ringo (N)		Amor eterno		Rubí		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	America's Top Dog (N)		Live PD	Live PD	PD Cam	PD Cam	
AMC	60	45	131	254	(5:00) *** "Captain Phillips" (2013, Docudrama) Tom Hanks, Catherine Keener, Barkhad Abdi.				*** "I Am Legend" (2007) Will Smith, Alice Braga. Blood-thirsty plague victims surround a lone survivor.				(:05) ** "The Punisher" (2004, Action) Thomas Jane. An FBI agent seeks revenge for the murder of his family.				
ANP	24	49	184	282	I Was Prey: Under Attack		(:01) I Was Prey		(:01) I Was Prey		I Was Prey: Under Attack "Don't Close Your Eyes"		I Was Prey				
BET	4	72	124	392	This C'mas		* "A Madea Christmas" (2013, Comedy) Tyler Perry, Kathy Najimy.				Tyler Perry's Sistás (N)		"Canal Street" (2018) Bryshere Y. Gray. Premiere.				
BRAVO	54	65	129	237	Housewives/NJ		Housewives/NJ		Housewives/NJ		Watch What	Summer	Housewives/NJ		The Biggest Loser		
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Gumball	Gumball	Home Movies		Burgers	Rick, Morty	Amer. Dad	Amer. Dad	Family Guy	Family Guy	
CNN	68	44	200	202	Elizabeth Warren: CNN		Amy Klobuchar: CNN Town		Anderson Cooper 360 (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		CNN Newsroom Live (N)		
COM	77	56	107	249	(:15) South Park		South Park	South Park	South Park	South Park	South Park	South Park	South Park	Awkwafina	Daily Show	Lights Out	
COOK	123	123	113	232	Man Fire Food "In the Pits"		Delicious	Delicious	Delicious	Delicious	Man Fire	Man Fire	Man Fire Food "In the Pits"		Delicious	Delicious	
DISN	26	48	173	290	Gabby Duran	Raven	Raven	(:35) Bunk'd	Bunk'd	Gabby Duran	Sydney-Max	Roll With It	Coop & Cami	Sydney-Max	Bunk'd	Gabby Duran	
E!	64	76	114	236	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	The Frasers		Botched	Botched	
ESPN	33	27	140	206	NBA Basketball Detroit Pistons at Brooklyn Nets. (N)		NBA Basketball Houston Rockets at Portland Trail Blazers. From Moda Center in Portland, Ore. (N) (Live)					(:35) SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)	
ESPN2	34	28	143	209	Skills Show.		2020 Australian Open Tennis Women's Semifinals. From Melbourne, Australia. (N) (Live)					NBA Basketball					
FNC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games		
FREE	32	33	180	311	Simpsons	Simpsons	*** "Matilda" (1996) Mara Wilson, Danny DeVito.					Party of Five "Rafa" (N)		Good Trouble "Daylight" (N)		The 700 Club	
FS1	41	85	150	219	College Basketball Marquette at Xavier. (N)		Hoops Extra	FOX Sports	Shannon	NFL Turning Point		TMZ Sports (N)		FOX Sports		Shannon	
FX	65	24	136	249	(5:30) *** "Terminator Genisys" (2015, Science Fiction) Arnold Schwarzenegger, Jason Clarke, Emilia Clarke.				*** "Jurassic World" (2015, Adventure) Chris Pratt, Bryce Dallas Howard. Man-made dinosaurs go on a rampage at an island resort.				** "Jurassic World" (2015, Adventure) Chris Pratt, Bryce Dallas Howard.				
FX	35	64	125	259	*** "All the Money in the World" (2017) Michelle Williams, Christopher Plummer.				*** "Straight Outta Compton" (2015) O'Shea Jackson Jr., Corey Hawkins.								
GOLF	88	88	401	218	PGA Golf				Golf Central		PGA Tour Golf Waste Management Phoenix Open, Final Round.						
HALL	87	87	185	312	"Hearts of Winter" (2020) Rukiya Bernard. An interior designer brings new life to the house of a widower.				"Anything for Love" (2016, Romance) Erika Christensen. A man and a woman lie on their online dating profiles.				"Very, Very Valentine" (2018, Comedy) Danica McKellar, Cameron Mathison, Damon Runyan.				
HALLMM	86	86	187	565	Magnum, P.I. Childhood pal asks Rick for help.		Chronicle Mysteries "Recovered" Alex investigates a disappearance.		Crossword Mysteries "Abracadaver" A magician winds up dead.				Murder, She Wrote "Weave a Tangled Web"				
HGTV	62	57	112	229	Property Brothers: Buying		Property Brothers: Buying		Property Brothers		Property Brothers		Hunters Int'l		Beach	Beach	
HIST	50	60	120	269	Forged in Fire		Forged in Fire: Cutting Deeper "Viking Weapons" (N)				Vikings "Resurrection" (N)		Forged in Fire				
LIFE	29	29	108	252	Married at First Sight "One Night Spouse"		Married-Sight	Married at First Sight "Trouble in Paradise" (N)				Supernanny "Garcia Family"		(:03) Married at First Sight			
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	NHL Hockey		NHL Hockey Tampa Bay Lightning at Los Angeles Kings. (N) (Live)				NHL		Mecum Auto Auctions "Kissimmee"				
