

WEEKDAY DAYTIME				LG - La Grande BC - Baker City D - DISH DTV - DirecTV										MOVIES		SPORTS												
	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30				
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Live	Varied	GMA3: Strahan		General Hospital		Afternoon Live		Tamron Hall		News	Varied	News	ABC				
PBS	3	5			Curious	Go Luna	Tiger	Tiger	Pink	Sesame	Dinosaur	Xavier	Varied Programs				Splash	Molly	Cat in the	Odd	Arthur	Peg	Varied Programs					
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News	Bold	The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News				
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast	Blast	News	Paid Prg.	Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		News	Varied	News	News				
CW	9	9	32	32	Paternity Court		DailyMail	DailyMail	Steve Wilkos Show		Steve Wilkos Show		Maury		Jerry Springer		Mel Robbins		King	Friends	Mom	Last Man	black-ish	black-ish				
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Good Day Varied		Kelly Clarkson		News	Varied	Wendy Williams		The People's Court		Jdg Judy	Jdg Judy	News	Varied	5 O'Clock News					
MMNT	13	13	49	49	Good Day Oregon		Paid Prg.	Paid Prg.	TMZ Live		Rachael Ray		Protection	Divorce	Judge Mathis		Hot	Hot	Jerry	Jerry	Jdg Judy	Jdg Judy	25 Words	25 Words				
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Que te Perdone		Noticiero	Nosotr.	Hoy		La fuerza de creer 2		Hijas de la luna...		El gordo y la flaca		Primer impacto					
A&E	52	55	118	265	Varied Programs																							
AMC	60	45	131	254	Varied Programs										Movie		Varied Programs										Movie	
ANP	24	49	184	282	Varied Programs																							
BET	4	72	124	392	Martin	Martin	Varied Programs																					
BRAVO	54	65	129	237	Movie	Varied Programs																						
CARTOON	25	59	177	297	Varied Programs																							
CNN	68	44	200	202	At This Hour-Kate		Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper	Gumball	Gumball	Gumball	Gumball	Apple	Apple	Teen	Varied	Teen	Varied			
COM	77	56	107	249	Futurama	Futurama	South Pk	South Pk	South Pk	South Pk	South Pk	(:45) South Park	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk				
COOK	123	123	113	232	Varied Programs										Good Eat		Good Eat		Varied Programs									
DISN	26	48	173	290	Varied Programs																							
E!	64	76	114	236	Varied Programs										E! News: Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		Varied Programs														Bunk'd		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		Varied Programs														SportCtr		Varied Programs					
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Fox News Reporting		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson					
FOOD	61	54	110	231	Varied Programs		Paid Prg.	Pioneer	Varied Programs				Pioneer	Pioneer	Varied Programs													
FREE	32	33	180	311	Movie	Varied Programs		700 Club	The 700 Club		Varied Programs																	
FS1	41	85	150	219	Undisputed		Herd		Varied Programs				Speak for Yourself		Varied	Lock It In	Varied	Fair	Varied Programs									
FX	65	24	136	249	Movie	Varied Programs																						
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons	Simpsons				
GOLF	88	88	401	218	Varied Programs																							
HALL	87	87	185	312	Movie		Varied	Movie	Varied Programs		Movie	Varied Programs	Movie		Varied Programs		Movie		Varied	Movie			Varied Programs					
HALLMM	86	86	187	565	M	"Lucky Christmas"		"Holiday Hearts" (2019) Ashley Williams.		"A Christmas for the Books" (2018)		"Christmas Everlasting" (2018) Tatyana Ali.		"Dashing Through the Snow"		"Angel Falls: A"												
					T	"Two Turtle Doves"		"Christmas in Montana" (2019, Drama)		★ ★ "A Princess for Christmas" (2011)		"Time for Me to Come Home"		"A Family Christmas Gift" (2019, Romance)		Happy Yule Log												
					W	A Very Happy & Friends Yule Log Kittens and puppies cavort.		A Very Happy & Friends Yule Log Kittens and puppies cavort.		A Very Happy & Friends Yule Log Kittens and puppies cavort.		A Very Happy & Friends Yule Log Kittens and puppies cavort.		A Very Happy & Friends Yule Log Kittens and puppies cavort.		A Very Happy & Friends Yule Log Kittens and puppies cavort.												
