

tonight’s best



Ice-T

7 p.m. on TRAV
The Holzer Files

This new paranormal series takes its title from Dr. Hans Holzer, the Austrian-born paranormal investigator whose examination of cases such as the Amityville Horror earned him the moniker of America’s first ghost hunter. For this new program, investigator Dave Schrader, psychic medium Cindy Kaza and equipment technician Shane Pittman investigate sites from Holzer’s recently discovered case files. The premiere, “Phantoms of the Fire,” takes the team to Rye, N.Y., to reopen a 50-year-old case.

8:31 p.m. on CBS
The Unicorn

Having freshly re-entered the dating scene, Wade (Walton Goggins) already finds himself in a “relationship” he has absolutely no interest in pursuing when he finds it too hard to reject a request for a second date in the new episode “Breaking Up Is Hard to Do.” On the home front, he’s also at a loss when Grace (Ruby Jay) needs help with her social media posts. Nicole Byer guest stars as Meg, Michelle’s (Maya Lynne Robinson) sister.

9 p.m. on NBC
The Good Place

As Eleanor (Kristen Bell) continues trying to sustain the illusion that she is the Architect of the Good Place, she, Michael, Janet and Tahani (Ted Danson, D’Arcy Carden, Jameela Jamil) definitely have their hands full as some of the new residents start to show their true colors in the new episode “A Girl From Arizona, Part 2.” Meanwhile, Jason (Manny Jacinto) gets some news that’s truly unsettling.

9:01 p.m. on CBS
Mom

Bonnie (Allison Janney) finds herself in a very precarious position — the middle of things — when Christy and Adam (Anna Faris, William Fichtner) get into a major clash over an incident at the bar in a new episode called “Pop Pome and a Puma.” Meanwhile, Jill’s (Jaime Pressly) new boyfriend, Andy (Will Sasso), is going nuts trying to come up with a way to impress her. Mimi Kennedy also stars.

10 p.m. on NBC
Law & Order: Special Victims Unit

Ariel Winter (“Modern Family”) guest stars in the new episode “The Darkest Journey Home,” playing a young rape victim who turns to Olivia (Mariska Hargitay) for help in piecing together and clarifying her fragmented memories from the night of her assault. Meanwhile, in order to master a new witness interview technique, Rollins and Fin (Kelli Giddish, Ice-T) are instructed to undergo the experience from the other end.

