

Lonely husband gives more than he’s getting from wife

DEAR ABBY: My wife and I married in our early 40s. I have given my all to her, but I have always felt underappreciated.

I always wanted to be a father, but she didn’t want to have kids. After we were together for a few years, she changed her mind, so we decided to try for a child and were surprised to discover after only a week of trying that we were pregnant. A few months ago, we were blessed with our beautiful, healthy daughter.

My wife had difficulty with breastfeeding, so she decided to stop and solely bottle-feed. I have been supportive of her decision, but she still feels sad and guilty about it. I have done all I can to encourage and comfort her, but she just brushes me off.

I love my wife with all that I am, but I don’t feel loved in return. Since we started dating, she has always called me “Babe.” Now she calls me by my first name. I tell her I love her every day, but she hasn’t said it back since the baby was born. She also doesn’t say good night when she goes to bed.

We haven’t kissed in almost two months. I receive no affection from her; she never even touches me. I don’t care about not having sex, but she won’t even touch my arm or try to hold my hand. I feel alone and lonely in my own home. What can I do to change things?

— HEARTSICK HUSBAND

DEAR HUSBAND: Tell your wife what you have written. She may be feeling overwhelmed and exhausted from taking care of a brand-new baby, or suffer from a common condition called postpartum depression. (It’s sometimes referred to as the “baby blues” for a reason.) Urge her to discuss how she has been feeling with her OB/GYN because, with medical help, the condition is treatable. Please don’t wait because the sooner this is dealt with, the better it will be for all three of you.

DEAR ABBY: I recently housesat for a friend and her family while they were on vacation because they needed someone to water their plants and take out their dog. Cleaning is a favorite pastime of mine, so while I was there, I did some tidying up. I did not enter any of their bedrooms and only did small

tasks such as vacuum and mop the common areas. I genuinely thought I was being considerate by going above and beyond.

When they returned, they seemed shocked and even slightly offended, and made jokes about how I must think they are messy. At the time, it seemed fine, but I understand now it may have been misinterpreted.

Did I cross a boundary, and should I avoid doing this in the future? How should I apologize? I feel terrible for offending them.

— CLEANING’S MY THING

DEAR C.M.T.: Stop beating yourself up and ASK your friend if she was offended that you mopped and dusted while you were housesitting. If the answer is yes, apologize. And when you do, explain that you are somewhat of a “neatnik” and thought they would be pleased to come home and find fewer chores needing to be done. If she’s truly offended, you won’t be asked to housesit again, but I have a strong hunch you will be.

DEAR ABBY: I am a naturally thin young woman. Oftentimes, especially when I’m working in offices with older women, my co-workers comment on their dissatisfaction with their weight and how they wish their body could be more like mine.

To be honest, I don’t equate thinness with beauty or fat with ugliness. But when I try to tell these women I think they are beautiful as they are, it’s received with suspicion, as if they think I don’t mean what I say. How can I respond to those who are unhappy with their weight without sounding insincere? I don’t want to hurt anybody’s feelings.

— THIN IN FLORIDA

DEAR THIN: When your co-workers compliment you about your figure, smile and say thank you. Period. If they express dissatisfaction with their appearance, do not allow yourself to be drawn into the conversation. You can’t alleviate their insecurities; they haven’t believed you when you tried. Because the subject makes you uncomfortable, try changing the topic to another one.

NASA

Surprising 1st results from sun-skimming spacecraft

By Marcia Dunn
The Associated Press

CAPE CANAVERAL, Fla. — NASA’s sun-skimming spacecraft, the Parker Solar Probe, is surprising scientists with its unprecedented close views of our star.

Scientists released the first results from the mission Wednesday. They observed bursts of energetic particles never seen before on such a small scale as well as switchback-like reversals in the out-flowing solar magnetic field that seem to whip up the solar wind.