					Th	"Veteran's"		"Tis the Season for Love" (2015)		"Romance at Reindeer Lodge" (2017)		"Rocky Mountain Christmas" (2017)		"Family for Christmas" (2015) Tyron Leitso		"Holiday for Heroes"												
					F	"Christmas Ever"		"Once Upon a Christmas Miracle" (2018)		"Magic Stocking" (2015) Bridget Regan.		"Our Christmas Love Song" (2019)		"Christmas on Honeysuckle Lane" (2018)		"Christmas On"												
HGTV	62	57	112	229	Varied Programs																							
HIST	50	60	120	269	Varied Programs																							
LIFE	29	29	108	252	Movie				Movie	Varied Programs	Movie		Varied	Movie	Varied Programs	Movie		Movie		Varied Programs								
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MSNBC		MSNBC Live		MSNBC Live		Deadline		MTP Daily		The Beat With		Hardball Matthews		All In With					
NBCSN	89	89	159	220	Varied Programs																							
NBCSNW	426	37	424		Rip City		Paid Prg.	Paid Prg.	Varied Programs		Brian Noe		Varied Programs				Rip City		Varied Programs									
NGEO	55	78	197	276	Paid Prg.	Varied Programs																						
NICK	27	51	171	299	PAW	Blue	PAW	PAW	Sponge.	Sponge.	Sponge.	Sponge.	Movie	Varied Programs		Sponge.	Varied	Sponge.	Sponge.	Loud	Loud	Varied	Loud					
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs							
OXY	30	69	127	251	Varied Programs																							
PARMT	42	43	241	241	Movie		Varied Programs		Movie		Varied Programs																	
ROOT	37	26	426	687	Paid Prg.	Paid Prg.	The Rich Eisen Show				Varied Programs		The Dan Patrick Show								Varied Programs							
SYFY	67	50	122	244	Movie	Varied Programs																						
TCM	56	73	132	256	M	★ ★ ★ ★ "The Maltese Falcon" (1941)		★ ★ "Gaslight" (1940)		★ ★ ★ "Gaslight" (1944, Suspense)		★ ★ ★ "The Asphalt Jungle" (1950)		★ ★ ★ "The Badlanders" (1958)		"Shop Around"												
					T	"Period-Adjust"		(:15) "In the Good Old Summertime" (1949)		"The Man Who Came to Dinner" (1941)		★ ★ "It Happened on 5th Avenue" (1947)		(:15) ★ ★ ★ "Holiday Affair" (1949)		"The Bishop's Wife"												
					W	"Little Women"		★ ★ ★ "O. Henry's Full House" (1952)		(:15) ★ ★ "Love Finds Andy Hardy"		★ ★ ★ "The Shop Around the Corner"		★ ★ "Susan Slept Here" (1954, Comedy)		"The Thin Man"												
					Th	Young	(:45) ★ ★ ★ "Young Cassidy" (1965)	(:45) ★ ★ "Young Winston" (1972, Biography) Simon Ward.		Young Catherine A German princess becomes Catherine the Great.		"The Cincinnati Kid"																
					F	★ ★ "Flamingo Road" (1949)		(:45) ★ ★ "Pillow to Post" (1945, Comedy)		★ ★ ★ "The Hucksters" (1947, Drama)		★ ★ ★ "Conflict" (1945)		(:15) ★ ★ ★ ★ "Casablanca" (1942, Drama)		"All Heaven"												
TDC	51	42	182	278	Varied Programs																							
TLC	49	62	183	280	Varied Programs																							
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Varied Programs													
TRAV	53	38	196	277	Varied Programs																							
