

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

JANUARY 5, 2020

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
ABC	2	2	2	2	To Be Announced								World of X Games (N)				CFB 150: Greatest	CFB 150: Greatest	To Be Announced				oh baby! (E)	Rock the Park (E)	KATU News at 5	World News	
PBS	3	5			Dinosaur Train (E)	Arthur (E)	R. Steves' Europe	Travels to the Edge	Nature "Animal Reunions"		Great Performances The Vienna Philharmonic performs.		Antiques Roadshow	Country Music "The Rub (Beginnings -- 1933)" Country music's first big stars.				Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk				
CBS	6	6	6	6	CBS News	Face the Nation (N)	To Be Announced		To Be Announced	College Basketball Michigan at Michigan State. From Breslin Center in East Lansing, Mich. (N) (Live)				To Be Announced				To Be Announced		Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News					
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)	Meet the Press (N)		Paid Program	Paid Program	To Be Announced	Motorcycle Racing Monster Energy Supercross: Anaheim.				Football Night	NFL Football Seattle Seahawks at Philadelphia Eagles. (N) (Live)				To Be Announced		Golden Globe Awards					
CW	9	9	32	32	REAL	Jack Van Impe	Freethought	Power Air Fryer	Christian Worship Hour	Transform	No More Dentures	Paid Program	Get Energy	Skin Care	Paid Program	Last Man Standing	Last Man Standing	How I Met	How I Met	Friends "Pilot"	Friends	black-ish	black-ish				
FOX	12	12	12	12	FOX NFL Kickoff (N) (Live)	FOX NFL Sunday (N) (Live)	NFL Football Minnesota Vikings at New Orleans Saints. (N) (Live)				NFL Post-game				College Basketball St. John's at Xavier. From Cintas Center in Cincinnati. (N) (Live)				To Be Announced		Makeup!	Larry King Special	5 O'Clock News				
MNT	13	13	49	49	(6:00) Good Day Oregon Sunday (N)	FOX News Sunday With Chris Wallace	BISSELL	Think Big (E)	Real Life 101 (N)	Awesome Adventure	Animal Science	Paid Program	** "Mixed Nuts" (1994, Comedy) Steve Martin, Madeline Kahn, Robert Klein.				Major Crimes				Major Crimes "A Rose Is a Rose"	2 Broke Girls	Mike & Molly				
UNIV	22	22	16	47	Programa pagado	Programa pagado	Como dice el dicho		"Sube y baja" (1958, Comedia) Cantinflas, Teresa Velázquez, Joaquín García Vargas.				República Deportiva (N)		Al punto (N)		Aquí y ahora (N)		Vecinos	Vecinos	Como dice el dicho		La Rosa de Guadalupe				
A&E	52	55	118	265	The First 48		Behind Bars		Behind Bars		Behind Bars		Behind Bars		60 Days In				Live PD The year's top moments recalled.				Live PD "Top 40 Moments of 2019, Part 2"				
AMC	60	45	131	254	*** "Mission: Impossible III" (2006, Action) Tom Cruise, Ving Rhames. Agent Ethan Hunt faces the toughest villain of his career.				** "Transformers: Revenge of the Fallen" (2009, Action) Shia LaBeouf, Megan Fox. Sam Witwicky holds the key to defeating an ancient Decepticon.				*** "X-Men" (2000) Hugh Jackman. Two groups of mutated humans square off against each other.				*** "X-Men 2" (2003, Action)										
ANP	24	49	184	282	North Woods Law		North Woods Law		North Woods Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		Lone Star Law		(:01) Lone Star Law		
BET	4	72	124	392	Payne	Payne	Payne	Payne	Prince	Prince	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	** "Soul Plane" (2004) Kevin Hart.		White Chk					
BRAVO	54	65	129	237	Vanderpump Rules		Vanderpump Rules		Married to Medicine		Married to Medicine		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta				
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Ben 10	Teen	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Unikitty	DC Girls	Teen	Teen	Teen	Teen			