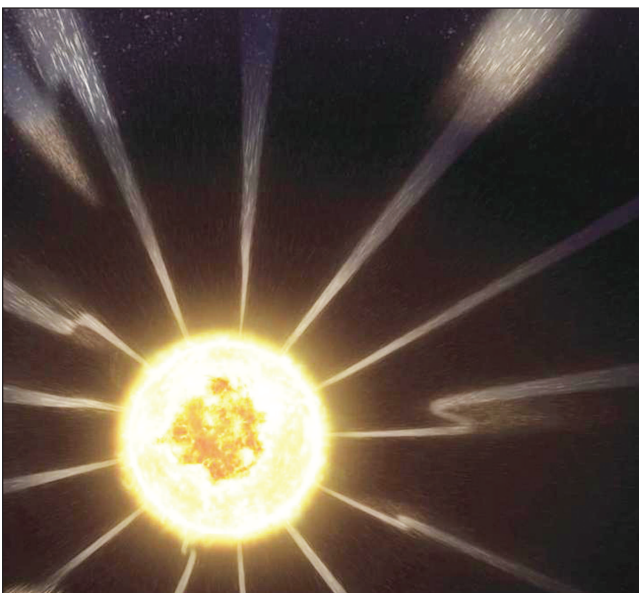
NASA’s Nicola Fox compared this unexpected switchback phenomenon to the cracking of a whip.

“They’re striking and it’s hard to not think that they’re somehow important in the whole problem,” said Stuart Bale of the University of California, Berkeley, who was part of the team.

Researchers said they also finally have evidence of a dust-free zone encircling the sun. Farther out, there’s so much dust from vaporizing comets and asteroids that one of 80 small viewfinders on one instrument was pierced by a grain earlier this year.

“I can’t say that we don’t worry about the spacecraft. I mean, the spacecraft is going through an environment that we’ve never been before,” Fox said.

Launched in 2018, Parker has come within 15 million miles of the sun and will get increasingly closer — within 4 million miles — over the



NASA/The Associated Press

This image taken from video animation provided by NASA, shows flips in the direction of the magnetic field embedded in the solar wind that flows out from the Sun, as detected by the NASA’s Parker Solar Probe’s FIELDS instrument.

next six years. It’s completed three of 24 orbits of the sun, dipping well into the corona, or upper atmosphere. The goal of the mission is to shed light on some of the mysteries surrounding the sun.

Parker will sweep past Venus on Dec. 26 for the second gravity-assist of the \$1.5 billion mission and make its fourth close solar encounter in January.

The findings in the journal Nature were made during a relatively quiet phase of solar activity.

“We’re just starting to scratch the surface of this fascinating physics,” said Princeton University’s David McComas, the chief scientist of one of the spacecraft’s instruments.

As Parker gets even closer to its target, the sun will go through an active phase “so we can expect even more exciting results soon,” University College London’s Daniel Verscharen wrote in an accompanying editorial. Verscharen was not part of the mission.

Over the summer, Fox shared these early results with solar astrophysicist Eugene Parker, 92, professor emeritus at the University of Chicago for whom the spacecraft is named. He expressed excitement — “wow” — and was keen to be involved.

It’s the first NASA spacecraft to be named after a person still alive. Parker attended its launch last year from Cape Canaveral.

AccuWeather

DOWNLOAD THE FREE APP

weather

TONIGHT	SAT	SUN	MON	TUE
A couple of showers late	Mostly cloudy, a shower	A little snow in the a.m.	Mostly cloudy	Times of clouds and sun
Baker City 31 Comfort Index™ 2	40 31 2	42 23 3	38 23 4	37 22 2
La Grande 37 Comfort Index™ 1	43 37 1	43 30 2	42 24 4	40 27 3
Enterprise 34 Comfort Index™ 3	41 34 2	41 25 3	40 22 4	39 26 4

Comfort Index takes into account how the weather will feel based on a combination of factors. A rating of 10 feels very comfortable while a rating of 0 feels very uncomfortable.

