

## SOCCKER

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it became apparent that that could be the case,” head coach Sam Brown said. “(Having) multiple scorers is always good.”

The Tigers, much like they did in their win over Pendleton in the season opener, controlled the tempo and flow of the game from the get-go against a team that it had both a speed and skill advantage over. Rinker scored her first goal just 85 seconds into the match to set the tone, and added her second in the 13th minute. Garlitz scored in both the 17th and 25th minutes, with the second goal pushing the margin to 6-0. Rosie Aguilera (seventh minute), Katie Perry (10th) and Starra Ullman (30th) also scored during the first-half onslaught, which saw the Tigers own a 23-1 shot advantage.

Brown said the team's primary focus entering Thursday was one-touch passing — passing it immediately after making a touch on a received ball.

“It forced us to have to

move certain ways that we are not accustomed to moving,” he said. “It was good for us to train ourselves that way, to take advantage of an opportunity to train.”

Garlitz said she was glad Brown implemented that aspect.

“I liked how Sam threw in the one-touches so we could improve our touch and get better as a team,” she said.

Garlitz scored off a corner kick in the 61st minute to complete the hat trick, and Perry added a second goal in the 68th minute.

In the early stages of the season, Garlitz, Rinker, Perry, Ullman and Cecelia Aguilera have each had multi-goal games, with both Aguilera and Garlitz posting hat tricks.

“It adds more confidence knowing we have these players (who can score),” Garlitz said.

The Bulldogs managed two shots total on the afternoon, both of which were on goal, and both stopped by La Grande goalkeeper Alexyss Chamberlain.

The Tigers (2-1-0 overall) return to the pitch Thursday when they host Umatilla.

## VOLLEYBALL

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on us a lot and scored some points on us so we talked about making that adjustment and not allowing them to do that.”

Nyssa really didn't have an opportunity to do much that it wanted. The Tigers used a 15-0 run — with Jaiden Hafer on the service line — to break open the first set and set the tone for the evening.

“She served tough in that first game. She got us off to a huge start,” Becker-Bisenius said of Hafer. “She doesn't serve that often in the game so I've been trying to get her to do that more.”

The Tigers kept putting streaks together throughout the match, no matter who was on the court. An 8-0 run during the second set — one during which Jayce Seavert had three kills and teamed with Anna Green on a block — built a 10-2 lead. The margin reached as much as 11 in the second set, which Renn

Martinez finished with a kill.

A 13-1 La Grande run to open the third set put the final nail in the coffin. Jacie Howton started the streak with an ace, and Presley Justice ended it with one of her own for the big lead. The margin reached as much as 23-4 on a block by Grace Neer, and Josie Reagan ended the match on a block.

“We just really forced in practice this week...on communication, playing as a team and not playing down to their level,” Neer said. “We really focused on our mistakes from the last game against Pendleton (last week).”

Seavert and Justice led the offense with nine and five kills, respectively. Seavert also had a team-best 12 digs. Hafer finished with four aces, and both Howton and Kenzie Williams had three aces. Howton also had 13 assists and Williams added 11. Felicity Houston added six digs.

The Tigers (6-1 overall) play today at the Baker Tournament.

## PARTY

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Sade,” McLean-Morehead said. “They made some huge plays and those were big momentum changers for us. They did a great job.”

The trio had 13, 13 and 10 digs, respectively, each making some highlight-reel plays.

“Everyone was making good reads, and we were getting crazy digs,” Bunn said. “We had that never say die attitude which was awesome.”

Taylor also commended play of the back line.

“Our back row had a huge night,” she said. “Kudos to them.”

Taylor — perhaps fittingly on her birthday — set the tone for the night by teaming with Bunn for a block on the game's first point, then putting down a kill on the next point. It led to an opening set that EOU never trailed in as it fended off a late Yotes' rally to score the final four points and win the opening set.

Five straight points in the second set — a run triggered by three straight blocks that Taylor was a part of — gave EOU the lead for good. C of I did pull as close as 16-15, but four straight points by the Mountaineers — including two thunderous kills by the birthday girl — put the set in hand.

The teams jockeyed for control in the final set until EOU took command with a 6-0 run midway through the set, then put the match away with the final five points. McMurtrey had a pair of aces during the match-sealing rally, including the final point to cap the night.

# Imbler, Powder Valley volleyball win

Observer staff

Erin Coston had 10 kills, 15 digs and four aces to lead a balanced attack as the Imbler Panthers swept the Pine Eagle Spartans Thursday, 25-15, 25-18, 25-9.