THURSDAY EVENING

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

OCTOBER 3, 2019

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	KATU News at 6 (N) (Live)		Jeopardy! (N)	Wheel of Fortune (N)	Grey's Anatomy A man crashes into Maggie's car.		(:01) A Million Little Things "Grand Canyon" (N)		(:01) How to Get Away With Murder "Vivian's Here" (N)		KATU News at 11 (N)	(:35) Jimmy Kimmel Live	
PBS	3	5			Travels With Darley	Nightly Business Report	PBS NewsHour (N)		Oregon Art Beat	Oregon Field Guide	Vera "Blood And Bone" Charred remains are found in a furnace.		Endeavour on Masterpiece "Ride" Morse investigates a woman's murder.				
CBS	6	6	6	6	KOIN 6 News at 6 (N)	CBS Evening News	Extra (N)	Entertainment Tonight	Young Sheldon (N)	(:31) The Unicorn (N)	(:01) Mom (N)	Carol's Second Act (N)	Evil "177 Minutes" A teenage girl comes back to life.	KOIN 6 News at 11 (N)	Late Show- Colbert		
NBC	8	8	8	8	KGW News at 6 (N)		Tonight With Cassidy (N)	Inside Edition (N)	Superstore (N)	Perfect Harmony (N)	The Good Place (N)	Sunnyside (N)	Law & Order: Special Victims Unit (N)		KGW News at 11 (N)	Tonight Show	
CW	9	9	32	32	Modern Family	Modern Family	The Goldbergs	The Goldbergs	iHeartRadio Music Festival Night 2 Highlights of the event in Las Vegas. (N)			Night 2 Highlights of the event		KOIN 6 News at 10p (N)	The King of Queens	Two and a Half Men	Two and a Half Men
FOX	12	12	12	12	(5:00) NFL Football Los Angeles Rams at Seattle Seahawks. (N) (Live)				8 O'Clock News		Family Feud (N)	Family Feud (N)	10 O'Clock News (N)		11 O'Clock News (N)	(:35) The Big Bang Theory	
MNT	13	13	49	49	Family Feud	Family Feud	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Simpsons	Family Guy	Bob's Burgers	The Game	
UNIV	22	22	16	47	Noticias noroeste 6P	Noticiero Univision (N)	Amor eterno (N)		La Rosa de Guadalupe		La usurpadora (N)		El dragón (N)		Noticias noroeste 11P	Noticiero Uni	
A&E	52	55	118	265	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	PD Cam	
AMC	60	45	131	254	(5:00) ★★ "U.S. Marshals" (1998) Tommy Lee Jones. Sam Gerard gets caught up in another fugitive case.				★★ "Hancock" (2008) Will Smith, Charlize Theron. A scruffy superhero carelessly wreaks havoc in Los Angeles.				★★ "The Last Witch Hunter" (2015, Fantasy) Vin Diesel. An immortal warrior battles the resurrected Witch Queen.				
ANP	24	49	184	282	River Monsters		River Monsters		River Monsters		River Monsters		The Crocodile Hunter		River Monsters		
BET	4	72	124	392	★★ "Meet the Browns" (2008, Comedy-Drama) Tyler Perry, Angela Bassett.								Movie				
BRAVO	54	65	129	237	Below Deck		Below Deck Mediterranean		Below Deck Mediterranean		Million Dollar Listing		Million Dollar Listing		Watch What	Madea's	
CARTOON	25	49	177	297	Teen Titans		Teen Titans		Gumball	Gumball	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Burgers	Burgers	
CNN	68	44	200	202	Cuomo Prime Time (N)		CNN Tonight w/ Don Lemon		CNN Tonight w/ Don Lemon		Anderson Cooper 360		Cuomo Prime Time		CNN Tonight w/ Don Lemon		
COM	77	56	107	249	(:15) The Office		The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	Lights Out	
COOK	123	123	113	232	Man v. Food	Man v. Food	Best Thing	Best Thing	Best Thing	Best Thing	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing	Best Thing	
DISN	26	48	173	290	(5:25) "Hotel Transylvania"		"Zombies" (2018) Milo Manheim, Meg Donnelly.				Bunk'd	Bunk'd	Coop & Cami	Sydney-Max	Raven	Roll With It	
E!	64	76	114	236	The Kardashians		E! News (N)		★★ "Enough" (2002, Suspense) Jennifer Lopez, Billy Campbell.				Nightly Pop		★ "Obsessed" (2009)		
