

MONDAY EVENING

|         | LG  | BC  | D   | DTV | 6 PM                                                                                                          | 6:30                                                        | 7 PM                                                                                                                                               | 7:30                  | 8 PM                                                                                                         | 8:30                    | 9 PM                                                                                                                        | 9:30        | 10 PM                                                                 | 10:30                 | 11 PM                     | 11:30                     |              |
|---------|-----|-----|-----|-----|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------|-------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------------------------------------------------|-----------------------|---------------------------|---------------------------|--------------|
| ABC     | 2   | 2   | 2   | 2   | KATU News at 6 (N) (Live)                                                                                     |                                                             | Jeopardy! (N)                                                                                                                                      | Wheel of Fortune (N)  | The Great Christmas Light Fight (Season Premiere) Brewerton, N.Y.; Portland, Ore. (N)                        |                         |                                                                                                                             |             | The Good Doctor An injured NFL player must be treated.                |                       | KATU News at 11 (N)       | (:35) Jimmy Kimmel Live!  |              |
| PBS     | 3   | 5   |     |     | This Old House                                                                                                | Nightly Business Report                                     | PBS NewsHour (N)                                                                                                                                   |                       | John Sebastian Presents: Folk Rewind (My Music) Artists of the 1950s and '60s.                               |                         |                                                                                                                             |             | Country Music: Live at the Ryman Musicians celebrate "Country Music." |                       |                           |                           |              |
| CBS     | 6   | 6   | 6   | 6   | KOIN 6 News at 6 (N)                                                                                          | CBS Evening News                                            | Extra (N)                                                                                                                                          | Entertainment Tonight | Rudolph the Red-Nosed Reindeer                                                                               |                         | All Rise Lola officiates weddings.                                                                                          |             | Bull Bull defends a prison guard.                                     |                       | KOIN 6 News at 11 (N)     | Late Show-Colbert         |              |
| NBC     | 8   | 8   | 8   | 8   | KGW News at 6 (N)                                                                                             |                                                             | Tonight With Cassidy (N)                                                                                                                           | Inside Edition (N)    | The Voice "Live Top 10 Performances" The top 10 artists perform live. (N Same-day Tape)                      |                         |                                                                                                                             |             | (:01) Making It Ten new makers join Amy and Nick.                     |                       | KGW News at 11 (N)        | Tonight Show              |              |
| CW      | 9   | 9   | 32  | 32  | Modern Family                                                                                                 | Modern Family                                               | The Goldbergs                                                                                                                                      | The Goldbergs         | All American Spencer gets some guidance from Layla.                                                          |                         | Black Lightning (N)                                                                                                         |             | KOIN 6 News at 10p (N)                                                |                       | Seinfeld                  | Seinfeld                  |              |
| FOX     | 12  | 12  | 12  | 12  | 6 O'Clock News (N)                                                                                            |                                                             | Family Feud                                                                                                                                        | Family Feud           | 9-1-1 "Christmas Spirit" Holiday-themed incidents.                                                           |                         | (:01) Prodigal Son Jessica has a blowout with Ainsley.                                                                      |             | 10 O'Clock News (N)                                                   |                       | 11 O'Clock News (N)       | (:35) The Big Bang Theory |              |
| MNT     | 13  | 13  | 49  | 49  | Family Feud                                                                                                   | Family Feud                                                 | The Big Bang Theory                                                                                                                                | The Big Bang Theory   | 8 O'Clock News (N)                                                                                           |                         | 9 O'Clock News (N)                                                                                                          |             | The Simpsons                                                          | Family Guy "Petey IV" | Bob's Burgers             | The Game                  |              |
| UNIV    | 22  | 22  | 16  | 47  | Noticias noroeste 6P                                                                                          | Noticiero Univision                                         | Amor eterno (N)                                                                                                                                    |                       | Ringo (N)                                                                                                    |                         | La Rosa de Guadalupe                                                                                                        |             | El dragón (N)                                                         |                       | Noticias noroeste 11P     | Noticiero Uni             |              |
| A&E     | 52  | 55  | 118 | 265 | (5:00) Live PD "Live PD -- 10.04.19"                                                                          |                                                             |                                                                                                                                                    |                       | Live PD (N)                                                                                                  |                         | Garth Brooks: The Road I'm On "Part 1" (Premiere) (N)                                                                       |             |                                                                       |                       | Garth Brooks: The Road    |                           |              |
