

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30					
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3: Strahan		General Hospital		Afternoon Live		Tamron Hall		KATU News First	News	ABC						
PBS	3	5			Curious	Go Luna	Tiger	Tiger	Pink	Sesame	Dinosaur	Xavier	Varied Programs		Splash	Molly	Cat in the	Odd	Arthur	Peg	Ready Jet	Wild Kratt							
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil	KOIN 6 News at 4		News	News						
NBC	8	8	8	8	(7:00) Today	Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News						
CW	9	9	32	32	Paternity Court	DailyMail	DailyMail	DailyMail	Steve Wilkos Show		Steve Wilkos Show		Mauzy	Jerry Springer	Mel Robbins	King	Friends	Mom	Last Man	black-ish	black-ish	black-ish	black-ish						
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Good Day Or.		Kelly Clarkson	News	Varied	Wendy Williams	The People's Court		Jdg Judy	Jdg Judy	Jdg Judy	Jdg Judy	4 O'Clock News		5 O'Clock News						
MNT	13	13	49	49	Good Day Oregon		Paid Prg.		Paid Prg.		TMZ Live	Rachael Ray	Protection	Divorce	Judge Mathis	Hot	Hot	Jerry	Jerry	Jdg Judy	Jdg Judy	25 Words	25 Words						
UNIV	22	22	16	47	(7:00) Despierta America!						Que te perdona	Noticiero	Nosotr.	Hoy	Como dice el dicho		Hijas de la luna...		El gordo y la flaca		Primer impacto								
A&E	52	55	118	265	The First 48		The First 48		First 48	Varied Programs																			
AMC	60	45	131	254	Paid Prg.		Paid Prg.		Movie	Varied Programs																			
ANP	24	49	184	282	Crikey... Irwins		Secret Life-Zoo		The Zoo		Pit Bulls-Parole	Pit Bulls-Parole	Varied Programs																
BET	4	72	124	392	Martin	Martin	Martin	Martin	Martin	Martin	Parkers	Parkers	black-ish	black-ish	Varied Programs														
BRAVO	54	65	129	237	Below																								
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Craig	Craig	Gumball	Gumball	Victor	Victor	Gumball	Gumball	Gumball	Gumball	Teen	Teen	Teen	Teen	Total	Total					
CNN	68	44	200	202	At This Hour-Kate		Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper	Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper							
COM	77	56	107	249	'70s	'70s	Varied Programs																						
COOK	123	123	113	232	Varied Programs																								
DISN	26	48	173	290	Mickey	Mickey	Mickey	T.O.T.S.	Puppy	Puppy	Muppet	Giganto	Vampirina	Mickey	T.O.T.S.	T.O.T.S.	Amphibia	Ladybug	Ladybug	Big City	Big City	Big City	Jessie	Jessie					
E!	64	76	114	236	Kardas	Varied	Kardas	Varied	Kardas	Varied	Pop	Varied	Daily Pop	Varied	Pop	Varied	Pop	Varied	Pop	Varied	Pop	Varied	Pop	Varied					
ESPN	33	27	140	206	(7:00) First Take	SportsCenter		NFL Live		Good Eat		Good Eat		Varied Programs															
ESPN2	34	28	143	209	(7:00) Get Up	First Take		Varied Programs		2020 Australian Open Tennis		Varied Programs		NFL Live	Varied	Daily Wager	Basket	Varied Programs											
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing	Fox News Reporting	Neil Cavuto	Special Report															
FOOD	61	54	110	231	Paid Prg.	Paid Prg.	Paid Prg.	Pioneer	Varied Programs																				
FREE	32	33	180	311	Super	Super	700 Club Special Programming		Movie		Varied Programs																		
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd		Speak for Yourself		Lock It In		Skip		Varied Programs														
FX	65	24	136	249	Movie	Varied Programs																							
FXX	35	64	125	599	Mom	Mom	Mom	black-ish	black-ish	Varied Programs																			
GOLF	88	88	401	218	Drive																								
HALL	87	87	185	312	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Home & Family		Varied Programs		Home & Family		Varied Programs		Movie	Varied Programs		Movie	Varied Programs								
HALLMM	86	86	187	565	M	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.	Magnum, P.I.						
