

WEEKDAY DAYTIME					LG - La Grande BC - Baker City D - DISH DTV - DirecTV								MOVIES		SPORTS									
	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3: Strahan		General Hospital		Afternoon Live		Tamron	Varied	News	Varied	News	ABC
PBS	3	5			Curious Go Luna		Tiger Tiger		Pink Sesame		Dinosaur Xavier		Varied Programs				Splash Molly		Cat in the	Odd	Arthur	Peg	Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prg.		Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News
CW	9	9	32	32	Paternity Court		DailyMail DailyMail		Steve Wilkos Show		Steve Wilkos Show		Mauri		Jerry Springer		Mel Robbins		King Friends		Mom Last Man		black-ish	black-ish
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Good Day Or.		Kelly Clarkson		News Varied		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		News	Varied
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Paid Prg.		TMZ Live		Rachael Ray		Protection Divorce		Judge Mathis		Hot Hot		Jerry Jerry		Jdg Judy		Jdg Judy	25 Words
UNIV	22	22	16	47	(7:00) ¡Despierta América!				Varied Programs		Que te Perdona		Noticiero Nosotr.		Hoy		Varied Programs		Hijas de la luna...		El gordo y la flaca		Primer impacto	
A&E	52	55	118	265	Varied Programs																			
AMC	60	45	131	254	Paid Prg. Paid Prg.		Movie		Varied Programs		Movie		Varied Programs						Movie		Varied Programs		Movie	
ANP	24	49	184	282	Varied Programs																			
BET	4	72	124	392	Martin Martin		Martin Martin		Martin Martin		Martin Martin		Varied Programs											
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Teen Teen		Teen Teen		Craig Craig		Gumball Gumball		Victor Victor		Gumball Gumball		Gumball Gumball		Teen Teen		Teen Teen		Total	Total
CNN	68	44	200	202	At This Hour-Kate		Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	
COM	77	56	107	249	Futurama Futurama		South Pk South Pk		South Pk South Pk		South Pk Varied		South Pk South Pk		Varied South Pk		South Pk South Pk		South Pk South Pk		South Pk South Pk		South Pk	Varied
COOK	123	123	113	232	Varied Programs						Good Eat		Varied Programs											
DISN	26	48	173	290	Puppy Puppy		Mickey T.O.T.S.		Amphibia Amphibia		Big City Big City		Coop Coop		Coop Varied		Raven Raven		Raven Raven		Varied Programs		Bunk'd	Bunk'd
E!	64	76	114	236	Varied Programs								El News		Varied Programs									
ESPN	33	27	140	206	(7:00) First Take		SportCtr		Varied Programs															
ESPN2	34	28	143	209	(7:00) Get Up		SportsCenter		Varied Programs				The Jump		Varied Programs				SportsCenter		Varied Programs			
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Fox News Reporting		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson	
FOOD	61	54	110	231	Varied StaySexy		Varied Pioneer		Varied Programs						Pioneer Pioneer		Varied Programs							
FREE	32	33	180	311	Middle Middle		Middle 700 Club		The 700 Club		Varied Programs													
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd				Varied Programs		Speak		Varied Programs		Lock It In		Varied Skip		Varied Programs			