| AMC     | 60  | 45  | 131 | 254 | (5:00) *** "Planes, Trains and Automobiles"                                                                   |                                                             | ** "Christmas With the Kranks" (2004) Tim Allen. A couple scramble to assemble a holiday celebration.                                              |                       |                                                                                                              |                         | (:05) ** "Fred Claus" (2007, Comedy) Vince Vaughn, Paul Giamatti. Santa's ne'er-do-well brother puts Christmas in jeopardy. |             |                                                                       |                       | (35) "Four Christmases"   |                           |              |
| ANP     | 24  | 49  | 184 | 282 | (5:00) River Monsters                                                                                         |                                                             | River Monsters                                                                                                                                     |                       | River Monsters                                                                                               |                         | River Monsters Jeremy hunts the Loch Ness Monster.                                                                          |             |                                                                       |                       | River Monsters            |                           |              |
| BET     | 4   | 72  | 124 | 392 | *** "Training Day" (2001, Crime Drama) Denzel Washington, Ethan Hawke.                                        |                                                             |                                                                                                                                                    |                       | Movie                                                                                                        |                         |                                                                                                                             |             |                                                                       |                       |                           |                           |              |
| BRAVO   | 54  | 65  | 129 | 237 | Below Deck                                                                                                    |                                                             | Below Deck "Smashon"                                                                                                                               |                       | Below Deck                                                                                                   |                         | Below Deck (N)                                                                                                              |             | Below Deck                                                            |                       | Watch What                | Blind Date                |              |
| CARTOON | 25  | 59  | 177 | 297 | Teen Titans                                                                                                   | Teen Titans                                                 | Gumball                                                                                                                                            | Gumball               | We Bare                                                                                                      | We Bare                 | Amer. Dad                                                                                                                   | Amer. Dad   | Burgers                                                               | Burgers               | Family Guy                | Family Guy                |              |
| CNN     | 68  | 44  | 200 | 202 | Cuomo Prime Time (N)                                                                                          |                                                             | CNN Tonight w/ Don Lemon                                                                                                                           |                       | CNN Tonight w/ Don Lemon                                                                                     |                         | Anderson Cooper 360                                                                                                         |             | Cuomo Prime Time                                                      |                       | CNN Tonight w/ Don Lemon  |                           |              |
| COM     | 77  | 56  | 107 | 249 | (:15) The Office                                                                                              |                                                             | The Office                                                                                                                                         | The Office            | The Office                                                                                                   | The Office              | The Office                                                                                                                  | The Office  | The Office                                                            | The Office            | Daily Show                | Lights Out                |              |
| COOK    | 123 | 123 | 113 | 232 | Christmas Chowdown (N)                                                                                        |                                                             | The Best Thing I Ever Ate                                                                                                                          |                       | The Best Thing I Ever Ate                                                                                    |                         | The Best Thing I Ever Ate                                                                                                   |             | Christmas Chowdown                                                    |                       | The Best Thing I Ever Ate |                           |              |
| DISN    | 26  | 48  | 173 | 290 | Jessie                                                                                                        | Jessie                                                      | Bunk'd                                                                                                                                             | Raven                 | Raven                                                                                                        | Roll With It            | Jessie                                                                                                                      | Jessie      | Coop & Cami                                                           | Sydney-Max            | Raven                     | Roll With It              |              |
| E!      | 64  | 76  | 114 | 236 | Botched "Foreign Bodies"                                                                                      |                                                             | Botched                                                                                                                                            |                       | Botched                                                                                                      |                         | Botched                                                                                                                     |             | Botched (N)                                                           |                       | Nightly Pop               | Botched                   |              |
