

**SATURDAY EVENING**

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

**SEPTEMBER 21, 2019**

	LG	BC	D	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
ABC	2	2	2	2	(4:30) College Football Oklahoma State at Texas. (N) (Live)	Special-News		Jeopardy!	Wheel of Fortune	Paid Program	20/20 (N)		KATU News at 11 (N)	ROH Wrestling			
PBS	3	5			The Great British Baking Show "Masterclass 1"	Travels to the Edge	Rick Steves' Europe	Doc Martin Trying to stop James from biting.	Father Brown Mrs. McCarthy's friend dies.	Professor T. Rabet thinks a man is guilty.	The Tunnel: Sabotage A couple disappear.						
CBS	6	6	6	6	(5:00) College Football Notre Dame at Georgia. From Sanford Stadium in Athens, Ga. (N) (Live)	KOIN Local 6 News Special		Oregon's Harvest	Hidden Heritage	Entertainment Tonight (N)		KOIN 6 News at 11 (N)	American Ninja Warrior				
NBC	8	8	8	8	NBC Nightly News - Holt	Naturally, Danny Seo	Vets Saving Pets (E)	The Champion Within	America's Got Talent "Live Results Finale"		Dateline NBC		KGW News at 11 (N)	Saturday Night Live			
CW	9	9	32	32	Modern Family	Modern Family	Mom	Mom	Two and a Half Men	Two and a Half Men	Two and a Half Men	Two and a Half Men	KGW News	Seinfeld "The Strike"	Seinfeld	Friends	
FOX	12	12	12	12	* "Armed and Dangerous" (1986) John Candy. An ex-cop and a former lawyer become security guards.	The Simpsons		Bob's Burgers	Family Guy	Last Man Standing	10 O'Clock News (N)		Beat Shazam				
MNT	13	13	49	49	The Carbonara Effect	People Now	The Big Bang Theory	The Big Bang Theory	8 O'Clock News (N)		9 O'Clock News (N)		The Listener Toby tracks down an arsonist.		The Listener Toby has visions of a missing girl.		
UNIV	22	22	16	47	María de Todos	Noticiero: Fin de Semana	(6:55) Fútbol Mexicano Primera División (N) (Live)		Nosotros los guapos	Nosotros los guapos	Una familia de 10	Una familia de 10	María de Todos	Noticiero: Fin de Semana			
A&E	52	55	118	265	(5:00) Live PD Riding along with law enforcement.	(:06) Live PD: Rewind (N)		Live PD "Live PD -- 09.21.19" (N Same-day Tape)									
AMC	60	45	131	254	** "Rambo: First Blood Part II" (1985) Sylvester Stallone. Ex-Green Beret goes on Vietnam mission.	** "Road House" (1989, Action) Patrick Swayze, Kelly Lynch, Sam Elliott. A legendary bouncer agrees to tame a notorious gin mill.		** "Death Race" (2008, Action) Jason Statham, Tyrese Gibson. Premiere.									
ANP	24	49	184	282	(:01) The Zoo: San Diego	(:02) The Vet Life (N)		The Vet Life: Bonus Tails	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Zoo: San Diego	The Vet Life "Episode 12"				
BET	4	72	124	392	** "Sister Act 2: Back in the Habit" (1993)	"Angrily Ever After" (2019) Jasmine Burke. Premiere.		Movie									
BRAVO	54	65	129	237	Hungry Gm	*** "The Hunger Games: Catching Fire" (2013, Science Fiction) Jennifer Lawrence.		*** "The Hunger Games: Mockingjay, Part 1" (2014, Science Fiction)									
CARTOON	25	59	177	297	** "Madagascar 3: Europe's Most Wanted" (2012)	Dragon	Dragon Ball	Rick, Morty	Rick, Morty	Family Guy	Family Guy	Dragon Ball	Gen: Lock				
CNN	68	44	200	202	CNN Special Report	The Nineties A wide range of television shows.		The Eighties VCRs; remote controls; family sitcoms.		The 2000s							
COM	77	56	107	249	(:15) South Park "Probably"	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	(:15) South Park			
COOK	123	123	113	232	Iron Chef America (N)	Fire Masters		Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef America	Fire Masters				
DISN	26	48	173	290	Raven	Bunk'd	Bunk'd	Bunk'd	*** "The Incredibles" (2004) Holly Hunter	Big City	Big City	Raven	Roll With It				
E!	64	76	114	236	** "National Treasure" (2004, Adventure) Nicolas Cage, Diane Kruger, Justin Bartha.	** "National Treasure" (2004, Adventure) Nicolas Cage, Diane Kruger, Justin Bartha.											
