

# Rapid Weight Loss

It's Happening  
Right Here in La Grande,  
Right Now...

“If you want to lose 10 to 100+ pounds rapidly, healthfully, and safely, you can.

**I lost 103 pounds on MetTrimMD.**

That's why I opened a MetTrimMD Center in La Grande.

If you struggle to lose weight and keep it off, come see us today, to learn more.”

— Dr. Kopp



Dr. Kopp  
Before

Dr. Kopp  
After

Did you know?  
Only a Weight Loss  
Physician can...

Diagnose & treat certain medical conditions that contribute to your weight gain, so you can **lose weight rapidly**

Prescribe the right food and nutritional plan in combination with anti-obesity medications, if appropriate, to ensure you **lose weight healthfully**

Provide expert personal support throughout your weight loss phase, so you **lose weight safely**



**James R Kopp, MD**  
Orthopedic Surgeon  
Weight Loss Physician

Schedule your Free  
No-obligation Consultation today  
Call: (541) 237-6459



**MetTrimMD La Grande**  
907 Washington Ave  
La Grande OR 97824  
[MetTrimMD.com/LaGrandeOR](http://MetTrimMD.com/LaGrandeOR)

We also lost weight on 



Before

After

I Am **Keith**.  
I lost **158** pounds  
in **49** weeks\*



Before

After

I Am **Stephanie**.  
I lost **42.6** pounds  
in **12** weeks\*



Before

After

I Am **John**.  
I lost **128** pounds.  
in **35** weeks\*

\*Plans are personalized. Individual results vary. Weight loss occurred on the MetTrimMD program.