

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

DECEMBER 29, 2019

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30				
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	oh baby! (EI)	This Week With George ...	Jack Hanna	Ocean Treks	College Basketball Kansas at Stanford. From Maples Pavilion in Stanford, Calif. (N)				College Football 150: The American Game				Paid Program	MyDesti-nation.TV	Wild America	Sharyl Attkisson	KATU News at 5	World News				
PBS	3	5			Dinosaur Train (EI)	Arthur (EI)	R. Steves' Europe	Travels to the Edge	Nature "Snow Chick"		NOVA Problem-solving birds.		Great Performances at the Met "Carmen" Richard Eyre's production of "Carmen."				Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk						
CBS	6	6	6	6	CBS News	Face the Nation (N)	The NFL Today (N) (Live)		NFL Football Los Angeles Chargers at Kansas City Chiefs. (N) (Live)				(:25) NFL Football Tennessee Titans at Houston Texans. (N) (Live)				Face the Nation (N)		KOIN 6 News at 5	KOIN 6 News								
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)	Meet the Press (N)		Bowling Bowlero Elite Series. (Taped)				The Next Olympic Hopeful (N)		DRL Drone Racing (Taped)				Stay Sexy Skin	No More Dentures	Football Night in America (N) (Live)		NFL Football: 49ers at Seahawks						
CW	9	9	32	32	REAL	Jack Van Impe	Freethought	Paid Program	Christian Worship Hour	Paid Program	No More Dentures	No More Dentures	No More Dentures	No More Dentures	Smoke-less Grill	RELIEF NOW!	Last Man Standing	Last Man Standing	How I Met	How I Met	Friends	Friends	black-ish	black-ish "Hope"				
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX NFL Sunday (N) (Live)		NFL Football Green Bay Packers at Detroit Lions.				(:25) NFL Football Washington Redskins at Dallas Cowboys.				The OT (N) (Live)		Flirty Dancing (Series Premiere) (N)										
MNT	13	13	49	49	FOX NFL Kickoff (N) (Live)	FOX News Sunday With Chris Wallace		Makeup!	Think Big (EI)	Real Life 101 (N)	Awesome Adventure	Animal Science	Skincare Secrets	*** "Chasing Christmas" (2005, Comedy) Tom Arnold, Leslie Jordan.				Major Crimes "Before and After"		Major Crimes Raydor fulfills her promise.		2 Broke Girls	Mike & Molly					
UNIV	22	22	16	47	Programa pagado	Programa pagado	Como dice el dicho		Los rostros del 2019 Las noticias del mundo del espectáculo durante el año 2018.				República Deportiva (N)		Al punto (N)		Aquí y ahora (N)		Vecinos	Vecinos	María de Todos	Noticiero	Fútbol Central	Fútbol Mexicano				
A&E	52	55	118	265	Hoarders		Hoarders		Hoarders		Hoarders		The Killing of JonBenet: Her Father Speaks				Hunting JonBenet's Killer: The Untold Story				PD Cam	PD Cam	PD Cam	PD Cam				
AMC	60	45	131	254	(7:00) *** "Coach Carter" (2005, Drama) Samuel L. Jackson, Robert Richardson.		** "The Last Stand" (2013, Action) Arnold Schwarzenegger, Forest Whitaker, Johnny Knoxville.		** "Safe House" (2012) Denzel Washington. A rookie and a renegade operative try to evade assassins.				*** "Star Trek" (2009) Chris Pine, Zachary Quinto. Chronicles the early days of the starship Enterprise and her crew.															
ANP	24	49	184	282	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law					
BET	4	72	124	392	Payne	Payne	Payne	Payne	Prince	Prince	Martin	Martin	Martin	Martin	*** "New Jack City" (1991) Wesley Snipes, Ice-T.				** "Kidnap" (2017, Action) Halle Berry.				Sleepless					
BRAVO	54	65	129	237	Housewives/OC		Housewives/OC		Housewives/OC		Married to Medicine		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta		Housewives-Atlanta					
CARTOON	25	59	177	297	Gumball	Gumball	Gumball	Gumball	Apple	Apple	Teen	Teen	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Apple	Apple	Teen	Teen	Teen	Teen				
CNN	68	44	200	202	Reliable Source		State of the Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom					
COM	77	56	107	249	The Office	The Office	The Office	(:45) The Office	The Office	The Office	The Office	The Office	The Office	The Office	*** "Wedding Crashers" (2005) Owen Wilson.				(:40) ** "The Internship" (2013) Vince Vaughn.									