ESPN	33	27	140	206	(4:00) College Football Oregon at Stanford. (N) (Live)	Football Scoreboard	College Football UCLA at Washington State. From Martin Stadium in Pullman, Wash. (N)		SportsCenter (N) (Live)								
ESPN2	34	28	143	209	College Football	(:15) College Football Toledo at Colorado State. (N) (Live)		(:15) College Football Final (N) (Live)		The Greatest							
FNC	66	25	205	360	Justice With Judge Jeanine	The Greg Gutfeld Show (N)	Watters' World		Justice With Judge Jeanine	The Greg Gutfeld Show	Watters' World						
FOOD	61	54	110	231	Halloween Baking	Halloween Baking		Halloween Baking	Halloween Baking	Halloween Baking	Halloween Baking	Halloween Baking					
FREE	32	33	180	311	(5:45) *** "The Princess and the Frog" (2009)	(7:50) **** "Beauty and the Beast" (1991)		(9:55) *** "The Lion King" (1994) Jeremy Irons									
FS1	41	85	150	219	MLB Baseball	Postgame	Boxing Peter Quillin vs. Alfredo Angulo. (N) (Live)	College Football Michigan at Wisconsin. (N Same-day Tape)									
FX	65	24	136	249	(5:00) *** "Logan" (2017, Action) Hugh Jackman. Logan must protect a young mutant girl from dark forces.	** "The Fate of the Furious" (2017, Action) Vin Diesel, Dwayne Johnson, Charlize Theron. A mysterious woman forces Dom to betray the crew.		Mayans M.C. "Camazotz" Mayans seek justice.									
FXX	35	64	125	259	** "Bad Moms" (2016) Mila Kunis, Kristen Bell.	2019 Creative Arts Emmy Awards Honoring achievements in television.		2019 Creative Arts Emmy Awards									
GOLF	88	88	401	218	PGA Tour Golf Sanderson Farms Championship, Third Round.	Asian Tour Golf Shinhan Donghae Open, Final Round. (N) (Live)											
HALL	87	87	185	312	(5:00) "Under the Autumn Moon" (2018) Lindy Booth.	"Forever in My Heart" (2019) Jack Turner. Two people find love in Ireland but their dreams drive them apart.	"Over the Moon in Love" (2019) Jessica Lowndes. A woman finds herself being featured in a magazine.		"Love Under the Rainbow" (2019) Jodie Sweetin.								
HALLMM	86	86	187	565	Psych Lassiter and Gus work together.	Psych A lawyer's assistant was abducted.	Psych Seminar led by a con man.	"Crossword Mysteries: A Puzzle to Die For" (2018, Mystery) Lacey Chabert, Brennan Elliott, John Kapelos.		Murder, She Wrote Jessica reopens a murder case.							
HGTV	62	57	112	229	Love It or List It	Love It or List It	A Very Brady Renovation	A Very Brady Renovation	House Hunters Renovation	Love It or List It							
HIST	50	60	120	269	Ancient Aliens	Ancient Aliens	Ancient Aliens: Declassified	"Abductions & Encounters" Early reports of encounters with beings. (N)									
LIFE	29	29	108	252	"Girl in the Bunker" (2017) Julia Lalonde, Henry Thomas.	"Escaping the NXIVM Cult: A Mother's Fight to"		Beyond the Headlines		"Escaping the NXIVM Cult:"							
MSNBC	71	67	209	356	The Rachel Maddow Show	The Last Word	The 11th Hour	The Beat With Ari Melber	Dateline Extra	Dateline							
NBCSN	89	89	159	220	NASCAR Monster	NASCAR Monster		Proving Gr.	Off the Grid	Mecum Auto Auctions "Louisville" (N)							
NBCSNW	426	37	424		Outdoor GPS	Angler West	NASCAR Racing										
NGEO	55	78	197	276	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers (N)	Alaska State Troopers (N)	Alaska State Troopers							
NICK	27	51	171	299	Loud House	Loud House	Henry	All That (N)	SpongeBob	SpongeBob	Friends	Friends	Friends	(:35) Friends			
OWN	40	41	189	279	Iyanla, Fix My Life	Iyanla, Fix My Life	Love & Marriage: Huntsville	Love & Marriage: Huntsville	Iyanla, Fix My Life	Love & Marriage: Huntsville	Love & Marriage: Huntsville	Love & Marriage: Huntsville					
OXY	30	69	127	251	Snapped "Dallia Dipolito"	Snapped "Diane Staudte"	Snapped "Angela Stoldt"	Snapped "Lisa Graham"	Snapped "Beatrice Camper"	Snapped "Jane Reth"							
PARMT	42	43	241	241	(5:00) *** "Remember the Titans"	*** "Creed" (2015, Drama) Michael B. Jordan, Sylvester Stallone.		*** "Top Gun" (1986) Tom Cruise.									
