

tonight’s best



Kal Penn

8 p.m. on LIFEMOV
Movie: Kindred Spirits

Thora Birch (“Affairs of State”) stars in this 2019 thriller as Chloe, whose life is completely upended when her younger sister, Sadie (Caitlin Stasey, “For the People”), returns home after a long and largely unexplained absence. The younger woman insists she wants nothing more than to reconnect with Chloe and become a loving part of a household that also includes Chloe’s teenage daughter, Nicole (Sasha Frolova). Unfortunately, Sadie actually is a pretty twisted piece of work who has a sinister agenda. Macon Blair also stars.

8:30 p.m. on NBC
Perfect Harmony

Arthur (Bradley Whitford) finds himself in a major clash with his late wife’s father, who wants to take back their family houseboat, in the new episode “It’s Electric.” Meanwhile, Reverend Jax (Rizwan Manji) hosts a singles night, during which Ginny and Dwayne (Anna Camp, Geno Segers) finally sit down together to address the elephant in the room — or, more accurately, in their relationship. Will Greenberg and Tymberlee Hill also star.

9:01 p.m. on ABC
A Million Little Things

Delilah (Stephanie Szostak) books her family’s longtime photographer (guest star Richard Kind) to do a family shoot to welcome the new arrival, but Danny (Chance Hurstfield) has a really hard time processing that his late father isn’t a part of this portrait in the new episode “Austin.” Elsewhere, Rome and Regina (Romany Malco, Christina Moses) plan a big bash to mark the 50th wedding anniversary of his parents, but the occasion only forces them to survey the current state of their own union. David Giuntoli also stars.

9:30 p.m. on NBC
Sunnyside

In the new episode “Mondale,” Garrett (Kal Penn) nervously tries to help spoiled siblings Jun Ho and Mei Lin (Joel Kim Booster, Poppy Liu) prepare for a visit from their incredibly wealthy and even more intimidating father. Elsewhere, Griselda’s (Diana Maria Riva) son stages a musical in the bar, much to the shared dismay of Brady and Hakim (Moses Storm, Samba Schutte).