FX	65	24	136	249	(7:00) Movie		Varied Programs																	
FXX	35	64	125	259	Varied Programs																			
GOLF	88	88	401	218	Varied Programs																			
HALL	87	87	185	312	Movie				Home & Family				Movie		Varied Programs		Movie		Varied Programs		Movie			
HALLMM	86	86	187	565	M	"Lucky Christmas"		"Angel Falls: A Novel Holiday" (2019)		"Christmas on Honeysuckle Lane" (2018)		"Christmas With Holly" (2012) Sean Faris.		"Christmas Wonderland" (2018, Romance)		"Small Town"								
					T	"Two Turtle Doves"		"A Joyous Christmas" (2017) Michael Rady		"Magical Christmas Ornaments" (2017)		"The Christmas Ornament" (2013)		"A Godwink Christmas: Meant for Love"		"A Blue Ridge"								
					W	"I'm Not Ready"		"The Christmas Note" (2015) Leah Gibson		"Time for Me to Come Home"		"Our Christmas Love Song" (2019)		"Holiday Hearts" (2019) Ashley Williams.		"Christmas Hom"								
					Th	"Christmas Gift"		"Finding Christmas" (2013) JT Hodges.		"Magic Stocking" (2015) Bridget Regan.		"Nostalgic Christmas" (2019, Romance)		"Christmas in Angel Falls" (2017, Drama)		"Christmas On"								
F	"A Homecomi"		"Kingsbury's Maggie's Christmas Miracle"		"Romance at Reindeer Lodge" (2017)		"Dashing Through the Snow"		"Small Town Christmas" (2018, Drama)		"Bramble House"													
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Varied Programs		Movie		Varied Programs				Movie		Varied Programs									
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MSNBC		MSNBC Live		MSNBC Live		Deadline		MTP Daily		The Beat With		Hardball Matthews		All In With	
NBCSN	89	89	159	220	SKY Sports News		Varied Programs																	
NBCSNW	426	37	424		Rip City		Varied		Paid Prg. Paid Prg.		Varied Programs		The Brian Noe Show		Varied Programs									
NGEO	55	78	197	276	Paid Prg. Paid Prg.		Varied Programs																	
NICK	27	51	171	299	PAW Blue		PAW PAW		SpongeBob		Varied Musical		Varied Sponge.		Sponge. Sponge.		Movie				Sponge. Sponge.		Varied Programs	
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs			
OXY	30	69	127	251	Snapped		Snapped		Snapped		Snapped		Snapped		Varied Programs		Snapped		Varied Programs		Snapped		Varied Programs	
PARMT	42	43	241	241	Mom Mom		Mom Mom		Mom Mom		King King		King King		King King		King King		King King		Two Men Two Men		Two Men Two Men	
ROOT	37	26	426	687	Paid Prg. Paid Prg.		The Rich Eisen Show				Varied Programs		The Dan Patrick Show		Varied Programs									
SYFY	67	50	122	244	Twl. Zone		Varied Programs																	
TCM	56	73	132	256	M	(7:30) ***** "Show Boat"		*** "Show Boat" (1951) Howard Keel		*** "The Prisoner of Zenda" (1922)		"The Prisoner of Zenda" (1937)		(15) *** "The Prisoner of Zenda"		"A Star Is Born"								
					T	*** "After the Thin Man" (1936)		*** "Another Thin Man"		(15) *** "Shadow of the Thin Man"		"The Thin Man Goes Home"		(15) *** "Song of the Thin Man"		"Thats Entert."								
