

SUNDAY DAYTIME

LG - La Grande BC - Baker City D - DISH DTV - DirecTV

MOVIES

SPORTS

SEPTEMBER 8, 2019

LG BC	D	DTV	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
ABC	2	2	2	2	(7:00) KATU News This Morning Sunday	Your Voice	Sharyl Attkisson	This Week With George ...	Jack Hanna	Ocean Treks	Hearts of Heroes	The Great Dr. Scott	Rock the Park (E)	World of X Games (N)	College Football 150 - Football Is US: The College Game	Skin Care	Vacation Creation	KATU News at 6 (N) (Live)				
PBS	3	5			Dinosaur Train (E)	Arthur (E)	Rick Steves' European Travel Tips and Tricks	Rick Steves' Europe: Great German Cities Exploring five German cities.	Downton Abbey Returns!	America's Home Cooking: Stuffed	Stuffed foods and how to prepare them.	The Highwaymen Live at Nassau Coliseum	NewsHour Wk									
CBS	6	6	6	6	CBS News Face the Nation (N)	The NFL Today (N) (Live)	Your Best You	Paid Program	Transform	Foot Pain	PBR Bull Riding Anaheim Invitational.	NFL Football Cincinnati Bengals at Seattle Seahawks. (N) (Live)	Game On! Face the Nation (N)	KOIN 6 News at 5	KOIN 6 News							
NBC	8	8	8	8	Meet the Press (N)	Your Best You	Running New Balance 5th Avenue Mile.	NASCAR Monster	NASCAR Monster Energy Series Big Machine NASCAR Cup Series drivers contest the Big Machine Vodka 400 at the Brickyard. (N)	Paid Program	Paid Program	Paid Program	More Hair	Secrets to Indoor Grilling!	Last Man Standing	Last Man Standing	How I Met	How I Met	Football Night in America (N) (Live)	NFL Football: Steelers at Patriots		
CW	9	9	32	32	REAL Jack Van Impe	Freethought	Skincare Secrets	Christian Worship Hour	Paid Program	Paid Program	Paid Program	More Hair	Secrets to Indoor Grilling!	Last Man Standing	Last Man Standing	How I Met	How I Met	Friends	Friends	black-ish	black-ish	
FOX	12	12	12	12	(6:00) Good Day Oregon Sunday (N)	FOX NFL Sunday (N) (Live)	NFL Football Los Angeles Rams at Carolina Panthers. (N) (Live)	(:25) NFL Football New York Giants at Dallas Cowboys. (N) (Live)	The OT (N) (Live)	5 O'Clock News (N)												
MNT	13	13	49	49	FOX NFL Kickoff (N) (Live)	FOX News Sunday With Chris Wallace	Awesome Adventure	Real Life 101 (N)	Think Big (E)	Career Day (E)	Animal Science	Exploration	"Blood and Bone" (2009, Action) Michael Jai White, Julian Sands, Eamonn Walker.	Major Crimes "Skin Deep"	Major Crimes "Cashed Out"	2 Broke Girls	Mike & Molly					
UNIV	22	22	16	47	Programa pagado	Programa pagado	Como dice el dicho	"Tu camino y el mio" (1973, Drama) Vicente Fernández, Blanca Sánchez, Gregorio Casal.	República Deportiva (N)	Al punto (N)	Aquí y ahora (N)	Como dice el dicho	Como dice el dicho	Nosotros los.	Nosotros los.							
