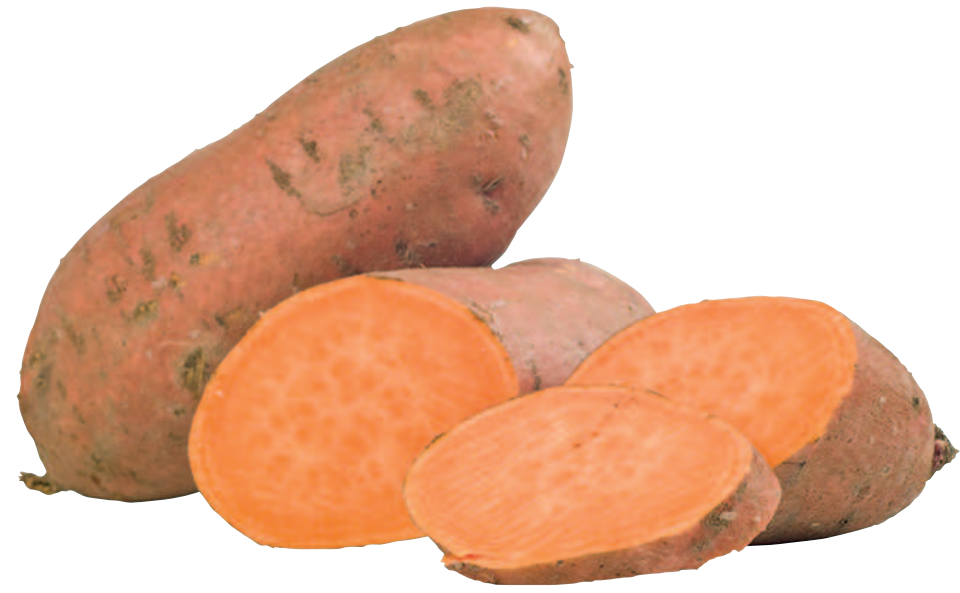


Thanksgiving quiche puts sweet potatoes front and center



Sweet potatoes are a favorite side dish at Thanksgiving dinner tables. Packed with vitamins, nutrients, fiber, and delectable flavor, sweet potatoes have earned their place on holiday dinner tables. While many holiday hosts bake, fry or mash their sweet potatoes, these beloved tubers can be prepared in other ways as well.

If you want to put a new twist on this Thanksgiving staple, whip up this recipe for “Sweet Potato Quiche,” courtesy of the North Carolina Sweet Potato Commission. Submitted to the NC State Fair Tailgate Recipe Contest by Kristen Frybort, this recipe marries sweet tubers with decadent cheese, rich cream and savory spices.

Sweet Potato Quiche Makes 8 servings

- 2 cups sweet potatoes, peeled and diced into small cubes
- 3/4 cup yellow onion, diced
- 2 1/2 tablespoons olive oil
- 1/2 teaspoon salt
- Black pepper to taste

Egg mixture:
4 eggs

- 1 cup heavy cream
- 1/2 teaspoon fresh rosemary, minced
- 1/2 tablespoon fresh parsley, minced
- 1 1/2 teaspoons salt
- 1/4 teaspoon pepper

Preheat oven to 400 F. Mix together the first five ingredients and place on baking sheet. Roast in the oven for 15 to 20 minutes.

While sweet potatoes and onions are roasting, shred cheese and set aside. Whisk the egg mixture and set aside.

Once potatoes and onions have finished roasting, spoon them into the pre-baked pie shell.

Next, layer the shredded cheese on top of the sweet potatoes.
Reduce oven to 375 F. Pour egg mixture over the

cheese and potatoes. Place quiche in the oven on a center rack. Bake 20 to 25 minutes, or until eggs are set.

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TUES & THURS.; 1:00 PM
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2810 Cedar, Baker City

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Baker City
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9:00am to Noon
(prices starting at \$3)

SUNDAY
Church Services
3:00pm

MONDAY NIGHTS
Nail Care
5:15pm (FREE)

LAST TUESDAY (every month)
Poker Night (FREE)
6:00pm

WEDNESDAY
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114 Self-Help Group Meetings

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MONDAYS
Primary Purpose Group
12 - 1:00pm
2620 Bearco Loop

TUESDAYS
Into Action Group
12 - 1:00 pm
Presbyterian Church
1308 Washington Ave.
(entry 6th & Spring St.)

Surrender Group
7 - 8:00 pm
2620 Bearco Loop

City of Elgin
Greater Elgin Group
7 - 8 :00 pm
St. Mary's Catholic Church
93 S 12 St., Elgin

WEDNESDAYS
Primary Purpose Group
12 - 1:00 pm
2620 Bearco Loop

Surrender Group
7 - 8:00 pm
2620 Bearco Loop

Island City
Soul Sister's
5:30 p.m.
10801 Walton Rd.
Blue Springs Apartments
Community Room

Turning Point Group
7 - 8:15 pm
63161 Gekeler Lane
Fort Union Grange Hall
(Corner of McAllister & Gekeler)

114 Self-Help Group Meetings

THURSDAYS

Surrender Group
7 - 8:00 pm
2620 Bearco Loop

City of Cove
Cove Group
7 - 8:00 pm
Baptist Church
707 Main St.

FRIDAYS
Primary Purpose Group
12 - 1:00 pm
2620 Bearco Loop

City of Elgin
Elgin Group (Winter only)
6:00 PM
70564 Valley View Rd
(in shop)

SATURDAYS
Surrender Group
10 - 11:00 am
2620 Bearco Loop

Grande Ronde Valley Group
7 - 8:00 pm
Presbyterian Church
1308 Washington Ave.
(entry 6th & Spring St.)

SUNDAYS
Miracles Meeting
10 - 11:00 am
2620 Bearco Loop

Questions call AA Hotline: 541-624-5117
www.oregonaadistrict29.org

114 Self-Help Group Meetings

WALLOWA COUNTY AA MEETINGS

Enterprise MONDAYS
Enterprise Group
7:00 pm
113.5 E Main St.

TUESDAYS
Enterprise Group
12 - 1:00 pm
113.5 E Main St.

Enterprise Group
7 - 8:00 pm
(Big Bk Study)
113.5 E Main St.

WEDNESDAYS
Enterprise Group
7:00 pm
113.5 E Main St.

THURSDAYS
Enterprise Group
12 - 1:00 pm
113.5 E Main St.

All Saints (Mens Mtg)
7:00 pm
113.5 E Main St.

FRIDAYS
Enterprise Group
7:00 pm
113.5 E Main St.

SATURDAYS
Enterprise Group
7:00 pm
113.5 E Main St.

City of Joseph MONDAYS
Grace and Dignity (Womans Mtg)
6:00 pm
Joseph United Methodist Church
301 S. Lake St.,
Corner 3rd & Lake
Side Stairs on Lake St.

WEDNESDAYS
Grace and Dignity (Womans Mtg) 12 pm
301 S. Lake St.,
Church Basement

City of Wallowa SUNDAYS
Assembly of God Church
7pm

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