COOK	123	123	113	232	Delicious	Delicious	Delicious	Delicious	Cake	Cake	Cakes	Cakes	Cupcake Wars	Cupcake Wars	Cupcake Wars		Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Delicious	Delicious				
DISN	26	48	173	290	Big City	Big City	Big City	Big City	Bunk'd	Coop	Just Roll	Gabby	Gabby	Jessie	Jessie		Sydney	Sydney	Sydney	Coop	Coop	Coop	Liv-Mad.	New Year				
E!	64	76	114	236	The Kardashians		The Kardashians		*** "Dirty Dancing" (1987, Romance)				* "Bride Wars" (2009) Kate Hudson.		** "It's Complicated" (2009) Meryl Streep.				*** "Dirty Dancing" (1987)									
ESPN	33	27	140	206	(7:00) Sunday NFL Countdown (N) (Live)		National College Cornhole Championship (N) (Live)		Spartan Race		2019 World Series of Poker		2019 World Series of Poker		2019 World Series of Poker		2019 World Series of Poker		SportsCenter (N) (Live)		SportsCenter (N) (Live)							
ESPN2	34	28	143	209	(7:00) Fantasy Football Now (N) (Live)		CFB 150		Preview	Women's College Basketball				College Basketball Navy at Virginia. (N)				American Game		2019 ACL College Cornhole Championship								
FNC	66	25	205	360	MediaBuzz (N) (Live)		News		America's News HQ		Fox News Sunday		Journal Editorial Rpt.		America's News HQ		Greg Gutfeld		Fox Report		Fox News Sunday		Life, Liberty & Levin					
FOOD	61	54	110	231	Guy's	Valerie's	Pioneer	Pioneer	Pioneer	Pioneer	Girl-Farm	Valerie's	Contessa	Holiday	The Kitchen		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive					
FREE	32	33	180	311	(7:00) ** "The DUFF"		** "National Treasure" (2004) Nicolas Cage, Diane Kruger.		(:35) ** "National Treasure: Book of Secrets" (2007)				(:10) *** "Iron Man" (2008, Action) Robert Downey Jr.															
FS1	41	85	150	219	Red Bull Series		College Basketball		College Basketball		College Basketball		Women's College Basketball				Inside PBC Boxing				PBC Collection		PBC Collection					
FX	65	24	136	249	Mike & Molly	Mike & Molly	** "Transformers: Age of Extinction" (2014, Action) Mark Wahlberg, Stanley Tucci. Optimus Prime and the Autobots face fearsome challengers.				** "Transformers: The Last Knight" (2017, Action) Mark Wahlberg, Anthony Hopkins. The war between Transformers and humans threatens Earth.				*** "Kingsman: The Secret Service" (2014, Action) Colin Firth, Michael Caine.													
FX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons				
GOLF	88	88	401	218	GOLF Films		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights		PGA Tour Highlights					
HALL	87	87	185	312	"The Nine Lives of Christmas" (2014, Children's) Brandon Routh, Kimberly Sustad.		"The Christmas Club" (2019, Romance) Elizabeth Mitchell, Cameron Mathison.		"A Wish for Christmas" (2016, Drama) Lacey Chabert, Paul Greene, Andrea Brooks.				"My Christmas Dream" (2016, Drama) Danica McKellar, David Haydn-Jones.				"Pride, Prejudice and Mistletoe" (2018, Romance) Lacey Chabert, Brendan Penny.											
