

# Rapid Weight Loss

**It's Happening  
Right Here in La Grande,  
Right Now...**

“If you want to lose 10 to 100+ pounds rapidly, healthfully, and safely, you can.

**I lost 103 pounds on  
MetTrimMD.**

That's why I opened a  
MetTrimMD Center  
in La Grande.

If you struggle to lose weight  
and keep it off, come see us  
today, to learn more.”

— Dr. Kopp



Dr. Kopp  
Before



Dr. Kopp  
After

**Did you know?  
Only a Weight Loss  
Physician can...**

Diagnose & treat certain medical  
conditions that contribute to  
your weight gain, so you can  
**lose weight rapidly**

Prescribe the right food and  
nutritional plan in combination  
with anti-obesity medications,  
if appropriate, to ensure you  
**lose weight healthfully**

Provide expert personal support  
throughout your weight  
loss phase, so you  
**lose weight safely**



**James R Kopp, MD**  
Orthopedic Surgeon  
Weight Loss Physician

Schedule your Free  
No-obligation Consultation today  
Call: (541) 237-6459



**MetTrimMD La Grande**  
907 Washington Ave  
La Grande OR 97824  
MetTrimMD.com/LaGrandeOR

We also lost weight on  **MetTrim<sup>MD</sup>**

Before

After

I Am **Keith**.  
I lost **158** pounds  
in **49** weeks\*

Before

After

I Am **Stephanie**.  
I lost **42.6** pounds  
in **12** weeks\*

Before

After

I Am **John**.  
I lost **128** pounds.  
in **35** weeks\*

\*Plans are personalized. Individual results vary. Weight loss occurred on the MetTrimMD program.