ROOT	37	26	426	687	MLB Baseball	Mariners	Mariners Pre.	MLB Baseball Seattle Mariners at Baltimore Orioles.		Mariners	Football						
SYFY	67	50	122	244	Mad Max	*** "Edge of Tomorrow" (2014) Tom Cruise, Emily Blunt.		*** "Iron Man" (2008, Action) Robert Downey Jr., Terrence Howard.									
TCM	56	73	132	256	(5:00) "Les rendez-vous d'Anna" (1978, Drama) Aurore Clément, Helmut Griem.	** "Hotel Monterey" (1972) Silent. A portrait of a rundown New York hotel.		*** "The Woman on the Beach" (1947, Drama) Joan Bennett. A naval officer falls for the wife of a blind painter.		*** "The Man Who Knew Too Much" (1934)							
TDC	51	42	182	278	Expedition Unknown	Undercover Billionaire	Undercover Billionaire	Undercover Billionaire (N)									
TLC	49	62	183	280	90 Day: Other	Untold Stories of the E.R.	Untold Stories of the E.R.	Untold Stories of the E.R.	Untold Stories of the E.R.	Untold Stories of the E.R.	Untold Stories of the E.R.	Untold Stories of the E.R.					
TNT	57	52	138	245	(5:45) ** "Batman Forever" (1995) Val Kilmer. Batman faces threats from the Riddler and Harvey Two-Face.	(:15) ** "Man of Steel" (2013, Action) Henry Cavill, Amy Adams, Michael Shannon. Young Clark Kent must protect those he loves from a dire threat.		Jack Nicholson.									
TRAV	53	38	196	277	Ghost Adventures (N)	Ghost Adventures		Ghost Adventures	Ghost Adventures	Ghost Adventures							
TRUTV	73	75	242	246	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	
TVL	75	74	106	304	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	
USA	58	39	105	242	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Mod Fam	Mod Fam			
WE	118	118	128	260	Criminal Minds	Criminal Minds	Criminal Minds (Part 1 of 2)	Criminal Minds	Criminal Minds (Part 2 of 2)	Criminal Minds	Criminal Minds	Criminal Minds					
WEATH	14	19	214	362	Weather Gone Viral	Storm Stories		Top Ten Extreme Jobs	Top Weather Destinations	Top Ten Amazing Moments	Think You'd Survive?						
WTBS	59	40	139	247	** "Pirates of the Caribbean: Dead Men Tell No Tales" (2017)	Big Bang		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full Frontal	Yes Man			
HBO	518	518	303	504	** "Justice League" (2017) Ben Affleck. Batman, Wonder Woman and other heroes unite to battle evil.	*** "The LEGO Movie 2: The Second Part" (2019) Voices of Chris Pratt. 'PG'		(:45) ** "Aquaman" (2018, Action) Jason Momoa, Amber Heard. Aquaman must save Atlantis from his power-hungry brother. 'PG-13'									
MAX	531	531	311	516	** "Mr. & Mrs. Smith" (2005) Brad Pitt. A husband and wife are assassins for rival organizations. 'PG-13'	** "Enemy at the Gates" (2001) Joseph Fiennes. Two snipers face off during the Battle of Stalingrad. 'R'		(:15) *** "Cold Mountain" (2003, Drama) Jude Law. A Confederate soldier tries to reach his sweetheart. 'R'									
SHOW	578	578	319	546	Shameless Fiona begins to plan for her future.	Shameless Monica tries to kill herself.	Shameless Frank schemes to break Monica out.	** "American Assassin" (2017) Dylan O'Brien. Three agents join forces to battle a mysterious operative. 'R'		*** "Reservoir Dogs" (1992) Harvey Keitel.							
STARZ	621	621	351	526	(5:16) Power	(:17) *** "Role Models" (2008, Comedy) Seann William Scott. 'R'		"Drunk Parents" (2019, Comedy) Alec Baldwin, Salma Hayek. Premiere. 'R'		(:39) Power Tasha sparks a new flame.		(:40) ** "Columbiana" (2011, Action) Zoe Saldana, Jordi Mollà. 'PG-13'					
TMC	591	591	327	554	(5:00) *** "Baby Driver" (2017) Ansel Elgort.	*** "Total Recall" (1990) Arnold Schwarzenegger. Strange dreams lead an earthling to intergalactic intrigue.		"Dead Night" (2017, Horror) Brea Grant, Barbara Crampton, Daniel Roebuck. 'NR'		"The Cured" (2017, Horror) Ellen Page, Sam Keeley, Tom Vaughan-Lawlor. 'R'							

