

DAILY
PLANNER

TODAY

Today is Friday, Nov. 8, the 312th day of 2019. There are 53 days left in the year.



TODAY’S HIGHLIGHT

On Nov. 8, 2016, Republican Donald Trump was elected America’s 45th president, defeating Democrat Hillary Clinton in an astonishing victory for a celebrity businessman and political novice. Republicans kept their majorities in the Senate and House.

ON THIS DATE

In 1861, during the Civil War, the USS San Jacinto intercepted a British mail steamer, the Trent, and detained a pair of Confederate diplomats who were enroute to Europe to seek support for the Southern cause.

In 1864, President Abraham Lincoln won re-election as he defeated Democratic challenger George B. McClellan.

In 1923, Adolf Hitler launched his first attempt at seizing power in Germany with a failed coup in Munich that came to be known as the “Beer-Hall Putsch.”

In 1950, during the Korean War, the first jet-plane battle took place as U.S. Air Force Lt. Russell J. Brown shot down a North Korean MiG-15.

In 1960, Massachusetts Sen. John F. Kennedy defeated Vice President Richard M. Nixon for the presidency.

In 1987, 11 people were killed when an Irish Republican Army bomb exploded as crowds gathered in Enniskillen, Northern Ireland, for a ceremony honoring Britain’s war dead.

In 2004, after a decade, the U.S. dollar was eliminated from circulation in Cuba.

LOTTERY

Megabucks: \$5.8 million
3-5-17-25-30-47

Mega Millions: \$145 million
2-9-24-49-54-19-x3

Powerball: \$50 million
15-28-46-62-64-17-x3

Win for Life: Nov. 6
10-36-40-59

Pick 4: Nov. 7
• 1 p.m.: 8-7-4-8
• 4 p.m.: 6-6-8-2
• 7 p.m.: 7-2-6-1
• 10 p.m.: 9-6-5-9

Pick 4: Nov. 6
• 1 p.m.: 3-3-7-7
• 4 p.m.: 4-9-4-1
• 7 p.m.: 6-8-7-9
• 10 p.m.: 0-8-7-2

NEWSPAPER LATE?

Every effort is made to deliver your Observer in a timely manner. Occasionally conditions exist that make delivery more difficult.

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QUOTE OF THE DAY

“Happiness is not a station you arrive at, but a manner of traveling.”

— Margaret Lee Runbeck, American author



Trish Yerges/For The Observer

Elgin native Dr. Roselyn Smith, left, of Miami, Florida, visited the Elgin Museum and Historical Society Monday with a suitcase full of historical treasures that she donated to the museum in her mother’s name. Smith’s mother was the late Ethel Smith, a reporter-editor and owner of the Elgin Recorder. Smith donated the historical photos, newspapers, school yearbooks and other documents to the museum for their venue displaying the Elgin Recorder’s history. Accepting the donation on behalf of the museum is Charlie Horn, center, and Gerald Hopkins.

Career success for rural students

By Trish Yerges
For The Observer

Elgin alumna and clinical psychologist Roselyn Smith, PhD, of Miami, Florida, made a recent presentation before the Elgin High School student body, describing her career journey and how rural students can overcome any limitations they think they have because of growing up in a remote, rural area.

Smith is the daughter of the late Arthur and Ethel Smith of Elgin. She attended Elgin schools and in 1974 graduated from Elgin High School. Now, 45 years later, she has returned to her alma mater for the first time to share her story and encourage a new generation of rural students seeking to find their niche in the world.

Recounting her early adult years, Smith said she had wondered what she was going to do with her life after high school. She had to start somewhere with a modest goal in mind, she thought.

“So, following graduation, I enrolled at Treasure Valley Community College in Ontario,” Smith said. “After that I got a job working for the Urban Renewal Office in Salem as a secretary.”

She worked conscientiously, and then opportunity knocked when a position for an administrative assistant opened up with the City of Salem Airport and Transit Division.

