

WEEKDAY DAYTIME					LG - La Grande BC - Baker City D - DISH DTV - DirecTV										MOVIES		SPORTS									
	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3: Strahan		General Hospital		Afternoon Live		Tamron Hall		KATU News First		News	ABC		
PBS	3	5			Varied Programs		Tiger Tiger		Pink Sesame		Dinosaur Xavier		Varied Programs				Splash Molly		Cat in the Hat		Arthur	Peg	Ready Jet	Wild Kratt		
CBS	6	6	6	6	CBS This Morning		Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News		
NBC	8	8	8	8	(7:00) Today		Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prg.		Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News		
CW	9	9	32	32	Paternity Court		DailyMail DailyMail		Steve Wilkos Show		Steve Wilkos Show		Maury		Jerry Springer		Mel Robbins		King Friends		Mom Last Man		black-ish	black-ish		
FOX	12	12	12	12	Good Day Oregon		Good Day Or.		Good Day Or.		Kelly Clarkson		News Varied		Wendy Williams		The People's Court		Jdg Judy		Jdg Judy		News Varied	5 O'Clock News		
MNT	13	13	49	49	Good Day Oregon		Paid Prg. Paid Prg.		TMZ Live		Rachael Ray		Protection Divorce		Judge Mathis		Hot Hot		Jerry Jerry		Jdg Judy		Jdg Judy	25 Words 25 Words		
UNIV	22	22	16	47	(7:00) ¡Despierta América!						Que te Perdone		Noticiero Nosotr.		Hoy		Y mañana será		Hijas de la luna...		El gordo y la flaca		Primer impacto			
A&E	52	55	118	265			The First 48		The First 48		First 48		Varied		First 48		Varied Programs									
AMC	60	45	131	254	Paid Prg. Paid Prg.		Varied Programs																			
ANP	24	49	184	282	The Zoo		Secret Life-Zoo		Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs													
BET	4	72	124	392	Martin Martin		Martin Martin		Martin Martin		Browns Browns		Movie		Varied Programs				Movie		Varied Programs					
BRAVO	54	65	129	237	Varied Programs																					
CARTOON	25	59	177	297	Teen Teen		Teen Teen		Craig Craig		Gumball Gumball		Ben 10 Victor		Teen Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Total Total	Total Total		
CNN	68	44	200	202	At This Hour-Kate		Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper	Anderson Cooper		
COM	77	56	107	249	Varied Programs														South Pk		South Pk		Office Office	Office Office		
COOK	123	123	113	232	Varied Programs						Good Eat		Good Eat		Varied Programs											
DISN	26	48	173	290	Mickey Mickey		Mickey T.O.T.S.		Puppy Puppy		Muppet Giganto		Vampirina T.O.T.S.		Ladybug Ladybug		Jessie Jessie		Jessie Jessie		Big City Big City		Big City Big City	Varied		
E!	64	76	114	236	Kardash Kardash		Kardash Kardash		Varied Kardash		Kardash Varied		E! News: Daily Pop		Varied Programs											
ESPN	33	27	140	206	(7:00) First Take		SportsCenter		Outside NFL Live				Varied		NBA: The Jump		Noon Question		Around Pardon		SportsCenter		Varied Programs			
ESPN2	34	28	143	209	(7:00) Get Up		First Take				Jalen & Jacoby		NFL Live		Varied		Football		Noon Question		Daily Wager		College Basketball	Varied Programs		
FNC	66	25	205	360	America's Newsroom		Outnumbered		Outnumbered		The Daily Briefing		Fox News Reporting		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson			
FOOD	61	54	110	231	Paid Prg. Paid Prg.		Paid Prg. Pioneer		Varied Programs						Pioneer Pioneer		Varied Programs									
FREE	32	33	180	311	(7:30) Movie		700 Club		The 700 Club																	
FS1	41	85	150	219	Undisputed		The Herd with Colin Cowherd						Speak for Yourself				Lock It In		Fair		Varied		Basket	Varied Programs		
FX	65	24	136	249	Movie		Varied Programs															Movie	Varied Programs			
FXX	35	64	125	259	Mom Mom		Mom black-ish		Varied Programs		Movie		Varied Programs													
GOLF	88	88	401	218	Varied Programs										Central		Varied Programs						PGA Tour Golf			
HALL	87	87	185	312	Movie				Home & Family				Movie				Movie				Movie					
