

WEEKDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

	LG	BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	Good Morning		AM Northwest		The View		Kelly and Ryan		GMA3: Strahan		General Hospital		Afternoon Live		Tamron Varied		KATU News First		News	ABC
PBS	3	5			Curious Go Luna	Tiger Tiger		Pink Sesame		Dinosaur Xavier		Varied Programs					Splash Molly		Cat in the Odd		Arthur Peg		Ready Jet	Wild Kratt
CBS	6	6	6	6	CBS This Morning	Let's Make a Deal		The Price Is Right		Young & Restless		News Bold		The Talk		The 700 Club		Dr. Phil		KOIN 6 News at 4		News	News	News
NBC	8	8	8	8	(7:00) Today	Today 3rd Hour		Today-Hoda		Blast Blast		News Paid Prg.		Days of our Lives		The Dr. Oz Show		Ellen DeGeneres		KGW News at 4		News	News	News
CW	9	9	32	32	Paternity Court	DailyMail DailyMail		Steve Wilkos Show		Steve Wilkos Show		Maury		Jerry Springer		Mel Robbins		King Friends		Mom Last Man		black-ish	black-ish	black-ish
FOX	12	12	12	12	Good Day Oregon	Good Day Or.		Good Day Or.		Kelly Clarkson		News Varied		Wendy Williams		The People's Court		Jdg Judy Jdg Judy		News Varied		5 O'Clock News		5 O'Clock News
MNT	13	13	49	49	Good Day Oregon	Paid Prg. Paid Prg.		TMZ Live		Rachael Ray		Protection Divorce		Judge Mathis		Hot Hot		Jerry Jerry		Jdg Judy Jdg Judy		25 Words	25 Words	25 Words
UNIV	22	22	16	47	(7:00) Despierta América!					Que te Perdona		Noticiero Nosotr.		Hoy		Y mañana será		Hijas de la luna...		El gordo y la flaca		Primer impacto		Primer impacto
A&E	52	55	118	265	The First 48	The First 48		The First 48		Varied Programs														
AMC	60	45	131	254	Paid Prg. Paid Prg.	Varied Programs				Movie				Varied Programs										
ANP	24	49	184	282	Varied Programs			Pit Bulls-Parole		Pit Bulls-Parole		Varied Programs												
BET	4	72	124	392	Martin Martin	Martin Martin		Varied Martin		Browns Browns		Varied Programs												Movie
BRAVO	54	65	129	237	Varied Programs																			
CARTOON	25	59	177	297	Teen Teen	Teen Teen		Craig Craig		Gumball Gumball		Ben 10 Victor		Teen Teen		Teen Teen		Gumball Gumball		Gumball Gumball		Total Total	Total Total	Total Total
CNN	68	44	200	202	At This Hour-Kate	Inside Politics		CNN Right Now		CNN Newsroom		CNN Newsroom		Jake Tapper		Situation Room		Situation Room		Erin Burnett OutFront		Anderson Cooper		Anderson Cooper
COM	77	56	107	249	Varied Programs																	South Pk	Office	Office
COOK	123	123	113	232	Varied Programs					Good Eat Good Eat		Varied Programs												
DISN	26	48	173	290	Mickey Mickey	Mickey T.O.T.S.		Puppy Puppy		Muppet Giganto		Vampirina T.O.T.S.		Ladybug Ladybug		Big City		Jessie Jessie		Jessie Jessie		Big City Big City		Bunk'd Bunk'd
E!	64	76	114	236	Varied Programs									El News: Daily Pop		Varied Programs								
ESPN	33	27	140	206	(7:00) First Take	SportsCenter		Outside NFL Live		Varied		NBA: The Jump		Noon Question		Around Pardon		SportsCenter		Varied Programs				
ESPN2	34	28	143	209	(7:00) Get Up	First Take		Jalen		Varied Programs				Question		Daily Wager		Varied Programs						
