

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

DECEMBER 22, 2019

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	oh baby! (EI)	This Week With George ...	Jack Hanna	Ocean Treks	College Basketball South Carolina at Virginia. (N) (Live)	World of X Games (N)	Hearts of Heroes	oh baby! (EI)	Rock the Park (EI)	Sharyl Attkisson	KATU News at 5	World News						
PBS	3	5			Dinosaur Train (EI)	Arthur (EI)	R. Steves' Europe	Travels to the Edge	Nature "Snowbound: Animals of Winter"	NOVA Social lives of smart animals.	Shakespeare Live! From the RSC A look at the life and work of William Shakespeare.	Holiday Handbells: The Raleigh Ringers	Focus on Europe	GZERO World	To the Contrary	Washington Week	Firing-Hoover	NewsHour Wk						
CBS	6	6	6	6	CBS News Face the Nation (N)	The NFL Today (N) (Live)	NFL Football Baltimore Ravens at Cleveland Browns. (N) (Live)	NFL Post-game (N)	NFL Post-game (N)	Lucas Oil Challenge Cup (N)	No More Dentures	Open House	Raw Travel	Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News								
NBC	8	8	8	8	(6:00) KGW News at Sunrise (N)	Meet the Press (N)	PGA TOUR: Year in Review (N)	Team USA Awards (N)	FIS Freestyle	Figure Skating ISU Grand Prix Final. From Torino, Italy. (Taped)	Transform	Transform	Football Night in America (N) (Live)	NFL Football: Chiefs at Bears										
CW	9	9	32	32	REAL Jack Van Impe	Freethought	Organic	Christian Worship Hour	Paid Program	No More Dentures	No More Dentures	No More Dentures	No More Dentures	Emeril	Last Man Standing	Last Man Standing	How I Met	How I Met	Friends	Friends	black-ish	black-ish		
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX NFL Sunday (N) (Live)	NFL Football New Orleans Saints at Tennessee Titans. (N) (Live)	(:25) NFL Football Arizona Cardinals at Seattle Seahawks. (N) (Live)	The OT (N) (Live)	5 O'Clock News (N)														
MNT	13	13	49	49	FOX NFL Kickoff (N) (Live)	FOX News Sunday With Chris Wallace	Paid Program	Think Big (EI)	Real Life 101 (N)	Awesome Adventure	Animal Science	Paid Program	★★ "Home by Christmas" (2006, Drama) Linda Hamilton, Rob Stewart.	Major Crimes "By Any Means: Part 4"	Major Crimes "Re-loaded"	2 Broke Girls	Mike & Molly							
UNIV	22	22	16	47	Programa pagado	Programa pagado	"Jesús, el Niño Dios" (1970, Drama Histórico) Jorge Rivero, Guillermo Murray.	Vecinos	Vecinos	República Deportiva (N)	Al punto (N)	Aquí y ahora (N)	Como dice el dicho	Maria La historia de la vida de la Virgen María, la Madre de Dios.										
A&E	52	55	118	265	Hoarders	Hoarders	Hoarders	Hoarders	Hoarders	Hoarders	The First 48	The First 48	The First 48	"Lost World"										
AMC	60	45	131	254	★★ "All I Want for Christmas" (1991, Children's) Ethan Randall, Thora Birch.	★★ "Snow Day" (2000, Children's) Chris Elliott, Mark Webber, Jean Smart.	★★ "Ernest Saves Christmas" (1988, Children's) Jim Varney, Douglas Seale.	★★ "Christmas With the Kranks" (2004, Comedy) Tim Allen, Jamie Lee Curtis.	★★ "Four Christmases" (2008, Romance-Comedy) Vince Vaughn, Reese Witherspoon.															