					M "Call Me Mrs."		"Home for Christmas Day" (2017)				*** "Moonlight and Mistletoe" (2008)		"Operation Christmas" (2016) Tricia Helfer.		"Return to Christmas Creek" (2018, Drama)		"Rocky Mountain"									
					T "Time for Me"		"A Christmas Story" (2012) Gabriel Hogan		"Hope at Christmas" (2018) Ryan Paesvey.		"A Gingerbread Romance" (2018)		"Help for the Holidays" (2012) Eva La Rue		"Fir Crazy" (2013)											
HALLMM	86	86	187	565	W "A Christmas M"		"Love Always, Santa" (2016) Mike Faiola		"Magical Christmas Ornaments" (2017)		"Hearts of Christmas" (2016, Drama)		"Matchmaker Santa" (2012) Lacey Chabert.		"Angel Falls"											
					Th "Dashing Through"		"Northern Lights of Christmas" (2018)		"One Starry Christmas" (2014, Romance)		"Catch a Christmas Star" (2013, Romance)		"Christmas at Grand Valley" (2018)		"Christmas for"											
					F "Hear-Christmas"		"Holiday Hearts" (2019) Ashley Williams.		"A Godwink Christmas: Meant for Love"		"A Godwink Christmas" (2018, Drama)		"A Bramble House Christmas" (2017)		"A Blue Ridge"											
HGTV	62	57	112	229	Varied Programs																					
HIST	50	60	120	269	Varied Programs																					
LIFE	29	29	108	252	Movie				Movie				Movie				Movie				Movie					
MSNBC	71	67	209	356	MSNBC Live		Andrea Mitchell		MSNBC		MSNBC Live		MSNBC Live		Deadline		MTP Daily		The Beat With		Hardball Matthews		All In With			
NBCSN	89	89	159	220	SKY Sports News		Varied Programs		Premier Soccer		Varied Programs															
NBCSNW	426	37	424		Rip City		Paid Prg. Paid Prg.		Varied Programs		SKY Sports News		The Brian Noe Show						Rip City Drive with Travis		Varied Programs					
NGEO	55	78	197	276	Paid Prg. Paid Prg.		Varied Programs																			
NICK	27	51	171	299	PAW PAW		Bubble Abby		PAW PAW		Blue PAW		Ryan PAW		Dr. Phil		Dr. Phil		Sponge. Sponge.		Sponge. Sponge.		Sponge. Sponge.	Loud Varied		
OWN	40	41	189	279	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs					
OXY	30	69	127	251	Varied Programs						Snapped		Snapped		Snapped		Snapped		Snapped		Snapped		Varied Programs			
PARMT	42	43	241	241	Bar Rescue		Mom Mom		Mom Mom		Mom Mom		King King		King King		King King		King King		Two Men Two Men		Two Men Two Men			
ROOT	37	26	426	687	Paid Prg. Paid Prg.		The Rich Eisen Show						Paid Prg. Paid Prg.		The Dan Patrick Show						Varied Programs					
SYFY	67	50	122	244	Varied Programs																Movie		Varied Programs			
					M Scaramch (:45) *** "Scaramouche" (1952) Stewart Granger.		*** "The King of Kings" (1927, Drama) H.B. Warner.		*** "King of Kings" (1961) Jeffrey Hunter, Siobhan McKenna.		"Ben-Hur: Tale"															
TCM	56	73	132	256	T (:7:45) *** "Brainstorm" (:45) *** "Key to the City" (1950)		*** "To Be or Not to Be" (1935)		**** "Giant" (1956, Drama) Elizabeth Taylor, Rock Hudson, James Dean.		"Humoresque"															
					W Prodigal (:45) *** "The Conquerors" (:15) *** "Gold Diggers of 1935" (1935)		"Wild Boys of the Road" (1933)		**** "Of Mice and Men" (1939)		"Lassie-Home"															
					Th Black *** "White Heat" (1949)		*** "Race Street" (1948)		*** "Little Caesar" (1930)		*** "Pay or Die" (1960) Zohra Lampert		*** "The Purple Gang" (1960)		"Sinner's Holiday"											
					F (:7:30) **** "Citizen Kane" (:45) *** "Johnny Belinda" (1948)		*** "Dark Passage" (1947)		*** "The Bat" (1959)		*** "The Magnificent Ambersons" (1942)		DuPont Show of the													
TDC	51	42	182	278	Varied Programs																					
TLC	49	62	183	280	Varied Programs				Long Island Medium		Long Island Medium		Varied Programs													
TNT	57	52	138	245	Charmed		Charmed		Supernatural		Supernatural		Supernatural		Varied Programs		(:15) Movie		Varied Programs							
TRAV	53	38	196	277	Varied Programs																					
TRUTV	73	75	242	246	Varied Programs				World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Dumbest Varied		Dumbest Varied		Carbon Carbon		Carbon Carbon		Jokes Jokes			