NBCSNW	426	37	424		Blazers	Trail Blazers	NBA Basketball				Postgame		Blazers Postgame		Blazers Raw	Blazers Raw	
NGEO	55	78	197	276	Locked Up Abroad		Locked Up Abroad		Locked Up Abroad (N)		Locked Up Abroad (N)		To Catch a Smuggler (N)		To Catch a Smuggler		
NICK	27	51	171	299	Loud House	Loud House	Casagrandes ** "Cheaper by the Dozen" (2003) Steve Martin.				Friends		Friends	Friends	Friends	(:35) Friends	
OWN	40	41	189	279	Dateline on OWN		Dateline on OWN		Four Weddings		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Snapped "Joanna Hayes"		Snapped "Ellen Snyder"		Snapped "Clara Schwartz"		Snapped "Jennifer Bowen"		Snapped "Regina Williams"		Snapped "Tyonne Palmer"		
PARMT	42	43	241	241	Two Men	Two Men	** "Shooter" (2007, Suspense) Mark Wahlberg, Michael Peña, Danny Glover.					68 Whiskey "Daddy Issues"		** "Shooter" (2007)			
ROOT	37	26	426	687	Women's College Basketball		Kansas State at Kansas. (N)		Motorcycle Race		College Basketball DePaul at Seton Hall.		College Basketball				
SYFY	67	50	122	244	(5:00) *** "Star Trek Beyond" (2016)				*** "Doctor Strange" (2016) Benedict Cumberbatch, Chiwetel Ejiofor.				The Magicians (N)		The Magicians		
TCM	56	73	132	256	"Our Dancing" (:45) "Why Be Good?" (1929, Comedy) Neil Hamilton, Edward Martindel.				(:15) *** "Thoroughly Modern Millie" (1967, Musical Comedy) Julie Andrews, Mary Tyler Moore. Two young women look for jobs and mates in 1920s New York.				*** "It" (1927, Drama) Clara Bow, Antonio Moreno.				
TDC	51	42	182	278	Alaskan Bush People		Alaskan Bush: Off Grid		Alaskan Bush People (N)		(:01) Naked and Afraid		(:01) Naked and Afraid Ryan recalls past challenges.				
TLC	49	62	183	280	My 600-Lb. Life "J.T.'s Story" J.T. is almost 900lbs.				My 600-Lb. Life "Gina's Story" (N)				1000-lb Sisters (N)		My Feet Are Killing Me		
TNT	57	52	138	245	(:5:30) ** "The Mummy Returns" (2001, Adventure) Brendan Fraser, Rachel Weisz, John Hannah.				All Elite Wrestling: Dynamite (N Same-day Tape)				** "Fist Fight" (2017, Comedy) Charlie Day, Ice Cube. A fired teacher challenges a snitch to a fight after school.				
TRAV	53	38	196	277	Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	King	King	King	King	
USA	58	39	105	242	NCIS "Rogue"		NCIS "Being Bad"		WWE NXT (N Same-day Tape)				Miz & Mrs	Miz & Mrs	Mod Fam	Mod Fam	
WE	118	118	128	260	Law & Order "Excalibur"		Law & Order "Rumble"		Law & Order "Challenged"		Law & Order "Lost Boys"		Law & Order "Falling"		Law & Order "Knock Off"		
WEATH	14	19	214	362	World's Wildest Weather		World's Wildest Weather		Weather Gone Viral		Weather Gone Viral		Weather Gone Viral		Strangest Weather on Earth		
WTBS	59	40	139	247	Family Guy	Family Guy	Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Conan (N)	Full Frontal	
HBO	518	518	303	504	(:5:50) *** "The Town" (2010) Ben Affleck. A woman doesn't realize that her new beau is a bank robber. 'R'				The Outsider Jack's behavior grows more erratic.		** "Fast Five" (2011, Action) Vin Diesel. Dom Toretto and company ramp up the action in Brazil. 'PG-13'		(:15) Avenue 5		(:45) The New Pope		
MAX	531	531	311	516	(:5:57) ** "Red Corner" (1997) Richard Gere. A visiting American is framed for a brutal murder in China. 'R'				** "Jeepers Creepers" (2001, Horror) Gina Philips, Justin Long. 'R'		** "The First Purge" (2018) Y'lan Noel. All crimes become legal for 12 hours during the first Purge. 'R'		"Die Hard-Veng."				
SHOW	578	578	319	546	(:4:45) *** "Misery" 'R'		(:4:5) *** "A League of Their Own" (1992, Comedy-Drama) Tom Hanks. A women's professional baseball league debuts in 1943. 'PG'				** "Major League" (1989) Tom Berenger. A ragtag team tries to turn its poor performance around. 'R'				** "The Fast and the Furious" (2001) Vin Diesel.		
STARZ	621	621	351	526	(:5:28) * "Because I Said So" (2007) 'PG-13'		(:11) "My Days of Mercy" (2017, Drama) Kate Mara. The daughter of a man on death row falls in love. 'R'				*** "Good Will Hunting" (1997, Drama) Matt Damon, Robin Williams, Ben Affleck. 'R'				(:09) ** "Night at the Museum" (2006) Ben Stiller.		
TMC	591	591	327	554	(:15) "Level 16" (2018) Katie Douglas, Celina Martin. Teen girls are trapped in a prison-like boarding school. 'NR'				*** "The English Patient" (1996, Drama) Ralph Fiennes, Juliette Binoche. Flashbacks reveal a plane-crash survivor's tragic tale. 'R'				(:45) "In Harm's Way" (2017, Historical Drama) Emile Hirsch, Yifei Liu. 'NR'				

tonight's best



Alex Hagh Andersen

8 p.m. on CW
Riverdale