FNC	66	25	205	360	America's Newsroom	Outnumbered		Outnumbered		The Daily Briefing		Fox News Reporting		Neil Cavuto		The Five		Special Report		The Story		Tucker Carlson		Tucker Carlson
FOOD	61	54	110	231	Varied Paid Prg.	Paid Prg. Pioneer		Varied Programs						Pioneer Pioneer		Varied Programs								
FREE	32	33	180	311	Middle Middle	Middle 700 Club		The 700 Club		Varied Programs				Movie		Varied Programs								
FS1	41	85	150	219	Undisputed	The Herd with Colin Cowherd							Speak for Yourself		Lock It In		Fair Hub		Varied Programs					
FX	65	24	136	249	Movie	Varied Programs		Mike		Movie		Varied Programs				Movie								
FXX	35	64	125	259	Mom Mom	Mom Varied Programs																		
GOLF	88	88	401	218	European PGA Golf	Varied Programs															Golf Central		Varied Programs	
HALL	87	87	185	312	Movie			Home & Family		Movie														Movie
HALLMM	86	86	187	565	M "A Blue Ridge"	"Last Vermont Christmas" (2018, Romance)		*** "Angel in the Family" (2004)		"Christmas With Holly" (2012) Sean Faris.		"Hope at Christmas" (2018) Ryan Paevey.		"Christmas for"										
					T "Christmas Dance"	"Love at the Thanksgiving Day Parade"		"Small Town Christmas" (2018, Drama)		** "A Princess for Christmas" (2011)		"Finding Christmas" (2013) JT Hodges.		"Hear-Christmas"										
					W "Romance Rein"	"Debbie Macomber's Trading Christmas"		"Journey Back to Christmas" (2016)		"Christmas Encore" (2017) Maggie Lawson.		"Family for Christmas" (2015) Tyron Leitso		"Christmas Hom"										
					Th "Christmas Day"	"A Veteran's Christmas" (2018) Sean Faris		"Return to Christmas Creek" (2018, Drama)		"Rocky Mountain Christmas" (2017)		"Dashing Through the Snow"		"Matchmaker Santa"										
					F "Angel in Family"	"Small Town Christmas" (2018, Drama)		"The Christmas Ornament" (2013)		"A Merry Christmas Match" (2019)		"A Christmas to Remember" (2016, Drama)		"Fir Crazy" (2013)										
HGTV	62	57	112	229	Varied Programs																			
HIST	50	60	120	269	Varied Programs																			
LIFE	29	29	108	252	Movie			Movie		Movie														Movie
MSNBC	71	67	209	356	MSNBC Live	Andrea Mitchell		MSNBC		MSNBC Live		MSNBC Live		Deadline		MTP Daily		The Beat With		Hardball Matthews		All In With		All In With
NBCSN	89	89	159	220	SKY Sports News			Varied Programs								NASCAR		Varied Programs						
NBCSNW	426	37	424		Rip City	Paid Prg. Paid Prg.		Varied Programs				The Brian Noe Show						Rip City Drive with Travis		Varied Programs				
NCEO	55	78	197	276	Paid Prg. Varied Programs																			
NICK	27	51	171	299	PAW Varied	Blue PAW		PAW PAW		Blue PAW		Ryan Blaze		PAW PAW		Sponge. Sponge.		Sponge. Sponge.		Sponge. Sponge.		Loud Loud	Loud Loud	Loud Loud
OWN	40	41	189	279	Dr. Phil	Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Dr. Phil		Varied Programs				
OXY	30	69	127	251	Varied Programs																			
PARMT	42	43	241	241	Bar Rescue	Mom Mom		Mom Mom		Mom Mom		King King		King King		King King		King King		King King		Two Men Two Men	Two Men Two Men	Two Men Two Men
ROOT	37	26	426	687	Paid Prg. Paid Prg.	The Rich Eisen Show							Varied Programs		The Dan Patrick Show									Varied Programs
SYFY	67	50	122	244	Movie	Varied Programs																		