A&E	52	55	118	265	Hoarders	Hoarders	Picked My Parents	Picked My Parents	Picked My Parents	Picked My Parents	Picked My Parents	Picked My Parents	"After Earth" (2013) Jaden Smith.	"American Sniper"								
AMC	60	45	131	254	(6:30) *** "Misery" (1990, Horror)	** "Christine" (1983, Horror) Keith Gordon, John Stockwell, Alexandra Paul.	** "Thinner" (1996, Horror) Robert John Burke, Joe Mantegna, Michael Constantine.	** "Pet Sematary" (1989, Horror) Dale Midkiff, Fred Gwynne, Denise Crosby.	** "X-Men Origins: Wolverine" (2009, Action) Hugh Jackman, Liev Schreiber, will.i.am.	Hugh Jackman, Liev Schreiber, will.i.am.	"X-Men: Last"											
ANP	24	49	184	282	Lone Star Law	Lone Star Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	North Woods Law	
BET	4	72	124	392	Prince	Prince	Martin	Martin	(:34) * "B.A.P.S." (1997, Comedy) Halle Berry.	(12:58) ** "Kidnap" (2017) Halle Berry.	(:02) ** "The Call" (2013) Halle Berry, Abigail Breslin.	Simone										
BRAVO	54	65	129	237	Married to Medicine	Married to Medicine	Married to Medicine	Married to Medicine	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac	Housewives/Potomac		
CARTOON	25	59	177	297	Teen	Teen	Teen	Teen	Mao Mao	Mao Mao	Teen	Teen	Gumball	Gumball	Gumball	Gumball	Craig	Craig	Total	Total	Gumball	Gumball
CNN	68	44	200	202	Reliable Source	State of the Union	Fareed Zakaria GPS	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	
COM	77	56	107	249	The Office	The Office	(:12) The Office	The Office	The Office	The Office	(:45) The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	(:15) ** "Super Troopers" (2001)			
COOK	123	123	113	232	Delicious	Delicious	Delicious	Delicious	Cake Wars (N)	Cake Wars (N)	Cake Wars (N)	Cake Wars (N)	Food	Food	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	Carn Eats	
DISN	26	48	173	290	Amphibia	Big City	Big City	Academy	Bunk'd	Coop	"Zombies" (2018) Milo Manheim.	Just Roll	Raven	Jessie	Jessie	Jessie	Sydney	Sydney	Sydney	Bunk'd	Bunk'd	Bunk'd
E!	64	76	114	236	Flip It Like Disck	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	
ESPN	33	27	140	206	(7:00) Sunday NFL Countdown (N) (Live)	2019 U.S. Open Tennis Women's Doubles, Final. (N) (Live)	U.S. Open Championship Prev.	2019 U.S. Open Tennis Men's Final. From the USTA Billie Jean King National Tennis Center in Flushing, N.Y. (N) (Live)	Baseball: Sunday Night Countdown	MLB Baseball: Yankees at Red Sox												
ESPN2	34	28	143	209	Fantasy Football Now (N) (Live)	E:60	Football Final	Football Final	WNBA Basketball: Lynx at Sparks	Highlights UFC Top	SportsCenter Special	Formula 1 Racing										
FNC	66	25	205	360	MediaBuzz (N)	America's News HQ	America's News HQ	Fox News Sunday	Journal Editorial Rpt.	America's News HQ	Greg Gutfeld	Fox Report	Fox News Sunday	Watters' World								
FOOD	61	54	110	231	Ranch	Valerie's	Pioneer	Pioneer	Girl-Farm	Girl-Farm	The Kitchen	Good Eat	Good Eat	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.		
FREE	32	33	180	311	(7:00) "Oz the Great and Powerful" (2013)	"The Hunchback of Notre Dame" (1996)	*** "Freaky Friday" (2003, Children's)	*** "Sing" (2016) Voices of Matthew McConaughey.	Simpsons	Simpsons	Simpsons	Simpsons										
FS1	41	85	150	219	NHRA Sportsman	NHRA Drag Racing Chevrolet Performance U.S. Nationals.	Soccer	Boxing Erislandy Lara vs. Ramon Alvarez.	PBC Countdown (N)	PBC Collection (N)												
FX	65	24	136	249	Mike & Molly	The Weekly	** "X-Men: Apocalypse" (2016, Action) James McAvoy, Michael Fassbender, Professor X and Raven battle the immortal mutant Apocalypse.	** "Hitman: Agent 47" (2015, Action) Rupert Friend, Hannah Ware.	** "Transformers: Age of Extinction" (2014, Action) Mark Wahlberg, Stanley Tucci. Optimus Prime and the Autobots face fearsome challengers.													
FXX	35	64	125	259	black-ish	black-ish	black-ish	** "Rio 2" (2014) Jesse Eisenberg	** "Turbo" (2013) Paul Giamatti	*** "Sing" (2016) Voices of Matthew McConaughey.	Simpsons	Simpsons	Simpsons	Simpsons								
GOLF	88	88	401	218	World Long Drive Championship	World Long Drive Championship	Feherty	Golf	Golf	Golf Central (N) (Live)	Hogan	Hogan	Hogan	Hogan								
HALL	87	87	185	312	Golden Girls	Golden Girls	Golden Girls	Golden Girls	"A Taste of Romance" (2011, Romance) Teri Polo, Bailee Madison, Romy Rosemont.	"Flip That Romance" (2019, Romance) Julie Gonzalo, Tyler Hynes.	"My One & Only" (2019, Romance) Pascale Hutton, Sam Page.	"Snowcoming" (2019, Romance) Lindy Booth, Trevor Donovan, Pauline Egan.										