ALMANAC			
TEMPERATURES	Baker City	La Grande	Elgin
High Wednesday	40°	44°	49°
Low Wednesday	23°	27°	28°
PRECIPITATION (inches)			
Wednesday	0.00	0.00	0.00
Month to date	0.02	Trace	0.01
Normal month to date	0.13	0.26	0.46
Year to date	7.37	13.72	26.44
Normal year to date	9.28	15.12	21.13

AGRICULTURAL INFO.	
HAY INFORMATION SATURDAY	
Lowest relative humidity	60%
Afternoon wind	S at 8 to 16 mph
Hours of sunshine	0.6
Evapotranspiration	0.05

RESERVOIR STORAGE	(through midnight Thursday)
Phillips Reservoir	22% of capacity
Unity Reservoir	35% of capacity
Owyhee Reservoir	65% of capacity
McKay Reservoir	20% of capacity
Wallowa Lake	33% of capacity
Thief Valley Reservoir	59% of capacity

STREAM FLOWS	(through midnight Wednesday)
Grande Ronde at Troy	762 cfs
Thief Valley Reservoir near North Powder	1 cfs
Burnt River near Unity	14 cfs
Umatilla River near Gibbon	60 cfs
Minam River at Minam	N.A.
Powder River near Richland	28 cfs

WED. EXTREMES	
NATION (for the 48 contiguous states)	
High: 84°	Falfurrias, Texas
Low: -11°	Daniel, Wyo.
Wettest: 3.35"	Williams, Ariz.

OREGON	
High: 57°	Brookings
Low: 12°	Sisters
Wettest: Trace	Tillamook

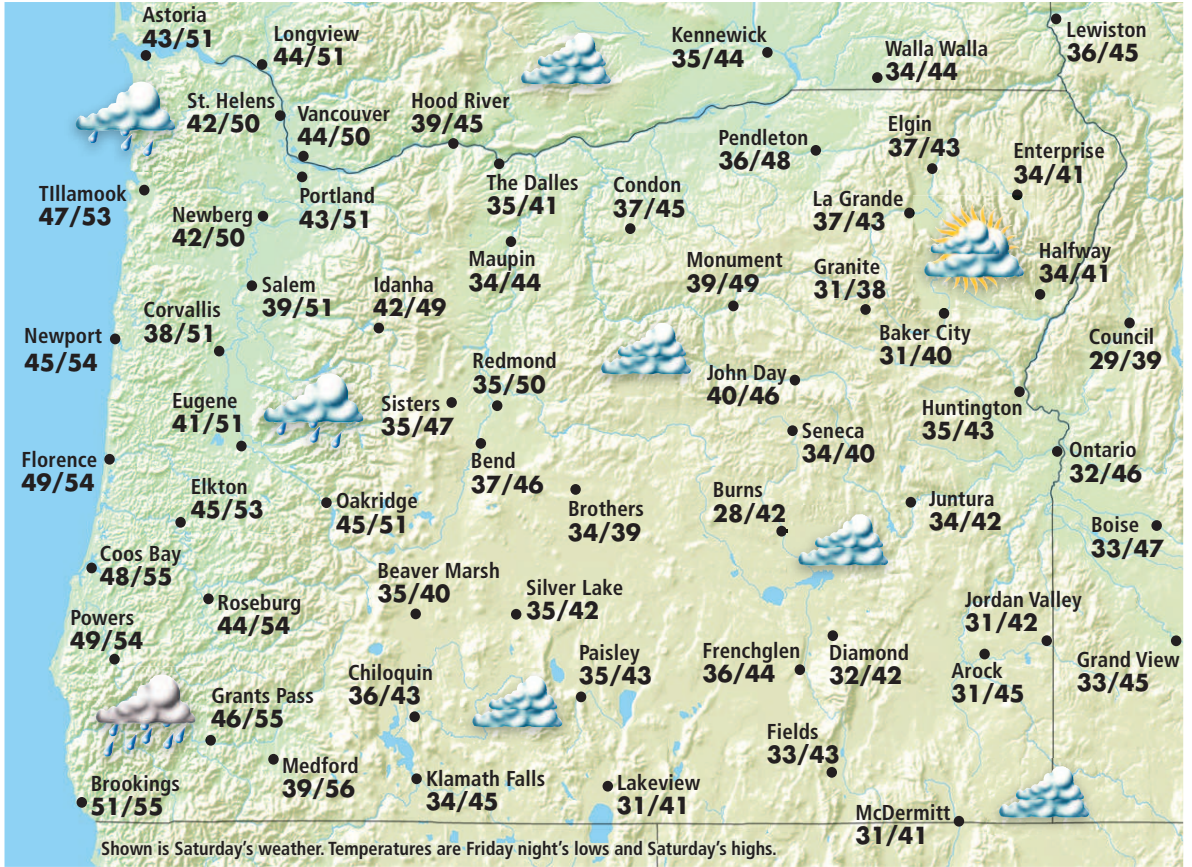
WEATHER HISTORY
On Dec. 6, 1964, almost 15 inches of rain fell on Little Port Walter, Ark., in 24 hours. This is the greatest 24-hour rainfall event in the state’s history.