CNN	68	44	200	202	Reliable Source		State of the Union		Fareed Zakaria	GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	Impeachment-Trump	Impeachment-Trump	Impeachment-Trump	Impeachment-Trump			
COM	77	56	107	249	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		"Super Troopers"		
COOK	123	123	113	232	Delicious		Delicious		Cake	Cake	Cakes	Cakes	Cupcake Wars	Cupcake Wars	Cupcake Wars	Cupcake Wars	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Delicious	Delicious	
DISN	26	48	173	290	Gravity	Gravity	Big City	Big City	Bunk'd	Coop	Raven	Just Roll	Gabby	Jessie	Jessie	Jessie	Sydney	Sydney	Sydney	Raven	Raven	Raven	Raven	Big City	Big City		
E!	64	76	114	236	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	** "Sweet Home Alabama" (2002) Josh Lucas				E! Countdown to the Red Carpet (N) (Live)				E! Live From the Red Carpet (N) (Live)				"Walk the Line"					
ESPN	33	27	140	206	(7:00) Postseason NFL Countdown (N) (Live)		Football Play.		Football Play.	Football Play.	High School Football Under Armour All America Game. (N) (Live)				Spartan Race From Glen Jean, W.Va.		Spartan Race		SportsCenter (N) (Live)		SportsCenter (N) (Live)		NFL Rewind (N) (Live)				
ESPN2	34	28	143	209	SportsCenter (N)		Women's College Basketball				Women's College Basketball				Women's College Basketball				Playoff		Playoff		Professional Fighters				
FNC	66	25	205	360	MediaBuzz (N) (Live)		News		America's News HQ		Fox News Sunday		Journal Editorial Rpt.		America's News HQ		Greg Gutfeld		Fox Report		Fox News Sunday		Life, Liberty & Levin				
FOOD	61	54	110	231	Guy's	Pioneer	Pioneer	Pioneer	Guy's	Farm	Valerie's	Delicious	Delicious	The Kitchen	Guy's Games				Guy's Games		Guy's Games		Guy's Games				
FREE	32	33	180	311	"What Happens"		(:10) *** "Pretty in Pink" (1986) Molly Ringwald.				(:20) *** "Ferris Bueller's Day Off" (1986, Comedy)				(1:55) * "Mr. Deeds" (2002) Adam Sandler.				* "The Waterboy" (1998) Kathy Bates								
FS1	41	85	150	219	PBC Collection		PBC	PBC	PBC Collection		Boxing		PBC Collection				Inside PBC Boxing		PBC Countdown (N)		Elite		Big East		College Basketball		
FX	65	24	136	249	Mike & Molly	The Weekly	*** "The Secret Life of Pets" (2016) Voices of Louis C.K., Eric Stonestreet.				** "Ghostbusters" (2016, Comedy) Melissa McCarthy, Kristen Wiig. Four women battle mischievous ghosts in New York.				** "Now You See Me" (2013) Jesse Eisenberg. Agents track a team of illusionists who are thieves.				** "Now You See Me 2" (2016) Jesse Eisenberg.								
FXX	35	64	125	259	(7:00) *** "Lone Survivor"		** "Roman J. Israel, Esq." (2017) Colin Farrell		Simpsons				Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Fam. Guy	Fam. Guy
GOLF	88	88	401	218	PGA Golf		PGA Tour Golf Sentry				Tournament of Champions, Third Round.				Golf Central Pregame				PGA Tour Golf Sentry				Tournament of Champions, Final Round. (N)				
HALL	87	87	185	312	(7:00) "A Winter Princess" (2019)		"Frozen in Love" (2018, Comedy) Rachael Leigh Cook, Niall Matter, Sandy Sidhu.		"Love on the Sidelines" (2016, Romance) Emily Kinney, John Reardon, Hayley Sales.				"Love's Complicated" (2015, Romance-Comedy) Holly Marie Combs, Ben Bass.				(2015, Romance-Comedy) Trevor Donovan, Pauline Egan.				"Snowcoming" (2019, Romance) Lindy Booth, Emilie Ullerup.		"Winter Castle" (2019)				
HALLMM	86	86	187	565	"Angel Falls: A Novel Holiday" (2019, Romance) Derry Robinson, Carlo Marks.		"Christmas on My Mind" (2019, Romance) Ashley Greene, Andrew Walker.				"Time for You to Come Home for Christmas" (2019) Lucas Bryant, Alison Sweeney.				"A Homecoming for the Holidays" (2019, Romance) Stephen Huszar, Laura Osnes.				"Sense, Sensibility & Snowmen" (2019, Romance) Erin Krakow, Kimberly Sustad.								