ANP	24	49	184	282	Whale Wars	Whale Wars	Whale Wars	Whale Wars	Whale Wars: Bluefin	Whale Wars	Whale Wars	Whale Wars	Whale Wars	Watson (N)										
BET	4	72	124	392	Payne Payne	Payne Payne	Prince Martin	Prince Martin	Martin Martin	Martin Martin	★★★ "What's Love Got to Do With It" (1993) Angela Bassett.	"Dreamgirls" (2006)												
BRAVO	54	65	129	237	Housewives/OC	Real House.	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Housewives-Atlanta	Housewives-Atlanta									
CARTOON	25	59	177	297	Gumball Gumball	Gumball Gumball	Apple Apple	Teen Teen	Teen Titans Go!	Teen	Gumball Gumball	Gumball Gumball	Apple Apple	Teen Teen	Teen Teen									
CNN	68	44	200	202	Reliable Source	State of the Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom									
COM	77	56	107	249	The Office The Office	The Office The Office	The Office The Office	The Office The Office	The Office The Office	The Office The Office	The Office (:45) ★★★ "Meet the Parents" (2000) Robert De Niro.	(:15) ★★★ "The Wedding Singer" (1998)												
COOK	123	123	113	232	Delicious Delicious	Delicious Delicious	Kitchen Cooks	Christmas	Cupcake Wars	Cupcake Wars	Carn Eats Carn Eats	Carn Eats Carn Eats	Carn Eats Carn Eats	Carn Eats Carn Eats	Best Best	Best Best								
DISN	26	48	173	290	Big City Big City	Big City Big City	Toy Story Mickey	Party	Stuck in the Middle	Gabby	Raven Sydney	Just Roll Liv-Mad.	Liv-Mad. Cali Style	Coop Coop	Bunk'd Bunk'd									
E!	64	76	114	236	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians									
ESPN	33	27	140	206	(7:00) Sunday NFL Countdown (N) (Live)	Spartan Race	Spartan Race From Laughlin, Nev. (N)	Subject To Review	2019 World Series of Poker	2019 World Series of Poker	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	CFB 150: Greatest										
ESPN2	34	28	143	209	(7:00) Fantasy Football Now (N) (Live)	Women's College Basketball	Swimming	Slippery	College Basketball Xavier at TCU. (N) (Live)	NBA G League Basketball														
FNC	66	25	205	360	MediaBuzz (N) (Live)	News	America's News HQ	Fox News Sunday	Journal Editorial Rpt.	America's News HQ	Greg Gutfeld	Fox Report	Fox News Sunday	Life, Liberty & Levin										
FOOD	61	54	110	231	Guy's Valerie's	Pioneer Pioneer	The Pioneer Woman	Girl-Farm Valerie's	Contessa Holiday	A Very Brady	Gingerbread	Food Truck Race	Christmas Cookie	Christmas Cookie										
FREE	32	33	180	311	(7:00) ★★ "The Holiday" (2006)	(:15) ★★★ "The Santa Clause" (1994) Tim Allen.	(:25) ★★ "The Santa Clause 2" (2002)	"The Santa Clause 3: The Escape Clause"	"Dr. Seuss' How-Grinch"															
FS1	41	85	150	219	Soccer Match	Bundesliga Soccer	FIFA Club World Cup Soccer	FIFA	College Basketball	USGA Review	2019 U.S. Open	Boxing												
FX	65	24	136	249	Mike & Molly	The Weekly	★★ "Transformers: Dark of the Moon" (2011, Action) Shia LaBeouf, Josh Du-hamel. The Decepticons renew their battle against the Autobots.	★★ "Transformers: Age of Extinction" (2014, Action) Mark Wahlberg, Stanley Tucci. Optimus Prime and the Autobots face fearsome challengers.	★★ "Transformers: The Last Knight" (2017, Action) Mark Wahlberg. Premiere.															
FX	35	64	125	259	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons	Simpsons Simpsons
GOLF	88	88	401	218	(6:00) PGA Tour Golf	PGA Tour Golf	2019 TOUR Championship From East Lake Golf Club in Atlanta. August 25, 2019.	Golf																
HALL	87	87	185	312	"Mingle All the Way" (2018, Romance) Jen Lilley, Brant Daugherty, Ava Grace Cooper.	"A Royal Christmas" (2014, Romance) Lacey Chabert, Stephen Hagan, Jane Seymour.	"A Cheerful Christmas" (2019, Romance-Comedy) Chad Connell, Erica Deutschman.	"Double Holiday" (2019, Romance) Kristoffer Polaha, Carly Pope, Barbara Eve Harris.	"A Christmas Love Story" (2019, Drama) Kristin Chenoweth, Scott Wolf.															