| ESPN    | 33  | 27  | 140 | 206 | (5:00) NFL Football Minnesota Vikings at Seattle Seahawks. (N) (Live)                                         |                                                             |                                                                                                                                                    |                       | (:15) SportsCenter With Scott Van Pelt (N) (Live)                                                            |                         | NFL Rewind                                                                                                                  |             | SportsCenter With Scott Van Pelt (N)                                  |                       | NFL Rewind                |                           |              |
| ESPN2   | 34  | 28  | 143 | 209 | College Basketball Clemson at Minnesota. (N) (Live)                                                           |                                                             |                                                                                                                                                    |                       | College Football Final                                                                                       |                         | Who's In?                                                                                                                   |             | SportsCenter W/Van Pelt                                               |                       | The Greatest              | Now/Nev.                  | SportsCenter |
| FNC     | 66  | 25  | 205 | 360 | Hannity (N)                                                                                                   |                                                             | The Ingraham Angle (N)                                                                                                                             |                       | Fox News at Night                                                                                            |                         | Tucker Carlson Tonight                                                                                                      |             | Hannity                                                               |                       | The Ingraham Angle        |                           |              |
| FOOD    | 61  | 54  | 110 | 231 | Gingerbread Showdown                                                                                          |                                                             | Gingerbread Showdown                                                                                                                               |                       | Holiday Baking                                                                                               |                         | Holiday Baking                                                                                                              |             | Christmas Cookie                                                      |                       | Holiday Wars              |                           |              |
| FREE    | 32  | 33  | 180 | 311 | Deck Hall                                                                                                     | (:20) ** "Dr. Seuss' How the Grinch Stole Christmas" (2000) |                                                                                                                                                    |                       |                                                                                                              |                         | Wrap Battle (N)                                                                                                             |             | Wrap Battle (N)                                                       |                       | The 700 Club              |                           |              |
| FS1     | 41  | 85  | 150 | 219 | Boxing                                                                                                        |                                                             | PBC Collection                                                                                                                                     |                       | TMZ Sports                                                                                                   |                         | Fair Game                                                                                                                   |             | NASCAR Race Hub                                                       |                       | 2019 U.S. Open: Woodland  |                           |              |
| FX      | 65  | 24  | 136 | 249 | (4:30) ** "Ted 2" (2015, Comedy) Mark Wahlberg.                                                               |                                                             | ** "Now You See Me 2" (2016, Adventure) Jesse Eisenberg, Mark Ruffalo, Woody Harrelson. Four magicians must steal a powerful computer chip.        |                       |                                                                                                              |                         | ** "Now You See Me 2" (2016) Jesse Eisenberg. Four magicians must steal a powerful computer chip.                           |             |                                                                       |                       |                           |                           |              |
| FX      | 35  | 64  | 125 | 259 | Simpsons                                                                                                      | Simpsons                                                    | Simpsons                                                                                                                                           | Simpsons              | Simpsons                                                                                                     | Simpsons                | Simpsons                                                                                                                    | Simpsons    | Simpsons                                                              | Simpsons              | Simpsons                  | Simpsons                  |              |
| GOLF    | 88  | 88  | 401 | 218 | Golf's Greatest Rounds (N)                                                                                    |                                                             |                                                                                                                                                    |                       | Golf's Greatest Rounds (N)                                                                                   |                         |                                                                                                                             |             |                                                                       |                       |                           |                           |              |
| HALL    | 87  | 87  | 185 | 312 | "Jingle Around the Clock" (2018, Comedy) Brooke Nevin, Michael Cassidy, Katerina Katelieva.                   |                                                             |                                                                                                                                                    |                       | "Merry & Bright" (2019) Jodie Sweetin, Andrew Walker. Cate meets a man during the busy Christmas season.     |                         | (:03) "Christmas Next Door" (2017, Romance) Jesse Metcalfe. A bachelor is left in charge of his niece and nephew.           |             |                                                                       |                       |                           |                           |              |