ESPN	33	27	140	206	(5:00) College Football Temple at East Carolina. From Dowdy-Ficklen Stadium in Greenville, N.C. (N) (Live)				SportsCenter (N) (Live)		SportsCenter With Scott Van Pelt (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	34	28	143	209	High School Football				Unlocking	The Greatest	Baseball	Always Late	Around/Horn	Interruption	Now/Nev.	Always Late	
FNC	66	25	205	360	Hannity (N)		The Ingraham Angle (N)		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle		
FOOD	61	54	110	231	Beat Bobby	Beat Bobby	Chopped		Chopped		Outrageous Pumpkins		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	32	33	180	311	"The Haunted Mansion"		(6:50) ★★ "The Addams Family" (1991) Raul Julia				(8:55) ★★ "Addams Family Values" (1993, Comedy)		The 700 Club				
FS1	41	85	150	219	Women's Soccer		Smackdown's Greatest Hits		WWE WrestleMania's		Skip and Shannon: Undisputed				TMZ Sports	Fair Game	
FX	65	24	136	249	(4:00) ★★ "The Fate of the Furious" (2017, Action)		★★ "X-Men: Apocalypse" (2016, Action) James McAvoy, Michael Fassbender, Jennifer Lawrence. Professor X and Raven battle the immortal mutant Apocalypse.						Mr Inbetween (N)	Mr Inbetween (N)	Mr Inbetween (N)	"Hitman: Agent 47"	
FXX	35	64	125	259	Simpsons	Simpsons	Simpsons	Simpsons	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Burgers	Burgers	
GOLF	88	88	401	218	PGA Tour Golf Shriners Hospitals for Children Open, First Round.								PGA Golf				
HALL	87	87	185	312	"Bottled With Love" (2019) Bethany Joy Lenz, Andrew Walker. A fisherman finds a bottle containing a love letter.				"Autumn Dreams" (2015) Jill Wagner, Colin Egglesfield. A couple is forced to reunite to annul their marriage.				"All of My Heart: Inn Love" (2017) Lacey Chabert. Brian and Jenny work hard to open their bed and breakfast.				
HALLMM	86	86	187	565	(5:00) ★★ "Jane Doe: The Wrong Face" (2005)		Murder, She Baked "A Plum Pudding Mystery" Hannah Swensen's customer was murdered.				"Romance at Reindeer Lodge" (2017) Robert Pine. Two cynics spend the holidays at a Christmas-themed ranch.				Murder, She Wrote Defense executive suspected.		
HGTV	62	57	112	229	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Hunters	Hunters Int'l	Hunters	Hunters	
HIST	50	60	120	269	UFO's: Top Secret Alien Files				UFO Cover Ups: Secrets Revealed Special Edition (N)				UFOs: Dangerous Encounters Exposed Special Edition				
LIFE	29	29	108	252	King	King	King	King	★ "Big Daddy" (1999, Comedy) Adam Sandler.				(:03) ★★ "My Best Friend's Wedding" (1997)				
MSNBC	71	67	209	356	The Rachel Maddow Show		The Last Word		The 11th Hour		The Rachel Maddow Show		The Last Word		The 11th Hour		
NBCSN	89	89	159	220	NHL Hockey: Wild at Predators				(:45) NHL Overtime (N) (Live)		American Ninja Warrior		American Ninja Warrior		American Ninja Warrior		
NBCSNW	426	37	424		Beavers	Blazers Out.	Outdoor GPS		Beavers	American Ninja Warrior	Beavers	Best of the Brian Noe Show	American Ninja Warrior		American Ninja Warrior		
NCEO	55	78	197	276	Border Wars		Border Wars		Life and Death Row		Life and Death Row		Activate: Global Citizen		Life and Death Row		
NICK	27	51	171	299	Loud House	Loud House	SpongeBob	SpongeBob	★★★ "The Parent Trap" (1998, Children's) Lindsay Lohan, Dennis Quaid.				Friends				
OWN	40	41	189	279	20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		20/20 on OWN		
OXY	30	69	127	251	Killer Couples		Killer Couples		Killer Couples (N)		A Wedding and a Murder		Snapped "Debra Dillard"		Killer Couples		
PARMT	42	43	241	241	Mom	Mom	Mom	Mom	★★★ "The Dark Knight Rises" (2012) Christian Bale, Anne Hathaway. Batman faces a masked villain named Bane.								