HALLMM	86	86	187	565	(7:00) "I'll Be Home for Christmas" (2016)		"Karen Kingsbury's Maggie's Christmas Miracle" (2017, Romance) Jill Wagner.		"Last Vermont Christmas" (2018, Romance) Erin Cahill, Justin Bruening.				"The Christmas Note" (2015, Drama) Jamie-Lynn Sigler, Leah Gibson, Lynda Boyd.				"Operation Christmas" (2016, Drama) Tricia Helfer, Marc Blucas, Lisa Durupt.				"Home for Christmas Day" (2017)							
HGTV	62	57	112	229	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Home Town		Home Town		Home Town		Home Town		Home Town					
HIST	50	60	120	269	The Cars That		The Cars That Made America (Part 2 of 3)		The Cars That Made America (Part 3 of 3)				American Pickers				American Pickers		American Pickers		American Pickers		American Pickers					
LIFE	29	29	108	252	Amazing	Jeremiah	J. Osteen	Secrets	"The Killer Next Door" (2019, Suspense)				"Seduced by a Killer" (2019) Clare Kramer.				"My Stepfather's Secret" (2019, Suspense)				"Mistress Hunter" (2018) Laurelee Bell.							
MSNBC	71	67	209	356	(7:00) AM Joy (N)		Weekends-Alex Witt		Weekends-Alex Witt		MSNBC Live		MSNBC Live		MSNBC Live (N)		PoliticsNation		Meet the Press		Kasie DC (N)							
NBCSN	89	89	159	220	Premier	Premier	Premier League Soccer: Reds vs Wolves		Premier League Soccer		Prem Goal Zone		Blazers		Premier		College Basketball Loyola (Md.) at VCU. (N)				NHL	NHL	Monster Jam (N)					
NBCSNW	426	37	424		Outdoor GPS (N)		NWOudrs Hoss		Paid Prog.		Paid Prog.		Paid Prog.		Paid Prog.		Blazers		Football		Rip City Mornings		Best of					
NGEO	55	78	197	276	Try Total	Smartech	Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		Ramsay: Uncharted		The 80's		The 80's		The 80's					
NICK	27	51	171	299	Rangers	Sponge.	Sponge.	Sponge.	"SpongeBob Movie"				** "Ice Age: Continental Drift" (2012)				Casagran		Loud	Loud	Loud	Loud	Loud	Loud				
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil		Super Soul Sunday		Super Soul Sunday		Home Made Simple		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life		Iyanla, Fix My Life					
OXY	30	69	127	251	Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Snapped					
PARMT	42	43	241	241	** "Night at the Museum" (2006) Ben Stiller, Carla Gugino.				(10:50) ** "Jumanji" (1995) Robin Williams.				(:25) **** "Titanic" (1997, Historical Drama) Leonardo DiCaprio, Kate Winslet. Premiere.															
ROOT	37	26	426	687	Paid Prog.		Paid Prog.		Paid Prog.		Paid Prog.		Seahawks		Women's College Basketball				College Basketball				Red Bull Series					
SYFY	67	50	122	244	(:15) ** "Valerian and the City of a Thousand Planets"		(:15) *** "Chronicle" (2012)		(:15) *** "Chronicle" (2012)				** "Resident Evil: Retribution" (2012)				*** "Star Trek Beyond" (2016) Chris Pine.				Dr							
TCM	56	73	132	256	(7:00) ** "Repeat Performance"		*** "Roman Holiday" (1953) Gregory Peck, Audrey Hepburn, Eddie Albert.		(:15) *** "The Purple Rose of Cairo" (1985) Mia Farrow, Jeff Daniels.				**** "Young Frankenstein" (1974, Comedy) Gene Wilder, Peter Boyle.				**** "Planet of the Apes" (1968) Charlton Heston, Roddy McDowall.				*** "Bells Are Ring-ing" (1960)							
TDC	51	42	182	278	Florida Keys-		Man vs. Bear		Gold Rush WW		Gold Rush WW		Gold Rush WW		Gold Rush WW		Gold Rush WW		Gold Rush WW		Gold Rush WW		Last Frontier					