| HALLMM  | 86  | 86  | 187 | 565 | (5:00) "Rocky Mountain Christmas" (2017)                                                                      |                                                             | "A Blue Ridge Mountain Christmas" (2019) Benjamin Ayres. Hotel manager Willow returns to her hometown.                                             |                       | "Journey Back to Christmas" (2016, Drama) Candace Cameron Bure, Oliver Hudson, Brooke Nevin.                 |                         | (:03) "Holiday Hearts" (2019) Ashley Williams.                                                                              |             |                                                                       |                       |                           |                           |              |
| HGTV    | 62  | 57  | 112 | 229 | Love It or List It                                                                                            |                                                             | Love It or List It                                                                                                                                 |                       | Love It or List It                                                                                           |                         | Love It or List It (N)                                                                                                      |             | Love It or List It                                                    |                       | Love It or List It        |                           |              |
| HIST    | 50  | 60  | 120 | 269 | American Pickers                                                                                              |                                                             | American Pickers                                                                                                                                   |                       | American Pickers                                                                                             |                         | American Pickers (N)                                                                                                        |             | (:03) American Pickers                                                |                       | (:05) American Pickers    |                           |              |
| LIFE    | 29  | 29  | 108 | 252 | "Christmas in Louisiana" (2019, Romance) Jana Kramer.                                                         |                                                             |                                                                                                                                                    |                       | "Staging Christmas" (2019, Romance) Soleil Moon Frye.                                                        |                         | (:03) "A Gift Wrapped Christmas" (2015) Travis Milne                                                                        |             |                                                                       |                       |                           |                           |              |
| MSNBC   | 71  | 67  | 209 | 356 | The Rachel Maddow Show                                                                                        |                                                             | The Last Word                                                                                                                                      |                       | The 11th Hour                                                                                                |                         | The Rachel Maddow Show                                                                                                      |             | The Last Word                                                         |                       | The 11th Hour             |                           |              |
| NBCSN   | 89  | 89  | 159 | 220 | Poker Masters (N)                                                                                             |                                                             | Poker Masters (N)                                                                                                                                  |                       | Super High Roller Bowl                                                                                       |                         | Poker Masters                                                                                                               |             | Poker Masters                                                         |                       | Poker Masters             |                           |              |
| NBCSNW  | 426 | 37  | 424 |     | The Bridge (N) (Live)                                                                                         |                                                             | Trail Blazers Courtside (N)                                                                                                                        |                       | Talkin' Ducks HeadStrong: Mental Health                                                                      |                         | Trail Blazers Courtside                                                                                                     |             | Talkin' Ducks                                                         |                       | Monster Jam               |                           |              |
| NGEO    | 55  | 78  | 197 | 276 | Lost Treasures of the Maya                                                                                    |                                                             | Hitler's Secret Attack                                                                                                                             |                       | Inside the SS                                                                                                |                         | Inside the SS                                                                                                               |             | Nazi Megastructures (N)                                               |                       | Inside the SS             |                           |              |
| NICK    | 27  | 51  | 171 | 299 | Loud House Loud House                                                                                         |                                                             | SpongeBob SquarePants                                                                                                                              |                       | SpongeBob SpongeBob                                                                                          |                         | Friends Friends                                                                                                             |             | Friends Friends                                                       |                       | Friends Friends           |                           |              |
| OWN     | 40  | 41  | 189 | 279 | Dateline on OWN                                                                                               |                                                             | Dateline on OWN                                                                                                                                    |                       | Dateline on OWN                                                                                              |                         | Dateline on OWN                                                                                                             |             | Dateline on OWN                                                       |                       | Dateline on OWN           |                           |              |