“I’d never done anything like that, and the job involved supervising two women older than myself,” she said. “Although I didn’t feel confident, I told myself I could learn this job, so I applied and got it.”

More information

To learn more about Dr. Roselyn Smith or to listen to podcasts featuring her, visit her website at <https://roselynsmithphd.com>.

With this kind of growth mindset, Smith became proficient at her new job. Her boss noticed her quality work performance and saw her potential, and he encouraged her to go back to school and “at least get your bachelor’s degree,” she recalled.

“So I went back to school, first to Chemeketa Community College in Salem and afterward to Willamette University,” Smith explained.

During this time, she visited friends in Los Angeles, where one of her friends convinced her to finish her education at University of California Los Angeles. She moved to Los Angeles, and in 1984 she graduated from UCLA with a degree in economics. This, in turn, opened up opportunities for her to work in public policy analysis and as a businesswoman before she earned a doctorate degree of philosophy in psychology from the University of Miami in 2004.

Smith pointed out to her student audience that each single event in their lives begets the next, and that they should not fear failure when trying new things.

“Even if you fail at something, it was still a learning experience, and that has value too,” she said.

Keeping an open and optimistic mind to possibilities and accepting the advice and direction of caring mentors

in her life contributed greatly to Smith’s professional growth and award-winning achievements. She did not allow any perceived limitations or roadblocks stop her from accepting new opportunities. She kept telling herself, “I can learn this,” and she did.

She illustrated, “If I hadn’t taken this opportunity, then this other one would never have happened either. They are all connected to each other.”

Embracing this philosophy has paid off in larger-than-life ways for Smith, opening doors she never anticipated, and she assured her EHS student audience that this truth can be theirs as well in whatever interests them personally, whether it is developed here at home or away.

While Smith currently works as a clinical psychologist in Miami, she was in recent years accepted into the Fulbright Specialist Program and the Rockefeller Foundation’s 100 Resilient Cities as a consultant in human resilience, critical incident and disaster mental health, preparedness, response and recovery. This has been a pinnacle honor in her professional life to date, she said, and a reminder to her how rural students can achieve great things by believing in themselves and saying yes to opportunities, supportive people and education that promote their interests.

Following her presentation to the student body, Smith visited Emily Sorensen’s health class to present information about mental health intervention with a focus on loss and grieving.

Running for vets, Grande Ronde Academy

■ Grande Ronde Academy fundraiser honors veterans, includes a 10K and 5K run and a 1-mile run/walk

By Sabrina Thompson
The Observer

Tomorrow morning, people will have the chance to run through La Grande as a participant in the sixth annual Veterans Fun Run hosted by Grande Ronde Academy.

The run honors the veterans who have served and are serving, promotes healthy activities and supports GRA.

The event includes a 10K and 5K run and a 1-mile run/walk, starting at the parking lot behind Grande Ronde Academy, 507 Palmer, La Grande, adjacent to Pioneer Park. The 5K and 10K runners will make their way through South La Grande.

Once participants return

to the event site, there will be activities including making cards to send to local veterans.

“I am a Gulf War veteran,” Cody Vavra said about why he participates. “I love seeing people come together and honor the sacrifices made by the veterans. I am not a runner by any means, but this is a great event that

supports a great school.”

Registration begins at 7:30 a.m., with the 10K leaving at 8 a.m., 5K leaving at 8:30 a.m. and the 1-mile run/walk leaving at 9 a.m. Veterans participate for free. The cost for non-veterans is \$25, a family is \$60, and kids in eighth grade and younger are \$10. For \$10 more, participants may purchase a T-shirt. There are prizes for those who come in first to third place and prize drawings throughout the event.

GRA is a nondenominational Christian private school with 36 students from kindergarten to eighth grade.

According to GRA, proceeds from the Fun Run go toward expenses for the event as well as helping with curriculum and scholarship funds. In addition to the fundraising aspect, the school began the event in 2013 as an outreach opportunity to involve the community in recognizing and honoring veterans.

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