TLC	49	62	183	280	Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		90 Day Fiancé		90 Day Fiancé		90 Day Fiancé					
TNT	57	52	138	245	NCIS: New Orleans "Let It Ride"		NCIS: New Orleans		NCIS: New Orleans "Return of the King"		**** "The Shawshank Redemption" (1994, Drama) Tim Robbins. An innocent man goes to a Maine penitentiary for life in 1947.				*** "Rogue One: A Star Wars Story" (2016) Felicity Jones. Resistance fighters unite to steal plans for the Death Star.				"Star Wars: The Force Awakens"									
TRAV	53	38	196	277	Expedition Bigfoot		Famously Afraid		Famously Afraid		Famously Afraid		Famously Afraid		Famously Afraid		Paranormal Ca.		Paranormal Ca.		Paranormal Ca.		Bermuda Triangle					
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Jokes		Jokes		Carbonaro	Carbonaro				
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	King	King				
USA	58	39	105	242	In Touch	J. Osteen	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU					
WE	118	118	128	260	Ever Increasing		Iron		Makeup!		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401					
WEATH	14	19	214	362	(6:00) Weekend Recharge (N) (Live)		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401		Heavy Rescue: 401					
WTBS	59	40	139	247	Friends	Friends	Friends	Friends	*** "Rush Hour" (1998) Jackie Chan.				** "Fist Fight" (2017) Charlie Day.				* "Norbit" (2007) Eddie Murphy.				*** "The LEGO Batman Movie"							
HBO	518	518	303	504	(7:25) *** "The Normal Heart" (2014) Mark Ruffalo. 'NR'		(:40) *** "The Old Man & the Gun" (2018) Robert Redford.		(:15) Belichick & Saban: The Art of Coaching				* "Red Riding Hood" (2011) Amanda Seyfried. 'PG-13'				(:15) Dan Soder: Son of a Gary				(:20) ** "Green Lantern" (2011) Ryan Reynolds. 'PG-13'				(:15) "Pokémon Detective Pikachu" 'PG'			
MAX	531	531	311	516	(7:50) ** "Slow Burn" (2005, Crime Drama) Ray Liotta. 'R'		(:25) ** "Dreaming of Joseph Lees" (1999) Samantha Morton.		*** "Prisoners" (2013, Suspense) Hugh Jackman. A desperate father takes the law into his own hands. 'R'				(:35) ** "The Merchant of Venice" (2004, Drama) Al Pacino, Jeremy Irons, Joseph Fiennes. 'R'				(3:50) *** "Buried" (2010, Sus-pense) Ryan Reynolds. 'R'				(1:15) "Arma-geddon"							
SHOW	578	578	319	546	Inside the NFL		Boxing Gervonta Davis vs. Yuriorkis Gamboa.				*** "The Fugitive" (1993, Suspense) Har-ison Ford, Tommy Lee Jones. 'PG-13'				(:40) ** "El Chicano" (2018, Action) Raúl Castillo, George Lopez, Aimee Garcia. 'R'				The L Word: Genera-tion Q "Lost Love"				Work in Progress					
STARZ	621	621	351	526	(7:54) ** "Balls of Fury" (2007) Dan Fogler. 'PG-13'		(:39) ** "Baby Mama" (2008, Comedy) Tina Fey, Amy Poehler. 'PG-13'		(:20) ** "Brightburn" (2019, Hor-ror) Elizabeth Banks. 'R'				(12:52) Dublin Mur-ders "Episode 101"				(1:51) Dublin Murders "Episode 102"				(2:51) Dublin Murders "Episode 103"				(3:52) Dublin Murders "Episode 104"		(4:54) Dublin Murders "Episode 105"	
TMC	591	591	327	554	(7:45) ** "Dickie Roberts: For-mer Child Star" (2003) 'PG-13'		"SuperGrid" (2018, Action) Leo Fafard, Marshall Williams. 'NR'		"Bad Grandmas" (2017, Comedy) Florence Henderson. 'NR'				(:35) ** "First Sunday" (2008, Comedy) Ice Cube. 'PG-13'				(1:15) ** "The Whole Nine Yards" (2000, Comedy) Bruce Willis. 'R'				*** "In the Line of Fire" (1993, Suspense) Clint Eastwood, John Malkovich. 'R'							