HALLMM	86	86	187	565	(7:00) "Christmas Homecoming" (2017)	"Journey Back to Christmas" (2016, Drama) Candace Cameron Bure, Oliver Hudson.	"Once Upon a Christmas Miracle" (2018, Drama) Aimee Teegarden, Brett Dalton.	"Sense, Sensibility & Snowmen" (2019, Romance) Erin Krakow, Kimberly Sustad.	"A Bramble House Christmas" (2017, Romance) David Haydn-Jones, Autumn Reeser.	"A Veteran's Christmas" (2018)														
HGTV	62	57	112	229	Property Brothers	Property Brothers	Property Brothers	Property Brothers	A Very Brady	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	Love It or List It	
HIST	50	60	120	269	Cnt. Cars Cnt. Cars	Counting Cars "Back in Time" A 1957 Special Edition T-Bird.	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers
LIFE	29	29	108	252	Amazing Jeremiah	J. Osteen	Paid Prog.	"A Sweet Christmas Romance" (2019)	"A Storybook Christmas" (2019) Ali Liebert.	"A Christmas Wish" (2019) Hilarie Burton.	"Mistletoe & Menorahs" (2019, Romance)													
MSNBC	71	67	209	356	(7:00) AM Joy (N)	Weekends-Alex Witt	Weekends-Alex Witt	MSNBC Live	MSNBC Live	MSNBC Live (N)	PoliticsNation (N)	Meet the Press	Kasie DC (N)											
NBCSN	89	89	159	220	Premier Premier	Premier League Soccer: Spurs vs Blues	Prem Goal Zone	Premier Soccer	Premiership Rugby	Biath	Cross-Country	Alpine Skiing	Ninja											
NBCSNW	426	37	424		Outdoor GPS (N)	NWOutdrs Hoss	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Blazers	40 Days	Rip City Mornings	Best of	Rip City Drive									
NGEO	55	78	197	276	Try Total BLINK	America Before Columbus	Riddle-Stone Age	Solomon's Treasures	Herod's Lost Tomb	The Lost Tomb	Missing Years, Jesus	The Holy Arks	Buried Secrets-Bible											
NICK	27	51	171	299	Rangers Smurfs	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.	Sponge. Sponge.
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Home Made Simple	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life	Iyanla, Fix My Life
OXY	30	69	127	251	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings	Killer Siblings
PARMT	42	43	241	241	★★★★ "Raiders of the Lost Ark" (1981) Karen Allen	(:40) ★★★ "Indiana Jones and the Temple of Doom" (1984)	(:20) ★★★ "Indiana Jones and the Last Crusade" (1989)	(:20) "Raiders of the Lost Ark"																
ROOT	37	26	426	687	Paid Prog. Paid Prog.	Paid Prog. Paid Prog.	Paid Prog. Emeril	Paid Prog. Seahawks	Seahawks	Tennis	College Basketball	Sporting	Power	Charlie										
SYFY	67	50	122	244	The Twilight Zone	★★★ "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe.	(:34) ★★★ "Harry Potter and the Chamber of Secrets" (2002) Daniel Radcliffe.	"Harry Potter-Azkaban"																
TCM	56	73	132	256	(7:00) ★ "Cash on Demand" (1962)	A Night at the Movies	(:15) ★★★ "King of Kings" (1961) Jeffrey Hunter, Siobhan McKenna, Robert Ryan. Orson Welles narrates the story of Jesus.	(:15) ★★★ "The Greatest Story Ever Told" (1965, Historical Drama) Max von Sydow, Charlton Heston, Carroll Baker. A chronicle of the life and times of Jesus Christ.	★★★★ "Going My Way" (1944, Musical)															
TDC	51	42	182	278	The RVers Right	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire	Billionaire
TLC	49	62	183	280	Say Yes Say Yes	Say Yes Say Yes	Say Yes Say Yes	Say Yes Say Yes	Say Yes Say Yes	Say Yes Say Yes	My 600-Lb. Life "Karina's Story"	My 600-Lb. Life "Alicia's Story"	90 Day Fiancé											
TNT	57	52	138	245	(7:32) ★★★ "Star Wars: Return of the Jedi" (1983, Science Fiction) Mark Hamill, Harrison Ford.	★★★ "Rogue One: A Star Wars Story" (2016) Felicity Jones. Resistance fighters unite to steal plans for the Death Star.	★★★★ "Star Wars: A New Hope" (1977) Mark Hamill. Young Luke Skywalker battles evil Darth Vader.	(:15) ★★★★★ "Star Wars: The Empire Strikes Back" (1980) Mark Hamill.																