ROOT	37	26	426	687	The Shortlist Pure		High School Football Peninsula at Timberline. (N) (Live)		Heartland Poker Tour				High School Football		High School Football		
SYFY	67	50	122	244	"Nightmare-Elm"		★ "Jason X" (2002, Horror) Lexa Doig, Lisa Ryder.				★ "R.I.P.D." (2013) Jeff Bridges, Ryan Reynolds.		★ "Jason X" (2002, Horror)				
TCM	56	73	132	256	"Bell, Book and Candle"	(:45) ★★ "Horror Hotel" (1960, Horror) Patricia Jessel, Christopher Lee.			(:15) ★★ "The Devil's Own" (1966) Joan Fontaine. A new headmistress finds a village enslaved by witchcraft.				★★★ "Suspiria" (1977, Horror) Jessica Harper, Stefania Casini, Joan Bennett.				
TDC	51	42	182	278	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid (N)						
TLC	49	62	183	280	90 Day Fiancé: Before the 90		Days "Out of the Blue"		Separation Anxiety		Inseparable: Joined		My Baby's Head		Bubble Skin Man		
TNT	57	52	138	245	Bones Brennan and Booth's first case together.		Bones Investigating at Brennan's alma mater.		★★★ "Transformers" (2007, Action) Shia LaBeouf, Tyrese Gibson, Josh Duhamel. Two races of robots wage war on Earth.				★★ "A Good Day to Die Hard" (2013) Bruce Willis.				
TRAV	53	38	196	277	The Dead Files		The Holzer Files		The Dead Files		The Dead Files		The Dead Files		The Holzer Files		
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Imp. Jokers	Adam Ruins	
TVL	75	74	106	304	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men	King	King	
USA	58	39	105	242	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	(:01) Temptation Island (N)		Chrisley	Chrisley	
WE	118	118	128	260	Law Order: CI		Growing Up Hip Hop: N.Y.		Growing Up Hip Hop: N.Y.		Growing Up Hip Hop: N.Y.		Untold Stories of Hip Hop		Growing Up Hip Hop: N.Y.		
WEATH	14	19	214	362	Storm Stories		SOS: How to Survive		Think You'd Survive?		Think You'd Survive?		Think You'd Survive?		Secret Earth	Secret Earth	
WTBS	59	40	139	247	(5:30) MLB Baseball NLDS: Teams TBA. (N Subject to Blackout)				(Live)		Inside MLB		Amer. Dad	Amer. Dad	Amer. Dad	Seinfeld	
HBO	518	518	303	504	(5:20) ★★ "Happy Death Day" (2017) 'PG-13'		To Be Announced		★★ "Mary Queen of Scots" (2018) Saoirse Ronan. Chronicles Mary Stuart's attempt to overthrow Elizabeth I.				(:05) Succession The entire Roy clan travels to Scotland.		(:05) Our Boys Simon takes the stand. (Subtitled-English)		
MAX	531	531	311	516	(:05) ★★ "The Thomas Crown Affair" (1999, Suspense) Pierce Brosnan, Rene Russo, Denis Leary. 'R'				★★ "Ocean's 8" (2018) Sandra Bullock. Eight female thieves try to steal a valuable necklace. 'PG-13'				(9:55) ★★ "Mr. Brooks" (2007, Suspense) Kevin Costner. Premiere. A man has a murderous alter ego. 'R'				
SHOW	578	578	319	546	(:15) The Affair EJ helps Joanie discover her history.		(:15) ★★ "Faster" (2010) Dwayne Johnson. An ex-con begins a race against time to avenge his brother's murder.				★★★ "Full Metal Jacket" (1987) Matthew Modine. Stanley Kubrick's harrowing portrait of the Vietnam War.				★★ "Den of Thieves" (2018) Gerard Butler. 'R'		
STARZ	621	621	351	526	(5:33) ★★ "Amistad" (1997) Morgan Freeman. Africans revolt on a Spanish slave ship in 1839. 'R'				(:10) ★★ "An Unfinished Life" (2005, Drama) Robert Redford, Morgan Freeman, Jennifer Lopez. 'PG-13'				Vida "Episode 15"		(:35) ★★ "The Bone Collector" (1999, Suspense) Denzel Washington. 'R'		
TMC	591	591	327	554	(5:55) ★★ "3:10 to Yuma" (2007, Western) Russell Crowe, Christian Bale, Logan Lerman. 'R'				★★★ "Blaze" (2018, Biography) Ben Dickey. A reimagining of the life and times of Blaze Foley. 'R'				(:10) ★★ "Nowhere Boy" (2009) Aaron Johnson. John Lennon's teenage years before forming the Beatles. 'R'				