TVL	75	74	106	304	Paid Prg. Paid Prg.		Andy G. Andy G.		Andy G. Bonanza		Varied Programs		(11:50) Gunsmoke		(12:55) Gunsmoke		Gunsmoke		Gunsmoke		M*A*S'H M*A*S'H		M*A*S'H M*A*S'H			
USA	58	39	105	242	NCIS		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
WE	118	118	128	260	Paid Prg. Paid Prg.		Paid Prg. Paid Prg.		Law Order: CI		Law Order: CI		Law CI Varied		Law Order: CI		Law Order: CI		Varied Programs							
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE		The Weather Channel LIVE										(1:59) Weather Underground						Varied Programs			
WTBS	59	40	139	247	Seinfeld Seinfeld		Seinfeld		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		American American		American American		Fam. Guy Fam. Guy			
					M (:7:25) *** "Jobs" (2013)		(:35) * "Head Full of Honey" (2018)		(:45) His Dark Materials		(12:50) "Red Riding Hood"		Very Ralph		(:25) "Season of the Witch"											
HBO	518	518	303	504	T Calendar (:25) Very Ralph		(:15) *** "The Dilemma" (2011, Comedy)		(:10) *** "Jersey Girl" (2004) Liv Tyler		(1:55) *** "Robin Hood" (2010)		(3:55) *** "Love Actually" (2003)													
					W "Shanghai Knights" 24/7: Kelly Slater		(9:55) *** "Van Helsing" (2004)		Favourite (:25) *** "Green Lantern" (2011, Action)		(:20) *** "Mortal Engines" (2018)		"Thank You for Smoking"													
					Th (:7:35) "Fahrenheit 451" (2018)		(:20) *** "The 15:17 to Paris" REAL Sports Gumbel		* "Sphere" (1998) Dustin Hoffman, Sharon Stone.		(:20) *** "The Recruit" (2017)		(:15) *** "Jingle All the Way" Silicon													
					F Down (:37) "Just Like Heaven" (2005)		(:12) *** "Bounce" (2000) Ben Affleck		His Dark Materials		"The Old Man & the Gun"		(:35) "Happy Death Day" (2017)		Lindsey Vonn: The Final Season Ringer											
MAX	531	531	311	516	M Prisoners (:35) *** "Jaws" (1975) Roy Scheider.		(:40) *** "Cat People" (1982, Horror)		(:40) *** "8 Heads in a Duffel Bag" (1997)		(:20) *** "Water for Elephants" (2011)		(:25) "Death Becomes Her"													
					T Monte C (:35) *** "She's the Man" (2006)		(:25) *** "Ready Player One" (2018)		(:45) *** "Z for Zachariah" (2015)		(:25) *** "Hanna" (2011) Saoirse Ronan.		(:20) *** "The American"													
					W Maze Run *** "Around the World in 80 Days" (2004)		(:33) *** "The Firefighters" (1996)		(:25) *** "Rampage"		(:15) *** "The Fountain" (2006)		(3:55) *** "EDtv" (1999) Jenna Elfman													
					Th (:7:00) *** "Prince of the City" (9:50) "Jack Goes Boating" (:20) *** "The Take" (2016)		(12:55) *** "Déjà Vu" (2006) Val Kilmer		(:05) *** "Skyscraper" (2018, Action)		(4:50) "Delta Force"															
					F Merchant (:25) *** "Annapolis" (2006)		(:10) *** "Casino Royale" (2006) Daniel Craig.		(:35) *** "Life of the Party" (2018)		(:20) "Death Becomes Her" (0:05) *** "A Fish Called Wanda" (1988)															
					M "Nutcracker-Untold Story" (:45) "The Man Who Invented Christmas" *** "The School of Rock" (2003)		*** "Den of Thieves" (2018) Gerard Butler.		*** "Donnie Brasco" (1997)																	
SHOW	578	578	319	546	T (:7:45) "When Harry Met Sally..." "The Fast and the Furious" "Lara Croft Tomb Raider: Cradle of Life"		(:15) *** "Congo" (1995) Dylan Walsh.		(:05) *** "The Impossible" (2012)		"Fast & Furious"															
					W (:15) *** "I Feel Pretty" (2018, Comedy)		(:15) * "Blue Streak" (1999, Comedy)		*** "When a Stranger Calls" *** "Scream" (1996) Neve Campbell.		(:20) *** "The Dark Tower" (4:55) *** "Mile 22"															
					Th (:7:45) *** "Young Guns" (:45) *** "Young Guns II" (1990)		*** "A Time to Kill" (1996, Drama) Sandra Bullock.		*** "Flatliners" (1990) Premiere.		(3:55) *** "Road House" (1989, Action)															
					F (:7:40) *** "Charlotte's Web" "Man Invented Christmas" (:05) *** "The Impossible" (2012																					