HGTV	62	57	112	229	Behind the Build		Christina/Coast		Christina/Coast		Christina		Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	Flip	
HIST	50	60	120	269	Corvettes		Corvettes		Counting Cars "Ghost Rider" A ghost-hunting vehicle.				Cnt. Cars		Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars	Cnt. Cars		
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Concealer	Married at First Sight		Supernanny		"A Student's Obsession" (2015, Suspense)				"A Teacher's Obsession" (2015) Boti Bliss				"Bad Sister" (2016) Ryan Newman.						
MSNBC	71	67	209	356	(7:00) AM Joy (N)		Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		MSNBC Live (N)		PoliticsNation (N)				Meet the Press		Kasie DC (N)				
NBCSN	89	89	159	220	Premiership Rugby		College Basketball VCU at George Mason.				College Basketball Davidson at Duquesne.				College Basketball				Mecum		NHL Live (N) (Live)		NHL Hockey				
NBCSNW	426	37	424		Outdoor GPS (N)		NWOOutrs Hoss		Paid Prog. Paid Prog.		Paid Prog. Paid Prog.		Blazers Game Day-Chad Doing				Blazers		Pregame		NBA Basketball Portland Trail Blazers at Miami Heat.				Postgame		
NGEO	55	78	197	276	Emeril	Smartech	Mars: Inside SpaceX		Edge of the Universe		One Strange Rock		One Strange Rock		One Strange Rock		One Strange Rock		One Strange Rock		One Strange Rock		One Strange Rock		One Strange Rock		
NICK	27	51	171	299	Rangers	Sponge.	Sponge.	Sponge.	Alvin!!!	Jurassic	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Casagran	Loud	Loud	Loud	Loud	Loud	Loud			
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil		Dr. Phil		Super Soul Sunday		Super Soul Sunday		Home Made Simple				Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		
OXY	30	69	127	251	Snapped		Snapped		Snapped		Snapped		Snapped				Snapped				Snapped						
PARMT	42	43	241	241	*** "Dumb & Dumber" (1994, Comedy) Jim Carrey.				* "Dirty Grandpa" (2016) Robert De Niro.				*** "The Hangover" (2009) Bradley Cooper.				*** "The Hangover Part II" (2011) Bradley Cooper.										
ROOT	37	26	426	687	Paid Prog. Paid Prog.		Women's College Basketball				Women's College Basketball				Women's College Basketball				Women's College Basketball				College Basketball				
SYFY	67	50	122	244	Twi. Zone		Twi. Zone		"Kill Switch" (2017) Dan Stevens.				(:35) * "Abduction" (2011, Action) Taylor Lautner.				(:01) ** "Gamer" (2009) Gerard Butler.				(3:59) *** "Edge of Tomorrow" (2014)						
TCM	56	73	132	256	(7:00) *** "The Big Sleep"		(:15) *** "The Major and the Minor" (1942, Comedy) Ginger Rogers, Ray Milland.				(:15) *** "Bus Stop" (1956, Comedy-Drama) Marilyn Monroe, Don Murray.				*** "Beach Party" (1963) Bob Cummings, Dorothy Malone.				(:45) ** "Annie" (1982) Aileen Quinn. Daddy Warbucks protects little orphan Annie in 1930s New York.				*** "Fiddler on the Roof" (1971)				
TDC	51	42	182	278	Silver	Sports	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		
TLC	49	62	183	280	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes	Say Yes to the Dress	Sister Wives "Aspyn's Royal Wedding"				Sister Wives "Kody's Secret Plan"				Sister Wives					