TRUTV	73	75	242	246	Varied Programs																							
TVL	75	74	106	304	Paid Prg.	Paid Prg.	Andy G.	Andy G.	Andy G.	Bonanza	Varied Programs		G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	G'nsmoke	Varied	M*A*S*H	Varied	Jokers	Jokers				
USA	58	39	105	242	Varied Programs																							
WE	118	118	128	260	Varied Programs																							
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE		The Weather Channel LIVE								Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs					
WTBS	59	40	139	247	Varied Programs		Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	American	American	Varied Programs					
HBO	518	518	303	504	M	(7:25) "Down to You"		★ ★ "Life as We Know It" (2010)		"Big Mommas: Like Father"		His Dark Materials		(:45) ★ ★ "The Ringer" (2005, Comedy)		(:20) "Red Eye"		(:45) ★ ★ "Unknown" (2011)										
					T	"Empire of the Sun"		(8:55) "Ever After: A Cinderella Story"		★ ★ "The Sun Is Also a Star"		(:40) ★ ★ "In Her Shoes" (2005) Cameron Diaz.		(2:55) "Mr. Popper's Penguins"		"Moonlight Sonata: Deafness"												
					W	"Santa Buddies"		"Well Groomed"		(9:54) ★ ★ ★ "Madagascar"		(:20) ★ ★ ★ "Smallfoot" (2018)		"Teen Titans GO! to Movies"		"LEGO Movie 2: Second Part"		(:15) ★ ★ ★ "Shazam!" (2019, Action)										
					Th	Invasion	(:45) ★ ★ "The 15:17 to Paris" (2018)	(:20) "Season of the Witch"		His Dark Materials		(:05) ★ ★ "Mortal Engines" (2018)		(:15) Very Ralph		(:05) "Sucker Punch"												
					F	The 33	Queen of the World	(:45) ★ ★ ★ "In Her Shoes" (2005) Cameron Diaz.	★ ★ "The Recruit" (2003) Al Pacino.		REAL Sports Gumbel		(2:55) "The Sun Is Also a Star"		(:35) ★ ★ ★ "Moulin Rouge"													
MAX	531	531	311	516	M	★ ★ ★ "Midnight Run" (1988, Comedy)		(:10) ★ ★ ★ "Slumdog Millionaire"		(:15) ★ ★ ★ "Loving" (2016) Joel Edgerton.		(:20) "The Family Stone" (2005)		(:05) ★ ★ ★ "Crazy Rich Asians"														
					T	Family	(:36) ★ ★ "Paper Heart"	(:06) ★ ★ ★ "Déjà Vu" (2006) Val Kilmer		(:15) ★ ★ ★ "Deadpool 2" (2018, Action)		(:15) ★ ★ "The Human Stain" (2003)		(:05) ★ ★ "Mr. & Mrs. Smith" (2005)														
					W	Manhat	(:45) ★ ★ ★ "The American" (2010)	★ ★ "Maze Runner: The Death Cure" (2018)		"The Beautician and the Beast"		(:45) ★ ★ ★ "Death Becomes Her" (1992)		★ ★ "The Family Stone"														
					Th	Dogs-War	(:25) ★ ★ "The Good Son"	(9:55) ★ ★ ★ "The Tree of Life" (2011)		(:15) ★ ★ ★ "The Nice Guys" (2016)		(:15) ★ ★ ★ "Crazy Rich Asians" (2018)		(:20) "Idiocracy"		BlacKkKl												
					F	Glee 3D	(:20) "John Tucker Must Die"	(9:50) ★ ★ "Teen Witch" (1989)		(:25) ★ ★ "The Fountain"		(:01) ★ ★ ★ "Isle of Dogs"		(:45) ★ ★ "Mr. & Mrs. Smith" (2005)		(:45) ★ "Jaws the Revenge"												
SHOW	578	578	319	546	M	(7:05) "Rust Creek"		★ ★ ★ "Misery" (1990) James Caan.		★ ★ ★ "Scream" (1996) Neve Campbell.		★ ★ ★ "Scream 2" (1997) David Arquette.		★ ★ "Scream 3" (2000) David Arquette.		★ ★ "Scream 4"												