					W	WorldEnd (1:45) *** "The Time Machine"		(1:45) *** "Logan's Run" (1976) Michael York.		*** "Soylent Green" (1973)		*** "Westworld" (1973) Yul Brynner.		"Roaring '20s"										
					Th	(7:15) "The Letter"		*** "Suspicion" (1941)		(1:45) ***** "A Streetcar Named Desire" (1951)		***** "Adam's Rib" (1949)		(1:45) ***** "The Treasure of the Sierra Madre"		"Road to Morocco"								
F	(7:45) "Coquette"		(1:15) ** "Conquest of the Air"		** "The Black Book" (1949)		(1:15) "Address Unknown" (1944)		(1:45) ** "The Whip Hand"		(1:15) *** "Things to Come" (1936)		"Planet of the Apes"											
TDC	51	42	182	278	Varied Programs																			
TLC	49	62	183	280	Varied Programs								Hoard-Buried		Hoard-Buried		Varied Programs							
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Supernat. Varied Programs									
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Varied Programs																		Jokes Jokes	
TVL	75	74	106	304	Paid Prg. Varied		Andy G. Andy G.		Andy G. Bonanza		Varied Programs		G'smoke Varied		G'smoke Varied		G'smoke Varied		G'smoke Varied		M*A*S'H M*A*S'H		M*A*S'H M*A*S'H	
USA	58	39	105	242	Varied Programs																			
WE	118	118	128	260	Varied Programs				Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs					
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE		The Weather Channel LIVE										(1:59) Weather Underground						Highway Thru Hell	
WTBS	59	40	139	247	Seinfeld Seinfeld		Seinfeld Seinfeld		Friends Friends		Friends Friends		Friends Friends		Varied Programs									
HBO	518	518	303	504	M	His Dark Materials		(10) ** "Van Helsing" (2004) Hugh Jackman.		REAL Sports Gumbel		(25) *** "The Hate U Give" (2018)		(40) "Season of the Witch"		(15) ** "The Sun Is Also a Star" (2019)								
					T	(7:15) *** "Mortal Engines"		"Fantastic Beasts: Crimes of Grindelwald"		(1:45) "Pokémon Detective Pikachu" (2019)		*** "Bohemian Rhapsody" (2018)		(1:45) ** "Glass" (2019) Bruce Willis, James McAvoy.										
					W	(7:30) *** "Kin"		(1:15) "Red Eye" (2005, Horror)		(1:45) ** "Getaway" (2013)		(1:15) *** "The Old Man & the Gun"		(1:50) ** "Unknown"		(1:45) *** "Cold Pursuit" (2019, Action)		Widows						
					Th	Get Over (1:45) ** "Elektra" (2005) Jennifer Garner.		(1:25) *** "Chocolat" (2000, Drama)		** "Spanglish" (2004) Adam Sandler.		"Well Groomed"		(1:45) *** "Signs" (2002) Mel Gibson.		Tolkien								
F	Bringing ** "King Arthur" (2004) Clive Owen.		(1:40) ** "Bicentennial Man" (1999) Robin Williams.		"Keeping Up With the Steins"		(1:40) *** "Cattfish" (2010)		(1:10) *** "The Town" (2010) Jon Hamm															
MAX	531	531	311	516	M	(1:15) ** "Delta Farce"		(1:45) ** "Monkeybone" (2001, Comedy)		(1:20) ** "Bedazzled"		(12:55) *** "The American"		(1:40) ** "The Marine" (2006)		(1:15) ** "Annapolis" (2006, Drama)								
					T	(7:55) ** "Bring It On"		(1:35) *** "A Fish Called Wanda" (1988)		(1:25) ** "Life of the Party"		(1:10) ** "Teen Witch" (1989)		(1:45) *** "Blockers" (2018) Leslie Mann.		*** "Mean Girls" (2004)								
					W	(7:36) ** "Red Planet"		(1:26) "The Stepford Wives"		(1:03) ** "Paul" (2011) Simon Pegg.		(12:50) ** "Soldier" (1998)		(1:33) ** "The Darkest Minds" (2018)		(1:20) ** "Replicas" (2018)								
					Th	(7:45) ** "Love Field" (1992)		"Resurrection of Gavin Stone"		(1:05) "Lying and Stealing"		(1:45) *** "In Bruges" (2008)		(1:35) ** "Your Highness" (2011)		(1:20) ** "A Good Year" (2006)								