TNT	57	52	138	245	NCIS: New Orleans "Krewé"		NCIS: New Orleans "Knockout"		*** "300" (2006) Gerard Butler, Lena Headey. Badly outnumbered Spartan warriors battle the Persian army.				** "300: Rise of an Empire" (2014, Action) Sullivan Stapleton, Eva Green.				** "Snow White & the Huntsman" (2012, Fantasy) Kristen Stewart, Charlize Theron.				(:15) ** "The Wolverine" (2013)						
TRAV	53	38	196	277	The Holzer Files		The Holzer Files		The Holzer Files		The Holzer Files		Dinosaurs: My.		Vampires: Mys.		Loch Ness				Expedition Bigfoot		Expedition Bigfoot		Expedition Bigfoot		
TRUTV	73	75	242	246	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Ad. Ruins		Ad. Ruins	Ad. Ruins	Ad. Ruins	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers		
TVL	75	74	106	304	Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		Gold Girls		King	King	
USA	58	39	105	242	In Touch	J. Osteen	Dare Me		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
WE	118	118	128	260	Ever Increasing		StaySexy		Weight		Law Order: CI		Law Order: CI		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		Law & Order "Ego"		
WEATH	14	19	214	362	(6:00) Weekend Recharge (N) (Live)		Highway Thru Hell				Highway Thru Hell				Highway Thru Hell				Highway Thru Hell								
WTBS	59	40	139	247	Friends		Friends		** "The Mummy" (1999) Brendan Fraser.				** "The Mummy Returns" (2001) Rachel Weisz				** "The Mummy: Tomb of the Dragon Emperor" Kong										
HBO	518	518	303	504	(6:51) ** "I, Robot" (2004)		(8:46) ** "Seventh Son" (2014)		(:45) * "Wild Hogs" (2007) Tim Allen. Four friends take a motorcycle road trip.				(:25) ** "The Day After Tomorrow" (2004, Action) Dennis Quaid. 'PG-13'				(:45) *** "The Rundown" (2003, Adventure) The Rock, Seann William Scott. 'PG-13'				** "Scary Movie 3" (2003) Anna Faris. Premiere. 'PG-13'						
MAX	531	531	311	516	(6:35) *** "Hawaii" (1966) 'NR'		(:15) *** "Cold Mountain" (2003, Drama) Jude Law, Nicole Kidman. A Confederate soldier tries to reach his sweetheart. 'R'				(11:51) ** "A Good Year" (2006, Romance-Comedy) Russell Crowe. 'PG-13'				(1:50) ** "Mamma Mia! Here We Go Again" (2018)				(:45) ** "Daylight" (1996, Action) Sylvester Stallone, Amy Brenneman. 'PG-13'				"Fight Club" 'R'				
SHOW	578	578	319	546	(7:55) Inside the NFL		(8:55) **** "Stand by Me" (1986) Wil Wheaton. 'R'		(:25) *** "Ghost" (1990, Fantasy) Patrick Swayze. Premiere. 'PG-13'				*** "Little Women" (1994, Drama) Winona Ryder, Gabriel Byrne. 'PG'				** "On the Basis of Sex" (2018, Biography) Felicity Jones. 'PG-13'				The L Word: Generation Q "LA Times"		Work in Progress				
STARZ	621	621	351	526	(7:28) ** "XXX" (2002, Action) Vin Diesel. 'PG-13'		(:35) Power "Murderers"		(:32) Power Tommy lays low.		(:33) Power "Forgot About Dre"		(:33) Power Tasha sparks a new flame.				(:33) Power "King's Gambit"		(:34) Power Vincent holds Tariq hostage.		(:33) Power "Like Father, Like Son"		(:34) Power "Deal With The Devil"		(:35) Power		
TMC	591	591	327	554	(7:30) *** "Fair Game" (2010) Naomi Watts. 'PG-13'		(:20) ** "The Crocodile Hunter: Collision Course" (2002)				(10:50) ** "Clue" (1985, Mystery) Eileen Brennan. 'PG'				"Killing Hasselhoff" (2016, Comedy) Ken Jeong, Colton Dunn. 'R'				* "Bad Company" (2002, Action) Anthony Hopkins, Chris Rock. 'PG-13'				** "Young Guns" (1988, Western) Emilio Estevez, Kiefer Sutherland. 'R'				