THURSDAY EVENING

THURSDAY EVENING					LG - La Grande BC - Baker City D - DISH DTV - DirecTV					MOVIES		SPORTS		OCTOBER 24, 2019				
	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)		Wheel of Fortune (N)		Grey's Anatomy Meredith has a court hearing. (N)		(:01) A Million Little Things "Austin" (N)		(:01) How to Get Away With Murder (N)		KATU News at 11 (N)	(:35) Jimmy Kimmel Live!
PBS	3	5			Bare Feet With Mickela	Nightly Business Report	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Vera "Darkwater" Teenager's body is found in a reservoir.			Endeavour on Masterpiece Endeavour is drawn to a woman he is investigating.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight	Young Sheldon (N)	(:31) The Unicorn (N)	(:01) Mom (N)	Carol's Second Act (N)	Evil "October 31" Ben goes on his favorite show. (N)	KOIN 6 News at 11 (N)	Late Show-Colbert			
NBC	8	8	8	8	KGW News at 6 (N)		Tonight With Cassidy (N)	Inside Edition (N)	Superstore "Self-Care"	Perfect Harmony (N)	The Good Place (N)	Sunnyside "Mondale"	Law & Order: Special Victims Unit (N)		KGW News at 11 (N)	Tonight Show		
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	Supernatural Castiel cannot forgive a betrayal. (N)		Legacies A new monster arrives in Mystic Falls. (N)		KOIN 6 News at 10p (N)	The King of Queens	Two and a Half Men	Two and a Half Men		
FOX	12	12	12	12	(5:00) NFL Football Washington Redskins at Minnesota Vikings. (N) (Live)				8 O'Clock News		Family Feud (N)	Family Feud (N)	10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory		
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simpsons	Family Guy	Bob's Burgers	The Game		
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univisión (N)	Amor eterno (N)		La Rosa de Guadalupe		Cuna de lobos		El dragón (N)		Noticias noroeste 11P	Noticiero Uni		
A&E	52	55	118	265	(5:00) Live PD "Live PD -- 09.28.19"				Live PD: Rewind (N)		PD Cam	PD Cam	Live PD: Wanted (N)		PD Cam	PD Cam		
AMC	60	45	131	254	★★★★ "Halloween" (1978) Donald Pleasence. An escaped maniac embarks on a holiday rampage of revenge.				★★ "Halloween H20: 20 Years Later" (1998, Horror) Jamie Lee Curtis, Adam Arkin, Josh Hartnett.				★ "Halloween: Resurrection" (2002, Horror) Jamie Lee Curtis, Brad Loree, Busta Rhymes.					
ANP	24	49	184	282	Tankd: Sea-Lebrity Edition		Tankd		Tankd		Tankd: Sea-Lebrity Edition		"Captivating Casino Tank"		Tankd			
BET	4	72	124	392	*** "House Party" (1990) Robin Harris. Two teenage rappers try to throw a party.				** "Beauty Shop" (2005, Comedy) Queen Latifah, Alicia Silverstone.									
BRAVO	54	65	129	237	Below Deck "Man Down!"		Below Deck "The Proposal"		Below Deck		Million Dollar Listing New York (N)		Cash Cab	Watch What	Cash Cab (N)			
CARTOON	25	59	177	297	Teen Titans	Teen Titans	Gumball	Gumball	We Bare	We Bare	Amer. Dad	Amer. Dad	Burgers	Burgers	Family Guy	Family Guy		
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon			
COM	77	56	107	249	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Lights Out		
COOK	123	123	113	232	Man v. Food	Man v. Food	The Best Thing I Ever Ate		Trick or Eat		Man v. Food	Man v. Food	Man v. Food	Man v. Food	The Best Thing I Ever Ate			
DISN	26	48	173	290	Jessie	Mickey	Bunk'd	Raven	** "Hotel Transylvania" (2012)		(:40) Jessie		Coop & Cami	Sydney-Max	Raven	Roll With It		
E!	64	76	114	236	(4:30) ** "Enough" (2002)		E! News (N)		E! True Hollywood Story		★ "Coyote Ugly" (2000) Piper		Perabo, Adam Garcia.		Nightly Pop	Coyote Ugly		
ESPN	33	27	140	206	(4:30) College Football SMU at Houston. From TDECU Stadium in Houston. (N)			MLS Soccer (Live)	TBA at Los Angeles FC. Western Conference, semifinal. (N)				SportsCenter (N) (Live)		SportsCenter (N) (Live)			
ESPN2	34	28	143	209	MLS Soccer			SportsCenter (N) (Live)				SportsCenter W/Van Pelt		Around/Horn	Interruption	Now/Nev.	The Greatest	
FNC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle			
FOOD	61	54	110	231	Halloween Wars		Halloween Wars		Halloween Wars		Halloween Cake-Off		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby		
FREE	32	33	180	311	(:15) ** "Ghostbusters II" (1989, Comedy) Bill Murray, Dan Aykroyd.				(8:50) ** "Hocus Pocus" (1993) Bette Midler.				The 700 Club					
FS1	41	85	150	219	One Crazy Night		Truth Be Told: Rick Ankiel		PBC Collection From June 9, 2018.				TMZ Sports	Fair Game	MLS Soccer			
FX	65	24	136	249	(4:30) *** "Thor" (2011, Action) Chris Hemsworth.		** "The Equalizer" (2014, Action) Denzel Washington, Marton Csokas, Chloë Grace Moretz. A former commando champions the helpless.						Mr Inbetween (N)	Mr Inbetween	Mr Inbetween	"The Equalizer" (2014)		
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Burgers	Burgers		
GOLF	88	88	401	218	LPGA Golf		Golf Central (N) (Live)		PGA Tour Golf ZOZO Championship, Second Round. (N) (Live)									
HALL	87	87	185	312	"Love, Romance & Chocolate" (2019) Lacey Chabert. An American chocolatier enters a contest in Belgium.			2019 Miracles of Christmas Preview Special		Countdown to Christmas 10th Anniversary Preview		The Golden Girls	The Golden Girls	The Golden Girls	The Golden Girls			
HALLMM	86	86	187	565	2019 Miracles of Christmas Preview Special		"A Christmas to Remember" (2016, Drama) Mira Sorvino. A TV personality gets amnesia after a car crash.			"Karen Kingsbury's Maggie's Christmas Miracle" (2017, Romance) Jill Wagner, Luke McFarlane.			"Magical Christmas Ornaments" (2017, Romance)					