F	Pushing (1:44) *** "Game Night" (2018, Comedy)		(1:28) *** "The Mask" (1994)		(1:13) *** "Dick Tracy" (1990) Madonna		** "Spy Game" (2001) Brad Pitt		(1:10) *** "Michael Clayton" (2007)															
M	(7:30) *** "Julie & Julia"		"Lara Croft Tomb Raider: Cradle of Life"		(1:35) *** "Donnie Brasco" (1997)		(1:45) ** "Den of Thieves" (2018) Gerard Butler.		(1:15) ** "Peppermint" (2018, Action)															
T	(7:15) "Moon" (2009)		*** "At Eternity's Gate" (2018)		New Order: Decades		Duran		*** "A Time to Kill" (1996, Drama) Sandra Bullock.		*** "Point Break" (1991, Action)													
W	"Little Women"		"House With a Clock in Walls"		Making of		** "Five Feet Apart" (2019, Romance)		*** "Scream" (1996) Neve Campbell.		"Wet Hot American Summer"		(1:40) "Sense and Sensibility"											
Th	(7:35) *** "Stardust" (2007)		(1:45) *** "Green Book" (2018) Mahershala Ali		*** "Molly's Game" (2017) Jessica Chastain.		*** "Spotlight" (2015) Mark Ruffalo.		(1:45) *** "Girl, Interrupted"															
F	(1:15) ** "A Knight's Tale" (2001) Heath Ledger.		*** "The Impossible" (2012, Drama)		* "Tammy and the T-Rex"		** "Timeline" (2003) Paul Walker.		** "Real Steel" (2011, Action)															
M	(7:33) "All Is True"		(1:15) ** "Green Zone" (2010, Action)		(1:11) ** "The Front Runner" (2018)		(1:06) *** "Erin Brockovich" (2000) Julia Roberts.		(1:18) Dublin Murders		(1:20) ** "All Is True"													
T	(7:48) ** "Men in Black: International"		(9:46) * "The Intruder"		(1:31) ** "Lions for Lambs"		(1:06) Dublin Murders		(1:09) ** "Men in Black: International" (2019)		(1:18) ** "Venom" (2018)													
STARZ					(7:38) ** "The Equalizer 2" (2018)		"Prince of Persia: The Sands of Time"		(11:50) *** "King Kong" (2005) Naomi Watts, Jack Black.		*** "Live Free or Die Hard" (2007)		(1:11) "Beginners"											
Th	(7:14) "Saint Judy"		(1:03) *** "The Aviator" (2004) Leonardo DiCaprio.		(1:07) ** "Nanny McPhee" (2005)		(1:49) ** "Hulk" (2003) Eric Bana.		(1:10) ** "The Front Runner" (2018)															
F	(7:56) * "End of Days" (1999, Horror)		(1:01) ** "Hulk" (2003, Fantasy) Eric Bana.		(1:22) "Sicario: Day of the Soldado" (2018)		(1:27) Dublin Murders		(1:31) *** "Rocky Balboa" (2006, Drama)		Live Free													
M	Madonna "Our House" (2018) Nicola Peltz		(1:15) "The Truth About Lies" (2017)		*** "Death at a Funeral"		(1:35) "S.W.A.T. Firefight" (2011)		(1:05) "S.W.A.T.: Under Siege"		(1:35) "Open Water 2: Adrift"													
T	Lars ** "My Father, the Hero"		** "Orange County"		* "Cutting Class" (1989)		(1:05) "Elizabeth Harvest" (2018) Abbey Lee.		(1:05) Elie Fanning.		(1:05) "Wildlife"													
W	** "Clue" (1985) Martin Mull		(1:40) ** "The Pink Panther"		(1:15) ** "The Shadow" (1994, Action)		(1:05) ** "Young Guns" (1988)		** "Young Guns II" (1990)		(1:45) * "Winchester" (2018)													
Th	(7:40) "Ghost Light" (2018)		** "Bran Nue Dae" (2009)		** "The Fighting Temptations"		(1:05) "Level 16" (2018) Katie Douglas.		** "Mimic" (1997) Mira Sorvino.		(11:55) (2016)													
F	First *** "Car Wash" (1976)		(1:15) "Black 47" (2018) Hugo Weaving.		*** "Blaze" (2018) Ben Dickey.		(1:10) *** "Capote" (2005, Biography)		(1:05) "Tell It to the Bees" (2018, Romance)															