**tonight's best**



Jessica Lowndes

**8 p.m. on BET**  
**Movie: Angrily Ever After**

Newly anointed morning news anchor Tia Logan (Jasmine Burke) not only seems to be on the fast track to an exciting career, but she's just a week away from tying the knot with Malcolm Wright (Todd Anthony), the most eligible bachelor in Washington, D.C. Everything starts to unravel, however, when during her final wedding gown fitting, she spies her beloved pitching woo with another woman. Within 24 hours, Tia has lost nearly everything in this 2019 romantic comedy. Denise Armstrong, Robin Dyke and Terayle Hill also star.

**8 p.m. on LIFE**  
**Movie: Escaping the NXIVM Cult: A Mother's Fight to Save Her Daughter**

As Amanda Carrington on ABC's "Dynasty," actress Catherine Oxenberg went through one over-the-top crisis after another, yet none rivaled the real-life nightmare she endured when her daughter India became ensnared by a shady cult known as NXIVM, led by the charismatic Keith Raniere. This 2019 TV movie chronicles Oxenberg's (played by Andrea Roth) ordeal as she fought to free her daughter from this group. Peter Facinelli, Jasper Polish and Sara Fletcher also star.

**9 p.m. on HALL**  
**Movie: Over the Moon in Love**

Jessica Lowndes wrote, produced and stars in this new 2019 romance as professional matchmaker Brooklyn Moore, who hopes to score a career-making magazine cover story by finding a perfect match for the writer, Stephanie (Miranda Frigon). Brooklyn pairs her client with singer-songwriter Devin Knight (Wes Brown), one of Brooklyn's former high school classmates, but a major complication arises when Brooklyn herself starts to fall for this prospective Prince Charming. Naika Toussaint and Rachel Hayward co-star.

**10:03 p.m. on LIFE**  
**Beyond the Headlines: Escaping the NXIVM Cult With Gretchen Carlson**

TV journalist Gretchen Carlson hosts this one-hour special produced in conjunction with a Lifetime original movie on the same subject. Actress Catherine Oxenberg opens up to Carlson about her bitter personal struggle to extricate one of her daughters from a cult run by Keith Raniere, who ultimately was convicted of racketeering for this enterprise. The hour also includes commentary from a professional cult de-programmer, as well as others who worked tirelessly to take down Raniere and his operation.