					T	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock						
					W	Matlock (Part 1 of 2)	Matlock (Part 2 of 2)	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock						
					Th	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock						
					F	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock	Matlock						
HGTV	62	57	112	229	Varied Programs																								
HIST	50	60	120	269	Varied Programs																								
LIFE	29	29	108	252	The Closer		The Closer		The Closer		King	King	King	King	King	King	King	King	King	King	King	Varied Programs							
MSNBC	71	67	209	356	MSNBC Live	Andrea Mitchell	MSNBC	MSNBC	MSNBC Live	MSNBC Live	MSNBC Live	MSNBC Live	Deadline	MTP Daily		The Beat With		Hardball Matthews		All In With									
NBCSN	89	89	159	220	SKY Sports News				Varied Programs				Premier	Varied Programs															
NBCSNW	426	37	424	Rip City	Paid Prg.	Paid Prg.	Varied Programs				SKY Sports News	The Brian Noy Show					Rip City Drive with Travis					Varied Programs							
NGEO	55	78	197	276	Paid Prg.	Paid Prg.	Varied Programs																						
NICK	27	51	171	299	PAW	PAW	Paddingtn	Bubble	PAW	PAW	Blue	PAW	Paddingtn	PAW	Blaze	Ryan	Varied	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud					
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	To Be Announced				Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Dr. Phil	Varied Programs									
OXY	30	69	127	251	Varied Programs																								
PARMT	42	43	241	241	Mom	Mom	Mom	Mom	Mom	Mom	King	King	King	King	King	King	King	King	King	King	Two Men	Two Men	Two Men	Two Men					
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	The Rich Eisen Show						Paid Prg.	Paid Prg.	Dan Patrick		Varied Programs												
SYFY	67	50	122	244	Varied Programs																								
TCM	56	73	132	256	M	"Carmen Jones"	"The World, the Flesh and the Devil"		*** "A Patch of Blue" (1965)				*** "Something of Value" (1957)				*** "Blackboard Jungle" (1955, Drama)				"Nothing But a Man"								
					T	Life Andy	"The Courtship of Andy Hardy"		:(15) ** "Andy Hardy's Double Life"				** "Andy Hardy's Blonde Trouble"				"Love Laughs at Andy Hardy"				:(45) "Hollywood My Hometown"			"Face in Crowd"					
					W	(:15) "Whistling in the Dark"	:(45) ** "The Spy in Black"		:(15) **** "Escape" (1940, Drama)				**** "Casablanca" (1942, Drama)				*** "All Through the Night" (1942)				"Incendiary Blonde"								
					Th	Stor	:(45) ** "Manpower" (1941, Drama)		** "The Painted Desert"				"Beneath the 12-Mile Reef"				Pure				"The Voice of Bugle Ann"			** "Sporting Blood" (1940)			"Imitation of Life"		
					F	Promise	:(45) *** "Sunday in New York" (1963)		:(45) ** "The Chapman Report" (1962, Drama)				*** "Any Wednesday" (1966, Comedy)				*** "Boys' Night Out" (1962, Comedy)				"The Wrath of God"								
TDC	51	42	182	278	Varied Programs																								
TLC	49	62	183	280	Varied Programs				Dr. Pimple Popper	Dr. Pimple Popper	Hoard-Buried		Hoard-Buried		My 600-Lb. Life		Varied Programs												
TNT	57	52	138	245	Charmed	Charmed	Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs														
TRAV	53	38	196	277	Varied Programs																								
TRUTV	73	75	242	246	Varied Programs				Brooklyn	Brooklyn	Brooklyn	Brooklyn	Dumbest	Varied	Dumbest	Varied	Dumbest	Varied Programs											
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Bonanza	Varied Programs		G'smoke	Varied	G'smoke	Varied	G'smoke	Varied	G'smoke	Varied	M*A*S*H	M*A*S*H	M*A*S*H	Varied					
USA	58	39	105	242	NCIS																								
WE	118	118	128	260	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs										
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE				The Weather Channel LIVE				(1:59) Weather Underground																
WTBS	59	40	139	247	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	American	American					