TCM	56	73	132	256	M "Best Yrs-Lives"	Memphis (:45) ** "Dive Bomber" (1941) Errol Flynn.		(:15) "God Is My Co-Pilot"		"The Negro Soldier" (:45) **** "Glory" (1989, War) Matthew Broderick.		"The Dirty Dozen"												
					T "Girl-10th Ave."	(:15) ** "The Golden Arrow"		"The Petrified Forest" (1936)		** "Satan Met a Lady" (1936)		** "It's Love I'm After"		(:15) *** "Marked Woman" (1937)		"Jezebel" (1938)								
					W (7:15) *** "I Am Cuba"	(:45) *** "The Battle of Algiers" (1966, War)		*** "Breathless" (1959)		"Image Ma"		(:15) *** "Black Narcissus" (1947)		"The Red Shoes"										
					Th *** "A Midsummer Night's Dream" (1935)	** "The Tall Target"		*** "Station West" (1948)		** "Cornered" (1945)		(:15) *** "Murder, My Sweet" (1944)		"To-Mockingbird"										
					F (:15) *** "Love Affair" (1939)	(:45) *** "Brief Encounter" (1945)		"One Way Passage" (:45) *** "Random Harvest" (1942) Ronald Colman.		*** "Waterloo Bridge" (1940, Romance)		"Being There" (1979)												
TDC	51	42	182	278	Moonshiners	Moonshiners		Varied Programs																
TLC	49	62	183	280	Varied Programs			Medium Medium		Medium Medium		Untold Stories of ER		Untold Stories of ER		Gypsy Sisters		Gypsy Sisters		Varied Programs				
TNT	57	52	138	245	Charmed	Charmed		Supernatural		Supernatural		Supernatural		Supernatural		Varied Programs								
TRAV	53	38	196	277	Varied Programs																			
TRUTV	73	75	242	246	Varied Programs			Dumbest Varied		Dumbest Varied		World's Dumbest ...		Dumbest Varied		Dumbest Varied Programs								Jokes Jokes
TVL	75	74	106	304	Paid Prg. Paid Prg.	Andy G. Andy G.		Andy G. (:45) Bonanza		(11:50) Gunsmoke		(12:55) Gunsmoke		Gunsmoke		Gunsmoke		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H		M*A*S*H M*A*S*H
USA	58	39	105	242	NCIS	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU
WE	118	118	128	260	Varied Paid Prg.	Varied Paid Prg.		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Varied Programs						
WEATH	14	19	214	362	(6:00) The Weather Channel LIVE	The Weather Channel LIVE										(1:59) Weather Underground								Varied Programs
WTBS	59	40	139	247	Seinfeld	Seinfeld		Friends Friends		Friends Friends		Friends Friends		Friends Friends		Friends Friends		American American		American American		Fam. Guy Fam. Guy	Fam. Guy Fam. Guy	
					M (:05) "They Shall Not Grow Old"	(:45) *** "First Man" (2018) Ryan Gosling.		(:15) ** "King Arthur" (2004) Clive Owen.		*** "Crazy, Stupid, Love." (2011)		Last		Axios		Watch								
					T Notting	(:20) ** "Night School" (2018) Ferrell-Field		*** "Déjà Vu" (2006) Val Kilmer		REAL Sports Gumbel (:10) *** "War of the Worlds" (2005)		(:10) Axios		Real, Bill Maher										
					W For Love	Crisis Htl (:10) ** "Bringing Down the House"		* "Truth or Dare" (2018)		Jojo		"They Shall Not Grow Old" (:40) ** "Bruce Almighty" (2003)		Room 104 (4:50) ** "Glass"										
					Th 9Months	(:35) ** "The Ring Two" (2005, Horror)		We Are (:05) * "Head Full of Honey" (2018)		His Dark Materials (:15) *** "The Rundown" (2003)		"The Apollo" (2019) Ta-Nehisi Coates.	</											