TRAV	53	38	196	277	Expedition Bigfoot	Paranormal Ca.	Paranormal Ca.	Paranormal Ca.	Woo.- Haunted	Woo.- Haunted	Woo.- Haunted	Legend of Bigfoot	Killer Yeti in Russia											
TRUTV	73	75	242	246	Hack Hack	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...
TVL	75	74	106	304	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls	Gold Girls Gold Girls
USA	58	39	105	242	In Touch J. Osteen	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU
WE	118	118	128	260	Ever Increasing	Iron	LifeLock	Law Order: CI	Law Order: CI	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order
WEATH	14	19	214	362	(6:00) Weekend Recharge (N) (Live)	Earth	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's	World's
WTBS	59	40	139	247	Jokers Jokers	Jokers Misery	Misery	(:33) ★★ "Clash of the Titans" (2010) Liam Neeson	★ "Wrath of the Titans" (2012)	(:15) ★★ "Van Helsing" (2004) Hugh Jackman. 'PG-13'	Shop: Unintrp.	(:15) ★★ "Jingle All the Way" (1996) Arnold Schwarzenegger.	(:45) ★ "Head Full of Honey" (2018) Nick Nolte. An Alzheimer's patient and his granddaughter visit Italy.	"Well Groomed" (2019) 'NR'	★★ "Mortal Engines" (2018, Science Fiction) Hera Hilmar, Robert Sheehan. 'PG-13'	(:15) ★★ "The Sun Is Also a Star" (2019)								
HBO	518	518	303	504	(7:30) ★★ "Van Helsing" (2004) Hugh Jackman. 'PG-13'	Shop: Unintrp.	(:15) ★★ "Jingle All the Way" (1996) Arnold Schwarzenegger.	(:45) ★ "Head Full of Honey" (2018) Nick Nolte. An Alzheimer's patient and his granddaughter visit Italy.	"Well Groomed" (2019) 'NR'	★★ "Mortal Engines" (2018, Science Fiction) Hera Hilmar, Robert Sheehan. 'PG-13'	(:15) ★★ "The Sun Is Also a Star" (2019)													
MAX	531	531	311	516	(7:55) ★★ "The Meg" (2018, Science Fiction) Jason Statham, Li Bingbing. 'PG-13'	"Collision" (2013, Suspense) Frank Grillo, Roschdy Zem. 'R'	(:45) ★★ "Annapolis" (2006, Drama) James Franco, Tyrese Gibson. 'PG-13'	★★ "Maze Runner: The Death Cure" (2018, Science Fiction) Dylan O'Brien, Kaya Scodelario. 'PG-13'	(3:55) ★★ "The American" (2010) George Clooney. 'R'	"The Tree of Life"														
SHOW	578	578	319	546	Inside the NFL	★★ "The Wedding Planner" (2001) Jennifer Lopez. 'PG-13'	(:45) ★★ "A Bad Moms Christmas" (2017, Comedy) Mila Kunis, Kristen Bell. 'R'	★★ "Second Act" (2018) Jennifer Lopez, Leah Remini. 'PG-13'	(:15) ★★ "Green Book" (2018, Comedy-Drama) Viggo Mortensen, Mahershala Ali. 'PG-13'	The L Word: Generation Q	Work in Progress													
STARZ	621	621	351	526	"Stan & Ollie" (2019) Chris Hemsworth. 'PG-13'	(:31) ★★ "Men in Black: International" (2019) Will Smith, Chris Hemsworth. 'PG-13'	(:28) "Saving Santa" (2013) Voices of Martin Freeman. 'NR'	(11:54) ★★ "Duplicité" (2009, Romance-Comedy) Julia Roberts, Clive Owen. 'PG-13'	(:01) Dublin Murders "Episode 106"	(:02) ★★ "The Girl in the Spider's Web" (2018, Action) Claire Foy, Beau Gadsdon. 'R'	★★ "Men in Black: International" (2019)													
TMC	591	591	327	554	(7:30) ★★ "Airplane!" (1980)	★★ "Evan Almighty" (2007, Children's) Steve Carell. 'PG'	(:45) ★★ "The Truth About Lies" (2017, Romance-Comedy) Fran Kranz. 'NR'	★★ "My Father, the Hero" (1994) Gérard Depardieu. 'PG'	"Mary Shelley" (2017) Elle Fanning, Mary Shelley begins writing "Frankenstein."	(:05) ★★ "Poetic Justice" (1993, Romance-Comedy) Janet Jackson. 'R'														