Aspen Smith added nine kills for the Panthers. Anika McDonald anchored the defense with 16 digs, while Joelle

Treat had 10, Rylee Deal had 31 assists, and Allison Stirewalt had four aces and three blocks.

Imbler (5-4 overall, 2-0 Old Oregon League) is at the Powder Valley Tournament today.

### BADGERS SWEEP COUGARS

The Powder Valley Badgers opened

Old Oregon League action with a home sweep of the Wallowa Cougars Thursday, 25-19, 25-18, 25-17.

Stats were not available.

Powder Valley (9-1 overall, 1-0 OOL) and Wallowa (4-2, 0-1) are back in action today and Saturday at the Powder Valley Tournament.

## PREVIEW

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“Some people might be surprised with how fast she is,” Welch said of Coughlan. “She could be one of our diamonds in the rough that puts us over the top.”

The men's team is also going through a youth movement as the Mountaineers will have just two seniors running this fall in Alex Navarro and Weyekin Wild Bill. The Mountaineers return the bulk of their team from last fall, including Hunter Schiess, Travis Running and Robie Swanson, all of whom ran on the team that placed 19th at nationals. Braxton Wilson and Brennen LeBel are also among the returners.

“Personally, I'm hyped,” Schiess, a junior, said. “A lot of people did their summer training. We definitely have a younger team, but they're fit. They were studs in high school, so I think they will fit in well over here.”

Eastern gets an experienced runner back in Navarro, who redshirted last fall but has two national meets under his belt, including being EOU's No. 2 runner when the team placed seventh two years ago.

“He looks very, very good,” Welch said of Navarro. “We look to him to lead that group.”

Like Herbes on the women's side, the EOU men who competed at nationals gained a lot of experience from the trip.

“Hunter Schiess actually ran well at nationals,” Welch said. “Travis Running as a freshman last year was surprised he was at nationals, and on a



Ronald Bond/The Observer

Members of the Eastern Oregon men's cross country team take off on a warm-up run Thursday morning.

course that ran slow ran his best race of the year.”

Schiess described the men's team as grinders and runners who will put in hard work.

“That's just how we've always been. It takes us a while to figure out our style of running, especially moving up to the 8K. A lot of us come from 5K (in HS),” he said. “We'll see how the young guys pick up. They've been grinding with us in the workouts. They're doing well.”

The Mountaineers' top newcomer to the program may be freshman Hunter Nichols of Heppner, who Welch speaks highly of.

“He's smart, he gets a lot of things, and he's patient,” Welch said.

The longtime coach is hopeful that the men's team can again be in the

### CORRECTION

On page 7A of the Aug. 30 edition of The Observer, the article ‘Eastern men's harriers open 18th’ incorrectly stated the EOU men's highest ranking since 1999. Eastern did reach No. 1 in the nation during the 2002 season.

top 20 nationally should it make the national meet, and his optimistic about the women's chances of breaking into the top 25 at nationals for the first time since taking 13th in 2012.

The Mountaineers' home meet is today, at Lane Farms east of La Grande at 5:45 p.m.

The CCC championships are Nov. 8 in Cottage Grove.

## Time for a fall clean up?

What you should know about the disposal of household hazardous waste.

### What is household hazardous waste?

HHW is anything labeled toxic, flammable, corrosive, reactive or explosive. These materials can threaten family health and the safety of pets and wildlife.

### What are some examples of hazardous waste?

Aerosols, Bleach, Drain Cleaners, Metal Polish, Mothballs, Oven Cleaners, Toilet Bowl Cleaners, Ammonia-based Cleaners, Mercury Thermometers, Wood Polishes, Waxes, Fertilizers, Insecticides, Herbicides, Rodenticides, Spa and Pool Chemicals, Roofing Compounds, Antifreeze, Batteries, Motor Oil, Paint Strippers and Thinners, Gasoline and more.

### Where can I safely dispose of my hazardous waste?

**La Grande Facility:** Open to any resident of the three counties every other Tuesday, 8am-12 noon. By appointment, however, small labeled quantities accepted daily. (541) 963-5459.

**Baker City Facility:** Open the first Wednesday of each month, 10am-12 noon. By appointment only. (541) 523-2626.

**Enterprise Facility:** Open the 1st and 3rd Wednesday of each month 10am-12 noon. By appointment only. (541) 426-3332.

Americans generate 1.6 million tons of HHW per year!

The average home can accumulate as much as 100 pounds of hazardous waste.



Karen King Pendleton, Oregon

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