| OXY     | 30  | 69  | 127 | 251 | NCIS "M.I.A."                                                                                                 |                                                             | NCIS "Willoughby"                                                                                                                                  |                       | NCIS "Off the Grid"                                                                                          |                         | NCIS "Keep Going"                                                                                                           |             | NCIS "Nonstop"                                                        |                       | NCIS                      |                           |              |
| PARMT   | 42  | 43  | 241 | 241 | Two Men                                                                                                       | Two Men                                                     | Two Men                                                                                                                                            | Two Men               | Cops                                                                                                         | Cops                    | Cops                                                                                                                        | Cops        | Cops                                                                  | Cops                  | Cops                      | Cops                      |              |
| ROOT    | 37  | 26  | 426 | 687 | (4:30) College Football UNLV at Nevada.                                                                       |                                                             | Mark Few                                                                                                                                           |                       | College Football Oklahoma at Oklahoma State. (Taped)                                                         |                         |                                                                                                                             |             | College Basketball                                                    |                       |                           |                           |              |
| SYFY    | 67  | 50  | 122 | 244 | Pitch Black ** "The Chronicles of Riddick" (2004) Vin Diesel, Colm Feore.                                     |                                                             | ** "London Has Fallen" (2016, Action) Gerard Butler.                                                                                               |                       |                                                                                                              |                         | Futurama                                                                                                                    |             |                                                                       |                       | Futurama                  |                           |              |
| TCM     | 56  | 73  | 132 | 256 | (5:00) *** "Ben-Hur: A Tale of the Christ" (1925) Ramon Novarro.                                              |                                                             | (:45) *** "Ben-Hur" (1959, Historical Drama) Charlton Heston, Jack Hawkins, Stephen Boyd. Friends become bitter enemies during the time of Christ. |                       |                                                                                                              |                         | (:45) "The Sea Hawk"                                                                                                        |             |                                                                       |                       |                           |                           |              |
| TDC     | 51  | 42  | 182 | 278 | Street Outlaws: Full Throttle                                                                                 |                                                             | Street Outlaws: Full Throttle                                                                                                                      |                       | Diesel Brothers (N)                                                                                          |                         | Street Outlaws (N)                                                                                                          |             | Diesel Brothers (N)                                                   |                       | How-Made                  |                           |              |
| TLC     | 49  | 62  | 183 | 280 | (5:58) 90 Day Fiancé                                                                                          |                                                             | 90 Day Fiancé "Darcey's Continuing Journey" A look back at Darcey's journey. (N)                                                                   |                       |                                                                                                              |                         | 90 Day Fiancé                                                                                                               |             |                                                                       |                       |                           |                           |              |
| TNT     | 57  | 52  | 138 | 245 | (5:00) *** "Transformers" (2007) Shia LaBeouf, Tyrese Gibson. Two races of robots wage war on Earth.          |                                                             | *** "Guardians of the Galaxy Vol. 2" (2017, Science Fiction) Chris Pratt, Zoe Saldana. The team unravels the mystery of Peter Quill's parentage.   |                       |                                                                                                              |                         | ** "Battleship" (2012) Taylor Kitsch, Rihanna.                                                                              |             |                                                                       |                       |                           |                           |              |
| TRAV    | 53  | 38  | 196 | 277 | (5:00) A Haunting (N)                                                                                         |                                                             | My Horror Story (N)                                                                                                                                |                       | Hometown Horror (N)                                                                                          |                         | A Haunting                                                                                                                  |             | My Horror Story                                                       |                       |                           |                           |              |
| TRUTV   | 73  | 75  | 242 | 246 | Imp. Jokers                                                                                                   | Imp. Jokers                                                 | Imp. Jokers                                                                                                                                        | Imp. Jokers           | Imp. Jokers                                                                                                  | Imp. Jokers             | Imp. Jokers                                                                                                                 | Imp. Jokers | Inside Jokes                                                          | Misery Index          | Imp. Jokers               | Imp. Jokers               |              |