					M	(7:05) "Nine Months"	"Won't You Be My Neighbor?"		:(25) *** "The Kid Who Would Be King"				:(25) *** "First Man" (2018) Ryan Gosling.				(2:50) ** "King in the Wilderness" (2018)				"Scary Movie 3"								
					T	For Love	24/7: Kelly Slater	:(20) * "Head Full of Honey" (2018)		:(45) ** "Bruce Almighty" (2003)				:(25) *** "Les Misérables" (2012, Musical)				:(05) *** "Mrs. Doubtfire" (1993)											
					W	(7:00) Big	"Keeping Up With the Steins"		:(15) ** "Bringing Down the House"				* "Truth or Dare" (2018)				:(45) ** "Seventh Son" (2014, Fantasy)				* "Wild Hogs" (2007)				Avenue 5				
					Th	(7:30) *** "Mr. Holland's Opus" (1995)	"The Thing About My Folks"		:(40) ** "Honey" (2003)				:(15) ** "Rush Hour 2" (2001, Action)				(2:50) *** "The Rundown"				:(40) ** "Shutter Island"								
					F	(:10) ** "Nine Months" (1995, Comedy)	* "Corky Romano" (2001)		** "Welcome to Marwen" (2018)				:(25) * "The Darkness"				** "Scary Movie 3" (2003)				Avenue 5								
					M	(6:42) *** "Cold Mountain"	:(18) *** "In Bruges" (2008)		:(08) *** "Shanghai Knights" (2003)				:(04) ** "Trust the Man"				:(45) ** "Heartbreakers" (2001, Comedy)				"Fantastic Fear"								
					T	(:05) ** "Tag" (2018) Ed Helms.	(9:48) "Jeepers Creepers"		:(20) ** "The Predator" (2018)				:(10) ** "War Dogs" (2016)				:(05) ** "The First Purge"				:(45) ** "Bandidas" (2006)								
					W	(6:35) "Out of Africa" (1985)	:(20) "She's Funny That Way"		(10:55) * "Little Fockers"				:(35) * "Fifty Shades Freed" (2018)				:(25) *** "The Prestige" (2006, Drama)				:(40) ** "The Darkest Minds"								
					Th	Best	:(21) *** "Time Bandits" (1981, Fantasy)		:(20) ** "Daylight" (1996)				:(15) ** "Mulholland Falls" (1996)				:(05) "Jurassic World: Fallen Kingdom"				:(15) ** "Halloween" (2018, Horror)								
					F	* "Incarnate" (2016)	:(27) "The Adjustment Bureau"		:(15) ** "The Big Year" (2011)				:(12:55) * "Three to Tango"				:(35) ** "Super Troopers 2"				:(45) ** "Heartbreakers" (2001)								
					M	(6:45) "Ghost" (1990)	*** "Pavarotti" (2019) Bono.		** "The Wedding Guest"				:(45) **** "Platoon" (1986, War)				:(45) *** "The Fugitive" (1993) Harrison Ford.				"Basis of Sex"								
					T	(7:00) *** "The Horse Whisperer"	** "Phenomenon" (1996, Drama)		:(05) ** "A Knight's Tale" (2001) Heath Ledger.				:(25) *** "Molly's Game" (2017)				:(45) ** "Shaft" (2000)												
					W	Impossi	"Rust Creek" (2018) Hermione Corfield.		** "Beastly" (2011, Fantasy)				** "Real Steel" (2011, Action)				:(15) *** "Total Recall" (1990)				:(15) *** "Flatliners" (1990)								
					Th	(7:30) "Phil" (2019)	:(15) ** "The Wedding Guest" (2018)		*** "Sense and Sensibility" (1995)				** "Remember Me" (2010, Romance)				* "An Acceptable Loss"				:(15) "Misery" (1990)								
					F	(7:45) *** "Stardust" (2007, Fantasy)	*** "Stand by Me" (1986)		** "Five Feet Apart" (2019, Romance)				** "Second Act" (2018)				:(15) "The Professor" (2018) Johnny Depp.				"Family That Preys"								
					M	"Dream House"	:(04) *** "Live Free or Die Hard" (2007, Action)		:(24) "Night at the Museum"				:(14) ** "Barbershop" (2002)				(2:58) Power				(3:58) ** "Battle: Los Angeles" (2011)								
					T	(7:46) *** "Robots" (2005)	:(19) ** "Waterworld" (1995)		:(37) ** "Men in Black: International"				:(33) Power				:(33) ** "The Girl in the Spider's Web"				"Emanuel" (2019, Documentary)								
					W	"You, Dupree"	:(06) *** "Charlie Wilson's War" (2007)		(10:50) * "The Intruder" (2019)				"The Day the Earth Stood Still"				:(32) *** "The Aviator" (2004) Leonardo DiCaprio.				Posses								
					Th	Accepted	:(29) ** "The Front Runner" (2018)		:(25) *** "Role Models"				:(06) ** "All Is True" (2018)				(1:49) "Night at the Museum"				:(40) *** "The River Wild" (1994)								
					F	"Rocky Balboa"	:(03) *** "Jackie Brown" (1997) Pam Grier.		:(40) *** "Shaun of the Dead" (2004)				:(22) ** "Beauty Shop"				:(10) Power				:(39) *** "Jackie Brown"								
					M	(:05) "A Kid Like Jake" (2018)	:(45) *** "Adrift" (2018) Sam Claflin																						