SUN & MOON				
		FRI.	SAT.	
Sunrise	7:16 a.m.	7:17 a.m.		
Sunset	4:10 p.m.	4:10 p.m.		
Moonrise	1:46 p.m.	2:07 p.m.		
Moonset	1:16 a.m.	2:18 a.m.		

MOON PHASES				
Full	Last	New	First	
Dec 11	Dec 18	Dec 25	Jan 2	

AROUND OREGON AND THE REGION

Forecasts and graphics provided by AccuWeather, Inc. ©2019



REGIONAL CITIES

City	SAT. Hi/Low/W	SUN. Hi/Low/W	City	SAT. Hi/Low/W	SUN. Hi/Low/W
Astoria	51/40/c	52/40/pc	Lewiston	45/40/sh	45/33/pc
Bend	46/34/c	47/27/pc	Longview	51/45/sh	51/41/c
Boise	47/39/c	48/31/sh	Meacham	41/35/c	41/30/sn
Brookings	55/46/r	55/40/pc	Medford	56/39/r	54/31/pc
Burns	42/30/sn	43/20/c	Newport	54/44/sh	52/39/pc
Coos Bay	55/46/sh	53/38/pc	Olympia	50/42/c	50/37/c
Corvallis	51/41/sh	51/36/c	Ontario	46/38/c	48/29/c
Council	39/35/c	40/30/sn	Pasco	43/35/c	44/30/c
Elgin	43/37/c	42/32/sn	Pendleton	48/39/c	47/34/c
Eugene	51/40/sh	51/36/pc	Portland	51/44/sh	52/40/pc
Hermiston	45/37/c	48/32/c	Powers	54/46/c	54/37/pc
Hood River	45/41/sh	49/35/pc	Redmond	50/32/c	50/27/pc
Imnaha	48/40/c	45/31/c	Roseburg	54/43/c	53/38/pc
John Day	46/39/c	43/29/sn	Salem	51/42/sh	51/37/pc
Joseph	41/33/r	40/23/sn	Spokane	41/34/sh	37/28/c
Kennewick	44/37/c	47/32/c	The Dalles	41/36/c	46/34/pc
Klamath Falls	45/33/sn	44/21/c	Ukiah	43/35/c	41/27/sn
Lakeview	41/29/c	41/18/c	Walla Walla	44/36/c	41/32/c

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

RECREATION FORECAST SATURDAY

ANTHONY LAKES Snow, 3-6"		30 20
MT. EMILY REC. A bit of snow		36 31
EAGLE CAP WILD. Snow, 2-4"; breezy		30 24
WALLOWA LAKE Rain and drizzle		41 33
THIEF VALLEY RES. A passing shower		40 31
PHILLIPS LAKE A little snow		39 32
BROWNLEE RES. Cloudy, a shower		44 38
EMIGRANT ST. PARK A bit of snow		39 33
MCKAY RESERVOIR Cloudy, a shower		49 41
RED BRIDGE ST. PARK A shower		43 37

need MORE

Show Listings, Sudoku, Crosswords, Word Search, Sports Quizzes & More...?

Check out our new TV Magazine

EVERY FRIDAY

Baker City Herald THE OBSERVER