HGTV	62	57	112	229	Flip or Flop		Flip or Flop		Flip or Flop		Flip or Flop		Hunters	Hunters Int'l	Hunters	Hunters		
HIST	50	60	120	269	American Pickers		American Pickers		American Pickers		American Pickers (N)		(:03) American Pickers		(:05) American Pickers			
LIFE	29	29	108	252	"A Dad for Christmas" (2006, Drama) Kristopher Turner.				"Dear Santa" (2011) Amy Acker, Brooklynn Proulx.				(:03) "Dear Secret Santa" (2013, Romance) Tatyana Ali.					
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour			
NBCSN	89	89	159	220	American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior			
NBCSNW	426	37	424		The Bridge (N)		Outdoor GPS (N) (Live)		Beavers	Blazers Raw	NBA Basketball Denver Nuggets at Portland Trail Blazers.				Beavers	Golf		
NGEO	55	78	197	276	Drain the Oceans		Drain the Oceans		Lost Cities With Albert Lin		Expedition Amelia The search for Amelia Earhart.				Lost Cities With Albert Lin			
NICK	27	51	171	299	Loud House Casagrandes		Double Dare	SpongeBob	SpongeBob	SpongeBob	*** "The Parent Trap" (1998, Children's) Lindsay Lohan, Dennis Quaid.							
OWN	40	41	189	279	20/20 on ID "NXIVM"		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on ID "Slenderman"			
OXY	30	69	127	251	Snapped "Kathryn Briggs"		Snapped "Cynthia Alvarez"		Killer Couples (N)		A Wedding and a Murder		Snapped		Snapped "Marissa Wright"			
PARMT	42	43	241	241	Two Men	Two Men	** "Con Air" (1997, Action) Nicolas Cage, John Cusack.										** "Ghost Rider" (2007, Action) Nicolas Cage, Eva Mendes.	
ROOT	37	26	426	687	World Poker		Thursday Night Fights (N) (Live)				The Ring Report (N) (Live)		Seahawks	Seahawks	Fantasy Football Hour '19			
SYFY	67	50	122	244	* "Texas Chainsaw 3D" (2013) Alexandra Daddario.				* "Saw: The Final Chapter" (2010, Horror) Tobin Bell.				** "Underworld" (2003, Fantasy) Kate Beckinsale.					
TCM	56	73	132	256	(5:00) "Horror of Dracula"		** "The Gorgon" (1964, Horror) Peter Cushing, Christopher Lee, Barbara Shelley.		(:15) ** "The Plague of the Zombies" (1966, Horror) Andre Morell, Diane Clare, John Carson.				*** "Night of the Living Dead" (1968) Duane Jones. People hide in a house from walking corpses.					
TDC	51	42	182	278	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid "Island Time"		Survivalists take on wild animals. (N)					
TLC	49	62	183	280	90 Day Fiancé: Before the 90 Days "King of My Heart"				Tiny at 20		Tallest Teens		30 Inches Tall		Baby Bodybuilders			
TNT	57	52	138	245	(5:00) NBA Basketball Milwaukee Bucks at Houston Rockets. (N Subject to Blackout)			NBA Basketball Los Angeles Clippers at Golden State Warriors. From Chase Center in San Francisco. (N Subject to Blackout) (Live)			Inside the NBA (N) (Live)		NBA Basketball Milwaukee Bucks at Houston Rockets.					
TRAV	53	38	196	277	The Dead Files (N)		The Holzer Files (N)		The Holzer Files		The Dead Files		The Dead Files		The Holzer Files			
TRUTV	73	75	242	246	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Misery Index	Misery Index		
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	King	King		
USA	58	39	105	242	Law & Order: SVU		Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	(:01) Temptation Island (N)		Chrisley	Chrisley		
WE	118	118	128	260	(5:40) ** "Sister Act" (1992)		Whoopi Goldberg.		Growing Up Hip Hop: N.Y.		Growing Up Hip Hop: N.Y.		Untold Stories of Hip Hop		Growing Up Hip Hop: N.Y.			
WEATH	14	19	214	362	Storm Stories		Storm Stories		Think You'd Survive?		Think You'd Survive?		Think You'd Survive?		Secrets of the Earth			
WTBS	59	40	139	247	Family Guy	Family Guy	Misery Index	Misery Index	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (N)	Misery Index		
HBO	518	518	303	504	24/7 College Football		*** "Crazy Rich Asians" (2018, Romance-Comedy) Constance Wu, Henry Golding. 'PG-13'				Saudi Women's Driving School (N)		*** "Moulin Rouge" (2001, Musical) Nicole Kidman. A writer shares a bittersweet romance with a nightclub diva.					
MAX	531	531	311	516	(5:55) ** "Mr. Brooks" (2007, Suspense) Kevin Costner. A man has a murderous alter ego. 'R'				★ "Beyond the Reach" (2014, Suspense) Michael Douglas, Jeremy Irvine. 'R'		(:35) *** "Traffic" (2000, Crime Drama) Michael Douglas, Don Cheadle. The war on drugs brings many casualties and few victories. 'R'							
SHOW	578	578	319	546	(5:55) The Affair "509" Controversy swirls around Noah.				(:15) ★ "Peppermint" (2018, Action) Jennifer Garner. A vigilante seeks justice against her family's killers. 'R'				** "The Hummingbird Project" (2018, Drama) Jesse Eisenberg, Alexander Skarsgard, Salma Hayek. 'R'		Desus & Mero (N)		Gigolos "Centaur"	
STARZ	621	621	351	526	(5:53) *** "Duplicity" (2009) Julia Roberts. Two corporate spies become embroiled in a clandestine love affair.				Leavenworth A former lieutenant faces prison time.		(8:55) ★ "Miss Bala" (2019, Action) Gina Rodriguez, Anthony Mackie. 'PG-13'		(:41) ** "Baby Mama" (2008, Comedy) Tina Fey, Amy Poehler. 'PG-13'					
TMC	591	591	327	554	(:10) ** "Invincible" (2006, Biography) Mark Wahlberg. Premiere. The story of football's Vince Papale. 'PG'				*** ★ "The Babadook" (2014, Horror) Essie Davis, Daniel Henshall. 'NR'		(:35) "Dead Ant" (2017, Comedy) Sean Astin, Jake Busey, Tom Arnold. 'NR'		(:05) "I'll Take Your Dead" (2018) Aidan Devine. 'NR'					