HALLMM	86	86	187	565	(7:00) Columbo "Murder in Malibu"	Morning Show Mysteries A TV show host is accused of murder.	Morning Show Mysteries A grocer is crushed to death by shelves.	Morning Show Mysteries "Death by Design" A designer's twin sister is killed.	Aurora Teagarden Mysteries "A Game of Cat and Mouse" A cat-and-mouse game.	Aurora Teagarden Mysteries												
HGTV	62	57	112	229	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones	Good Bones		
HIST	50	60	120	269	Truck	Detroit	ToyMakerz	Counting Cars "Blackjack Bike"	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers		
LIFE	29	29	108	252	Am. Facts	Jeremiah	J. Osteen	Paid Prog. "A Neighbor's Deception" (2017, Suspense)	"Boyfriend Killer" (2017) Barbie Castro.	"Open Marriage" (2017, Drama) Tilky Jones.	"High School Lover" (2017) Paulina Singer.											
MSNBC	71	67	209	356	(7:00) AM Joy (N)	Weekends-Alex Witt	Weekends-Alex Witt	MSNBC Live	MSNBC Live	MSNBC Live (N)	PoliticsNation (N)	Meet the Press (N)	Kasie DC (N)									
NBCSN	89	89	159	220	NASCAR Dale Jr. Download	NASCAR America (N)	American Flat Track (N)	RacerTV	Lucas Oil Mtr	Mecum	Ninja Warrior	NASCAR	NASCAR Victory Lap	Proving	/DRIVE	Auctions						
NBCSNW	426	37	424		Outdoor GPS (N)	Mecum	Mecum	Paid Prog. Paid Prog.	Paid Prog. Paid Prog.	Paid Prog. Paid Prog.	Battle at Brandon	Rip City Mornings	Best of	Rip City Drive								
NGEO	55	78	197	276	Total Gym	RELIEF	Activate: Global	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish	Monster Fish			
NICK	27	51	171	299	Rangers	Sponge.	Sponge.	Sponge.	SpongeBob	Moguls	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud	Loud	Loud	Loud	Loud		
OWN	40	41	189	279	Dr. Phil	Dr. Phil	Dr. Phil	Super Soul Sunday	Super Soul Sunday	Home Made Simple	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss	Extreme Weight Loss			
OXY	30	69	127	251	Nancy Grace	Wed & Murder	Wed & Murder	Wed & Murder	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped	Snapped			
PARMT	42	43	241	241	Emeril	LifeLock	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	(:01) Bar Rescue	(:02) Bar Rescue	(:03) Bar Rescue	Timbers	Football			
ROOT	37	26	426	687	Paid Prog. Smartech	NFL Press	NFL Press	Mariners	Mariners	MLB Baseball Seattle Mariners at Houston Astros. (N) (Live)	Mariners	Mariners	MLS Soccer									
SYFY	67	50	122	244	Twi. Zone	** "Underworld: Rise of the Lycans"	** "Underworld: Awakening" (2012)	(:26) Stephen King's It Maine friends struggle with the embodiment of evil.	(:45) *** "Beetlejuice" (1988)													
TCM	56	73	132	256	(7:00) *** "The Big Clock" (1948)	*** "Anna Karenina" (1935) Greta Garbo, Fredric March.	(:45) *** "The Lost Weekend" (1945, Drama) Ray Milland, Jane Wyman.	(:45) *** "A Place in the Sun" (1951, Drama) Montgomery Clift, Elizabeth Taylor, Shelley Winters.	*** "The Subject Was Roses" (1968, Drama) Patricia Neal, Jack Albertson.	*** "Bunny Lake Is Missing" (1965)												
TDC	51	42	182	278	Raised	Right	Killing bin Laden	Bin Laden Lair	Osama: Finish	Undercover Billion.	Undercover Billion.	Alaskan Bush People	Alaskan Bush People	Alaskan Bush People	Alaskan Bush People	Alaskan Bush People	Alaskan Bush People	Alaskan Bush People				
TLC	49	62	183	280	Say Yes	Say Yes	Say Yes	Say Yes to the Dress	90 Day: Other	90 Day: Other	90 Day: Other	The Family Chantel	The Family Chantel	The Family Chantel	The Family Chantel	The Family Chantel	The Family Chantel					
TNT	57	52	138	245	NCIS: New Orleans "Treasure Hunt"	NCIS: New Orleans	NCIS: New Orleans	"High Stakes"	*** "The Girl With the Dragon Tattoo" (2011) Daniel Craig, Rooney Mara. A disgraced journalist probes a 40-year-old murder.	** "A Good Day to Die Hard" (2013, Action) Bruce Willis, Jai Courtney.	*** "Rush Hour" (1998, Action) Jackie Chan, Chris Tucker, Tom Wilkinson.											