					T	(7:30) ★ ★ ★ "Sense and Sensibility"		★ ★ ★ "The School of Rock" (2003)		"House With a Clock in Walls"		Making of "The Professor" (2018)		(:35) ★ ★ "Peppermint" (2018, Action)		American												
					W	★ ★ ★ "Julie & Julia" (2009) Meryl Streep.		(:15) ★ ★ ★ "Spotlight" (2015) Mark Ruffalo.		★ ★ ★ "Green Book" (2018)		(:45) ★ ★ "A Bad Moms Christmas" (2017)		★ ★ "The Wedding Planner"														
					Th	WhenMet	★ ★ ★ "Misery" (1990) James Caan.	(:20) ★ ★ ★ "The Help" (2011, Drama) Viola Davis.		(:12:50) "Everybody's Fine"		★ ★ ★ "The Impossible" (2012, Drama)		Shameless		The Help												
					F	(:15) ★ ★ ★ "Baby Driver" (2017)	(:15) ★ ★ "Faster" (2010, Action)		★ ★ "The Fast and the Furious" (2001)		★ ★ "2 Fast 2 Furious" (2003) Tyrese		★ ★ "Fast & Furious" (2009)		Drift													
STARZ	621	621	351	526	M	(7:45) "The Heartbreak Kid"		Long Run		(:13) ★ ★ ★ "My Cousin Vinny" (1992)		(:14) ★ "Slender Man" (2018, Horror)		(1:49) "Stockholm" (2018)		(:22) Dublin Murders		(:24) ★ "Holmes & Watson"										
					T	"The Family Man"		(:03) "A Dog's Way Home"		(:41) ★ ★ "Just Go With It" (2011) Adam Sandler.		Dublin Murders		(1:53) ★ ★ ★ "The Family Man" (2000)		(:01) "A Dog's Way Home"		Saving										
					W	"Saving Santa"		(8:54) "Jumanji: Welcome to the Jungle"		(10:55) ★ ★ "Men in Black: International"		(:07) "Saving Santa" (2013)		(:33) ★ "Jack and Jill" (2011)		(:06) ★ ★ "Venom" (2018) Tom Hardy.												
					Th	(7:39) "Stockholm"		(:13) ★ ★ "Johnson Family Vacation"		(10:53) ★ "Jack and Jill" (2011)		(:24) "A Dog's Way Home"		(:02) ★ ★ "Stuck on You" (2003)		(:03) ★ ★ "Escape Room"		Stock										
					F	(7:04) "Green Zone"		(:02) "My Days of Mercy" (2017) Kate Mara.		"This Changes Everything"		(:33) ★ "When in Rome" (2010)		(:17) ★ ★ "Green Zone"		(:14) Dublin Murders		Miss Bala										
TMC	591	591	327	554	M	Paws		"The Isle" (2018) Conleth Hill.		(:15) "Dickie Roberts: Former Child Star"		★ ★ "Orange County"		"Dead Night" (2017) Brea Grant.		★ ★ "Brighton Rock" (2010) Sam Riley.		"Cutting Class"										
					T	Pork Pie		"Open Water 3: Cage Dive"		★ "The Three Musketeers" (2011)		★ ★ "Valkyrie" (2008) Tom Cruise.		(:05) ★ ★ "The Chamber" (1996)		★ ★ "7 Days in Entebbe" (2018)												
					W	Molly		"SuperGrid" (2018) Leo Fafard.		★ ★ "The Way of the Gun" (2000)		(:05) "My Father, the Hero"		(:35) "The Whole Nine Yards"		(:15) ★ ★ "Poetic Justice" (1993)		(:05) "Furlough"										
					Th	(7:55) ★ ★ "First Sunday"		(:35) ★ ★ "Pumpkin" (2002) Christina Ricci.		(:35) ★ ★ ★ "Metropolitan"		(:15) "Open Water 2: Adrift" (2006)		(2:50) "S.W.A.T.: Under Siege"		(:25) ★ ★ "They Live"												
					F	Change		★ ★ "Paws" (1997, Drama)		★ ★ "Pumpkin" (2002) Christina Ricci.		★ ★ "A Bad Moms Christmas"		(:45) ★ ★ "Ghosts of Mars" (2001)		(:25) ★ ★ "Cutting Class"		"S.W.A.T. Firefight"										