| TVL     | 75  | 74  | 106 | 304 | Andy Griffith                                                                                                 | Andy Griffith                                               | Andy Griffith                                                                                                                                      | Andy Griffith         | Raymond                                                                                                      | Everybody Loves Raymond | Raymond                                                                                                                     |             | Two Men                                                               | Two Men               | King                      | King                      |              |
| USA     | 58  | 39  | 105 | 242 | (5:59) Chicago P.D.                                                                                           |                                                             | (:01) Chicago P.D.                                                                                                                                 |                       | WWE Monday Night RAW (N Same-day Tape)                                                                       |                         |                                                                                                                             |             | Mod Fam                                                               |                       |                           |                           |              |
| WE      | 118 | 118 | 128 | 260 | Law & Order                                                                                                   |                                                             | Law & Order "Entrapment"                                                                                                                           |                       | Law & Order "Legacy"                                                                                         |                         | Law & Order "Menace"                                                                                                        |             | Law & Order "Barter"                                                  |                       | Law & Order "Matrimony"   |                           |              |
| WEATH   | 14  | 19  | 214 | 362 | Highway Thru Hell                                                                                             |                                                             | Highway Thru Hell                                                                                                                                  |                       | Highway Thru Hell                                                                                            |                         | Top- Domsday Disasters                                                                                                      |             | Top Ten Weather Phobias                                               |                       | Why Planes Crash          |                           |              |
| WTBS    | 59  | 40  | 139 | 247 | Family Guy                                                                                                    | Family Guy                                                  | Family Guy                                                                                                                                         | Family Guy            | Family Guy                                                                                                   | Family Guy              | Family Guy                                                                                                                  | Family Guy  | Amer. Dad                                                             | Amer. Dad             | Conan (N)                 | Seinfeld                  |              |
| HBO     | 518 | 518 | 303 | 504 | Watchmen Agent Blake chases down a lead.                                                                      |                                                             | (:05) ** "Little" (2019, Comedy) Regina Hall. A mogul transforms into a 13-year-old version of herself. 'PG-13'                                    |                       | His Dark Materials "The Lost Boy" (N)                                                                        |                         | His Dark Materials "The Lost Boy"                                                                                           |             | Watchmen Agent Blake chases down a lead.                              |                       |                           |                           |              |
| MAX     | 531 | 531 | 311 | 516 | (:10) ** "The Beautician and the Beast" (1997, Comedy) Fran Drescher, Timothy Dalton. 'PG'                    |                                                             | ** "Mamma Mia! Here We Go Again" (2018, Musical Comedy) Amanda Seyfried. Premiere. 'PG-13'                                                         |                       | (9:55) *** "Mean Girls" (2004, Comedy) Lindsay Lohan, Rachel McAdams. 'PG-13'                                |                         |                                                                                                                             |             | (35) "Paper Heart" (2009)                                             |                       |                           |                           |              |
| SHOW    | 578 | 578 | 319 | 546 | (:15) ** "Faster" (2010) Dwayne Johnson. An ex-con begins a race against time to avenge his brother's murder. |                                                             | Shameless Lip leans on a new friend for advice.                                                                                                    |                       | On Becoming a God in Central Florida                                                                         |                         | Shameless Lip leans on a new friend for advice.                                                                             |             | Black Monday "7042"                                                   |                       | Ray Donovan               |                           |              |
| STARZ   | 621 | 621 | 351 | 526 | (5:42) *** "Out of the Furnace" (2013, Crime Drama) Christian Bale. Premiere. 'R'                             |                                                             | (:40) Dublin Murders "Episode 104"                                                                                                                 |                       | (:42) *** "Adventureland" (2009) Jesse Eisenberg. A college graduate takes a lowly job at an amusement park. |                         | Dublin Murders "Episode 104"                                                                                                |             | "Amityville Mur"                                                      |                       |                           |                           |              |
| TMC     | 591 | 591 | 327 | 554 | (:15) ** "John Carpenter's Escape From L.A." (1996, Action) Kurt Russell, Stacy Keach, Steve Buscemi. 'R'     |                                                             | *** "The Bank Job" (2008) Jason Statham. Premiere. Thieves tunnel into a bank vault in 1971 London. 'R'                                            |                       |                                                                                                              |                         | *** "Point Break" (1991) Patrick Swayze. An FBI man turns surfer to nab rubber-masked bank robbers. 'R'                     |             |                                                                       |                       |                           |                           |              |