TRAV	53	38	196	277	Haunted Hospitals	Haunted Hospitals	Haunted Hospitals	Haunted Hospitals	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor	Paranormal Survivor					
TRUTV	73	75	242	246	Ad. Ruins	Ad. Ruins	Ad. Ruins	Ad. Ruins	Movie	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokers	Jokers	Jokers	Jokers			
TVL	75	74	106	304	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Raymond	Raymond		
USA	58	39	105	242	In Touch	J. Osteen	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU				
WE	118	118	128	260	Ever Increasing	PyYo!	Paid Prog.	Law Order: CI	Law Order: CI	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order				
WEATH	14	19	214	362	(6:00) Weekend Recharge (N) (Live)	Why Planes Crash	Why Planes Crash	Why Planes Crash	Hurricane 360	Hurricane 360	World's Wildest	Storm Stories										
WTBS	59	40	139	247	Raymond	Raymond	King	King	MLB Baseball Philadelphia Phillies at New York Mets. (Live)	King	** "Batman Returns" (1992) Michael Keaton.	** "Horrible Bosses" (2011, Comedy)										
HBO	518	518	303	504	(7:05) *** "First Man" (2018) Ryan Gosling. 'PG-13'	Shop: Unintrp.	** "Mortal Engines" (2018, Science Fiction) Hera Hilmar, Robert Sheehan. 'PG-13'	(:10) ** "The Stepford Wives" (2004) Nicole Kidman. 'PG-13'	(:45) "The Cold Blue" (2018, Documentary) 'NR'	** "Wild Hogs" (2007, Comedy) Tim Allen. 'PG-13'	(:45) Real Time With Bill Maher	(:45) Our Boys										
MAX	531	531	311	516	(7:45) ** "Mr. & Mrs. Smith" (2005) Brad Pitt. 'PG-13'	(:45) *** "Love, Simon" (2018, Romance-Comedy) Nick Robinson. 'PG-13'	(:35) ** "Angela's Ashes" (1999) Emily Watson. An impoverished family decides to return to Ireland. 'R'	** "Broken Arrow" (1996, Action) John Travolta, Christian Slater. 'R'	(3:50) *** "True Lies" (1994, Action) Arnold Schwarzenegger, Jamie Lee Curtis. 'R'													
SHOW	578	578	319	546	Inside the NFL	100: Julian Edelman	(:15) ** "Invincible" (2006, Biography) Mark Wahlberg, Greg Kinnear. 'PG'	Gary Owen: Doin'Wha-tIDo	(:05) ** "I Feel Pretty" (2018, Comedy) Amy Schumer, Michelle Williams. 'PG-13'	** "Cruel Intentions" (1999) Sarah Michelle Gellar. 'R'	(:45) ** "Step Up" (2006) Channing Tatum, Mario. 'PG-13'											
STARZ	621	621	351	526	"The Fast and the Furious: Tokyo Drift"	(8:58) **** "E.T. the Extra-Terrestrial" (1982, Children's) Henry Thomas. 'PG'	(10:56) ** "The Sorcerer's Apprentice" (2010, Fantasy) Nicolas Cage. 'PG'	(12:48) ** "2 Fast 2 Furious" (2003) Paul Walker. 'PG-13'	(:38) Power Tommy lays low.	(:38) ** "Proud Mary" (2018, Action) Taraji P. Henson. 'R'	(:10) "The Fast and the Furious" (2001)											
TMC	591	591	327	554	(7:55) ** "The Adventures of Rocky and Bullwinkle" (2000)	** "Balls of Fury" (2007, Comedy) Dan Fogler. 'PG-13'	(:05) *** "The Foreigner" (2017, Action) Jackie Chan, Pierce Brosnan. 'R'	** "A Bad Moms Christmas" (2017, Comedy) Mila Kunis. 'R'	(:45) "Black 47" (2018, Suspense) Hugo Weaving, James Frecheville. 'R'	*** "The Missing" (2003, Western) Tommy Lee Jones. 'R'												